

29203 - Food anthropology and sociology

Información del Plan Docente

Academic Year	2017/18
Faculty / School	229 - Facultad de Ciencias de la Salud y del Deporte
Degree	441 - Degree in Human Nutrition and Dietetics
ECTS	6.0
Year	1
Semester	First semester
Subject Type	Basic Education
Module	---

1.General information

1.1.Introduction

1.2.Recommendations to take this course

1.3.Context and importance of this course in the degree

1.4.Activities and key dates

2.Learning goals

2.1.Learning goals

2.2.Importance of learning goals

3.Aims of the course and competences

3.1.Aims of the course

3.2.Competences

4.Assessment (1st and 2nd call)

4.1.Assessment tasks (description of tasks, marking system and assessment criteria)

5.Methodology, learning tasks, syllabus and resources

5.1.Methodological overview

The Anthropology of Food has the following four themes. First, the student must know the basic foundations of Social Anthropology, as this discipline is going to be new for him/her. After this first step why Social Anthropology studies the human feeding must be justified and for doing so it is necessary to explain the concept of culture in its relationship with nature. So, the comparison between nature and culture becomes the subject matter for the second theme. After this comparison, the objective will be to present the most important contributions of the Anthropology of Food and specially the great variability of food practices related to cultural diversity. Finally there will a theme consecrated to the

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anthropological methodology and it will be directed towards the research on human feeding.

5.2.Learning tasks

The learning activities will be based in the teachers' lessons together with the necessary audiovisual presentations, the students' readings, the collaborative work to prepare presentations and the viewing and discussion of three audiovisuales.

5.3.Syllabus

SOCIAL ANTHROPOLOGY AS A SCIENCE OF CULTURE

Lesson 1.- A historical introduction to Anthropology and its definition.

Lesson 2.- The concept of culture

CULTURE AND FOOD

Lesson 3.- The biological base of human feeding

Lesson 4.- Food between nature and culture

THE FOOD AND ITS CULTURAL VARIABILITY

Lesson 5.- Ecological, technological, economical and political factors

Lesson 6.- Ideological and symbolic factors.

Lesson 7.- Sociability, ritual and communication.

THE ETHNOGRAPHY OF FOOD

Lesson 8.- Researching on human feeding: cases, methods and techniques.

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Practical Classes

1. Food Scarcity and Hunger
2. Risk and Food
3. Anorexia as a Cultural Disorder

5.4.Course planning and calendar

Once the course is started the teacher will communicate the students the planning and scheduling

5.5.Bibliography and recommended resources

Bibliography

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- Douglas, Mary. Pureza y peligro : un análisis de los conceptos de contaminación y tabú / por Mary Douglas ; [Traducción de Edison Simons] . - [2ª ed. ampliada] Madrid : Siglo XXI de España, 1991
- Fischler, Claude. El (h)omnívoro : el gusto, la cocina y el cuerpo / Claude Fischler ; traducción de Mario Merlino Barcelona : Anagrama, cop. 1995
- Historia de la alimentación / bajo la dirección de Jean- Louis Flandrin y Massimo Montanari . Gijón : Trea, 2004
- Goody, Jack. Cocina, cuisine y clase : estudio de sociología comparada / por Jack Goody . 1a. ed. Barcelona : Gedisa, D. L. 1995
- Somos lo que comemos : estudios de alimentación y cultura en España / Mabel Gracia Arnaiz(coord.) . [1ª ed.] Barcelona : Ariel, 2002
- Harris, Marvin : Bueno para comer : enigmas de alimentación y cultura / Marvin Harris ; [traductores Joaquín Calvo Basarán y Gonzalo Gil Catalina] . - 3a. ed. Madrid : Alianza, 2011
- F. Xavier Medina (ed.) ; R. Alonso...[et al.] ; prólogo de Francisco Grande Covián.- La alimentación mediterránea : historia, cultura, nutrición. 1a ed. Barcelona : Icaria, D.L. 1996.
- Montanari, Massimo.- El hambre y la abundancia : historia y cultura de la alimentación en Europa / Massimo Montanari . Barcelona : Crítica, D. L. 1993
- Terrón, Eloy.- España, encrucijada de culturas alimentarias : su papel en la difusión de los cultivos americanos / Eloy Terrón . Madrid : Ministerio de Agricultura, Pesca y Alimentación, D.L. 1992

Readings :

- González Turmo, I.- 2002 "Comida de pobre, pobre comida". En Gracia Arnáiz, M. (coord.) 2002 *Somos lo que comemos. Estudios de alimentación y cultura en España*. Barcelona: Ariel
- Mairal Buil, G.- 2013 "Una sombra de riesgo: de la "colza" a las "vacas locas". En Mairal Buil, G.- *La década del riesgo. Situaciones y narrativas de riesgo en España a comienzos del siglo XXI* . Madrid: Ediciones de la Catarata
- Gracia-Arnáiz, M.- 2014 "Comer o no comer ¿esa es la cuestión? Una aproximación antropológica al estudio de los trastornos alimentarios". *Política y Sociedad*. Vol. 51 Núm. 1. Pp. 73-94



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