

## 68705 - Illness prevention; promoting and protecting health

### Información del Plan Docente

<b>Academic Year</b>	2018/19
<b>Subject</b>	68705 - Illness prevention; promoting and protecting health
<b>Faculty / School</b>	104 - Facultad de Medicina
<b>Degree</b>	459 - Master's in Public Health
<b>ECTS</b>	8.0
<b>Year</b>	1
<b>Semester</b>	Annual
<b>Subject Type</b>	Compulsory
<b>Module</b>	---

### **1.General information**

#### **1.1.Aims of the course**

#### **1.2.Context and importance of this course in the degree**

#### **1.3.Recommendations to take this course**

### **2.Learning goals**

#### **2.1.Competences**

#### **2.2.Learning goals**

#### **2.3.Importance of learning goals**

### **3.Assessment (1st and 2nd call)**

#### **3.1.Assessment tasks (description of tasks, marking system and assessment criteria)**

### **4.Methodology, learning tasks, syllabus and resources**

#### **4.1.Methodological overview**

The methodology followed in this course is oriented towards achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, seminars, workshops, and students' autonomous work for doing assignments individually or in groups.

#### **4.2.Learning tasks**

The course includes the following learning tasks:

- Lectures

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- Workshops
- Online sessions
- Individual and group work

### **4.3.Syllabus**

The course will address the following topics:

1. Health Promotion and Education
  1. Health Promotion Strategies
  2. Knowledge Management and Networking
  3. Focus and Methodology of Life Ability
2. Health and Food Security
3. Environmental Health as Public Health Strategy
4. Sustainable development and Public Health
5. Epidemiology, prevention and control of transmissible diseases
  1. Introduction
  2. Diseases transmitted by food
  3. Cross-border diseases
  4. Most Relevant Transmissible diseases in our context
  5. Zoonoses and public health
  6. Vaccines
  7. Epigenetics and new vaccines development
6. Chronic diseases in our context
  1. Introduction to the epidemiology, prevention and control of chronic diseases
  2. Cancer
  3. Cardio-vascular diseases
  4. Endocrine-metabolic diseases
7. Health in specific groups
  1. Gender, work and health
  2. Mental health
  3. Health in Geriatry
  4. Health and Emigration
  5. Health of adults
  6. Health of Infants

### **4.4.Course planning and calendar**

Further information concerning the timetable, classroom, assessment dates and other details regarding this course, will be provided on the first day of class or please refer to the Moodle platform and to the Master's official sites and boards.

### **4.5.Bibliography and recommended resources**