

Academic Year/course: 2021/22

## 26012 - Occupational therapy theory and techniques II

### Syllabus Information

Academic Year: 2021/22

**Subject:** 26012 - Occupational therapy theory and techniques II **Faculty / School:** 127 - Facultad de Ciencias de la Salud

Degree: 276 - Degree in Occupational Therapy

**ECTS**: 12.0 **Year**: 2

Semester: Annual

Subject Type: Compulsory

Module:

### 1. General information

# 2. Learning goals

# 3. Assessment (1st and 2nd call)

# 4. Methodology, learning tasks, syllabus and resources

## 4.3. Syllabus

The course will address the following topics:

- Topic I: BIOMECHANICAL APPROACH AND PERCEPTIVE MOTOR APPROACH
  - Kinesiological-biomechanical techniques: assessment, training and joint and muscle reeducation in Occupational Therapy. Indications.
  - · Perceptual motor approach: assessment, training and reeducation. Indications.
- Topic II: NEUROPHYSIOLOGICAL APPROACHES
  - Neuromotor assessment.
  - Neurological development.
  - Bobath Concept, The Proprioceptive Neuromuscular Facilitation Approach, Brunnstrom Approach, Rood Approach in Occupational Therapy, Perfetti Method.
  - Sensory Integration: introduction.
- Topic III: PSYCHOMOTOR THERAPY
  - Psychomotor skills.
  - Early intervention: assessment, training and psychomotor reeducation in children.
  - Assessment, training, reeducation and psychomotor therapy in adults and the elderly.
- Topic IV: COGNITIVE REHABILITATION MODEL ADAPTED FOR OCCUPATIONAL THERAPY
  - Neuropsychological interventions in OT.
  - Cognitive rehabilitation in OT.
  - Task-orientated Approach: Cognitive Orientation to daily Occupational Performance (CO-OP);
    Action-Observation Therapy.

### 4.5. Bibliography and recommended resources

http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26012