

Academic Year/course: 2021/22

## 26033 - Leadership techniques and group dynamics

### Syllabus Information

**Academic Year:** 2021/22

**Subject:** 26033 - Leadership techniques and group dynamics

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 276 - Degree in Occupational Therapy

**ECTS:** 5.0

**Year:** 4 and 2

**Semester:** Second Four-month period

**Subject Type:** Optional

**Module:**

### 1. General information

### 2. Learning goals

### 3. Assessment (1st and 2nd call)

### 4. Methodology, learning tasks, syllabus and resources

#### 4.3. Syllabus

The course will address the following topics:

- Topic 1. GROUP DYNAMICS: GENERAL CONCEPTS AND HISTORICAL APPROACH
  - 1.1. Group dynamics definition
  - 1.2. Research evolution periods
- Topic 2. MULTIDISCIPLINARY TEAMS
  - 2.1. Characteristics and diversity
  - 2.2. Structure and processes
  - 2.3. Intervention
- Topic 3. GROUP PROCESSES IN OCCUPATIONAL THERAPY. HUMANISTIC PERSPECTIVE
  - 3.1. Theoretical bases
  - 3.2. Groups treatments
- Topic 4. OCCUPATIONAL THERAPIST ROLE OF GROUP DYNAMICS
  - 4.1. Occupational therapist tasks and goals
  - 4.2. Occupational therapist social skills
    - 4.2.1. Social skill definition and learning
    - 4.2.2. Style of communication: laissez faire, assertive and aggressive
    - 4.2.3. Evaluation and training
- Topic 5. GROUP DYNAMICS TECHNIQUES: DESCRIPTION, ANALYSIS AND TYPOLOGY
  - 5.1. Introduction and presentation groups exercises
  - 5.2. Structuración and development groups exercises
  - 5.3. Self-knowledge among group members exercises

- 5.4. Creativity groups exercises

#### **4.5. Bibliography and recommended resources**

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26033>