

## 61878 - Internships

### Syllabus Information

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**Academic Year:** 2020/21

**Subject:** 61878 - Internships

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 557 - Master's in General Sanitary Psychology

**ECTS:** 30.0

**Year:** 2

**Semester:** Indeterminado

**Subject Type:** ---

**Module:** ---

## 1.General information

### 1.1.Aims of the course

### 1.2.Context and importance of this course in the degree

### 1.3.Recommendations to take this course

## 2.Learning goals

### 2.1.Competences

### 2.2.Learning goals

### 2.3.Importance of learning goals

## 3.Assessment (1st and 2nd call)

### 3.1.Assessment tasks (description of tasks, marking system and assessment criteria)

## 4.Methodology, learning tasks, syllabus and resources

### 4.1.Methodological overview

According to the Orden ECD/1070/2013, the activities that may be developed by students during their internships can be:

- psychological assessment and/or intervention programs,
- specific programs in addictions,
- couples therapy,
- behavioral disorders in children and youth,
- psychological support for patients with chronic disease, among others.

The activities students attend will be defined by the scope/setting of the health centers and also by the programs and services provided by them.

Specific learning tasks carried out by the students to develop professional skills as General Health Psychologist will depend on the internship center and on the individual project established by the professional supervisor.

### 4.2.Learning tasks

Some examples of the learning tasks that the course include are the following:

#### a) Attendance activities

- Reception of users and recording data for the elaboration of the clinical history record

- Participation in making clinical psychologist reports
- Planning, observation, analysis and direct participation in assessment sessions, psychological, clinical and assistance interventions, and to give individual, family or group feedback to users (through the mirror or inside the office)
- Observation and participation in psychological intervention programs in different disorder or behavioral or emotional problems
- Conducting the follow-up and therapeutic progress sessions
- Observation of the intervention management and psychosocial crisis situations
- Observation and use of the patients referral criteria and the correct utilization of the social-health resources

**b) Management and organizative activities**

- Learning and experience in programing, organazing, and assisting the coordination with other social-health settings
- Participation in coordination and planning meetings by the clinical/assistance team of the internship center
- Participation in coordination and work meetings with multidisciplinary teams
- Participation in coordination meetings with professionals from other services
- Knowledge about the norms and legal aspects of the mentally-ill patient or underage youth

**c) Complementary training**

- Participation in clinical supervision sessions and in the psychological, clinical and attendance to intervention assessment sessions
- Participation in training activities (workshops, seminars, etc.) organized by the internship center
- Collaboration in reasearch projects developed by the internship center
- Attendance to scientific sessions, seminars and national or international conferences about clinical and health psycology

**d) Other activities:**

- Search, revision and study of materials recommended by the professional supervisor
- Individual or collaborative search regarding the assessment and intervention of health psychology and other social-health assistance resources offered by public and private institutions
- Participation and disscusion in forums
- Records writing
- Individual project of the student

The subject have 30 ECTS (750 hours). The program that is offered to the student to help them to achieve the

expected results include the following activities and hours:

Activities	Hours
1. Lectures by the professional tutor at the health center	20
2. Practice-based activities at the health center	250
3. Autonomous student's work: Preparation of interventions that will be performed at the health center.	230
<b>Maximum hours at the health center</b>	<b>500</b>
4. Autonomous student's work: Elaboration of the internship report	170
5. Tutoring hours	60
6. Seminar hours	16
7. Evaluation	4
<b>Maximum autonomous student's work hours and hours at the University</b>	<b>250</b>
<b>TOTAL INTERNSHIP HOURS</b>	<b>750</b>

**Note:** In the case of a health emergency that prevent students to conduct or to continue the internship hours face

to face at the health center, students will be allowed to conduct online tasks proposed by the health center. It will be also possible that the measures approved by Unizar during the enclosure period on 2020 will be activated again (e.g., to postpone the timeline of the internship, to finish the internship when 50% hours have been done, to elaborate complementary work, etc.).

### 4.3.Syllabus

This course has no syllabus. However, we recommend to read the rest of the course guide to understand the special nature of this course. We also recommend to all the students that they should participate in the seminars and tutorials that will be implemented during the first semester of the second year.

### 4.4.Course planning and calendar

The person responsible for the Master's Internships, or the coordinator, will inform the students before the end of the course (June) the list of internship centers and their characteristics, especially on location, services, number of professionals, schedule and calendar.

The centers will be assigned after the students meet the established requirements and according to their academic record. Once finished this process, the professional supervisors will be informed of the name of the students they will supervise. Under no circumstances students may contact or appear in the internship center gathering information about the type of activities undertaken, dates of incorporation, schedules, or applying for admission, without the prior written permission of the Master's director.

Before the incorporation of the students to the internship center, they must fill in and sign a "confidentiality Commitment" that will be provided by the Faculty. This document is given to the professional supervisor when first presented to the internship center. Each student will be assigned an academic supervisor and a professional supervisor.

#### **The functions of the academic supervisor are:**

- To contact with the internship center, the professional supervisor there and with the student to set the date to start the internship.
- To collaborate with the professional supervisor in preparing the training project of each student. To keep track of the theoretical and practical activities conducting by the student both in group or individually formats.
- To promote and coordinate training activities from the virtual platform "Moodle" (participation in virtual forums, scheduled activities, review papers, recommend some readings, proposals for attending courses and seminars, etc.).
- To assess the internship report prepared by the student.
- To provide a final grade of the internship report developed by the student taking into account the information and assessment provided by the professional supervisor in the center.
- The student will also hold regular meetings with their professional supervisor and should be in contact with the academic supervisor of the Faculty in order to schedule activities and assess the development of the internship period.

#### **The functions of the professional supervisor of the health center are:**

- To develop, in collaboration with the academic supervisor of the Faculty of Social Sciences and Humanities of the University of Zaragoza, the training program of the student.
- To oversee the development of the planned training activities.
- To coordinate the activities carried out by different resources or assistance programs.
- To assign the supervisors of the specific attendance programs.
- To fill in the final assessment report of the student and give it back to the academic supervisor at the Faculty.
- To recommend the complementary references considered necessary in order to take advantage of the situation of each specific health center.
- The assignment of the professional supervisor will be set in each specific case and collaborating center. Monitoring meetings will be held at least once a week.

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### 4.5.Bibliography and recommended resources

- Read the document "Internship guide", available for all the students on the Master's webpage.