

1 Intra-abdominal pressure and its relationship with markers of congestion in patients  
2 admitted for acute decompensated heart failure.

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23 **Background:** Systemic congestion is one of the mechanisms involved in acute decompensated  
24 heart failure (ADHF). Increased intraabdominal pressure (IAP), elicited by abdominal congestion,  
25 has been related to acute kidney injury and prognosis. Nonetheless, the link between diuretic  
26 response, surrogate markers of congestion and renal function remains poorly understood.

27 **Methods and results:** We measured IAP in 43 patients from a non-interventional, exploratory,  
28 prospective, single center study carried out in patients admitted for ADHF. IAP was measured  
29 with an calibrated electronic manometer through a catheter inserted in the bladder. Normal IAP  
30 was defined as < 12 mmHg. At baseline, median IAP was 15 mmHg, with a reduction over the  
31 next 72 hours to a median of 12 mmHg. A higher IAP at admission was associated with higher  
32 baseline blood urea (83 mg/dL [62 - 138] vs. 50 mg/dL [35 – 65]; p=0.007) and creatinine (1.30  
33 mg/dL vs 0.95 mg/dL; p=0.027), and with poorer diuretic response 72 hours after admission,  
34 either measured by diuresis (14.4 mL/mg vs. 21.6 mL/mg; [p = 0.005]) or natriuresis (1.2  
35 mEqNa/mg vs. 2.0 mEqNa/mg; [p = 0.008]). A higher incidence for one-year all-cause mortality  
36 (45.0% vs 16.7%; log-rank test = 0.041) was observed among those patients with IAP>12mmHg  
37 at 72 hours.

38 **Conclusions:** In patients with ADHF, higher IAP at admission is associated with poorer baseline  
39 renal function and impaired diuretic response. The persistence of IAP at 72 hours above 12 mm  
40 Hg associates to longer length of hospital stay and higher one-year all-cause mortality.

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51 **Introduction**

52 During the last few years, the importance of systemic venous congestion in heart failure (HF) has  
53 received increasing attention[1–3]. Most patients admitted for acute decompensated heart failure  
54 (ADHF), show signs or symptoms of congestion[4,5], hence guidelines recommend its prompt  
55 detection and treatment to improve outcomes[6].

56 However, up to one third of the patients still have some degree of clinical congestion at  
57 discharge[7,8], a situation termed residual clinical congestion, which is directly associated with a  
58 worse prognosis[8–10]. Residual clinical congestion is potentially caused by many factors, such  
59 as diuretic resistance[11] or persistent redistribution of fluid in interstitial space[12], situations  
60 leading to an increase in readmissions and mortality due to HF in a short and long-term basis[9].

61 Given the deleterious effect of residual clinical congestion and the limitations of physical  
62 examination for its assessment[13], new tools to evaluate congestion have been suggested.  
63 Biomarkers, such as carbohydrate antigen 125 (CA125)[14–16] or Bio-Adrenomedullin (Bio-  
64 ADM)[17,18], have shown a good correlation with clinical congestion. Additionally, some  
65 ultrasonographic (US) techniques are useful in refining prognostic assessment in HF. Both  
66 diameter and degree of collapse of inferior cava vein (ICV) have been associated with  
67 prognosis[19], as well as the presence of **B lines in lungs**, which presence during ADHF or its  
68 persistence after diuretics, confers poorer prognosis[20–23]. Hence, a combined assessment of  
69 congestion, including clinical, biochemical and US measurements, have been recommended by  
70 the European Society of Cardiology (ESC) for decision making and guided therapy in patients  
71 with acute HF[24].

72 Intrabdominal pressure (IAP) is another biological parameter of potential interest in HF  
73 since it is directly linked to central venous pressure (CVP) and abdominal congestion[25]. The  
74 American Society of Surgeons defined physiological IAP below 12 mm Hg, when a bladder  
75 catheter is used for this measurement [26–28]. In the context of HF, an increased IAP has been  
76 suggested as a leading mechanism underlying worsening of renal function (WRF) in ADHF

77 patients[25]. *Mullens et al*[29], showed changes in IAP correlated with serum creatinine in  
78 patients with HF and severely reduced left ventricular ejection fraction (LVEF). *Abu-Saleh et*  
79 *al*[30], demonstrated that increased IAP contributes to kidney dysfunction by using a HFpEF mice  
80 model. Nevertheless, there is no evidence about the interaction between IAP and markers of  
81 congestion (measured by physical examination, biomarkers or US), or about how IAP influences  
82 renal function and diuretic response in patients with mild reduced LVEF or even HFpEF. Patients  
83 admitted for ADHF at Internal Medicine wards have higher rates of comorbidities and/or  
84 HFpEF[31], what allows studying IAP in a different context never explored.

85 The PIA study (from Spanish for intra-abdominal pressure) was designed to examine  
86 relationships between IAP, systemic venous congestion and renal function impairment in the  
87 context of ADHF. The objectives of this study were: (1) quantify IAP, and its changes after  
88 diuretic therapy, in patients admitted for ADHF; (2) analyze the relationship between systemic  
89 congestion and IAP; (3) establish the relationship between IAP and the development of worsening  
90 renal function.

## 91 **Patients and methods**

92 The PIA (for its name in Spanish, *Presión Intra Abdominal*) study is an observational, non-  
93 interventional, descriptive and prospective study, carried out at the Internal Medicine department  
94 of the Hospital Clínico Universitario “Lozano Blesa”, Zaragoza, Spain, **in two different periods**  
95 **(January 2016 to July 2016 and May 2017 to May 2018)**. Inclusion criteria were: 1) Patients  
96 older than 18 years with a diagnosis of ADHF, either “de novo” or decompensated chronic HF;  
97 2) NT-proBNP > 1000 pg / ml in the first 36 hours after admission; 3) Estimated glomerular  
98 filtration rate (eGFR)  $\geq 20$  ml / min / 1.72 m<sup>2</sup> by Chronic Kidney Disease Epidemiology  
99 Collaboration (CKD-EPI-Creatinine formula) and 4) Written informed consent. Exclusion criteria  
100 were: 1) Admission to the intensive care unit. 2) Significant valve disease (severe aortic stenosis,  
101 severe mitral stenosis or mitral regurgitation); 3) Advanced COPD (spirometry with FEV1 <30%)  
102 and 4) ADHF due to arrhythmias (except atrial/flutter fibrillation). **5) Loop diuretic e.v.**  
103 **treatment  $\geq 24$  hours after admission to internal medicine ward.**

104 Systemic congestion was estimated by different methods, detailed below: 1) A clinical  
105 congestion score (CCS) previously described[9]. 2) Ultrasonographic measurement of diameter  
106 and collapse of IVC. 3) Bio-impedance vector analysis (BiVA) of body water content and 4)  
107 Blood biomarkers of congestion (NT-ProBNP and CA125).

108 **Baseline moment was defined as the first 24 hours after being admitted at the**  
109 **Internal Medicine ward.**

110 A 2D echocardiography performed between 6 months before admission and one month  
111 after discharge was required. Left ventricular ejection fraction (LVEF) was calculated by Simpson  
112 biplane method.

113 The study complied with the fundamental guidelines of the Helsinki International  
114 Declaration and was approved by the Clinical Research Ethics Committee of Aragón (CEICA,  
115 Ref. C.P.-C.I. PI15 / 0227 to date September 9, 2015). Written informed consent was obtained  
116 from all patients.

#### 117 **Intraabdominal pressure measurement**

118 IAP was calculated by an indirect method, according to *Cheatham ML et al* [26,27]. Briefly, the  
119 method consisted in placing a Foley catheter into the bladder, filled with 50 cc of saline solution,  
120 connected to a digital manometer (DM2Plus®,Fluke Biomedical, units: mmHg)[27]. IAP values  
121 obtained through this procedure has been shown to correlate adequately with actual IAP[28] and  
122 had been validated by the American Society of Surgeons[26]. Measurements were taken at 24, 48  
123 and 72 hours after admission, always by the same researcher, with a minimum interval of 2 hours  
124 after food intake and with the patient placed in supine position. All patients signed a specific  
125 informed consent to perform this procedure in case a bladder catheter had not been placed at the  
126 Emergency Ward. Four urinary catheters had to be removed; three after 48 hours, due to revoked  
127 consent and one after 24 hours because of an uncomplicated urinary tract infection.

#### 128 **Diuretic response and worsening renal function**

129 During the first 72 hours after admission, an exhaustive analysis of renal function was performed,  
130 including 24-, 48- and 72-hours total diuresis and urine analysis (all patients had bladder  
131 catheterization for IAP measurement). Blood analyses were performed at baseline and before  
132 discharge to evaluate renal function. In addition, cumulative dose of intra venous (i.v.) furosemide  
133 (mg) was registered at 24, 48 and 72 hours.

134 For diuretic response (DR), three formulae based on weight, diuresis or natriuresis,  
135 respectively, were used: 1)  $\Delta$  weight kg at 72 h/40 mg furosemide[11]. 2) Urine output during the  
136 first 72 h (Total diuresis at 72 h [mL]/Total intravenous furosemide [mg] 72 hours) and 3) Total  
137 urinary sodium at 72 h (mEq/L)/Total intravenous furosemide (mg) 72 h.

#### 138 **Laboratory samples**

139 Blood samples were withdrawn at admission and discharge. Serum biomarkers measured were  
140 NT-ProBNP (Modular Analytics Analyzer E601 Roche diagnostics GmbH, Mannheim,  
141 Germany), Cystatin C (Latex N Test, with BN II dade Behring GmbH, Marburg, Germany) and  
142 CA125 (Roche Diagnostics GmbH, Mannheim, Germany).

143 Urine samples were also collected daily, during the first 72 hours and assessed for urinary  
144 Kidney Injury Molecule 1 (KIM-1) concentrations following manufacturer instructions (kit  
145 DKM100; R&D Systems Europe, UK).

#### 146 **Analysis of inferior cava vein**

147 **During the first 72 hours from inclusion, measurements of the diameter of IVC and the**  
148 **degree of inspiratory collapse were taken daily in long axis. The LOGIQ F6 (General**  
149 **Electrics Healthcare ©) and the G3S 1.7-3.8 MHz transducer probes were used for this**  
150 **purpose. IVC was assessed, with patient in supine position and with the least elevation of**  
151 **the upper body. IVC diameter was calculated from the cross sections of IVC by M-mode in**  
152 **both inspiration and expiration using the formula:  $1 - ([\text{IVC diameter inspiration}/\text{IVC}$**   
153 **diameter expiration] x 100).**

#### 154 **Bio-impedance vector analysis**

155 Bio-impedance vector analysis (BiVA) was performed using an EFG-electrofluidgraph  
156 (Akern©). Two electrodes were placed on the ventral side of the hand and foot of the same side  
157 of the body, daily during the first three days after admission and 24 h. prior to discharge. Body  
158 composition values were calculated based on size and weight determined daily at 24, 48 and 72  
159 h. The variables obtained by this technique were total body water (TBW), total extracellular water  
160 (TEW) and body mass index (BMI).

### 161 **Clinical congestion score**

162 A previously validated CCS[8,9] was calculated at admission and discharge. The score included  
163 orthopnea, the presence of edema and jugular vein distension (JVD). The weight of each variable  
164 was distributed as follows: orthopnea (0 to 3), peripheral edema (0 to 3) and JVD (0 to 2). Patients  
165 with a CCS  $\geq 1$  at discharge were considered as having “residual congestion”.

### 166 **Outcomes**

167 Time-to event, all-cause mortality and HF-readmissions were registered. To the purpose of the  
168 survival analysis, follow-up started after discharge. Outcomes were identified by reviewing  
169 medical records of each included patient. Occurrence of WRF during hospitalization was  
170 surveyed as an additional outcome.

### 171 **Statistical Analysis**

172 Continuous variables were expressed by mean or median depending on the normality of each  
173 variable. Categorical variables were expressed as a percentage. The t-Student’s or ANOVA test  
174 was used for comparisons between continuous and normally distributed variables. Variables not  
175 normally distributed were compared with U-Mann Whitney or Kruskal-Wallis test. For  
176 categorical variables comparison, the chi-squared test was used. Correlation analysis was  
177 performed using the Pearson or Spearman test, according to normality.

178 The confidence intervals included were 95% (CI95%), establishing the statistical  
179 significance for p values lower than 0.05. Statistical analysis was performed with the Statistical  
180 Package for the Social Sciences (SPSS) version 24.0 for Windows.

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## 183 **Results**

### 184 **Baseline characteristics**

185 A total of 43 patients completed the PIA study (**Flow chart is shown in Supplementary figure**  
186 **1**). Mean age was  $80.1 \pm 8.4$  years, with a higher proportion of females (62.8%) and patients with  
187 a previous admission for ADHF (60.5%). The most prevalent comorbidities were arterial  
188 hypertension (83.7%), atrial fibrillation/flutter (67.4%), hypercholesterolemia (51.2%), diabetes  
189 mellitus (39.5%) and chronic kidney disease (CKD) (39.5%) (Table S1, in supplementary  
190 material).

### 191 **Intrabdominal pressure analysis**

192 A high proportion of patients (33 patients [76.7%]) showed increased IAP ( $\geq 12$  mmHg) at  
193 baseline. Baseline median IAP was 15.0 (11.0 – 17.0). IAP significantly declined at 72 hours  
194 (12.0 [10.0 – 15.0];  $p < 0.001$ ). At 72 hours, IAP remained elevated ( $> 12$  mmHg) in 19 patients  
195 (48.7%). IAP time-line changes for each individual are shown in Figure 1.

### 196 **Intrabdominal pressure at baseline (Table 1).**

197 Patients with baseline IPA above 12 mm Hg, showed higher prevalence of CKD (48.5% vs.  
198 10.0%;  $p=0.029$ ), higher concentrations of baseline serum creatinine (1.30 mg/dL vs. 0.95 mg/dL;  
199  $p=0.007$ ) and uric acid (8.1 mg/dL vs. 5.2 mg/dL;  $p=0.002$ ), as well as larger IVC diameter at  
200 admission (19.7 mm vs. 13.2 mm;  $p=0.013$ ).



201 The incidence of WRF and signs of tubular damage (urine concentrations of KIM-1) were  
202 similar in both groups, regardless baseline IAP.

### 203 **Intrabdominal pressure after 72 hours of admission (Table 2).**

204 Patients with a remaining elevated IAP (>12 mm Hg) 72 h after admission, had received higher  
205 doses of i.v. furosemide during that period of time (190 mg [140 – 320] vs. 130 mg [97.5 –  
206 160.0]; p=0.001) and their diuretic response was impaired, either measured by total diuresis (14.4  
207 mL/mg [9.1 – 23.8] vs. 21.6 mL/mg [14.3 – 29.9]; p= 0.050) or natriuresis (1.2 mEq/mg [0.5 -  
208 1.8] vs. 2.0 mEq/mg [1.7 – 2.5]; p=0.008). The group of patients with persistently high IAP at 72  
209 h, showed a larger diameter of IVC at any measurement during hospitalization: baseline (20.2  
210 mm vs. 15.0 mm; p=0.046), 72 hours (17.0 mm vs. 16.0 mm; p=0.028) and discharge (17.1 mm  
211 vs. 12.4 mm; p=0.032). **Of note, there were no differences in right ventricle systolic function,**

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212 **as expressed by TAPSE, nor in PASP, depending on the level of remaining IAP at 72 h.**

213 Furthermore, the group with remaining high IAP at 72 h had a larger volume of total body  
214 water (41.6 L [40.9 – 43.5] vs. 35.0 L [31.5-47.0]; p=0.001) and total extracellular water (22.4 L  
215 [21.1 – 30.6] vs. 20.8 L [15.0 – 28.0]; p=0.005) at 72 h.

### 216 **Intrabdominal pressure and renal function**

217 As compared to patients with normal renal function at admission, those with impaired function  
218 (eGFR < 60 mL/min/1.73m<sup>2</sup> [CKD-EPI-Creatinine]) had lower BMI (27.9 kg/m<sup>2</sup> vs. 32.0 kg/m<sup>2</sup>;  
219 p=0.005) and had been treated in a lower proportion with mineralocorticoid receptor antagonists  
220 (9.2% vs 15.4%; p = 0.034). Hemoglobin (11.5 g/L vs. 12.3 g/L; p=0.031) and bicarbonate  
221 concentrations (22.9 vs. 26.1 mmol/L; p=0.018) were lower, whilst CA125 (49.3U/mL vs. 36.1  
222 U/mL; p= 0.028) was significantly higher among patients with renal dysfunction.

223 There were no differences in IAP at baseline (15.6 mm Hg vs. 14.9 mm Hg; p=0.613) or  
224 at 72 hours (12.5 mm Hg vs. 12.1 mm Hg; p=0.791), in IVC diameter and its degree of collapse,  
225 and in total body water and total extracellular water, with regard to admission eGFR (A complete  
226 data set is shown in Table S2, supplementary material).

227 **Intraabdominal pressure and outcomes**

228 During follow-up, 12 deaths (29.3%) and 26 readmissions (61.9%) were registered. One-year all-  
229 cause mortality was significantly higher among those patients whose IAP after 72 hours of  
230 admission, remained elevated (45.0 % vs. 16.7%; Log-rank test = 0.041) (Figure 2). This group  
231 also had a longer hospital stay (9.0 days vs. 5.5 days; p=0.005).

232 Seven patients (17.9%) developed WRF during admission. This group had higher  
233 concentrations at admission of NT-proBNP (8929 pg/mL vs. 3092 pg/mL; p=0.004), creatinine  
234 (1.67 mg/dL vs. 1.03 mg/dL; p=0.017) and cystatin C (2.17 U/mL vs. 1.51 U/mL; p=0.013).  
235 Baseline water content (total body water and total extracellular water), IVC diameter, its degree  
236 of collapse and IAP (baseline and at 72 hours) did not differ between patients with or without  
237 WRF (a complete data set is shown in Table S3, supplementary material).

238 **Discussion**

239 Our study showed that elevated IAP was present in the majority of patients who were hospitalized  
240 for ADHF. Increased IAP levels at admission were associated with poorer baseline renal function  
241 and a poorer diuretic response. A higher all-cause mortality was observed in patients with  
242 persistently increased IAP after 72 hours. To our knowledge, there are no previous studies  
243 simultaneously addressing systemic venous congestion, diuretic response and IAP. Our findings  
244 may contribute to a better understanding on the role of congestion and IAP in the pathophysiology  
245 of ADHF.

246 **IAP as a surrogate marker of systemic venous congestion**

247 According to the criteria of the American Society of Surgeons, that established 12 mm Hg as the  
248 cut-off value of normalcy for IAP[27,32], we found that roughly two thirds of ADHF patients in  
249 our cohort presented with elevated IAP at admission. More interestingly, in half of them, IAP  
250 remained increased 72 h later, after i.v. diuretics had been administered and signs and symptoms  
251 of congestion had relieved.

252 Most of the surrogate markers of congestion (IVC diameter, CA125 and BiVA) were  
253 higher in the group of patients with elevated IAP as compared to those with normal values. Of  
254 note, admission IAP was positively correlated to the diameter of IVC, body water content by  
255 BiVA and CCS; even more, the correlation was still significant for IVC and BiVA 72 h after  
256 admission. This time-line change reflects a parallel pattern of behavior of systemic venous  
257 congestion and IAP, lending experimental support to the notion that IAP is an additional surrogate  
258 marker of systemic congestion.

259 The relationship between IAP and systemic congestion should be interpreted in the  
260 context of water and salt retention and volume expansion taking place in HF. Altogether, those  
261 alterations give rise to an increase in CVP reflected through the enlargement of IVC diameter and  
262 physical signs of congestion. Extracellular volume expansion is partially compensated by a  
263 redistribution of volemia, including a shift to the splanchnic bed that accounts for the increase in  
264 IAP, which can be easily measured through a urine catheter. **The absence of differences in**  
265 **TAPSE and PSAP regarding the levels of remaining IAP at 72 h. may partly be explained**  
266 **by the high proportion of patients with HFpEF in our cohort. Nonetheless, we think that it**  
267 **also points to the importance of the role of peripheral vascular bed, specially the splenic**  
268 **venous territory, in the pathophysiology of decompensations of HF.**

269 Our results suggest that quantification of IAP through a simple maneuver, such as the  
270 insertion of a urine catheter, provides an objective measure of the degree of systemic congestion  
271 and their changes under diuretic therapy. Although further studies are required, it is plausible to  
272 think that measuring IAP can be especially useful to guide diuretic therapy during the early phase  
273 of admission, especially in patients in whom physical examination is more difficult due to obesity  
274 or comorbidities.

### 275 **Intrabdominal pressure and renal function**

276 The interest on the relationships between IAP and cardiorenal syndrome in ADHF is recent, and  
277 the evidence scarce[25]. It is known that IAP correlates with changes in serum creatinine

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278 concentrations in patients with cardiogenic shock and LVEF below 20%[29]. In a recent primary  
279 study[30], based on a HFrEF mice model, IAP has been correlated with kidney dysfunction in  
280 both chronic heart failure and myocardial infarction models. However, these results[29,30] do not  
281 prove a causal relationship and probably cannot be extrapolated to patients with other causes of  
282 acute HF or with preserved LVEF.

283 *Damman et al*[33], found a narrow relationship between CVP and renal function  
284 impairment during ADHF. Furthermore, several subanalyses of large clinical trials, have shown  
285 residual clinical congestion and WRF to be related, conferring to these patients worse  
286 prognosis[34–36]. These results reinforce the hypothesis of a link between systemic congestion  
287 and renal dysfunction in ADHF.

288 In our cohort, renal function was poorer in patients with an admission IAP above normal  
289 values. These patients showed higher prevalence of previous CKD and concentrations of blood  
290 urea, creatinine and cystatin C significantly higher at admission. Surprisingly, we were not able  
291 to find any relationship between IAP, either at admission or after 72 h, and worsening renal  
292 function. Our data, hence, do not support a pathophysiological link between IAP and renal  
293 dysfunction. We could not find differences in IAP in our population, either at baseline or at 72 h,  
294 depending on whether admission eGFR was below or above 60 mL/min/1.73 m<sup>2</sup> (Table S4,  
295 supplementary material).. Moreover, the occurrence of WRF did not differ between patients with  
296 normal or elevated IAP, either at admission or at 72 h (Table S3, supplementary material). The  
297 most plausible explanation is that the increase in IAP is the consequence of an insufficient diuretic  
298 response leading to a higher degree of remaining congestion, which in turn impairs renal  
299 function<sup>29,30</sup>. In this context, IAP appears merely as a surrogate marker of systemic congestion,  
300 the true protagonist in cardiorenal interactions during decompensations. As a matter of fact, the  
301 persistence of high IAP at 72 h was still associated to a lower response to loop diuretics, despite  
302 the higher doses of i.v. diuretics accumulated in this group.

303 Diuretic resistance is a common observation in congestive ADHF[11,37,38]. As a  
304 surrogate marker for congestion, persistent elevation of IAP after diuretic therapy indicates a

305 higher degree of remaining systemic congestion, as indicated for concomitant persistence of  
306 increased IVC diameter and body water content (Table 3). Current evidence[24,39,40] suggests  
307 diuretic response is affected by congestion itself, but the mechanisms linking diuretic resistance  
308 to congestion are unknown and deserve further investigation.

### 309 **Prognostic significance of elevated Intraabdominal pressure**

310 Baseline (admission) IAP had no impact on prognosis; either in one-year all-cause mortality, or  
311 in HF-readmissions, nor on the incidence of WRF. However, a higher incidence of one-year all-  
312 cause mortality was observed among patients with persistent IAP above normal levels at 72h.  
313 These results could be explained if we interpret IAP as a surrogate marker of congestion (Table  
314 3). Several studies have shown the prognostic importance of residual congestion and diuretic  
315 response during the early phase after admission. *Valente et al.*[41], found that diuretic response  
316 (defined as negative  $\Delta$  weight kg/40 mg furosemide) was predictive of death and readmissions  
317 for HF in PROTECT[42] a study designed to assess the efficacy of rolofylline on treating  
318 congestion and renal function in ADHF.

319 To the best of our knowledge, our study is the first showing a higher mortality in patients  
320 with persistently elevated IAP after intensive diuretic therapy (first 72 hours).

### 321 **Intraabdominal pressure, residual congestion and diuretic response.**

322 A comprehensive view of our results reflects a rather complex relationship between IAP, water  
323 content and diuretic response that eventually result in decongestion. If our interpretation is correct,  
324 IAP is merely a marker of congestion without pathophysiological relation to the development of  
325 WRF or death. The persistence of high IAP accounts for residual congestion, a clinical fact that  
326 has been consistently linked to increases in mortality[8,43]. Changes in water content by BiVA  
327 were similar irrespective of IAP. Nonetheless, the dose of diuretics was much higher in the high  
328 IAP group, reflecting the impairment of diuretic response probably mediated by systemic  
329 congestion. If this interpretation is correct, the key to achieve an adequate decongestion during  
330 ADHF relies on the kidneys themselves. Probably, diuretic response during ADHF is the result

331 of previous renal function and i.v. diuretic titration, all of them dependent of local hemodynamic  
332 factors regulated by renin-angiotensin system, natriuretic peptides and others such as adenosine.  
333 A better understanding of cardio-renal interactions and new diuretic strategies—including the  
334 addition of new decongestive therapies, such as sodium-glucose linked transporter  
335 inhibitors(SLGT2i)[44]— will allow clinicians to improve outcomes in ADHF by targeting  
336 systemic venous congestion.

337 According to our results, the measurement of IAP during the early phase of admission  
338 may be of clinical interest to, by predicting the risk of residual congestion, implement optimal  
339 strategies to achieve a proper decongestion before discharge. There are several practical  
340 advantages of measuring IAP. First, the simplicity of its measurement; second, the objective  
341 threshold of normality; third, the prognostic yielded by IAP; and fourth, the possibility of  
342 monitoring the early changes in congestion occurring immediately after admission. Other proven  
343 useful biomarkers of congestion are rather variable, such as NT-proBNP[45,46], or lack of a clear  
344 cut-off for interpretation, as happens with CA125[47,48], and their time-line changes cannot be  
345 discriminated over a few days, thus not being useful to monitor the prompt and quick variations  
346 in the degree of congestion early after admission[13].

347 To summarize, we propose that IAP is a surrogate marker of systemic congestion,  
348 independent of baseline renal function and its persistence at 72 h, after intensive diuretic  
349 treatment, has negative prognostic implications.

## 350 **5. Limitations**

351 The study has been carried out in a single center so its results cannot be generalizable. The sample  
352 size is small, although the systematic approach, the wide range of the procedures used to measure  
353 congestion, as well as the rigor in its execution, mitigate, at least in part, this limitation. **The**  
354 **utility of IVC diameter to assess right atrial pressure could be limited by increased**  
355 **intraabdominal pressure and the presence of ascites (the grade of ascites was not registered).**  
356 Finally, the pathophysiological mechanisms analyzed in this study are not well defined, so it can

357 be considered a pioneering study. More studies are needed to better understand the link between  
358 IAP, systemic congestion and diuretic response. Probably, a larger study, assessing the  
359 effectiveness of guiding diuretic treatment through intra-abdominal pressure would be interesting  
360 to clarify the usefulness of this measurement during acute heart failure admission.

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## 363 **6. Conclusions**

364 The great majority of patients who were hospitalized for ADHF had elevated intra-abdominal  
365 pressure. A significant correlation was observed between baseline IAP, 72h IAP and surrogate  
366 markers of congestion (composite CCS, IVC and BiVA). Increased IAP at baseline was associated  
367 with poorer renal function and a poorer diuretic response. Patients with elevated IAP at 72 hours  
368 were hospitalized for a longer stay and showed higher rates for all-cause mortality.

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## 374 **Conflicts of interest**

375 The authors declare no conflict of interest.

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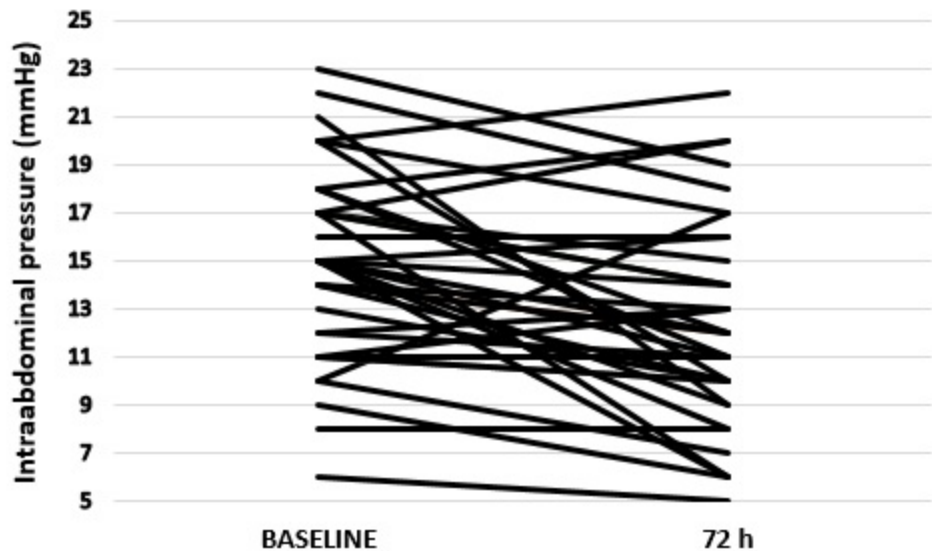
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545

**Figure 1:** Intraabdominal development from baseline to 72 hours after admission.



**Table 1:** Baseline clinical characteristics according to normal (< 12 mmHg) or elevated IAP (≥ 12 mm Hg) at admission.

Variable	Normal IAP	Elevated IAP	p-value
N (%)	10 (23.3)	33 (76.7)	
Age (years)	82.0 ± 8.5	79.6 ± 8.4	0.437
Female (n[%])	8 (80.0)	19 (57.6)	0.199
BMI (Kg/m <sup>2</sup> )	28.7 ± 7.1	30.6 ± 5.9	0.408
SBP (mm Hg)	142.9 ± 22.8	137.6 ± 21.8	0.451
DBP (mm Hg)	84.9 ± 12.3	77.1 ± 13.0	0.099
HR (b.p.m)	82.6 ± 12.3	80.1 ± 17.5	0.744
LVEF (%)	55.9 ± 14.7	45.7 ± 14.5	0.064
TAPSE (mm)	22.0 ± 2.1	19.4 ± 5.6	0.338
PASP (mmHg)	42.8 ± 16.4	46.9 ± 18.1	0.626
Length of stay (days)	5.5 (4.7 – 8.5)	9.0 (8.0 – 16.5)	<b>0.005</b>
<b>HF treatment (n[%]):</b>			
• ACEi/ARBs	8 (80.0)	23 (69.7)	0.525
• B-blockers	4 (40.0)	19 (57.6)	0.329
• MRA	1 (10.0)	7 (21.2)	0.425
• Loop diuretic	6 (60.0)	25 (75.8)	0.330
<b>Commorbidities (n[%]):</b>			
• HF admissions	7 (70.0)	19 (57.6)	0.481
• Hypertension	7 (70.0)	29 (87.9)	0.180
• Dyslipemia	5 (50.0)	17 (51.5)	0.933
• Chronic coronary disease	2 (20.0)	12 (36.4)	0.333
• Diabetes mellitus	3 (30.0)	14 (42.4)	0.481
• Atrial fibrillation/flutter	7 (70.0)	22 (66.7)	0.844
• COPD/Asthma	1 (16.7)	5 (15.2)	0.680
• Chronic kidney disease	1 (10.0)	16 (48.5)	<b>0.029</b>
• PCI	2 (4.7)	14 (42.4)	0.199
• Pacemaker	2 (20.0)	3 (9.1)	0.346

ACEi: Angiotensin-converting-enzyme inhibitor; ARBs: Angiotensine receptor blockers; BMI: Body mass index; b.p.m.: beats per minute; COPD: Chronic obstructive pulmonary disease; DBP: Diastolic blood pressure; HF: Heart failure; HR: Heart rate; LVEF: Left ventricular ejection fraction; MRA: Mineraloid receptor antagonists; PASP: Pulmonary artery systolic pressure; PCI: Percutaneous coronary intervention. SBP: Systolic blood pressure; TAPSE: **Tricuspid annular plane systolic excursion**



**Table 1 (cont.):** Baseline clinical characteristics according to normal (< 12 mmHg) or elevated IAP (≥ 12 mm Hg) at admission.

Variable	Normal IAP	Elevated IAP	p-value
N (%)	10 (23.3)	33 (76.7)	
<b>Renal function data and diuretic response</b>			
• Urea at admission (mg/dL)	40 (31 – 59)	58 (44 – 92)	0.056
• Urea at discharge (mg/dL)	50 (35 – 65)	83 (62 – 38)	<b>0.007</b>
• Creatinine at admission (mg/dL)	0.95 ± 0.31	1.30 ± 0.56	<b>0.027</b>
• Creatinine at discharge (mg/dL)	0.87 (0.68 – 1.18)	1.18 (0.96 – 1.99)	0.060
• Cystatin-C at admission (mg/dL)	1.41 ± 0.45	1.73 ± 0.61	0.235
• Cystatin-C at discharge (mg/dL)	1.60 ± 0.71	1.83 ± 0.76	0.592
• eGFR at admission (CKD-EPI- Creatinine)	58.0 (53.8 – 85.5)	48.5 (30.5 – 74.9)	0.196
• eGFR at discharge (CKD-EPI- Creatinine)	63.6 (51.3 – 85.5)	50.0 (28.3 – 62.8)	<b>0.019</b>
• Uric acid (mg/dL)	5.2 ± 2.4	8.1 ± 2.3	<b>0.002</b>
• Potassium (mEq/L)	4.1 ± 0.8	4.3 ± 0.5	0.955
• KIM-1 at admission (ng/mL)	367.7 (123.2 – 663.4)	287.1 (130.0 – 589.0)	0.818
<b>WRF at discharge (n[%])</b>			
• Defined as increase in creatinine ≥ 0.3 mg/dL	0 (0.0)	2 (6.9)	0.394
<b>Surrogate congestion markers</b>			
• CCS at admission (points)	4.5 (4.0 – 5.7)	6.0 (5.0 – 7.0)	0.080
• IAP at 72 hours (mmHg)	9.8 ± 3.5	13.1 ± 4.1	<b>0.030</b>
• IAP decrease (%)	-0.5 (-1.5 – 0.5)	-3.0 (-6.0 - -1.0)	<b>0.015</b>
• IVC diameter at admission (mm)	13.2 (11.1 – 17.7)	19.7 (16.9 – 25.4)	<b>0.013</b>
• IVC diameter at 72 hours (mm)	18.2 (14.3 – 20.2)	19.5 (17.1 – 24.2)	0.082
• NT-proBNP at admission (pg/mL)	5767 (2133 – 7442)	3404 (2312 – 8926)	0.530
• CA125 at admission (U/mL)	39.4 (13.9 – 62.7)	43.6 (28.8 – 146.3)	0.078
• TBW at admission (L)	39.6 ± 6.4	43.1 ± 13.2	0.059
• TBW at 72 h (L)	33.5 ± 3.9	44.5 ± 12.5	<b>0.044</b>
• TEW at admission (L)	22.2 ± 9.5	25.0 ± 7.2	<b>0.041</b>
• TEW at 72 h (L)	22.0 ± 8.9	24.4 ± 5.9	<b>0.036</b>

CA 125: Carbohydrate antigen 125; CCS: Composite congestion score; eGFR: Estimated-glomerular filtration rate; IAP: Intraabdominal Pressure; IVC: Inferior vena cava; KIM-1: Kidney injury molecule 1; NT-proBNP: amino terminal fragment of brain natriuretic peptide; TBW: Total body water; TEW: Total Extracellular water; WRF: Worsening renal function.

**Table 2:** Baseline characteristics according to normal (< 12 mmHg) or elevated IAP ( $\geq$  12 mm Hg) at 72 hours

Variable	Normal IAP	Elevated IAP	p-value
N (%)	19 (48.7)	20 (51.3)	
Age (years)	83.0 (77.0 – 88.0)	81.5 (77.7 – 84.0)	0.304
Female (n[%])	13 (68.4%)	11 (55.0)	0.389
BMI (Kgs/m <sup>2</sup> )	28.8 $\pm$ 6.6	31.4 $\pm$ 5.9	0.214
SBP (mmHg)	140.5 $\pm$ 20.5	139.7 $\pm$ 20.3	0.894
DBP (mmHg)	80.1 $\pm$ 14.0	80.1 $\pm$ 10.9	0.998
HR (b.p.m)	85.1 $\pm$ 17.4	76.9 $\pm$ 13.5	0.109
LVEF (%)	44.6 $\pm$ 15.5	38.4 $\pm$ 15.8	0.446
TAPSE (mm)	20.1 $\pm$ 3.4	19.7 $\pm$ 6.1	0.767
PASP (mmHg)	47.2 $\pm$ 20.9	43.1 $\pm$ 19.3	0.693
Length of stay (days)	8 (5 – 10)	10 (6 – 19)	0.189
<b>HF treatment (n[%]):</b>			
• ACEi/ARBs	14 (73.7)	14 (73.7)	0.798
• B-blockers	9 (47.4)	13 (65.0)	0.267
• MRB	5 (26.3)	1 (5.0)	0.065
• Loop diuretic	15 (78.9%)	14 (70.0)	0.522
<b>Comorbidities (n[%]):</b>			
• HF admissions	11 (57.9)	13 (65.0)	0.648
• Hypertension	16 (84.2)	6 (80.0)	0.732
• Dislipemia	9 (47.4)	12 (60.0)	0.429
• Chronic coronary disease	6 (31.6)	7 (35.0)	0.821
• Diabetes mellitus	7 (36.8)	10 (50.0)	0.408
• Atrial fibrillation/flutter	15 (78.9)	11 (55.0)	0.113
• COPD/Asthma	3 (15.8)	3 (15.0)	0.946
• Chronic kidney disease	6 (31.6)	10 (50.0)	0.242
• PCI	6 (31.6)	9 (45.0)	0.389
• Pacemaker	3 (15.8)	1 (5.0)	0.267

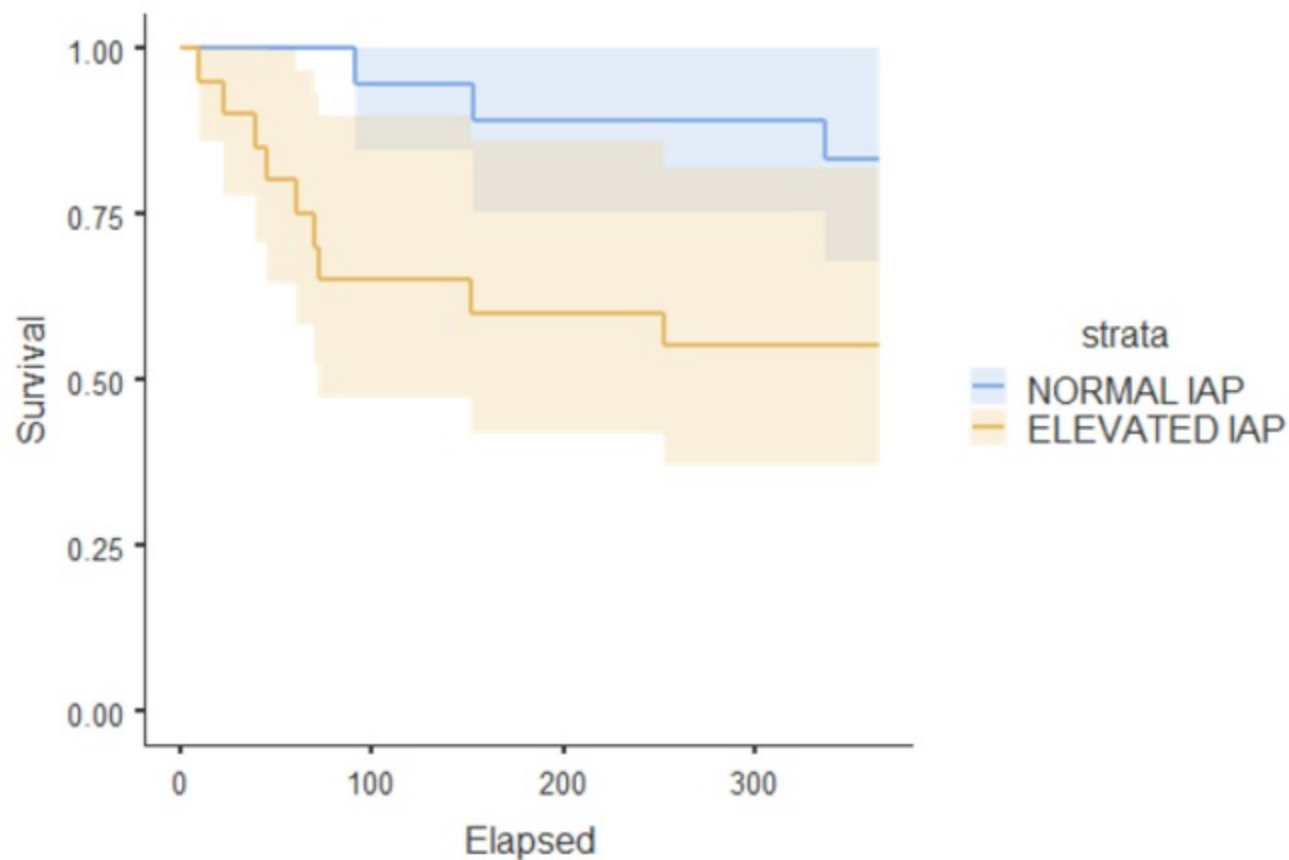
ACEi: Angiotensin-converting-enzyme inhibitor; ARBs: Angiotensine receptor blockers; BMI: Body mass index; b.p.m.: beats per minute; COPD: Chronic obstructive pulmonary disease; DBP: Diastolic blood pressure; HF: Heart failure ; HR: Heart rate; LVEF: Left ventricular ejection fraction; MRB: Mineraloid receptor blockers; PASP: Pulmonary artery systolic pressure; PCI: Percutaneous coronary intervention. SBP: Systolic blood pressure; **TAPSE: Tricuspid annular plane systolic excursion**

**Table 2 (cont.):** Baseline characteristics according to normal (< 12 mmHg) or elevated IAP (≥ 12 mm Hg) at 72 hours

Variable	Normal IAP	Elevated IAP	p-value
<b>Total (n[%])</b>	19 (44,2)	24 (55.8)	
<b>WRF at discharge (n[%])</b>			
• Defined as increase in creatinine ≥ 0.3 mg/dL	1 (5.6)	1 (5.9)	0.967
<b>Biomarkers</b>			
• NT-proBNP at admission (pg/mL)	5767 (2476 – 7442)	3331 (2156 – 13264)	0.815
• NT-proBNP at discharge (pg/mL)	2166 (1817 – 3616)	2552 (1065 – 6570)	0.925
• Cystatin-C at admission (mg/dL)	1.53 (1.28 – 2.11)	1.51 (1.26 – 1.94)	0.275
• Cystatin-C at discharge (mg/dL)	1.46 (1.39 – 2.33)	1.48 (1.28 – 2.15)	0.980
• CA125 at admission (U/mL)	43.6 (30.7 – 128.1)	39.9 (16.2 – 103.4)	0.692
• CA125 at discharge (U/mL)	38.7 (24.0 – 130.2)	50.9 (22.1 – 182.7)	0.963
• KIM-1 at admission (ng/mL)	240.1 (129.7 – 626.5)	406.4 (129.4 – 566.1)	0.555
<b>Diuretic response (during first 72 h after admission)</b>			
• Total natriuresis (mEq/mL)	91.5 ± 22.6	81.3 ± 27.4	0.320
• Total i.v. loop diuretic dose (mg)	130 (97.5 – 160.0)	190.0 (140.0 – 320.0)	<b>0.001</b>
• Diuretic response by weight (Δweight at 72 hours/ 40mg e.v. furosemide)	-0.52 (-0.98 - -0.01)	-0.22 (-0.64 – 0.0)	0.180
• Diuretic response diuresis (mL urine /mg furosemide i.v.)	21.6 (14.3 – 29.9)	14.4 (9.1 – 23.8)	<b>0.050</b>
• Diuretic response natriuresis (mEq Na / mg furosemide i.v.)	2.0 (1.7 – 2.5)	1.2 (0.5 – 1.8)	<b>0.008</b>
<b>Congestion surrogate markers</b>			
• IVC diameter at admission (mm)	15.0 ± 3.5	20.2 ± 4.6	<b>0.046</b>
• IVC diameter at 72 h (mm)	16.0 ± 4.4	17.0 ± 2.5	<b>0.028</b>
• IVC diameter at discharge (mm)	12.4 ± 3.3	17.1 ± 3.9	<b>0.032</b>
• TBW at admission (L)	36.4 (30.9 – 49.3)	42.4 (39.1 - 43.5)	0.054
• TBW at 72 h (L)	35.0 (31.5 – 47.0)	41.6 (40.9 – 43.5)	<b>0.001</b>
• TBW at discharge (L)	34.2 (31.9 – 40.1)	39.9 (35.5 – 41.5)	0.371
• TEW at admission (L)	18.0 (15.0 – 31.1)	28.1 (20.1 – 33.9)	<b>0.002</b>
• TEW at 72 h (L)	20.8 (15.0 – 28.0)	22.4 (21.1 – 30.6)	<b>0.005</b>
• TEW at discharge (L)	19.6 (16.0 – 32.1)	24.5 (20.3 – 29.6)	0.569

CA 125: Carbohydrate antigen 125; CCS: Composite congestion score; e-GFR: estimated Glomerular filtration rate; IAP: Intraabdominal Pressure; I.v.: intravenous; IVC: Inferior vena cava; KIM-1: Kidney injury molecule 1; NT-proBNP: amino terminal fragment of brain natriuretic peptide; TBW: Total body water; TEW: Total Extracellular water; WRF: Worsening renal function.

**Figure 2:** Cumulative survival curve by IAP at 72 hours for all-cause mortality at one-year.



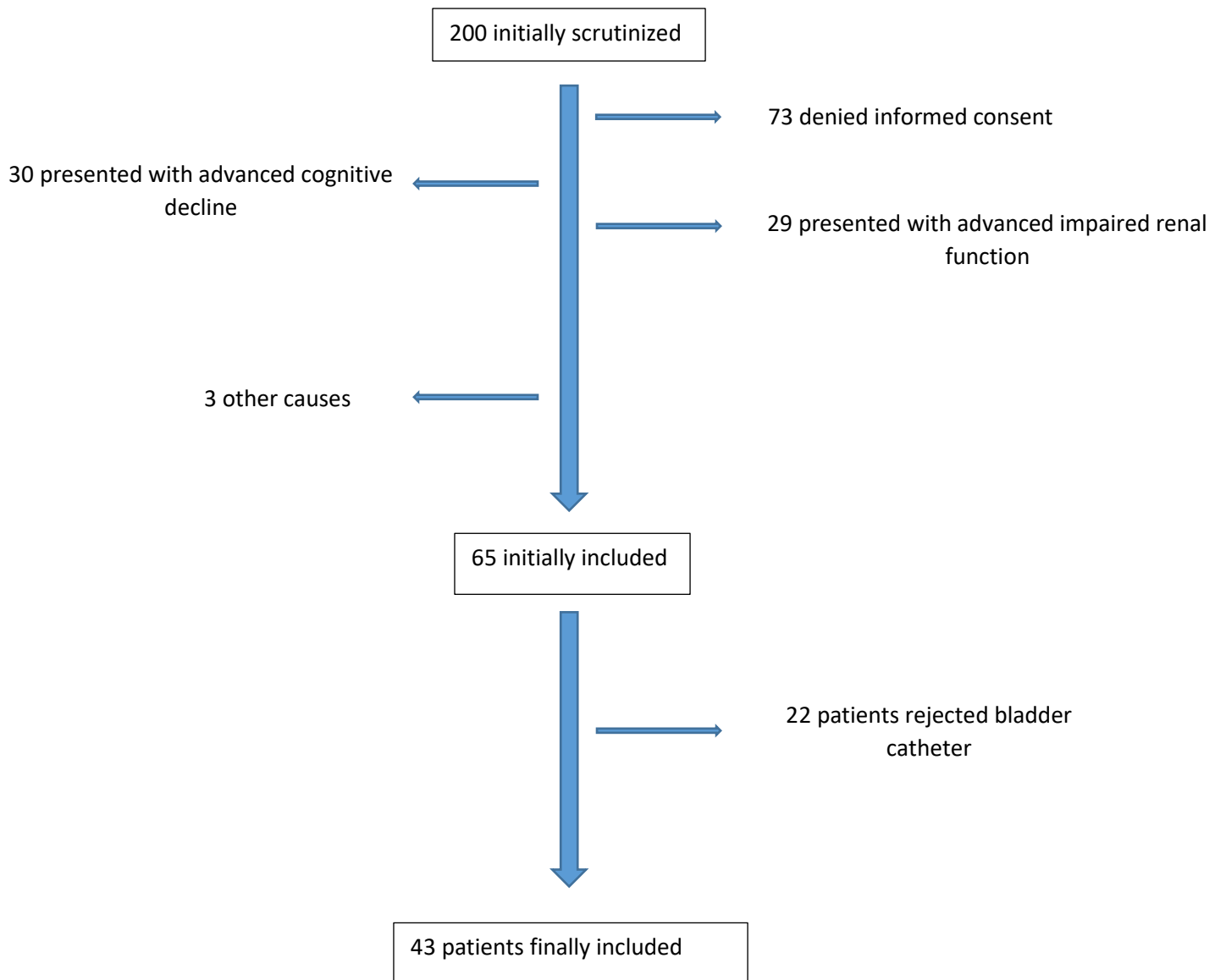
**Table 3:** Correlation between changes in IAP and surrogate markers of congestion.

Variable	IAP at baseline		IAP at 72 hours	
	Pearson coefficient	P-value	Pearson coefficient	P-value
LVEF (%)*	-0.299	0.068	-0.163	0.351
CCS at baseline (points)*	0.451	<b>0.006</b>		
B Kerley lines at baseline (total number)*	0.249	0.276		
B Kerley lines at 72 hs (total number)*			0.425	0.130
TBW at baseline (L)*	0.422	<b>0.005</b>		
TEW at baseline (L)*	0.438	<b>0.004</b>		
TBW at 72 hours(L)*			0.363	<b>0.030</b>
TEW at 72 hours (L)*			0.210	0.219
IVC diameter at baseline (mm)*	0.553	<b>&lt; 0.001</b>		
IVC diameter at 72 hs (mm)*			0.399	<b>0.014</b>

CCS: Composite congestion score; IVC: Inferior vena cava; LVEF: Left ventricular ejection fraction; TBW: Total body water; TEW: Total extracellular water.

\* Variables have been transformed by fractional polynomials.

**Supplementary figure 1:** Flow chart of PIA study.



<b>Table S1: Baseline clinical characteristics</b>	
<b>N (%)</b>	43 (100.0%)
<b>Age (years)</b>	80.1 ± 8.4
<b>Female (n[%])</b>	27 (62.8)
<b>BMI (Kg/m<sup>2</sup>)</b>	29.6 (27.0 – 34.7)
<b>SBP (mm Hg)</b>	138.2 ± 22.1
<b>DBP (mm Hg)</b>	78.9 ± 13.0
<b>HR (b.p.m)</b>	81.0 ± 16.3
<b>LVEF (%)</b>	48.4 ± 15.0
<b>TAPSE (mm)</b>	19.9 ± 5.2
<b>PASP (mmHg)</b>	45.9 ± 17.5
<b>Length of stay (days)</b>	9 (6 – 15)
<b>HF treatment (n[%])</b>	
• ACEi/ARBs	31 (72.1)
• B-blockers	23 (53.5)
• MRA	8 (18.6)
• Loop diuretic	31 (72.1)
<b>Comorbidity (n[%]):</b>	
• HF admissions	26 (60.5)
• Hypertension	36 (83.7)
• Dyslipemia	22 (51.2)
• Chronic coronary disease	14 (32.6)
• Diabetes mellitus	17 (39.5)
• Atrial fibrillation/flutter	29 (67.4)
• COPD/Asthma	6 (14.0)
• Chronic kidney disease	17 (39.5)
• PCI	16 (37.2)
• Pacemaker	5 (11.6)
<b>Renal function data and diuretic response</b>	
• Urea at admission (mg/dL)	57 (3.8 – 8.4)
• Urea at discharge (mg/dL)	75 (5.4 – 11.3)
• Creatinine at admission (mg/dL)	1.21 ± 0.53
• Creatinine at discharge (mg/dL)	1.11 (0.80 – 1.86)
• Cystatin-C at admission (mg/dL)	1.65 ± 0.58
• Cystatin-C at discharge (mg/dL)	1.77 ± 0.74
• eGFR at admission (CKD-EPI- Creatinine)	52.4 (37.3 – 76.6)
• eGFR at discharge (CKD-EPI- Creatinine)	51.4 (29.3 – 66.8)
• Uric acid (mg/dL)	7.37 ± 2.69
• Potassium (mEq/L)	4.19 ± 0.66
• KIM-1 at admission (ng/mL)	337 (129 – 602)
<b>WRF at discharge (n[%])</b>	
• Defined as increase in creatinine ≥ 0.3 mg/dL	7 (17.9)
<b>Surrogate congestion markers</b>	
• CCS at admission (points)	5.5 (4.2 – 6.0)
• IAP at baseline (mmHg)	14.7 ± 3.9
• IAP at 72 hours (mmHg)	12.2 ± 4.2
• IAP decrease (%)	-15 (-30.0 – 0.0)
• IVC diameter at admission (mm)	21.9 ± 6.6
• IVC diameter at 72 hours (mm)	19.4 (16.7 – 22.7)
• NT-proBNP at admission (pg/mL)	3780 (2306 – 8929)
• CA125 at admission (U/mL)	44.3 (22.8 – 116.0)
• TBW at admission (L)	41.7 ± 10.0
• TBW at 72 h (L)	39.3 ± 10.1
• TEW at admission (L)	21.8 ± 6.5
• TEW at 72 h (L)	21.7 ± 6.3

ACEi: Angiotensin-converting-enzyme inhibitor; ARBs: Angiotensin receptor blockers; BMI: Body mass index; b.p.m.: beats per minute; CA 125: Carbohydrate antigen 125; CCS: Composite congestion score; COPD: Chronic obstructive pulmonary disease; DBP: Diastolic blood pressure; eGFR: Estimated-glomerular filtration rate; HF: Heart failure ; HR: Heart rate; IAP: Intraabdominal Pressure; IVC: Inferior vena cava; KIM-1: Kidney injury molecule 1; LVEF: Left ventricular ejection fraction; MRA: Mineraloid receptor antagonists; NT-proBNP: amino terminal fragment of brain natriuretic peptide; PASP: Pulmonary artery systolic pressure; PCI: Percutaneous

*coronary intervention. SBP: Systolic blood pressure; TAPSE: Tricuspidic annulus systolic excursion. TBW: Total body water; TEW: Total Extracellular water; WRF: Worsening renal function.*



**Table S2:** Baseline characteristics according to the presence of chronic kidney disease at admission (CKD-EPI < 60mL/min/1.73m<sup>2</sup>)

Variable	eGFR ≥ 60 mL/min	eGFR < 60 mL/min	P-value
<b>Total (n[%])</b>	26 (40.0)	39 (60.0)	
<b>Age (years)</b>	75.8 ± 10.5	81.9 ± 7.2	<b>0.015</b>
<b>Males (n[%])</b>	11 (16.9)	18 (27.7)	0.760
<b>BMI (Kg/m<sup>2</sup>)</b>	32.0 ± 5.7	27.9 ± 5.0	<b>0.005</b>
<b>Weight (Kg)</b>	84.2 (72.7 – 98.3)	75.7 (65.3 – 81.7)	<b>0.009</b>
<b>SBP at admission (mmHg)</b>	131.0 ± 20.0	136.2 ± 21.7	0.412
<b>DBP at admission (mmHg)</b>	75.9 ± 15.5	77.1 ± 12.6	0.722
<b>HR (B.p.m.)</b>	82.6 ± 13.6	79.3 ± 18.1	0.438
<b>NYHA (n[%]):</b>			0.075
• I	5 (7.7)	6 (9.2)	
• II	18 (27.7)	17 (26.2)	
• III	3 (4.5)	14 (21.5)	
• IV	0 (0.0)	2 (3.1)	
<b>HF treatment (n[%])</b>			
• ACEi/ARBs	17 (26.2)	27 (41.5)	0.745
• B-blockers	15 (23.1)	22 (33.8)	0.919
• MRB	10 (15.4)	6 (9.2)	<b>0.034</b>
• Loop diuretics	17 (26.2)	31 (47.7)	0.205
<b>Comorbidity (n[%]):</b>			
• HF admissions	17 (26.2)	24 (36.9)	0.753
• Hypertension	22 (33.8)	31 (47.7)	0.602
• Dislipemia	11 (16.9)	25 (38.9)	0.083
• Chronic coronary disease	7 (10.8)	12 (18.5)	0.738
• Diabetes mellitus	10 (15.4)	17 (26.2)	0.681
• Atrial fibrillation/flutter	20 (30.8)	23 (35.4)	0.134
• COPD/Asthma	4 (6.2)	5 (7.7)	0.769
• Chronic kidney disease	2 (3.1)	19 (29.2)	<b>0.001</b>
• PCI	10 (15.4)	13 (20.0)	0.672
• Pacemaker	2 (3.1)	5 (7.7)	0.513
<b>Echographic variables</b>			
• LVEF (%)	48.0 ± 14.6	50.1 ± 15.7	0.630
• IVC diameter (mm)	21.9 ± 6.9	21.1 ± 6.1	0.604
• IVC colapsability (%)	32.0 (12.1 – 48.0)	38.1 (16.9 – 40.0)	0.603
<b>Clinical variables</b>			
• CCS (points)	5.0 (3.0 – 6.0)	5.0 (4.0 – 6.0)	0.599
• Mean stay (days)	8.0 (5.7 – 10.0)	8.0 (6.0 – 14.2)	0.592
• IAP (mmHg)	15.6 ± 4.7	14.9 ± 4.1	0.613
• IAP at 72 hours (mmHg)	12.5 ± 3.2	12.1 ± 4.7	0.791
• Urea (mg/dL)	40 (29 – 54)	64 (55 – 101)	<b>&lt;0.001</b>
• Creatinine (mg/dL)	0.79 (0.65 – 0.91)	1.38 (1.10 – 1.76)	<b>&lt;0.001</b>

• Cystatin C (mg/L)	1.1 (0.78 – 1.35)	1.74 (1.39 – 2.15)	<b>&lt;0.001</b>
• Uric acid (mg/dL)	7.0 ± 2.9	8.0 ± 2.1	0.123
• Total proteins (g/dL)	6.4 ± 0.3	6.6 ± 0.8	0.422
• Total cholesterol (mg/dL)	135.8 ± 24.0	137.1 ± 35.6	0.877
• Triglycerides (mg/dL)	81.0 (65.5 – 107.0)	88.0 (71.0 – 115.2)	0.382
• Albnmin (mg/dL)	3.16 ± 037	3.06 ± 0.40	0.348
• Sodium (mEq/L)	140.8 (139.4 – 143.6)	140.6 (138.5 – 143.6)	0.746
• Potassium (mEq/L)	3.9 ± 0.5	4.3 ± 0.5	<b>0.004</b>
• Chloride (mEq/L)	97.5 ± 4.1	98.9 ± 5.3	0.270
• Bicarbonate (mmol/L)	26.1 (24.6 – 31.2)	22.9 (21.6 – 27.9)	<b>0.018</b>
• Hemoglobin (g/L)	12.3 ± 2.0	11.5 ± 1.1	<b>0.031</b>
• Hematocritum (%)	37.8 ± 5.7	35.4 ± 3.1	0.058
<b>Surrogate congestion markers</b>			
• NT-proBNP (pg/mL)	2476 (1662 – 3474)	6876 (3221 – 12850)	<b>&lt;0.001</b>
• CA125 (U/mL)	36.1 (15.0 – 62.2)	49.3 (29.3 – 103.6)	<b>0.028</b>
<b>Bioelectrical impedance vector analysis</b>			
• TBW (L)	44.4 ± 11.7	41.4 ± 8.6	0.233
• TEW (L)	26.2 ± 11.2	23.3 ± 6.8	0.209

ACEi: Angiotensin-converting-enzyme inhibitor; AKI: Acute kidney injure; ARBs: Angiotensine receptor blockers; BMI: Body mass index; b.p.m.: beats per minute; CA 125: Carbohydrate antigen 125; CCS: Composite congestion score; COPD: Chronic obstructive pulmonary disease; DBP: Diastolic blood pressure; e-GFR: Glomerular filtration rate; HF: Heart failure ; HR: Heart rate; IAP: Intraabdominal Pressure; IVC: Inferior vena cava; LVEF: Left ventricular ejection fraction; MRB: Mineraloid receptor blockers; NT-proBNP: amino terminal fragment of brain natriuretic peptide; PCI: Percutaneous coronary intervention; TBW: Total body water; TEW: Total Extracellular water.

**Table S3:** Baseline characteristics according to the presence of worsening renal function at discharge (defined as the increase of  $\geq 0.3$  mg/dL of creatinine).

Variable	NOT WRF	WRF	P-value
<b>Total (n[%])</b>	32 (82.1)	7 (17.9)	
<b>Age (years)</b>	79.6 $\pm$ 9.4	83.4 $\pm$ 3.7	0.304
<b>Females (n[%])</b>	20 (62.5)	4 (57.1)	0.792
<b>BMI (Kgs/m<sup>2</sup>)</b>	30.8 $\pm$ 6.4	27.3 $\pm$ 6.9	0.202
<b>Weight (Kg)</b>	78.8 (67.7 – 86.6)	71.0 (61.6 – 86.0)	0.487
<b>SBP at admission (mmHg)</b>	137.9 $\pm$ 20.8	130.0 $\pm$ 27.0	0.395
<b>DBP at admission (mmHg)</b>	77.5 $\pm$ 13.4	79.7 $\pm$ 10.1	0.698
<b>HR (B.p.m.)</b>	72.5 (65.2 – 95.5)	85.0 (71.0 – 102.0)	0.389
<b>NYHA (n[%]):</b>			0.107
• I	6 (18.8)	0 (0.0)	
• II	18 (56.3)	2 (28.6)	
• III	7 (21.9)	4 (57.1)	
• IV	1 (3.1)	1 (14.3)	
<b>HF treatment (n[%])</b>			
• ACEi/ARBs	23 (71.9)	5 (71.4)	0.987
• B-blockers	19 (59.4)	2 (28.6)	0.139
• MRB	4 (12.5)	3 (42.9)	0.058
• Loop diuretics	22 (68.8)	6 (85.7)	0.366
<b>Comorbidity (n[%]):</b>			
• HF admissions	17 (53.1)	5 (71.4)	0.376
• Hypertension	26 (81.3)	6 (85.7)	0.780
• Dislipemia	16 (50.0)	4 (57.1)	0.732
• Chronic coronary disease	11 (34.4)	3 (42.9)	0.672
• Diabetes mellitus	11 (34.4)	3 (42.9)	0.672
• Atrial fibrillation/flutter	22 (68.8)	5 (71.4)	0.889
• COPD/Asthma	3 (9.4)	3 (42.9)	0.026
• Chronic kidney disease	11 (34.4)	6 (85.7)	0.013
• PCI	13 (40.6)	2 (28.6)	0.553
• Pacemaker	4 (12.5)	1 (14.3)	0.898
<b>Echographic variables</b>			
• LVEF (%)	49.3 $\pm$ 14.5	47.6 $\pm$ 20.1	0.805
• IVC diameter (mm)	21.3 $\pm$ 6.0	24.0 $\pm$ 8.1	0.351
• IVC colapsability (%)	34.5 (17.0 – 75.9)	27.3 (6.3 – 49.7)	0.711
<b>Clinical variables</b>			
• CCS (points)	6 (5 – 6)	5 (4– 6)	0.699
• IAP (mmHg)	14.8 $\pm$ 4.2	14.6 $\pm$ 3.7	0.570
• IAP at 72 hours (mmHg)	12.3 $\pm$ 4.6	11.8 $\pm$ 3.7	0.814
• Urea (mg/dL)	52 (36 - 63)	100 (64 – 110)	<b>0.006</b>
• Creatinine (mg/dL)	1.03 (0.78 – 1.28)	1.67 (1.29 – 1.96)	<b>0.017</b>
• Cystatin C (mg/dL)	1.51 $\pm$ 0.53	2.17 $\pm$ 0.69	<b>0.013</b>

• KIM-1 (ng/mL)	273 (109 – 457)	602 (129 – 961)	0.107
• Uric acid (mg/dL)	7.06 ± 2.7	8.2 ± 1.6	0.261
• Total proteins (g/dL)	6.4 ± 0.5	6.1 ± 0.2	0.326
• Total cholesterol (mg/dL)	137.8 ± 33.0	124.4 ± 24.4	0.321
• Triglycerides (mg/dL)	96.1 ± 36.6	83.1 ± 12.6	0.354
• Albnmin (mg/dL)	3.09 ± 0.40	2.86 ± 0.15	0.676
• Sodium (mEq/L)	140 ± 4	142 ± 4	0.321
• Potassium (mEq/L)	4.08 ± 0.62	4.68 ± 0.73	<b>0.034</b>
• Chloride (mEq/L)	98.2 ± 5.3	100.4 ± 3.2	0.304
• Bicarbonate (mmol/L)	25.4 ± 3.9	24.2 ± 4.5	0.462
• Hemoglobin (g/L)	11.8 ± 1.7	11.7 ± 0.9	0.893
• Hematocritum (%)	36.6 ± 5.5	36.7 ± 3.6	0.980
<b>Surrogate congestion markers</b>			
• NT-proBNP (pg/mL)	3092 (2158 – 6345)	8929 (7041 – 32700)	<b>0.004</b>
• CA125 (U/mL)	41.2 (17.0 – 75.7)	60.8 (37.6 – 417.2)	0.194
<b>Bioelectrical impedance vector analysis</b>			
• TBW (L)	41.6 ± 9.6	43.5 ± 12.3	0.672
• TEW (L)	22.1 ± 7.0	23.0 ± 8.6	0.794

*ACEi: Angiotensin-converting-enzyme inhibitor; AKI: Acute kidney injure; ARBs: Angiotensine receptor blockers; BMI: Body mass index; b.p.m.: beats per minute; CA 125: Carbohydrate antigen 125; CCS: Composite congestion score; COPD: Chronic obstructive pulmonary disease; DBP: Diastolic blood pressure; e-GFR: Glomerular filtration rate; HF: Heart failure ; HR: Heart rate; IAP: Intraabdominal Pressure; IVC: Inferior vena cava; LVEF: Left ventricular ejection fraction; MRB: Mineraloid receptor blockers; NT-proBNP: amino terminal fragment of brain natriuretic peptide; PCI: Percutaneous coronary intervention; TBW: Total body water; TEW: Total Extracellular water.*