

# 61864 - Psychopathology applied to general health psychology

## Syllabus Information

**Academic Year:** 2019/20

**Subject:** 61864 - Psychopathology applied to general health psychology

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 557 - Master's in General Sanitary Psychology

**ECTS:** 4.0

**Year:** 1

**Semester:** First semester

**Subject Type:** Compulsory

**Module:** ---

## 1.General information

### 1.1.Aims of the course

The subject of General Psychopathology applied to General Health Psychology aims to provide the student with the necessary knowledge about mental disorders based on the DSM and CIE categorical models, and based on the explanatory psychopathological models of the different mental disorders, with the objective to be able to make case formulations properly, to propose a correct evaluation and diagnosis of psychological and health problems, to formulate explanatory hypotheses of the relationship between mental psychopathology and disease processes, to improve the performance of functional analysis and intervention proposals.

### 1.2.Context and importance of this course in the degree

### 1.3.Recommendations to take this course

## 2.Learning goals

### 2.1.Competences

### 2.2.Learning goals

### 2.3.Importance of learning goals

## 3.Assessment (1st and 2nd call)

### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that he has achieved the expected learning outcomes through the following assessment activities

Written test (grade from 0 to 10) at the end of the semester. The grade will mean 60% of the final grade. The test will be a test type and will contain multiple choice answer questions.

Continued work in the classroom (rating from 0 to 10). 40% of the final grade.

The student will be able to carry out the activities of continuous evaluation as long as the attendance to the classes is not less than 80% of the teaching hours of the subject.

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. The theoretical and practical content will be presented by the teacher in the form of questions, discussions and public expression of opinions, to reach conclusions about them.

Participation and the cooperative learning methodology will be used for problems and solving real clinical cases.

## 4.2. Learning tasks

The course includes the following learning tasks:

- Lectures where the teacher will present the basic facts about a topic (15h)
- Analysis of case studies where students will practice the concepts learned in lectures (15h)
- Finding information and cooperative work (4h)
- Reading articles or documents related to the course contents (2h)
- Students' oral presentations (2h)
- Viewing of audiovisual material (2h)

## 4.3. Syllabus

The course will address the following topics:

### Topic 1. Emotional Disorders

#### 1.1. Mood disorders

1. Depressive disorders
2. Bipolar disorder and related disorders

#### 1.2. Anxiety disorders

3. Specific phobia
4. Social anxiety disorder
5. Generalized Anxiety Disorder
6. Panic disorder and Agoraphobia
7. Obsessive Compulsive and related disorders
8. Trauma and stressor related disorders

### Topic 2: Somatic Symptom and Related Disorders

9. Illness anxiety disorder

### Topic 3: Personality disorders

10. Borderline Personality Disorder

### Topic 4: Disruptive, impulse-control, and conduct disorders

11. Gambling disorder

### Topic 5: Emotion regulation

12. Gross Emotion regulation model
13. Other mental disorders

## 4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works

It will be specified at the beginning of the subject of the 2019-2020 academic year, as well as the content program and the recommended bibliography.

The general activities that will be carried out during the four-month period of the subject will be: 1) presentation of the subject; 2) definition of evaluation criteria and practical activities; 3) delivery of the theoretical-practical contents provided; 4) continuous assessment of student progress; 5) delivery of material (rubrics) for the preparation of written works; 6) oral presentations and 7) final evaluation.

Further information concerning the timetable, classroom, assessment dates and other details regarding this course, will be provided on the first day of class.

## 4.5. Bibliography and recommended resources

### BASIC REFERENCES:

- Baños, R.M. y Perpiñá. C. (2002) *La exploración psicopatológica*. Madrid: Síntesis.
- Belloch, A., Sandín, B., y Ramos, F. (Eds.) (2009). *Manual de Psicopatología (2ª edición)*. Vols I y II. Madrid: McGraw Hill Interamericana

- Caballo, V., Salazar, I., Carroble, JA (2014). *Manual de psicopatología y trastornos psicológicos*. 2ª edición. Madrid: Pirámide.
- Vallejo, J. (2011). *Introducción a la psicopatología y psiquiatría*. Barcelona: Elsevier Masson.

#### COMPLEMENTARY REFERENCES:

- Baños, R.M. y Perpiñá, C. (2002) *La exploración psicopatológica*. Madrid: Síntesis.
- Barlow, D.H. y Durand, V.M. (2003). *Psicopatología*. Madrid: Thomson.
- Belloch, A. y Fernández-Álvarez, H. (comps.) (2010). *Tratado de Trastornos De La Personalidad*. Madrid: Síntesis.
- Belloch, A., Cabedo, E. y Carrió, C. (2011). *TOC. Obsesiones y Compulsiones*. Madrid: Alianza Editorial.
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- Codina, R. S., Varón, E. R. (2009, Marzo 09). *Psicopatología de adultos*. Recuperado July 13, 2011, de la página web del OpenCourseWare de la UOC e: <http://ocw.uoc.edu/psicologia-y-ciencias-de-la-educacion/psicopatologia-de-adultos>
- Gross, J. J. (2015). Emotion regulation: Current status and future prospects. *Psychological Inquiry*, 26(1), 1-26.
- Jarne, A. y Talarn, A. (2011). *Manual de psicopatología clínica*. Madrid: Herder
- Obiols, J. (Ed.) (2008). *Manual de Psicopatología General*. Madrid: Biblioteca Nueva
- Reed, G. (1998). *La psicología de la experiencia anómala*. Valencia: Promolibro.
- Sandín, B., Chorot, P., Santed, M.A. y Valiente, R.M. (2004). *Estudios de caso en Psicopatología*. Madrid: Klinik.
- Sarason, I.G. y Sarason, B.R. (2006). *Psicopatología*. Pearson Prentice Hall.
- Valdés, M., Rodríguez, J.F., García, M., y Blanco, J.L. (2008). *Material audiovisual para enseñanza práctica en psicopatología clínica*. Madrid: Instituto de Orientación Psicológica Asociados, S.L.
- Valiente, C. (2002) *Alucinaciones y Delirios*. Madrid: Síntesis.
- Vallejo, J. (2011). *Introducción a la psicopatología y psiquiatría*. Barcelona: Elsevier Masson.