

Academic Year/course: 2021/22

## 25942 - Systematic Therapy: Family

### Syllabus Information

**Academic Year:** 2021/22

**Subject:** 25942 - Systematic Therapy: Family

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 270 - Degree in Psychology

**ECTS:** 6.0

**Year:** 2 and 4 and 3

**Semester:** First Four-month period

**Subject Type:** Optional

**Module:**

### 1. General information

### 2. Learning goals

### 3. Assessment (1st and 2nd call)

### 4. Methodology, learning tasks, syllabus and resources

#### 4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

The content of the subject will be taught following the model of presidential classes, explanations of the professor of concepts and procedures.

Resolution of exercises and practices based on the presentation of clinical cases.

Realization of Rol Playing among students developing the role of therapist / patient for each of the disorders.

Individual study that the student performs to understand, rework and retain the content for later application in the professional field.

#### 4.2. Learning tasks

- Theoretical classes
- Practical classes

#### 4.3. Syllabus

1-. Systemic therapy

1.1. Concepts and basic elements of the systemic approach

2.2. Different models of systemic therapies: Structural therapy, intergenerational, Milan school, strategic, brief MRI therapy, focused on solutions and narrative.

2-. TMG concept

- 2.2. Considerations
- 3-. Diagnostic criteria and Classification: ICD-10, DSM-IV, DSM-V
- 3.1. Schizophrenia
  - 3.1.1. Classification
  - 3.1.2. Clinical Characteristics and Diagnosis
- 3.2. Bipolar disorder
  - 3.2.1. Classification
  - 3.2.2. Clinical Characteristics and Diagnosis
- 2.3. Depressive disorders
  - 2.3.1. Classification
  - 2.3.2. Clinical Characteristics and Diagnosis
- 2.4. Chronic delusional disorder
  - 2.4.1. The Delirium
  - 2.4.2. Paraphrenia
- 2.5. Schizophreniform disorder
- 2.6. Schizoaffective disorder
- 3- . Definition of Psychosocial Rehabilitation and Recovery Concept
- 3.1. Functional Evaluation and Planning of the Intervention (PIR-PIT)
- 3.2. Intervention at the level of Services (UCE, UME, ULE, Day Center)
- 4-. Types and areas of intervention
  - 4.1. Pharmacological Intervention: General knowledge of Psychopharmacology
  - 4.2. Integrated Intervention Programs
    - 4.2.1. IPT (Integrated Psychological Therapy)
    - 4.2.2. Cognitive rehabilitation
    - 4.2.3. HHSS (Home Social Skills)
- 5-. Scales and Valuation Interview used in the TMG
  - 5.1. PANSS
  - 5.2. Clinical Evaluation Scales in schizophrenia and mood disorders
  - 5.3. Scales of Evaluation of the Level of Functioning of the Skills of Daily Life
  - 5.4. Schizotypal disorder International examination of personality disorders (IPDE)

#### **4.4. Course planning and calendar**

The Planning and Calendar is available to students at the beginning of the course, on the Moodle platform.

#### **4.5. Bibliography and recommended resources**

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=25942&Identificador=1129>