

## 25939 - Evaluation and treatment of clinical problems

### Syllabus Information

---

**Academic Year:** 2020/21

**Subject:** 25939 - Evaluation and treatment of clinical problems

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 270 - Degree in Psychology

**ECTS:** 6.0

**Year:** 2

**Semester:** First Four-month period

**Subject Type:** Optional

**Module:** ---

## 1.General information

### 1.1.Aims of the course

**The subject and its expected results respond to the following approaches and objectives:**

The concept of psychological abnormality is key in the adoption of a certain model of action in clinical practice (from the evaluation, diagnosis, and approach of psychological intervention).

The objective of this course is for the student to become familiar with the different approaches to the study of psychopathology in adulthood, promoting reading and critical discussion in order to facilitate the justification for the adoption of a particular model during the future development of your professional activity.

### 1.2.Context and importance of this course in the degree

Evaluation and Treatment of Clinical Problems is an optional subject that belongs to the block of subjects that the area of ??knowledge of? Personality, Evaluation and Psychological Treatment? She teaches in the Degree of Psychology, in her Clinical Psychology itinerary.

Given the current structure of the degree and the sequence of subjects that make up the clinical psychology itinerary, in this subject the most relevant aspects that configure psychopathology in adulthood are presented, with the general objective of providing the student with the knowledge that allow you to relate this subject to a broader structure of psychological knowledge.

As the student will be able to verify, the subject is related to previous disciplines (general, basic psychology, psychobiology) and to subjects that will be studied at the same time, or later: General Psicopathology I and II.

In this subject the most frequent pathologies in the population are studied, except for serious psychopathologies, which will be studied in other subjects.

### 1.3.Recommendations to take this course

According to the degree study plan, this subject does not have any requirement to enroll in it. The student who previously has basic knowledge of: GENERAL PSYCHOLOGY (basic processes) PSYCHOPATHOLOGY (diagnostic systems), read English, use of the Internet, operation of the library, use of the newspaper archive and use of databases psychological literature.

Students who do not have a good level of English are recommended to use the resources available to them (Instituto de Idiomas or others) to improve a skill that will be necessary in this and other subjects.

## 2.Learning goals

### 2.1.Competences

**Upon passing the subject, the student will be more competent to ...**

(7) To know different methods of evaluation, diagnosis and psychological treatments in different fields applied to Psychology.  
(7) Know the different methods of evaluation, diagnosis and psychological treatments in different areas applied to Psychology.

(30) Be able to plan and conduct an interview.

(31) Be able to diagnose following the profession's own criteria (hypotheses and their verification).

(32) Know, select and administer psychological evaluation, diagnosis and intervention techniques in their possible fields of application.

(32) Know, select and administer psychological evaluation, diagnosis and intervention techniques in their possible fields of

application.

(33) Be able to select and build indicators and measurement techniques to evaluate programs and interventions

(33) Be able to select and build indicators and measurement techniques to evaluate programs and interventions

(34) Know how to analyze and interpret the evaluation results.

## 2.2.Learning goals

**The student, to pass this subject, must demonstrate the following results ...**

.- Distinguish between the concepts of psychological normality / abnormality.

.- Know the main theoretical models of Psychopathology.

.- Know the classification systems of the most used mental disorders. Especially the DSM-V.

.- Identify the main mental disorders according to clinical characteristics, course and prognosis, differential diagnosis and epidemiology.

.- Establish working hypotheses based on the observed symptoms and signs.

.- Prepare a diagnosis.

## 2.3.Importance of learning goals

Psychopathology in adulthood is one of the core subjects in the specialty of Clinical Psychology.

It is important that the future professional of clinical psychology (or the psychologist who is going to devote himself to other branches, such as education, social, etc.) knows the diversity of explanatory models of psychopathology, as well as the scientific validity of each of them, and the use of classification systems, in order to know how to defend the adoption of one of them for the development of their future professional activity.

Regardless of the psychologist's future specialization, it is important that he knows how to differentiate between symptoms and signs, that he is familiar with hypothesis formulation, and that he can communicate these results to colleagues or other professionals.

## 3.Assessment (1st and 2nd call)

### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that they have achieved the expected learning outcomes through the following assessment activities

Written test (score from 0 to 10) at the end of the term: will score 60% of the final grade. The test may contain true / false, multiple choice, short answer, or develop questions.

Continuous assessment (grade from 0 to 10): it may mean around 40% of the final grade (to be determined at the beginning of the course). In order for this score to be taken into account in the final grade, the student must have participated in at least 80% of the practical classes (otherwise they must take a practical exam as well as a theoretical exam). There will be 10 practical classes, 4 of them evaluable.

In any case, in addition, the student must present a bibliography search work on a pathology, synthesize it and present it to the class.

To know the success rate and performance of previous academics you can consult the following link:

Results information Academic year 2008/09

[http://titlaciones.unizar.es/psicologia/infor\\_resultados.html](http://titlaciones.unizar.es/psicologia/infor_resultados.html)

For more information, consult the Regulation of Learning Assessment Standards of the University of Zaragoza:

[http://www.unizar.es/sg/doc/6.1.Evaluaciondefinitivodia24\\_001.pdf](http://www.unizar.es/sg/doc/6.1.Evaluaciondefinitivodia24_001.pdf)

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

**The learning process that has been designed for this subject is based on the following:**

The subject of Evaluation and Treatment of Clinical Problems will follow an eminently participative methodology, using as a reference the problem-based learning methodology to stimulate critical thinking, the analysis and validity discussion of the different theoretical approaches in the student, and ultimately, developing the necessary strategies to define the model they will adopt in their professional practice.

Theoretical classes will be included, dedicating some time to the discussion, case analysis classes in pairs, groups and preparation of reports.

In the practices, we will work with cases, diagnosis based on symptoms and signs, familiarization with the bibliographic search, criteria for the selection of articles, as well as their synthesis and discussion.

### 4.2.Learning tasks

**The program offered to the student to help him achieve the expected results includes the following activities ...**

Master classes, with space for discussion.

Oral presentations by the student.

Case analysis.

Design of experimental preparations (real and / or virtual) to study some aspect of psychopathology in adulthood.

Preparation of Clinical Reports.

### 4.3.Syllabus

#### Program:

Topic 1. Concept, object, criteria and models in psychopathology.

Topic 2. Description, classification and diagnosis of clinical problems in psychology.

Topic 3. The evaluation of psychological disorders. DSM versions, (DSM-V).

Topic 4. Anxiety disorders.

Topic 5. Mood disorders.

Topic 6. Stress and emotional disorders.

Topic 7. Somatoform disorders.

Topic 8. Basic needs: Psychopathology of sleep, diet and sexual behavior.

Topic 9. Dissociative disorders.

Topic 10. General concepts

Topic 11. Psychological evaluation process and preparation of clinical reports.

### 4.4.Course planning and calendar

The theoretical classes will begin on the official date on which the course begins (September), until the end of the class period (January).

Practical classes will begin in October, with case studies, bibliographic searches and discussion (this practical part may be evaluated continuously).

Approximate starting date of classes: September 14, 2020

Approximate date of end of classes: January 15, 2021.

Continuous evaluation of practices by thematic blocks.

The hours and key dates of the subject can be found on the website of the Faculty of Social and Human Sciences (<http://fcsb.unizar.es/>).

### 4.5.Bibliography and recommended resources

#### Frequent bibliographic resources:

- Caballo, V. E., Salazar, I. C. y Carrobes, J. A. (Dirs.). **Manual de psicopatología y trastornos psicológicos**. Madrid: Pirámide.
- **DSM-IV-TR**. American Psychiatric Association (APA) (1994/2000 DSM-IV-TR). Diagnostic and Statistical Manual of Mental Disorders (4ª Edición). Washington D.C.: APA (Traducción española 1995/2000. Barcelona: Masson).
- **DSM-5**. American Psychiatric Association (2013). DSM-5. Barcelona: Masson).

Topic 1:

- Barlow y Durand (2003/2007). Psicopatología (3ª edición) (Aproximación integral a la Psicopatología). Madrid: Thomson. Topic 1 y 2.
- Belloch, A.; Sandín, B. y Ramos, F. (2008). Manual de Psicopatología. Vol. 1. (Tema: Conceptos y modelos en Psicopatología). Madrid: McGraw Hill.

Topic 8

- Vallejo Ruibola, J. (2006). Introducción a la Psicopatología y la Psiquiatría. Capítulos: trastornos del sueño, trastornos de la conducta alimentaria y Conducta y patología sexual. Barcelona: Masson.

For the normal development of the practices, students are recommended to have the Diagnostic and Statistical Manual of Mental Disorders (DSM-5 or DSM-IV-TR).