

Academic Year/course: 2021/22

## 26007 - Activities for functional independence I: Introduction to functional independence

### Syllabus Information

**Academic Year:** 2021/22

**Subject:** 26007 - Activities for functional independence I: Introduction to functional independence

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 7.0

**Year:** 1

**Semester:** Annual

**Subject Type:** Compulsory

**Module:**

### 1. General information

### 2. Learning goals

### 3. Assessment (1st and 2nd call)

### 4. Methodology, learning tasks, syllabus and resources

#### 4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. A wide range of teaching and learning tasks are implemented, such as lectures, practice sessions, assignments, autonomous work and study, and assessment tasks.

The learning process that is designed for this course is based on eminently practical guidance, supporting basic theoretical aspects of the course. Special interest in the acquisition of knowledge, habits, and skills needed to understand and integrate basic concepts for training, giving the opportunity to experience and experiment with different activities in the proposed workshops.

#### 4.2. Learning tasks

This course is organized as follows:

- **Lectures** (25 hours). Participative lectures with a large group of students.
- **Practice sessions** (45 hours). In small groups.
- **Assignments** (25 hours). Various tasks related to the workshops will be allocated. Including an assignment to apply learnings from the "Competencias informacionales e informáticas: nivel básico" (Information and computer skills: basic level) organized by the Library of the University.
- **Autonomous work and study/Assessment tasks** (80 hours).

#### 4.3. Syllabus

This course will address the following topics:

- **Topic 1.** Fundamentals.
- **Topic 2.** Occupational Performance and Occupational therapy Domain (OTPF).

- **Topic 3.** Use and Analysis of Occupation.
- **Topic 4.** Occupations in Practice: Activity Analysis and Skill Development.

#### **4.4. Course planning and calendar**

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sport Sciences website (<https://estudios.unizar.es/estudio/ver?id=109>) and Moodle.