

## 26015 - Occupational therapy theory and techniques III

### Syllabus Information

**Academic Year:** 2020/21

**Subject:** 26015 - Occupational therapy theory and techniques III

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 11.0

**Year:** 3

**Semester:** Annual

**Subject Type:** Compulsory

**Module:** ---

### 1.General information

#### 1.1.Aims of the course

#### 1.2.Context and importance of this course in the degree

#### 1.3.Recommendations to take this course

### 2.Learning goals

#### 2.1.Competences

#### 2.2.Learning goals

#### 2.3.Importance of learning goals

### 3.Assessment (1st and 2nd call)

#### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

### 4.Methodology, learning tasks, syllabus and resources

#### 4.1.Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions, autonomous work and study, pairwork and assessment tasks. Students are expected to participate actively in class throughout the semester.

#### 4.2.Learning tasks

This course is organized as follows:

- **Lectures** (3.5 ECTS: 85 hours) (learning outcome result 1,3). Explanation and orientation to the personal study of the different contents of the course, aiming at the acquisition of competences and learning results.
- **Practice sessions** (1 ECTS: 25 hours) (learning outcome result 2). Training on hypothetical scenarios and resolution of problems, both individually and in teams, using the theoretical bases of the course.
- **Pairwork** (0.5 ECTS: 13 hours) (learning outcome result 3). This activity is aimed at the stimulation for the initiative and personal creativity, the use of bibliographical documental sources, the organization of logical discourse and the searching and achievement of the concluding thesis.
- **Autonomous work and study** (6 ECTS: 150 hours) (learning outcome results 1, 2, 3). From the activities indicated, the student must be responsible for the creation of schemes and work programs.

## 4.3.Syllabus

The course will address the following topics:

### Section I: Occupational Therapy in Mental Health

- Topic 1: OT in Schizophrenia
- Topic 2: OT in Bipolar Disorder
- Topic 3: OT Depression
- Topic 4: OT in the eating disorder
- Topic 5: OT in Dual Pathology
  
- Practice session 1: Application of theories of Occupational Therapy I
- Practice session 2: Application of theories of Occupational Therapy II
- Practice session 3: Evidence-based Occupational Therapy

### Section II: Occupational Therapy in other areas

- Topic 6: OT in situations of social risk
- Topic 7: OT in burns
- Topic 8: OT in cardiac pathology
- Topic 9: OT in respiratory pathology
- Topic 10: OT in cancer
- Topic 11: OT in palliative care
  
- Practice session 4: Resolution of practice cases
- Practice session 5: Resolution of practical cases

### Section III: Occupational Therapy in Childhood

- Topic 12: Introduction of TO in childhood
- Topic 13: TO in neonates
- Topic 14: TO in Attention Deficit Hyperactivity Disorder
- Topic 15: TO in intellectual disability
- Topic 16: TO in Autism Spectrum Disorder
- Topic 17: TO in coordination disorder
  
- Practice session 6: Resolution of practical cases
- Practice session 7: Resolution of practical cases
- Practice session 8: Resolution of practical cases

### Section IV: Occupational Therapy in Neurology

- Topic 18: OT in Brain Injury
- Topic 19: OT in Cerebral Palsy
- Topic 20: OT in Spinal Cord Injury
- Topic 21: TO in Multiple Sclerosis
- Topic 22: OT in Amyotrophic Lateral Sclerosis
- Topic 23: OT in Parkinson Disease
- Topic 24: OT in Dementias
  
- Practice session 9: Resolution of practical cases
- Practice session 10: Resolution of practical cases

### Section V: Occupational Therapy in locomotor apparatus Disorders

- Topic 25: OT in arthrosis
- Topic 26: OT Fracture
- Topic 27: OT Injury Musculotendinous
- Topic 28: OT Hip and Knee
- Topic 29: OT in Amputations
  
- Practice session 10: Resolution of practical cases

#### **4.4.Course planning and calendar**

Schedule of on-site sessions and project presentation:

- Lectures: 3h/week (Monday from 11.00 to 12.00, Tuesday and Thursday from 11.00 to 13.00)
- Practice sessions: 2h / week /group (Monday, Tuesday, Thursday and Friday from 9.00 to 11.00)
- First theory exam (partial): January
- Second theory exam (partial): May
- Deadline for the individual assignment: February-May
- Final exam of the whole course: June -September

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sport Sciences website and Moodle.

Degree website: <https://estudios.unizar.es/estudio/ver?id=109>

#### **4.5.Bibliography and recommended resources**