

26107 - Life Cycle and Social Environment Human Development

Syllabus Information

Academic Year: 2020/21

Subject: 26107 - Life Cycle and Social Environment Human Development

Faculty / School: 108 - Facultad de Ciencias Sociales y del Trabajo

Degree: 274 - Degree in Social Work

ECTS: 6.0

Year: 1

Semester: Second semester

Subject Type: Basic Education

Module: ---

1.General information

1.1.Aims of the course

To describe and to compare the different perspectives of the paradigms in Psychology on the life cycle.

Train to analyze the phases that comprise the life cycle and the development processes of people throughout it.

Train to detect conflicts and imbalances that appear in childhood, adolescence, youth, adulthood and old age.

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that he/she has achieved the expected learning outcomes through the following assessment activities.

Continuous assessment.

It implies the consideration of different aspects:

- Lectures. (T1). The acquisition of knowledge of the theoretical subjects of the program of the subject will be evaluated. Multiple choice and / or multiple choice test. (50% on the final grade).
- Practice sessions. (T2). (40% on the final grade). Individual/group.
- Autonomous work (T6). (10% on the final grade). Group.

4.Methodology, learning tasks, syllabus and resources

4.1.Methodological overview

The learning process that has been designed for this subject is based on the following:

-Activity T1: Lectures session.

In T1 the professor can perform some exercises. It will be necessary have done them mostly so that the students of "continuous evaluation" can take the theoretical exam. This issues will be announced by the

professor.

-Activity T2: Practice session.

Compulsory assistance.

-Activity T6:

autonomous work.

Compulsory tutoring.

4.2.Learning tasks

The program includes the following activities:

1. Expository activities, through which the professor addresses the most important points of each unit, using the ADD support and bibliography.
2. Dynamic activities: analysis of cases, through videos, studies, interviews to analyze issues about the human development, oral presentations by students, among others. framed within the topic or reference teaching unit. They allow to complement and compare the theory with the applicability of it.
3. Activities such as search of bibliography and writing reports.

4.3.Syllabus

Thematic Unit 1: Introduction; The childhood; Adolescence.

Normal and pathological development.

The identity and the group.

Self-concept and self-esteem.

Behavioral disorders.

Thematic Unit 2: Youth; The adulthood.

Physical and psychosocial changes.

Stressful life events. Stress.

Capital and social support. Family and work.

Behavioral disorders.

Thematic Unit 3: Old adults; death and mourning.

The aging process and psychological theories.

Third and fourth age.

4.4.Course planning and calendar

Calendar of face-to-face sessions and presentation fo works.

In the schedule there are four hours per week aimed to explain the theoretical topics and the practices.

At the beginning of the course, the faculty will inform about the key dates related to the tutorial schedules, the organization of the theoretical content and evaluation activities.

In addition, the ADD-Moodle will be useful to download information about the course and its activities.

4.5.Bibliography and recommended resources