

Academic Year/course: 2021/22

25441 - Applied Psychosocial Sciences and mental health Nursing

Syllabus Information

Academic Year: 2021/22

Subject: 25441 - Applied Psychosocial Sciences and mental health Nursing

Faculty / School: 127 - Facultad de Ciencias de la Salud

275 - Escuela Universitaria de Enfermería de Huesca

375 - Escuela Universitaria de Enfermería de Teruel

Degree: 559 - Degree in Nursing

560 - Degree in Nursing

561 - Degree in Nursing

ECTS: 6.0

Year: 3

Semester: Annual

Subject Type: Compulsory

Module:

1. General information

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The activities that are planned are focused on the acquisition of a series of knowledge and skills related to the functioning of our psyches. A wide range of teaching and learning tasks are implemented, such as magistral classes, practical seminars, autonomous work and assessment tasks.

Students are expected to participate actively in the class throughout the academic year.

Classroom materials will be available via Moodle.

Further information regarding the course will be provided on the first day of class.

4.2. Learning tasks

This is a 6 ECTS course organized as follows:

? **Magistral classes:** (4 ECTS: 40 hours).

? **Practical seminars:** (2 ECTS: 20 hours): Teaching methodology: Problem-based learning, case resolution

This 6 ECTS include:

Group work :

Preparation of seminars, data analysis and search for information.

Individual work

Study of contents related to the theoretical classes, preparation of seminars, data analysis, search of information and complementary readings and writing of works.

Tutoring and assessments tasks

4.3. Syllabus

The course will address the following topics:

Topic 1: Modification of health behaviors

Topic 2: Psychosocial aspects of the patient with cancer

Topic 3: Psychosocial aspects of the hospitalized patient

Topic 4: Psychosocial aspects of the terminally ill

Topic 5: Psychopathology. Psychic phenomena

? Psychopathology of thought

? Psychopathology of affectivity

? Psychopathology of perception: Interaction with a person with hallucinations. Management of aggressiveness

? Psychopathology of consciousness

? Psychopathology of psychomotor skills

? Psychopathology of care and guidance

? Psychopathology of memory

Topic 6: Concept of Mental Health and Mental Illness. Historical Perspectives

Topic 7: Serious Mental Disorder

Topic 8: Schizophrenia. Care plans. Care plan for schizophrenia

Topic 9: Affective Disorders. Care plans

Topic 10: Delirium

Topic 11: Anxiety Disorders. Care plans

Topic 12: Eating Disorders. Care plans

Topic 13: Crisis Intervention

SEMINARS:

? Seminars on Family Therapy

? Seminar: Psychosocial aspects in gender violence

? Seminar: Psychosocial aspects in work stress and Burned-out syndrome

? Psychosocial Aspects of Personality Disorders

? Seminar on Alcoholism

? Seminar on Grief

4.4. Course planning and calendar

Schedule of classes and seminars: Further information concerning timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the "Facultad de Ciencias de la Salud" website and Moodle (<https://fcs.unizar.es/>, <https://moodle2.unizar.es>).

Supervising of work by appointment by email.

The delivery of papers will be convened in **moodle**

4.5. Bibliography and recommended resources

- Salud mental : Enfermería psiquiátrica. Coordinador Julio Bobes García. Madrid, Síntesis, 1994
- Rigol Cuadra, Assumpta, Ugalde Apalategui, Mercedes: Enfermería de salud mental y psiquiátrica. 2ª ed., reimp. rev. Barcelona, Masson, 2003
- Goldman, Howard: Psiquiatría general. 4ª ed. México, D.F., El manual moderno, 1996
- Rubio Larrosa, Vicente, Pérez Urdaniz, Antonio: Trastornos de la personalidad. Madrid, Elsevier, 2003
- Johnson, Barbara Schoen: Enfermería de salud mental y psiquiátrica : adaptación y tratamiento. Madrid, McGraw-Hill-Interamericana, 1999
- Cook, J. Sue, Fontaine, Karen Lee: Fundamentos esenciales de enfermería en salud mental. 2ª ed. México D.F., Interamericana-McGraw-Hill, 1993
- Eby, Linda, Brown, Nancy J.: Cuidados de enfermería en salud mental. 2ª ed. Madrid, Pearson Educación, 2009
- Shives, Louise Rebraca. Enfermería psiquiátrica y de salud mental : conceptos básicos. Versión en español de la 6ª ed. en inglés Madrid, McGraw-Hill Interamericana, 2007

- Stuart, Gail Wiscarz, Laraia, Michele T.: Enfermería psiquiátrica : principios y práctica. Versión en español de la 8ª ed. en inglés. Madrid, Elsevier, 2006
- Vínculos de NOC y NIC a NANDA-I y diagnósticos médicos : soporte para el razonamiento crítico y la calidad de los cuidados. Marion Johnson [et al.] . - 3ª ed. Barcelona, Elsevier, 2012
- CUIDEN Plus. Granada, Fundación INDEX
- DSM-IV : manual diagnóstico y estadístico de los trastornos mentales. American Psychiatric Association ; coordinador general de las ediciones española, francesa e italiana Pierre Pichot ; director de la edición española Juan J.López-Ibor Aliño. Barcelona, Masson, 1995
- Clasificación de Resultados de Enfermería (NOC). editoras, Sue Moorhead ... [et al.] 4ª ed. en español, traducción de la 5ª ed. en inglés. Barcelona, Elsevier, 2013
- Clasificación de Intervenciones de Enfermería (NIC). Editoras, Gloria M. Bulechek ... [et al.] 5ª ed. en español, traducción de la 6ª en inglés. Barcelona, Elsevier, 2013
- Introducción a la psicopatología y la psiquiatría. Director, Julio Vallejo Ruiloba; directores adjuntos, Antonio Bulbena Vilarrasa, Jordi Blanch Andreu. 8ª ed. Barcelona, Elsevier, 2015
- Diagnósticos enfermeros : definiciones y clasificación 2015-2017. NANDA International ; editado por T. Heather Herdman y Shigemi Kamitsuru. Barcelona, Elsevier, 2015