

61865 - Evidence-based treatments in health problems

Syllabus Information

Academic Year: 2020/21

Subject: 61865 - Evidence-based treatments in health problems

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology

ECTS: 4.0

Year: 1

Semester: First semester

Subject Type: Compulsory

Module: ---

1.General information

1.1.Aims of the course

1.2.Context and importance of this course in the degree

1.3.Recommendations to take this course

2.Learning goals

2.1.Competences

2.2.Learning goals

2.3.Importance of learning goals

3.Assessment (1st and 2nd call)

3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that he or she has achieved the intended learning outcomes through the following assessment activities.

1. Written test (grade from 0 to 10) at the end of the quarter. The grade will mean 60% of the final grade. The test will be a multiple-choice test.

2. Continued work in the classroom about Evidence-based treatment in health problems (grade from 0 to 10). The grade for this part of continued work will be 40% of the final grade.

The student body will be able to carry out the continuous assessment activities as long as the attendance to the classes is not less than 80% of the teaching hours of the subject.

In any case, the student body will have the right to an overall evaluation of the subject in which they will be able to opt for the highest grade.

Note: In case that, for health safety reasons, a change from in person teaching to an in person and online, or an only online teaching is required, it will be possible to carry out several modifications in the evaluation format of the course:

1. The written test will be done by telematic means with a fixe time (e.g. via Moodle). Alumni control during the test will be carried out through the Google Meet application or other platforms approved by the University.

2. The continued work assignments will be delivered via moodle.

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. The theoretical and practical content will be presented by the teacher in the form of questions, discussions and public expression of opinions, to reach conclusions about them.

Participation and the cooperative learning methodology will be used for problems and solving real clinical cases.

Note: In case that, for health safety reasons, a change from in person teaching to an in person and online, or an only online teaching is required, it will be possible to conduct several modifications:

1. Classes will be adapted to telematic format.
2. Moodle will be preferably used to exchange materials and theoretical and practical explanations. Scientific articles, practical cases, Power Point presentations and links to diverse contents of interest will be shared.
3. Furthermore, videos with different theoretical topics with visual support will be recorded via Power Point presentations or online classes could be also done through Google Meet or other tools approved by the University.
4. Mentorship will be carried out via email and/or Google Meet meetings or other tools approved by the University.

4.2. Learning tasks

The course includes the following learning tasks:

1. Lectures where the teacher will present the basic facts about a topic
2. Analysis of case studies where students will practice the concepts learned in lectures
3. Finding information and cooperative work
4. Reading articles or documents related to the content of the subject
5. Students' oral presentations
6. Viewing of audiovisual material

4.3. Syllabus

The course will address the following topics:

- Topic 1. Introduction: Holistic Health Concept
- Topic 2. Protocols in Asthma, COPD and pulmonary emphysema
- Topic 3. Protocols in Cancer
- Topic 4. Protocols in Cardiovascular Diseases
- Topic 5. Protocols in Addictions
- Topic 6. Protocols in Fibromyalgia
- Topic 7. Protocols in Endocrinology and Vascular Risk Factors
- Topic 8. Protocols in Digestive Diseases
- Topic 9. Protocols in Sleep Disorders
- Topic 10. Protocols in the most prevalent Infectious and Emerging Diseases

4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works

It will be specified at the beginning of the subject of the 2020-2021 academic year, as well as the content program and the recommended bibliography.

The general activities that will be carried out during the four-month period of the subject will be:

- 1) Presentation of the subject

- 2) Definition of evaluation criteria and practical activities
- 3) Delivery of the theoretical-practical contents provided
- 4) Continuous assessment of student progress
- 5) Delivery of material for the preparation of written works and/or oral presentations
- 6) Final evaluation

Further information concerning the timetable, classroom, assessment dates and other details regarding this course, will be provided on the first day of class.

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=61865&Identificador=C70623>