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# Evidence of the reduced abundance of proline *cis* conformation in protein poly-proline tracts

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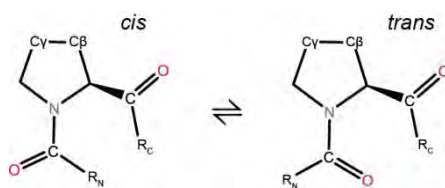
## Abstract

Proline is found in a *cis* conformation in proteins more often than other proteinogenic amino acids, where it influences structure and modulates function, being the focus of several high-resolution structural studies. However, until now, technical and methodological limitations have hampered the site-specific investigation of the conformational preferences of prolines present in poly-proline (poly-P) homo-repeats in their protein context. Here, we apply site-

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3 specific isotopic labeling to obtain high-resolution NMR data on the *cis/trans* equilibrium of  
4 prolines within the poly-P repeats of huntingtin exon 1, the causative agent of Huntington's  
5 disease. Screening prolines in different positions in long (poly-P<sub>11</sub>) and short (poly-P<sub>3</sub>) poly-P  
6 tracts, we found that while the first proline of poly-P tracts adopts similar levels of *cis*  
7 conformation as isolated prolines, a length-dependent reduced abundance of *cis* conformers  
8 is observed for terminal prolines. Interestingly, the *cis* isomer could not be detected in inner  
9 prolines, in line with percentages derived from a large database of proline-centered  
10 tripeptides extracted from crystallographic structures. These results suggest a strong  
11 cooperative effect within poly-Ps that enhances their stiffness by diminishing the stability of  
12 the *cis* conformation. This rigidity is key to rationalize the protection towards aggregation that  
13 the poly-P tract confers to huntingtin. Furthermore, the study provides new avenues to probe  
14 the structural properties of poly-P tracts in protein design as scaffolds or nanoscale rulers.  
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## Introduction

Proline is unique among the 20 genetically coded amino acids<sup>1</sup>. The side chain of proline is covalently linked to the backbone nitrogen atom, forming a pyrrolidine ring and restricting the  $\phi$  torsion angle. Its cyclic structure also influences the *cis/trans* equilibrium of the *Xaa-Pro* peptide bonds (Figure 1), resulting in a lower free-energy difference between the *trans* and *cis* conformations. The interconversion of the two isomers is intrinsically slow (timescale of seconds) and it has been shown to play an important role in controlling the duration of cellular processes, which can be accelerated by peptidyl-prolyl isomerases<sup>2,3</sup>. Isomerization can also modulate protein folding<sup>4,5</sup>, amyloid formation<sup>6</sup> and protein recognition events<sup>7</sup>.



**Figure 1. Proline *cis* and *trans* conformations.** The positions of C $\beta$  and C $\gamma$  are indicated.

Due to their importance, the *cis* and *trans* isomers of proline have been the focus of many structural studies<sup>8-10</sup>. The analysis of high-resolution X-ray structures revealed that in globular proteins ~ 5% of the peptide bonds involving prolines adopt the *cis* conformation, while most other amino acids form peptide bonds in the *trans* conformation (more than 99.5%)<sup>11</sup>. In solution, different nuclear magnetic resonance (NMR) studies of model peptides have reported large variations in the *cis*-proline content (up to 68%), which were dependent on the sequence and length of the peptide, the solvent and whether its termini were blocked or not<sup>10,12,13</sup>. NMR studies of intrinsically disordered proteins (IDPs) indicate that the content of *cis*-proline bonds in these proteins is slightly higher than in globular ones<sup>10,14</sup>. Recent

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3 residue-specific studies on intrinsically disordered tau<sup>15</sup>,  $\alpha$ -synuclein<sup>10</sup> and osteopontin<sup>16</sup>  
4 demonstrated that the *cis* population is sequence dependent, varying from 3 - 20%.  
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6 Present knowledge of isomerization processes in solution has been derived from isolated  
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8 proline residues in peptides and proteins, exploiting the sensitivity of neighboring residues to  
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10 the isomeric state, which is captured through multidimensional NMR experiments. However,  
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12 these methods can not tackle the position-specific investigation of *cis/trans* isomerization in  
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14 poly-proline (poly-P) repeats, which remains out of the reach of high-resolution structural  
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16 biology. Indeed, poly-P is one of the most abundant homo-repeats (HRs) in eukaryotes, and  
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18 often participates in protein-protein interactions<sup>1,17-20</sup>. For instance, the recognition of proline-  
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20 rich sequences by Src homology 3 (SH3) and WW domains is fundamental for many  
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22 signaling events. The only known poly-P binding protein requiring at least 6 - 8 consecutive  
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24 prolines for high affinity binding is profilin. However, the functional role of its interaction is not  
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26 fully understood<sup>21-23</sup>. In addition, proline-rich regions (PRRs) often delimitate  
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28 functional/structural regions and protect from aggregation, most probably due to their  
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30 inherent rigidity and/or the conformational influence exerted to neighboring residues<sup>14,24,25</sup>.  
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32 Indeed, poly-P tracts are found adjacent to the aggregation-prone poly-glutamine (poly-Q)  
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34 motifs in proteins linked to human diseases, such as Huntington's disease and  
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36 spinocerebellar ataxias SCA2 and SCA7<sup>26</sup>.  
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39 In solution, poly-P repeats form structures known as poly-proline helices of type-I (all-*cis* right  
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41 handed, PP-I) or type-II (all-*trans* left handed, PP-II), depending on the polarity of the  
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43 solvent<sup>27,28</sup>. In aqueous solution, poly-P peptides adopt a PP-II helix with average backbone  
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45 dihedral angles of  $(\Phi, \Psi) = (-70^\circ, +145^\circ)$ , resulting in an extended rod-like helical structure in  
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47 which prolines in positions *i* and *i+3* are stacked on top of each other<sup>29</sup>. The energetic  
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49 stabilization of the PP-II conformation arises from the  $n \rightarrow \pi^*$  interaction established between  
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3 adjacent carbonyl groups ( $C_{i-1}=O_{i-1}\dots C_i=O_i$ )<sup>30,31</sup>. These structural features have recently been  
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5 confirmed in a hexaproline peptide using high-resolution crystallography<sup>32</sup>. The inherent  
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7 stiffness of poly-P observed by crystallographic studies prompted its use as molecular rulers  
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9 for Förster resonance energy transfer (FRET) experiments<sup>28,33</sup>. However, this hypothesis was  
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11 challenged for long poly-P peptides, which displayed larger FRET efficiencies than expected,  
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13 suggesting a certain degree of flexibility<sup>34</sup>. In combination with NMR experiments and  
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15 molecular dynamics simulations, it was demonstrated that the *cis/trans* isomerization was the  
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17 main cause of bending of poly-P peptides<sup>27</sup>. Based on <sup>1</sup>H-NMR, the authors estimated  $\approx 2\%$   
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19 and  $\approx 10\%$  of *cis* conformations present in internal and C-terminal prolines of the peptides,  
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21 respectively. Unfortunately, due to the severe signal overlap of the spectra, these NMR  
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23 studies were not able to pinpoint the homogeneous distribution of the internal *cis*-proline  
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25 population<sup>35</sup>.

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27 Structural studies of poly-P sequences in the protein context are even more challenging than  
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29 those in peptides. The development of the <sup>13</sup>C-detected 2D CON experiment, which  
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31 correlates <sup>13</sup>C' of residue *i-1* with <sup>15</sup>N<sup>H</sup> of residue *i*, enables the direct structural interrogation  
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33 of prolines, which appear in an isolated part of the spectrum<sup>36,37</sup>. Recently, tailored CON  
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35 pulse sequences have been developed, resolving resonances of protein stretches with up to  
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37 4 consecutive prolines<sup>38</sup>. Although position-specific *cis* conformations of isolated prolines can  
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39 be studied using such pulse sequences<sup>16</sup>, it is not clear whether these experiments can also  
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41 resolve longer poly-Ps and detect their *cis* conformations.  
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53 In this work, we have overcome the limitations arising from signal overlap and the use of  
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55 peptides, and probed the residue-specific *cis/trans* equilibrium of prolines within and outside  
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57 of poly-P tracts in the native protein context of huntingtin exon1 (httex1). By complementing  
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3 traditional NMR experiments with cell-free (CF) protein synthesis<sup>39</sup> and site-specific isotopic  
4 labeling (SSIL)<sup>40–42</sup>, we quantified the *cis/trans* populations of prolines present in the PRR of  
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6 a non-pathological httex1 variant containing 16 glutamines (H16). Httex1 mutants containing  
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8 an abnormally long poly-Q tract form fibrillar deposits in the striatum, causing Huntington's  
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10 disease, a currently incurable neurodegenerative disorder<sup>43</sup>. Based on its primary sequence,  
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12 httex1 can be divided into an N-terminal 17 residue long domain (N17), the poly-Q tract of  
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14 variable length and a PRR, which contains three poly-P tracts of 11 (poly-P<sub>11</sub>), 3 (poly-P<sub>3</sub>)  
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16 and 10 (poly-P<sub>10</sub>) proline residues, respectively (Figure 2a). Experimental evidence shows  
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18 that N17 and the poly-P tracts exert opposing effects on the poly-Q tract, promoting and  
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20 preventing aggregation, respectively<sup>24,44–46</sup>.  
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27 We show that the SSIL approach is robust, yielding similar values for isolated proline  
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29 residues as homogeneous isotopic labeling and multidimensional NMR. In addition, when  
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31 applied to the poly-P tracts, our approach shows that in a protein context the *cis* population is  
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33 dramatically reduced for inner prolines. Furthermore, the length-dependent isomerization  
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35 behavior of terminal prolines substantiates a cooperative effect of the  $n \rightarrow \pi^*$  stabilization  
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37 forces within poly-P tracts that enhances their stiffness by reducing the *cis* population.  
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## 47 Results

### 48 Traditional labeling approaches do not provide position-specific information of H16 poly-P 49 tracts 50 51

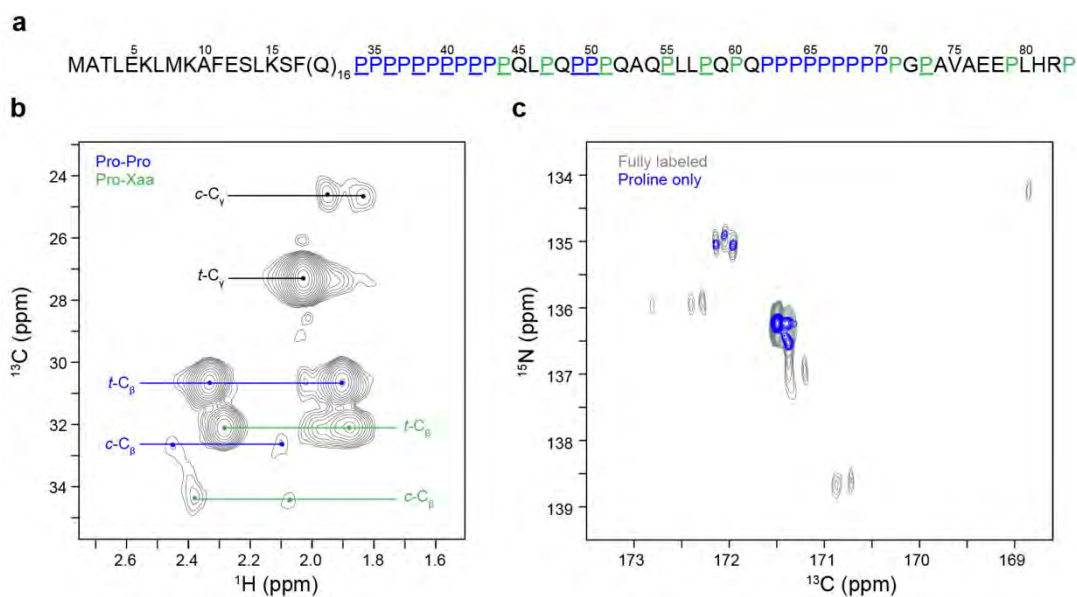
52 Httex1 contains a PRR with two long poly-P tracts in addition to a short proline triplet and  
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54 several isolated prolines, resulting in a total number of 31 prolines (Figure 2a). In order to  
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56 investigate their conformational properties, we produced a sample exclusively labeled with  
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3 [15N, 13C]-proline (H16-Pro\*) by exploiting total control over the labeling scheme offered by  
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5 CF protein synthesis<sup>39</sup>.

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8 The 13C-HSQC of this sample displayed a reduced number of peaks (Figure 2b and S1a).  
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10 Two families of prolines were identified in the spectrum, those preceding a proline (Pro-*Pro*),  
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12 and those preceding one of the other amino acids (Pro-*Xaa*, with *Xaa* being any non-proline  
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14 residue), encompassing 21 and 10 prolines, respectively (Figure 2a,b). Indeed, each family  
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16 was characterized by a distinct C $\alpha$  and two C $\beta$  peaks (Figure 2b and S1a). Conversely, C $\gamma$   
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18 and C $\delta$  frequencies were identical for all prolines in the sample. Inspection of the upfield part  
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20 of the spectrum showed the appearance of low-intensity peaks arising from the *cis*  
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22 conformations of prolines in H16 (Figure 2b)<sup>8</sup>. Concretely, two peaks corresponding to C $\gamma$  in  
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24 the *cis* conformation can be observed upfield (24.6 ppm) of the main (*trans*) C $\gamma$  peak (27.3  
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26 ppm). Moreover, four C $\beta$  peaks corresponding to the *cis* conformations of the two proline  
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28 families were observed downfield of the main (*trans*) C $\beta$  peaks (Figure 2b).  
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34 The analysis of the intensities of the C $\beta$  and C $\gamma$  peaks provided a direct quantification of the  
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36 relative populations of the *cis* and *trans* conformations in H16 for both proline families. While  
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38 C $\gamma$  intensities provided an overall estimation of 4.0% of *cis* conformations in H16, C $\beta$   
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40 intensities gave 7.4 and 3.0% of *cis* conformations for Pro-*Xaa* and Pro-*Pro* families,  
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42 respectively (Figure 2b). The difference observed between the two families is significant and  
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44 must be related to the distinct nature of the neighboring residues, which can not be evaluated  
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46 with present experiments<sup>8</sup>.  
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**Figure 2. Proline conformations in H16.** (a) Protein sequence of huntingtin exon1 with 16 consecutive glutamines (H16). Prolines followed by prolines (Pro-Pro) are highlighted in blue, while prolines followed by other residues (Pro-Xaa) are shown in green. Individual prolines studied by SSIL are underlined. (b) Zoom of the <sup>13</sup>C-HSQC spectrum for H16-Pro\* (H16 sample exclusively labeled with [<sup>15</sup>N, <sup>13</sup>C]-proline). The correlations for the *cis* and *trans* conformations of C<sub>γ</sub> (black) and of the two proline families observed for C<sub>β</sub>, Pro-Pro (blue) and Pro-Xaa (green) are highlighted. (c) Zoom on the proline region of the recorded CON spectra, showing an overlay of the fully labeled spectrum (grey) with the spectrum of selectively [<sup>15</sup>N, <sup>13</sup>C]-labeled prolines (blue). Even though H16 contains 21 Pro-Pro bonds, only six correlations were observed.

2D CON experiments have proven to be simple and effective to directly detect proline signals<sup>38,47</sup>. To explore if 2D CON experiments are able to resolve longer poly-P clusters, a 2D CON spectrum of a fully [<sup>15</sup>N, <sup>13</sup>C]-labeled sample of H16 was recorded. The resulting spectrum was well dispersed, clearly showing the proline region (<sup>15</sup>N: 134 - 137 ppm, Figure S1b). Subsequently, to exclusively examine prolines within the poly-P tract of H16, an additional 2D CON experiment of H16-Pro\* was recorded. Interestingly, despite the fact that H16 contains more than 20 Pro-Pro bonds, only six groups of signals were detected (Figure 2c). This suggests that many of the Pro-Pro correlations have similar chemical shifts, resulting in a strong signal overlap. Moreover, no low-intensity signals corresponding to *cis*

conformations were visible in the spectrum. Based on these observations traditional labeling schemes are not suitable to study the *cis/trans* conformation of prolines within poly-P tracts.

**Table 1. Experimentally determined proline *cis/trans* conformations in H16.**

	Proline context	Data obtained from C $\gamma$ (SSIL samples)		Data obtained from C $\beta$ (SSIL samples)		Data obtained from 3D experiments
		Experimental % <i>cis</i>	Maximum estimate of % <i>cis</i> <sup>e</sup>	Experimental % <i>cis</i>	Maximum estimate of % <i>cis</i> <sup>e</sup>	Experimental % <i>cis</i>
34 <sup>a</sup>	<i>Q-P-P</i>	16.6 $\pm$ 0.2	-	16.2 $\pm$ 0.2	-	12.3 $\pm$ 2.2
36 <sup>a</sup>	<i>P-P-P</i>	<i>N.O.</i> <sup>d</sup>	1.9	<i>N.O.</i> <sup>d</sup>	1.9	-
38 <sup>a</sup>	<i>P-P-P</i>	<i>N.O.</i> <sup>d</sup>	2.5	<i>N.O.</i> <sup>d</sup>	3.0	-
40 <sup>a</sup>	<i>P-P-P</i>	<i>N.O.</i> <sup>d</sup>	1.7	<i>N.O.</i> <sup>d</sup>	1.8	-
42 <sup>a</sup>	<i>P-P-P</i>	<i>N.O.</i> <sup>d</sup>	1.8	<i>N.O.</i> <sup>d</sup>	1.8	-
44 <sup>a</sup>	<i>P-P-Q</i>	<i>N.O.</i> <sup>d</sup>	1.6	<i>N.O.</i> <sup>d</sup>	1.6	-

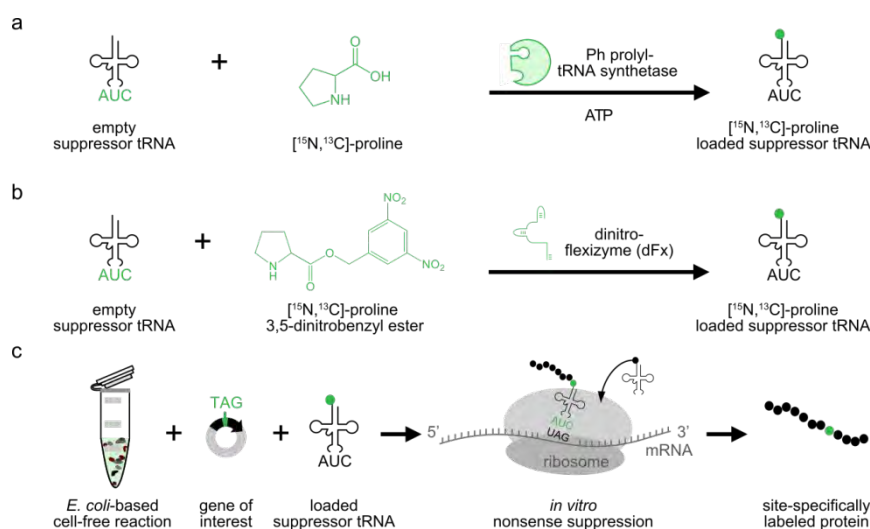
47	<i>L-P-Q</i>	6.4 ± 1.3	-	6.0 ± 1.3 <sup>f</sup>	-	11.0 ± 1.4
49 <sup>b</sup>	<i>Q-P-P</i>	9.8 ± 3.0	-	12.3 ± 1.7	-	8.4 ± 3.1
50 <sup>b</sup>	<i>P-P-P</i>	<i>N.O.</i> <sup>d</sup>	3.4	<i>N.O.</i> <sup>d</sup>	2.7	-
51 <sup>b</sup>	<i>P-P-Q</i>	3.3 ± 0.7	-	<i>N.O.</i> <sup>d</sup>	-	-
55	<i>Q-P-L</i>	8.9 ± 1.0	-	7.9 ± 0.9 <sup>f</sup>	-	8.1 ± 1.3
58	<i>L-P-Q</i>	10.2 ± 2.1	-	10.8 ± 1.7 <sup>f</sup>	-	9.6 ± 1.1
60	<i>Q-P-Q</i>	-	-	-	-	8.3 ± 0.8
62 <sup>c</sup>	<i>Q-P-P</i>	-	-	-	-	11.6 ± 1.5
73	<i>G-P-A</i>	14.6 ± 0.9	-	12.9 ± 0.9 <sup>f</sup>	-	12.3 ± 1.4
79	<i>E-P-L</i>	-	-	-	-	10.7 ± 1.5

- a Prolines belonging to poly-P<sub>11</sub>  
 b Prolines belonging to poly-P<sub>3</sub>  
 c Prolines belonging to poly-P<sub>10</sub>  
 d Non-observed peaks in SSIL samples  
 e Estimated maximum amount of *cis* population based on the experimental signal/noise level.  
 f Only the upfield Cβ *cis* peak was used for the calculation of the %*cis*, since the downfield peak could be contaminated by the glutamine Cγ peak appearing due to the natural abundance.

### Site-specific isotopic labeling of prolines to study site-specific *cis/trans* equilibria in poly-P tracts

To overcome the limitations encountered to probe the residue-specific *cis/trans* equilibrium within poly-P tracts in a native protein context, we applied the SSIL strategy<sup>40,41</sup>. This technique combines CF protein expression and nonsense suppression to site-specifically incorporate a single [<sup>15</sup>N, <sup>13</sup>C]-labeled amino acid into a protein, greatly simplifying NMR spectra. Here, we labeled proline residues within and outside of the poly-P tracts of H16. Briefly, orthogonal nonsense suppressor tRNAs (tRNA<sub>CUA</sub>) were charged with [<sup>15</sup>N, <sup>13</sup>C]-labeled proline *in vitro*, using either a tRNA<sub>CUA</sub>/prolyl-tRNA synthetase (ProRS) pair derived from *Pyrococcus horikoshii*<sup>48</sup> (Figure 3a) or dinitro-flexizyme (dFx)<sup>49</sup> (Figure 3b). The loaded

tRNA<sub>CUA</sub> was then added to a CF reaction containing a plasmid coding for H16 fused to sfGFP, bearing an amber stop codon (TAG) in the position coding for the targeted proline residue (Figure 3c). Six prolines, from one of the long poly-Ps (poly-P<sub>11</sub>: P34, P36, P38, P40, P42, P44), the three prolines from the short tract (poly-P<sub>3</sub>: P49, P50, P51), and four isolated prolines (P47, P55, P58 and P73) were studied using this strategy. After verifying the suppression efficiency and robustness at small scale (see Figure S2a-c and associated text), the CF reaction volume was increased to 10 mL to produce NMR samples. Despite the fact that dFx and ProRS loaded the tRNA<sub>CUA</sub> to a different extent ( $\geq 80\%$  and  $\leq 40\%$ , respectively), similar H16 yields were obtained and both strategies were used for large scale production (see Figure S2d). Concretely, P34, P38, P47, P55, P58 were produced with dFx loaded tRNA<sub>CUA</sub>, and P36, P40, P42, P44, P49, P50, P51, P73 were produced with ProRS loaded tRNA<sub>CUA</sub> (Table S1).



**Figure 3. SSIL strategy.** (a) Enzymatic loading of *in vitro*-transcribed suppressor tRNA<sub>CUA</sub> with [<sup>15</sup>N, <sup>13</sup>C]-proline. (b) Flexizyme-mediated loading of *in vitro*-transcribed suppressor tRNA<sub>CUA</sub>. (c) Cell-free suppression strategy employed for the site-specific labeling of single prolines in H16.

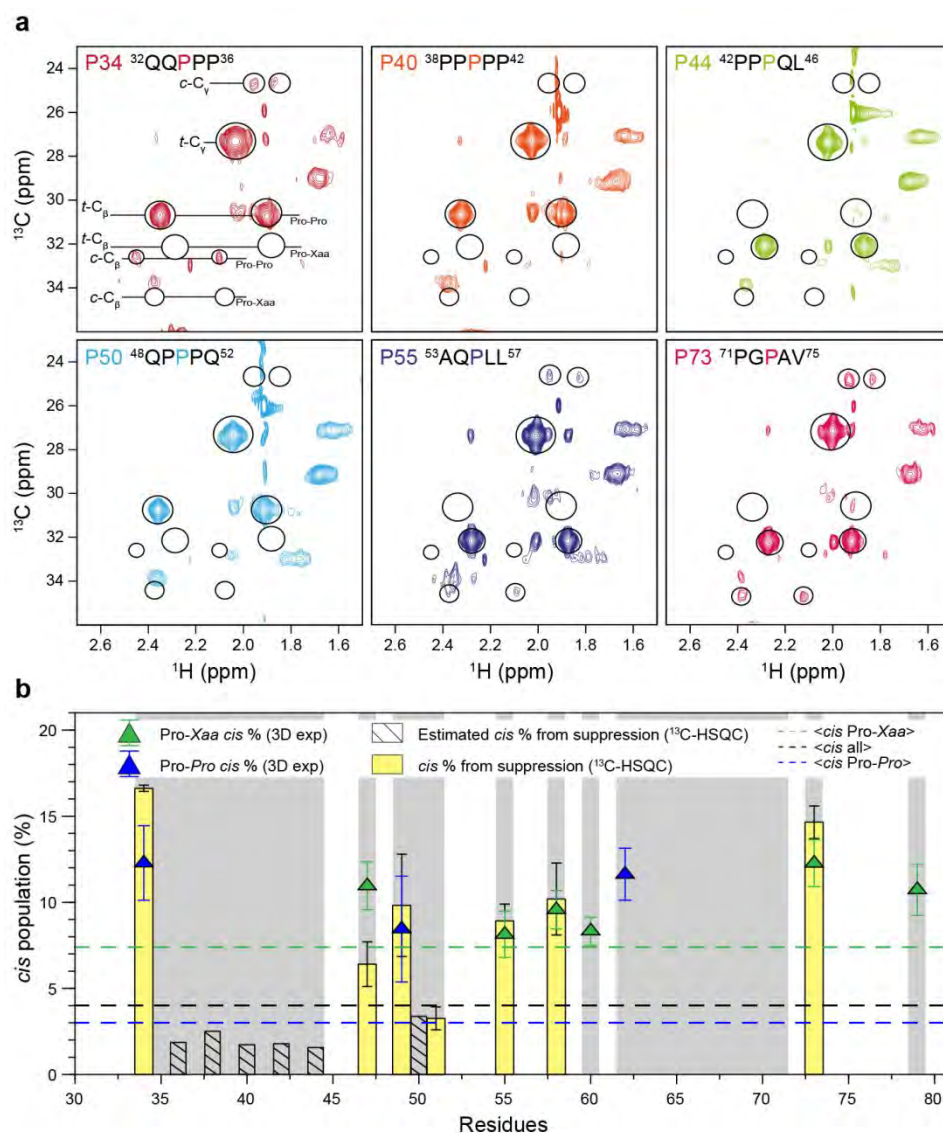
### Site-specific estimation of *cis* population

<sup>13</sup>C-HSQC spectra were recorded for the 13 site-specifically <sup>13</sup>C-labeled H16 samples (Figures 4a and S3). For each sample only a single C $\gamma$  peak and a C $\beta$  pair of peaks, which corresponds to one of the two prolines families (Pro-*Pro* and Pro-*Xaa*, Figure 2b), were present. In order to suppress the contamination arising from natural isotopic abundance peaks, which would impact the observed intensities and the associated *cis* populations, deuterated glutamine and proline were used in the CF reaction. While the addition of deuterated proline eliminated proline-related contaminations, a residual peak of glutamine C $\gamma$  was observed in the spectra (34 ppm <sup>13</sup>C and 2.4 ppm <sup>1</sup>H) (Figure 4a), most probably due to the action of transaminases that transform protonated glutamate into glutamine<sup>40,50,51</sup>.

Inspection of the spectra revealed the presence of C $\gamma$  and C $\beta$  *cis* peaks only for a few of the prolines (Figures 4a and S3). With the exception of P51, the last residue of poly-P<sub>3</sub>, *cis* peaks were only observed for prolines preceded by a non-proline amino acid. For these samples, the relative *cis/trans* population was independently calculated using the intensities of the C $\gamma$  and C $\beta$  peaks (Figure 4b and Table 1). Intensities from both carbons provided similar percentages of *cis* conformation and associated errors. For simplicity, only C $\gamma$ -derived values will be discussed. The *cis* populations derived from the experiments ranged from 3.3  $\pm$  0.7 (P51) to 16.6  $\pm$  0.2% (P34). With the exception of P51, the population of the *cis* conformer is above the average value obtained for all prolines in H16 (4.0%). The observed variability suggests a notable influence of the neighboring residues on the stability of the *cis* conformation, although no further conclusions could be extracted given the reduced number of examples.

We validated our results using 3D-NMR experiments, benefitting from the fact that the effects of the *cis/trans* equilibrium can be propagated to up to two residues from the proline<sup>10</sup>. We

assigned the *cis* peaks of the neighboring residues in the  $^{15}\text{N}$ -HSQC using several 3D experiments and quantified their relative intensities with respect to the main *trans* peaks. When possible, multiple neighboring residues were used for each proline (Figure S4). In total, we could unambiguously estimate the *cis* percentage for 9 prolines in H16, corresponding to the Pro-*Xaa* (six) and Pro-*Pro* (three) families (Table 1, Figure 4b). These values were in agreement with those obtained from the  $^{13}\text{C}$ -HSQC spectra of SSIL samples, although some discrepancy was observed for P47, probably due to the lower quality of its spectrum. This overall agreement demonstrates that the site-specific labeling approach is robust and yields similar *cis/trans* populations as classic strategies.



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3 **Figure 4. Investigation of proline *cis* populations using site-specifically labeled samples.** (a) Selected  
4  $^{13}\text{C}$ -HSQC spectra of site-specifically [ $^{15}\text{N}$ ,  $^{13}\text{C}$ ]-labeled samples. Note that all the spectra are shown in  
5 figure S3. (b) Population of the *cis* conformation for individual prolines in H16 extracted from SSIL  $^{13}\text{C}$ -  
6 HSQCs (experimentally determined: yellow bars; estimated from the spectral signal/noise: dashed  
7 bars) in comparison to those obtained from 3D experiments (Pro-*Pro*: blue triangles, Pro-*Xaa*: green  
8 triangles). The averaged *cis* populations for all prolines, Pro-*Pro* and Pro-*Xaa*, obtained from the  
9 intensity ratios extracted from the  $^{13}\text{C}$ -HSQC spectrum of Figure 2b, are displayed as horizontal  
10 dashed lines. The grey background indicates the position of all prolines present in H16, some of which  
11 were not probed in this study.  
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21 The most interesting observation of the  $^{13}\text{C}$ -HSQC experiments is the absence of *cis* peaks  
22 for several prolines (Figure 4a and S3). In all cases, these prolines belong to poly-P tracts  
23 and are preceded by other prolines, regardless of their family (Pro-*Xaa* or Pro-*Pro*). Based  
24 on the signal to noise ratio of each individual spectrum, the maximum percentage of the *cis*  
25 conformation that could be hidden below the spectral noise was estimated (see methods  
26 section for details). The resulting values are reported in Table 1. Note that the estimations  
27 depend on the protein concentration and the spectral parameters used for each individual  
28 sample (Table S1). The resulting maximum *cis* percentage potentially concealed by the noise  
29 ranged from 3.4 (P50) to 1.6% (P44), indicating an extremely low *cis* population within poly-P  
30 tracts. Interestingly, no differences were observed between the inner and terminal prolines in  
31 poly-P<sub>11</sub>, whereas only the central proline (P50) did not show a *cis* population in poly-P<sub>3</sub>.  
32 Taken together, these observations suggest a position and length dependency of the *cis*  
33 population in the poly-P context.  
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#### 54 **Statistical analysis of *cis* population in high-resolution crystallographic structures**

55 Our experimental results demonstrate that proline isomerization in H16 tracts is highly  
56 context-dependent. In order to evaluate these effects in more detail, we analyzed the  
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3 *cis/trans* populations in a 754,308 proline-centered tripeptide dataset built from coil regions of  
4 high-resolution ( $\leq 2.0$  Å) crystallographic structures (see methods section for details). In our  
5 dataset, examples for all the 400 *Xaa-Pro-Yaa* tripeptides (*Xaa* and *Yaa* referring to any  
6 amino acid) were found (Table S2). On average, the *cis* conformation was found in 6.48% of  
7 the tripeptides, a value that is slightly larger than those found previously in other studies:  
8 5.70%<sup>52</sup>, 4.63%<sup>53</sup> and 4.50%<sup>8</sup>. This difference probably arises from the specific filtering  
9 procedures applied to build our database, excluding fragments originating from  $\alpha$ -helices and  
10  $\beta$ -strands, which are less prone to have prolines in *cis* conformation<sup>54</sup>. The propensity to  
11 adopt a *cis* conformation is highly heterogeneous among the 400 tripeptides, suggesting a  
12 complex relationship between residues in positions *i-1* and *i+1* in defining the conformational  
13 state of prolines (Table S3).

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30 In the context of the study of proline homo-repeats, it is important to analyze the effects of  
31 neighboring prolines on the isomerization. The *cis* populations found in our database for the  
32 *Pro-Pro-Xaa* and *Xaa-Pro-Pro* tripeptides (where *Xaa* refers to any non-proline amino acid)  
33 were 8.16% and 9.20%, respectively. Note that these percentages are higher than those  
34 found in the whole database (6.48%), suggesting that a proline in positions *i-1* or *i+1* slightly  
35 increases the stability of the *cis* isomer. Interestingly, these influences are not additive since  
36 the percentage of the *cis* isomer dramatically decreases to 0.81% when both flanking  
37 positions are occupied by prolines (*Pro-Pro-Pro*). When analyzing longer poly-P fragments  
38 (*Xaa-Pro-Pro-Pro-Yaa* and *Xaa-Pro-Pro-Pro-Pro-Yaa*) extracted from coil regions of  
39 crystallographic structures, we identified that the central prolines were equally depleted in *cis*  
40 conformations. Concretely, while the population of the *cis* isomer for the N- and C-terminal  
41 prolines of *Xaa-Pro-Pro-Pro-Yaa* were 10.3 and 11.9%, respectively, the central one was one  
42 order of magnitude less populated (1.0%). In line with this observation, none of the central  
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3 prolines of the 379 *Xaa*-Pro-Pro-Pro-Pro-*Yaa* fragments extracted from crystallographic  
4 structures adopted a *cis* conformation. Taken together, these results suggest a strong bias  
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6 towards the *trans* isomer for the inner prolines of poly-P tracts.  
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## 10 11 12 13 14 15 16 17 18 **Discussion**

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20 Despite being a common homo-repeat found in proteins<sup>17,19,20</sup>, current structural knowledge  
21 of poly-P tracts in solution has been mainly derived from oligo-L-proline peptides using low-  
22 resolution techniques<sup>34,35</sup>. The use of NMR has been severely limited by the low frequency  
23 dispersion of the resulting spectra, which has hampered the position-specific investigation of  
24 poly-Ps in the protein context. In this study, we have overcome these limitations by applying  
25 SSIL to prolines in order to probe the *cis/trans* isomerization within two poly-P tracts of  
26 huntingtin in a position-specific manner. We have used two different procedures for tRNA<sub>CUA</sub>  
27 loading, an evolved ProRS from *P. horikoshii* and an engineered ribozyme, both of which  
28 resulted in very similar final protein yields, close to those reported in previous studies<sup>40,55,56</sup>.  
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30 This observation seems in contradiction to the different level of tRNA<sub>CUA</sub> acylation achieved  
31 by the ProRS ( $\approx 80\%$ ) and the flexizyme ( $\approx 40\%$ ) strategies (Figure S2d). Note that the  
32 spontaneous deacylation reduces the amount of loaded tRNAs inside the CF reaction in a  
33 time-dependent manner, making the percentage of loaded tRNA<sub>CUA</sub> a non-critical parameter  
34 (Figure S2e). Our observations demonstrate that flexizyme<sup>49</sup>, a less efficient but more  
35 general tRNA loading method, can become a valuable tool for the specific incorporation of  
36 isotopically labeled or non-canonical amino acids into proteins for specific structural and  
37 functional studies requiring mg-scale amounts.  
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3 *Cis* populations measured for H16 prolines using either SSIL samples or 3D-NMR  
4 experiments spanned from  $3.3 \pm 0.7$  to  $16.6 \pm 0.2\%$ , which are in the same range as  
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6 previous observations on disordered proteins<sup>10,15,16</sup>. The agreement between populations  
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8 derived from SSIL samples and traditional NMR approaches demonstrates our capacity to  
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10 identify and quantify small amounts of the *cis* isomer. Notably, the *cis* conformers that we  
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12 identified by using SSIL were present at concentrations  $< 0.5 \mu\text{M}$  in many of the samples,  
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14 concentrations difficult to detect by traditional 3D experiments.

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20 The variability of the *cis* populations suggests a non-negligible effect of the neighboring  
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22 residues on the isomerization process. However, no clear correlation can be established  
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24 between the *cis* populations measured in H16 and those calculated from crystallographic  
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26 structures (Table S2). With the exception of P51 (<sup>50</sup>P-P-Q<sup>52</sup>), the populations of the *cis*  
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28 conformer measured in solution are similar to or larger than those present in our database.  
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30 This tendency can be explained by the conformational restriction found in the context of  
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32 crystals used to extract the tripeptides. Despite the difficulties to quantitatively compare  
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34 experimental and dataset-derived *cis* propensities, a qualitative evaluation of the effects of  
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36 the flanking residues on the proline isomerization can be obtained. Our analysis suggests  
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38 that the role of the flanking residues in defining the *cis* enrichment is not additive, but implies  
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40 cooperative effects. As suggested previously, the effects of the flanking residues can extend  
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42 beyond the immediate neighbors of prolines<sup>53,57,58</sup>. While these longer range effects are  
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44 measured experimentally, they are not captured by our tripeptide dataset. One prominent  
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46 example of the interplay of flanking residues is the *Pro-Pro-Pro* tripeptide. Although the  
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48 presence of a proline in position *i-1* or *i+1* (*Pro-Pro-Xaa* or *Xaa-Pro-Pro*) does not reduce the  
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50 population of the *cis* conformation of the central Pro, this population is severely depleted  
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52 when both flanking residues are prolines.  
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4 When investigating the *cis/trans* isomerization in poly-Ps, we identified three different proline  
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6 types: N-terminal, inner and C-terminal prolines. The three N-terminal prolines present in  
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8 H16 have similar *cis* populations (P34:  $16.6 \pm 0.2$ , P49:  $9.8 \pm 3.0$ , and P62:  $11.6 \pm 1.5$ ) as  
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10 isolated prolines. Therefore, they are not conformationally affected by the downstream  
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12 presence of a poly-P tract. Conversely, we could not detect *cis* conformations in any of the  
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14 six inner prolines studied. Our estimations of the maximum *cis* population potentially hidden  
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16 under the spectral noise are low ( $< 2.0\%$ ), although variations among the estimated  
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18 populations were observed due to sample-specific experimental conditions (Table S1).  
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20 These estimated populations are in coherence with a previous study on a 40-residue long  
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22 oligo-L-proline that detected an average *cis* population of 2% for inner prolines, although the  
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24 position-specific percentages could not be assigned. Interestingly, the two poly-P C-terminal  
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26 prolines studied provided different results. While no *cis* conformation could be detected for  
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28 P44 (poly-P<sub>11</sub>), a small but quantifiable population of the *cis* isomer ( $3.3 \pm 0.7$ ) was observed  
29  
30 for P51 (poly-P<sub>3</sub>). The strong depletion of the *cis* conformer of C-terminal prolines differs from  
31  
32 the tripeptide analysis, which predicts no impact of a proline in position *i-1*. This strongly  
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34 suggests that the concatenation of multiple prolines destabilizes the *cis* conformation with  
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36 respect to the *trans* one. Moreover, this effect is length-dependent as only the C-terminal  
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38 proline of the short tract presents a detectable amount of the *cis* conformation. The observed  
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40 cumulative effect can be explained by the cooperative  $n \rightarrow \pi^*$  interaction established between  
41  
42 adjacent carbonyl groups within the homo-repeat. The asymmetric conformational behavior  
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44 observed for H16 poly-P tracts suggests a cooperative stabilization of the *trans* conformation  
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46 that grows along the tract and ends with the terminal proline, which will present a weaker  
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48  $n \rightarrow \pi^*$  interaction with the following residue and a less stable *trans* conformation. Our  
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50 observations also suggest that longer poly-P tracts lead to an enhanced stabilization of the  
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3 *trans* conformation and an increase in stiffness. The enrichment of proline residues placed  
4 immediately after poly-Q regions found in huntingtin and other glutamine-rich proteins  
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6 suggests that the stiffness is an important trait that has been preserved along evolution<sup>59,60</sup>.  
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8 This is most probably due to the structure breaking properties of prolines that are enhanced  
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10 when they are concatenated in homorepeats and this, for the case of huntingtin, has been  
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12 proven to diminish aggregation<sup>24,25,61</sup>.  
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16 The capacity of placing NMR-sensitive isotopes in specific positions in proteins paves the  
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18 way for high-resolution studies of poly-Ps, allowing the investigation of the link between  
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20 specific conformational features and biological functions. Moreover, the growing interest of  
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22 proline as a building block for scaffolds and nanoscale rulers will benefit from the site-specific  
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24 measurements of the structural properties<sup>28</sup>. Finally, in combination with the extremely  
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26 versatile flexizyme strategy, the high-resolution evaluation of the impact exerted by a wide  
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28 range of non-canonical amino acids is now feasible, making it possible to decipher the  
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30 structural bases of new chemically modified proteins for novel biotechnological applications.  
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## Materials and Methods

### Plasmids

All synthetic genes were ordered from Integrated DNA Technologies (IDT). For cell-free expression, constructs of wild type huntingtin exon1 with 16 consecutive glutamines (H16) or H16 carrying the amber codon (TAG) instead of a proline codon, e.g. P34 (H16P34), were cloned into pIVEX 2.3d by an In-Fusion<sup>®</sup> (Clontech) reaction. 13 amber mutants were ordered: P34, P36, P38, P40, P42, P44, P47, P49, P50, P51, P55, P58 and P73. The gene coding for *Pyrococcus horikoshii* prolyl-tRNA synthetase variant h1<sup>48</sup> (PhProRS) was cloned into pDB, giving rise to His<sub>6</sub>-MBP-PhProRS. The sequence of all plasmids was confirmed by sequencing (GENEWIZ<sup>®</sup>).

### *In vitro* transcription of suppressor tRNA<sub>CUA</sub>

The suppressor tRNA<sub>CUA</sub> of a proline tRNA<sub>CUA</sub>/tRNA synthetase pair developed by Chatterjee *et al.*<sup>48</sup> was produced by *in vitro* run-off transcription directly from the PCR product using the HiScribe<sup>™</sup> T7 High Yield RNA Synthesis Kit (New England Biolabs) following the manufacturer's instructions. The resulting transcript was purified by phenol-chloroform extraction using a mixture of phenol-chloroform-isoamylalcohol (25:24:1) (Applichem), precipitated in 2 M NH<sub>4</sub>-acetate and 2.5 volumes of 96% EtOH at -80°C and stored as dry pellets until use.

### Overexpression and purification of PhProRS

*Escherichia coli* BL21 (DE3) cells were transformed with pDB His<sub>6</sub>-MBP-PhProRS and grown overnight at 25°C in ZYM 5052 auto-inducing medium supplemented with 50 µg/mL kanamycin<sup>62</sup>. Cells were harvested by centrifugation (6,000 xg, 20 min, 4°C), the pellet was

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3 resuspended in 25 mM Tris pH 7.5, 300 mM NaCl, 5 mM MgCl<sub>2</sub>, 0.5 mM DTT (PhProRS  
4 buffer A) and stored at -20°C. Cells were supplemented with a cComplete™ EDTA free  
5  
6 protease inhibitor tablet (Roche) and lysed by sonication. Cell debris and insoluble proteins  
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8 were sedimented by centrifugation (45,000 xg, 45 min, 4°C). The supernatant was loaded  
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10 onto a Ni affinity column (HisTrap Excel 5 mL, GE Life Sciences) and the column was  
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12 washed with at least 10 CV PhProRS buffer A. Protein was eluted with PhProRS buffer B  
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14 (PhProRS buffer A + 250 mM imidazole). Fractions were analyzed by SDS-PAGE and  
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16 fractions containing MBP-PhProRS were pooled, mixed with 3C protease (1/100, w/w) and  
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18 dialyzed against PhProRS buffer A overnight at 4°C. After removal of 3C protease, the cut  
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20 protein mix was tested for aminoacylation activity and stored at -20°C.  
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### 30 **Synthesis of [<sup>15</sup>N, <sup>13</sup>C]-ProDBE: L-[<sup>15</sup>N, <sup>13</sup>C<sub>5</sub>]-proline-3,5-dinitrobenzyl ester hydrochloride (3)**

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32 L-[<sup>15</sup>N, <sup>13</sup>C]-proline-3,5-dinitrobenzyl ester hydrochloride (**3**) was synthesized (Figure S5)  
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34 starting from commercially available L-[<sup>15</sup>N, <sup>13</sup>C]-proline (CortecNet). Transformation of the  
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36 carboxylic acid into a 3,5-dinitrobenzyl ester (DBE) was carried out following a procedure  
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38 similar to that described by Murakami *et al.*<sup>49</sup> under conditions that were previously optimized  
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40 working with natural L-proline.  
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44 ***N*-(*tert*-Butoxycarbonyl)-L-[<sup>15</sup>N, <sup>13</sup>C<sub>5</sub>]-proline (1).** Di-*tert*-butyl dicarbonate (1.37 g, 6.26 mmol)  
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46 was added to a solution of L-[<sup>15</sup>N, <sup>13</sup>C<sub>5</sub>]-proline (505 mg, 4.17 mmol) and sodium bicarbonate  
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48 (350 mg, 4.17 mmol) in 20 mL dioxane/water (1:1) cooled to 0°C, and the reaction mixture  
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50 was stirred overnight at room temperature. After evaporation of the solvent, water (50 mL)  
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52 was added and the resulting solution was washed with *n*-hexane (2x 30 mL) and then  
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54 acidified with 5% aqueous potassium bisulfate to pH 2-3. The aqueous solution was  
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56 extracted with methylene chloride (3x 30 mL). The combined organic layers were dried over  
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3 anhydrous magnesium sulfate, filtered and evaporated to dryness to yield compound **1** as a  
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5 white solid (896 mg, 4.04 mmol, 97% yield). HRMS (ESI)  $^{13}\text{C}_5\text{C}_5\text{H}_{16}^{15}\text{NO}_4$   $[\text{M}-\text{H}]^-$ : calcd.  
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7 220.1217, found 220.1211.  
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10 ***N*-(*tert*-Butoxycarbonyl)-L-[ $^{15}\text{N}$ ,  $^{13}\text{C}_5$ ]-proline-3,5-dinitrobenzyl ester (**2**)**. A solution of **1**  
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12 (876 mg, 3.95 mmol) in anhydrous *N,N*-dimethylformamide (4 mL) was treated with  
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14 triethylamine (0.82 mL, 5.93 mmol) and 3,5-dinitrobenzyl chloride (942 g, 4.35 mmol) under  
15  
16 an inert atmosphere and was stirred at room temperature for 12 h. The resulting mixture was  
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18 partitioned between diethyl ether (30 mL) and a 5% aqueous solution of potassium bisulfate  
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20 (40 mL). The aqueous phase was further extracted with diethyl ether (2x 30 mL) and the  
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22 combined organic extracts were washed with brine (3x 30 mL). The organic solution was  
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24 dried over anhydrous magnesium sulfate, filtered and evaporated to dryness. The residue  
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26 obtained was purified by column chromatography on silica gel eluting with *n*-hexane/ethyl  
27  
28 acetate 7:3 to provide **2** as a white solid (1.51 g, 3.76 mmol, 95% yield). HRMS (ESI)  
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30  $^{13}\text{C}_5\text{C}_{12}\text{H}_{21}^{15}\text{NN}_2\text{NaO}_8$   $[\text{M}+\text{Na}]^+$ : calcd. 424.1364, found 424.1377.  
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36 **L-[ $^{15}\text{N}$ ,  $^{13}\text{C}_5$ ]-proline-3,5-dinitrobenzyl ester hydrochloride (**3**)**. A 3 N solution of hydrogen  
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38 chloride in ethyl acetate (10 mL) was added to compound **2** (1.50 g, 3.74 mmol) and the  
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40 reaction mixture was stirred at room temperature for 1 h. After completion, the solvent was  
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42 evaporated to dryness and the resulting residue was taken up in water and lyophilized to  
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44 provide **3** as a white solid (1.18 g, 3.49 mmol, 94% yield).  $[\alpha]_D^{28}$  -30.7 (c = 0.15, water).  $^1\text{H}$   
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46 NMR (DMSO- $d_6$ , 400 MHz)  $\delta$ : 1.59-2.42 (m, 4H), 2.99 and 3.47 (d, 2H,  $J_{(C,H)} = 145$  Hz), 4.25  
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48 and 4.75 (d, 1H,  $J_{(C,H)} = 150$  Hz), 5.42-5.57 (m, 2H), 8.71-8.89 (m, 3H), 9.79 (bs, 1H). HRMS  
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50 (ESI)  $^{13}\text{C}_5\text{C}_7\text{H}_{14}^{15}\text{NN}_2\text{O}_6$   $[\text{M}+\text{Na}]^+$ : calcd. 302.1020, found 302.1013.  
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3 High-resolution mass spectra were obtained on a Bruker Microtof-Q spectrometer. <sup>1</sup>H NMR  
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5 spectra were recorded on a Bruker AV-400 instrument at room temperature, using the  
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7 residual solvent signal as the internal standard; chemical shifts ( $\delta$ ) are expressed in ppm and  
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9 coupling constants ( $J$ ) in Hertz. Optical rotation was measured in a JASCO P-1020  
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11 polarimeter. Column chromatography was performed using 60 Å (0.04 - 0.063 mm) silica gel  
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13 from Macherey-Nagel.  
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### 20 **Aminoacylation of suppressor tRNA<sub>CUA</sub> using flexizyme dFx**

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22 Flexizyme dFx (5' GGAUC GAAAG AUUUC CGCAU CCCCCG AAAGG GUACA UGGCG  
23  
24 UUAGG U 3') and aminoacylated tRNA<sub>CUA</sub> were prepared following the protocol by Goto *et*  
25  
26 *al.*<sup>63</sup> with minor changes. A typical flexizyme reaction contained 50 mM HEPES-KOH pH 7.5,  
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28 15.6 μM tRNA<sub>CUA</sub>, 25 μM dFx, 600 mM MgCl<sub>2</sub> and 5 - 40 mM [<sup>15</sup>N, <sup>13</sup>C]-ProDBE (L-[<sup>15</sup>N, <sup>13</sup>C<sub>5</sub>]-  
29  
30 proline-3,5-dinitrobenzyl ester hydrochloride (**3**)) and was incubated on ice for 4 hours.  
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32 Loaded suppressor tRNA<sub>CUA</sub> was precipitated with 300 mM Na-acetate pH 5.2 and  
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34 2.5 volumes of 96% EtOH at -80°C. Pellets were washed twice with 70% EtOH and stored at  
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36 -20°C.  
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### 44 **Enzymatic aminoacylation of suppressor tRNA<sub>CUA</sub>**

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46 The suppressor tRNA<sub>CUA</sub> was refolded in 100 mM HEPES-KOH pH 7.5, 10 mM KCl at 70°C  
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48 for 5 min and a final concentration of 5 mM MgCl<sub>2</sub> was added just before the reaction was  
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50 placed on ice. The refolded tRNA<sub>CUA</sub> was then aminoacylated with L-[<sup>15</sup>N, <sup>13</sup>C]-proline  
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52 (CortecNet): 20 μM tRNA<sub>CUA</sub>, 2 μM of our PhProRS preparation, 0.1 mM [<sup>15</sup>N, <sup>13</sup>C]-Pro in  
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54 100 mM Na-acetate pH 5.0, 10 mM KCl, 20 mM MgCl<sub>2</sub>, 1 mM DTT and 10 mM ATP. After  
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56 incubation at 37°C for 1 hour loaded suppressor tRNA<sub>CUA</sub> was precipitated with 300 mM Na-  
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3 acetate pH 5.2 and 2.5 volumes of 96% EtOH at -80°C. Pellets were washed twice with 70%  
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5 EtOH and stored at -20°C. Successful loading was confirmed by urea-PAGE (6.5%  
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7 acrylamide 19:1, 8 M urea, 100 mM Na-acetate pH 5.2)<sup>64</sup>.  
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### 10 11 12 13 **Standard cell-free expression conditions**

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15 Lysate was prepared as previously described<sup>40</sup> and based on the *E. coli* strain BL21 Star  
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17 (DE3)::RF1-CBD<sub>3</sub>, a gift from Gottfried Otting (Australian National University, Canberra,  
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19 Australia)<sup>65</sup>. Cell-free protein expression was performed in batch mode as described by  
20  
21 Apponyi *et al.*<sup>66</sup>. The standard reaction mixture consisted of the following components:  
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23 55 mM HEPES-KOH (pH 7.5), 1.2 mM ATP, 0.8 mM each of CTP, GTP and UTP, 1.7 mM  
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25 DTT, 0.175 mg/mL *E. coli* total tRNA mixture (from strain MRE600), 0.64 mM cAMP,  
26  
27 27.5 mM ammonium acetate, 68 μM 1-5-formyl-5,6,7,8-tetrahydrofolic acid (folinic acid),  
28  
29 1 mM of each of the 20 amino acids, 80 mM creatine phosphate (CP), 250 μg/mL creatine  
30  
31 kinase (CK), plasmid (16 μg/mL) and 22.5% (v/v) S30 extract. The concentrations of  
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33 magnesium acetate (5 - 20 mM) and potassium glutamate (60 - 200 mM) were adjusted for  
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35 each new batch of S30 extract. A titration of both compounds was performed to obtain the  
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37 maximum yield.  
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### 46 **Optimization of cell-free suppression conditions (tRNA concentration and position screen)**

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48 To optimize the cell-free reaction for nonsense suppression, different concentrations of  
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50 loaded tRNA<sub>CUA</sub> (0 - 40 μM final concentration of total tRNA) were added to the reaction mix  
51  
52 and protein expression was followed by sfGFP fluorescence using a plate reader/incubator  
53  
54 (Gen5, BioTek Instruments, 485 nm (excitation), 528 nm (emission)). Assays were carried  
55  
56 out as triplicates in a reaction volume of 50 μL dispensed in 96-well plates. The reactions  
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3 were incubated at 23°C for 5 hours. The same setup was used to probe for possible position  
4  
5 specific effects of the amber codon placement on the suppression efficiency. To this end,  
6  
7 plasmids of all 13 amber mutants of wild-type H16 were tested at a constant final  
8  
9 concentration of 10  $\mu\text{M}$  tRNA<sub>CUA</sub>.  
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### 15 **Preparation of NMR samples**

16  
17 Samples for NMR studies were produced at 5 - 10 mL scale and incubated at 23°C and 550  
18  
19 rpm in a thermomixer for 5 hours. Uniformly labeled NMR samples were obtained by  
20  
21 substituting the standard amino acid mix with 3 mg/mL [<sup>15</sup>N, <sup>13</sup>C]-ISOGRO<sup>®39</sup> (an algal  
22  
23 extract lacking four amino acids: Asn, Cys, Gln and Trp) and additionally supplying Asn, Cys,  
24  
25 Gln and Trp (1 mM each).  
26  
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29 The final concentration of the fully labeled sample used for 3D experiments was ~80  $\mu\text{M}$ , and  
30  
31 the one used for CON experiments was 20  $\mu\text{M}$ .  
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34 A poly-Pro sample where only prolines were labeled was prepared by removing Pro from the  
35  
36 standard amino acid mix and replacing it with 1 mM [<sup>15</sup>N, <sup>13</sup>C]-Pro. The final concentration of  
37  
38 the all-Pro HSQC sample was 9.4  $\mu\text{M}$ , and the CON sample was 47.6  $\mu\text{M}$ .  
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41 To produce site-specifically labeled samples 10  $\mu\text{M}$  of [<sup>15</sup>N, <sup>13</sup>C]-Pro suppressor tRNA<sub>CUA</sub>  
42  
43 were added to the reaction. To improve the quality of the spectra by removing the natural  
44  
45 abundance peaks of Gln and Pro, all Gln and all Pro (excluding the suppressed residue)  
46  
47 were deuterated. Samples prepared with flexizyme-loaded tRNA<sub>CUA</sub>: P34, P38, P47, P55,  
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49 P58. Samples prepared with enzymatically-loaded tRNA<sub>CUA</sub>: P36, P40, P42, P44, P49, P50,  
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51 P51, P73.  
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### 58 **Purification of H16**

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3 The cell-free reaction was thawed on ice and diluted 2-3 fold with buffer A (50 mM Tris-HCl  
4 pH 7.5, 500 mM NaCl, 5 mM imidazole) before loading onto a Ni gravity-flow column of 1 mL  
5  
6 bed volume (cOmplete™ His-Tag Purification Resin, Sigma Aldrich). The column was  
7  
8 washed with buffer B (50 mM Tris-HCl pH 7.5, 1000 mM NaCl, 5 mM imidazole) and the  
9  
10 target protein was eluted with buffer C (50 mM Tris-HCl pH 7.5, 150 mM NaCl, 250 mM  
11  
12 imidazole). Elution fractions were checked under UV light and fluorescent fractions were  
13  
14 pooled and dialyzed against NMR buffer (20 mM BisTris-HCl pH 6.5, 150 mM NaCl) at 4°C  
15  
16 using SpectraPor 1 MWCO 6-8 kDa dialysis tubing (Spectrum Labs). Dialyzed protein was  
17  
18 then concentrated with 10 kDa MWCO Vivaspin centrifugal concentrators (3500 x g, 4°C)  
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20 (Sartorius). Protein concentrations were determined by means of fluorescence using an  
21  
22 sfGFP calibration curve. Protein integrity was analyzed by SDS-PAGE.  
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### 32 **NMR experiments and data analysis**

33  
34 All NMR samples contained final concentrations of 10% D<sub>2</sub>O and 0.5 mM 3-  
35  
36 trimethylsilylpropane-1-sulfonic acid (DSS) and chemical shifts were referenced with respect  
37  
38 to the H<sub>2</sub>O signal relative to DSS using the <sup>1</sup>H/X frequency ratio of the zero point according to  
39  
40 Markley *et al.*<sup>67</sup>. Experiments were performed at 293 K on a Bruker Avance III spectrometer  
41  
42 equipped with a cryogenic triple resonance probe and Z gradient coil. Most SSIL samples  
43  
44 were recorded on a spectrometer operating at a <sup>1</sup>H frequency of 800 MHz, the only exception  
45  
46 being the sample of P38, which was measured at 900 MHz. 3D-NMR experiments were  
47  
48 recorded on a 700 MHz spectrometer. <sup>15</sup>N-HSQC and <sup>13</sup>C-HSQC were acquired in order to  
49  
50 determine amide (<sup>1</sup>H<sub>N</sub> and <sup>15</sup>N) and aliphatic (<sup>1</sup>H<sub>aliphatic</sub> and <sup>13</sup>C<sub>aliphatic</sub>) chemical shifts,  
51  
52 respectively. <sup>13</sup>C' and <sup>15</sup>N chemical shifts of prolines were determined by recording <sup>13</sup>C', <sup>15</sup>N-  
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3 HCaCON spectra. To assign the *cis* peaks of residues influenced by a neighboring proline,  
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5  
6 3D HNCaCb, HNCaCO, CbCaCONH and HNCO experiments were acquired.  
7

8 Spectra acquisition parameters were set up depending on the sample concentration and the  
9  
10 magnet strength. All spectra were processed with TopSpin v3.5 (Bruker Biospin) and  
11  
12 analyzed using the CCPN-Analysis software<sup>68</sup>. The noise present in the <sup>13</sup>C-HSQC spectra of  
13  
14 SSIL samples and the error bars associated to the *cis* populations were calculated by using  
15  
16 the estimated noise tool of NMRFAM-SPARKY<sup>69</sup>. Three times the noise intensity was  
17  
18 considered as the minimum intensity threshold above which peaks could be unambiguously  
19  
20 identified. Therefore, when no signal could be detected, intensities were considered to have  
21  
22 a value below this threshold. *Cis* populations obtained from 3D experiments were quantified  
23  
24 by using *cis* and *trans* peak intensities assigned in different spectra; when possible, multiple  
25  
26 neighboring residue peaks were averaged for each proline. From different 3D spectra and  
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28 multiple neighboring residues, the standard deviations of *cis* percentages for each proline  
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30 were calculated.  
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### 39 **Tripeptide database construction**

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41 The tripeptide database was built using the entire Protein Data Bank (PDB). A total of  
42  
43 89,352,861 three-residue fragments (tripeptides) were extracted from the deposited protein  
44  
45 structures and classified on the basis of their sequence (8,000 tripeptide classes). The  
46  
47 conformations adopted by the residues were assigned using the program DSSP<sup>70</sup>, allowing  
48  
49 us to filter out fragments corresponding to  $\alpha$ -helices and  $\beta$ -strands. After filtering out the  
50  
51 secondary structure elements, 32,386,222 tripeptides remained, which corresponds to  
52  
53 36.25% of the total number of tripeptides being included in the coil database (i.e. DSSP types  
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55 G, B, T, S and blank/C). The database was further filtered by only selecting proline-centred  
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3 tripeptides derived from high-resolution (< 2 Å) crystallographic structures. A total of 754,308  
4  
5 proline-centred tripeptides was used to derive the *cis/trans* populations displayed in Tables  
6  
7  
8 S2 and S3. Note that previous statistical analyses of deposited high-resolution structures  
9  
10 have established the influence of the sequence context on the *cis/trans* proline isomerization,  
11  
12 although the effect of the N- and C-flanking residues was analyzed separately<sup>8,52-54</sup>. The  
13  
14 position-specific *cis/trans* populations for longer fragments (*Xaa-Pro-Pro-Pro-Yaa* and *Xaa-*  
15  
16 *Pro-Pro-Pro-Pro-Yaa*) were also derived from the entire PDB applying the same structural  
17  
18 filters used for the tripeptide database.  
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3 **Supporting Information.** Additional NMR spectra (full  $^{13}\text{C}$ -HSQC and CON spectra,  $^{15}\text{N}$ -HSQC  
4 showing *cis* and *trans* peaks of residues neighboring prolines,  $^{13}\text{C}$ -HSQCs of all studied site-  
5  
6 showing *cis* and *trans* peaks of residues neighboring prolines,  $^{13}\text{C}$ -HSQCs of all studied site-  
7  
8 specifically labeled prolines), details on the optimization of the SSIL approach, synthesis  
9  
10 scheme of [ $^{15}\text{N}$ ,  $^{13}\text{C}$ ]-Pro-DBE, a table summarizing sample concentrations and NMR  
11  
12 parameters, a list of all *Xaa*-Pro-*Yaa* tripeptides extracted from the coil database, and data  
13  
14 reflecting the influence of the amino acids in position *i-1* and *i+1* on the percentage of *cis*  
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16 conformations.  
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