

**Academic Year/course: 2021/22**

## **26318 - Teaching Methods in Physical and Sports Activities**

### **Syllabus Information**

---

**Academic Year:** 2021/22

**Subject:** 26318 - Teaching Methods in Physical and Sports Activities

**Faculty / School:** 229 - Facultad de Ciencias de la Salud y del Deporte

**Degree:** 295 - Degree in Physical Activity and Sports Science

**ECTS:** 6.0

**Year:** 3

**Semester:** First semester

**Subject Type:** Compulsory

**Module:**

### **1. General information**

### **2. Learning goals**

### **3. Assessment (1st and 2nd call)**

### **4. Methodology, learning tasks, syllabus and resources**

#### **4.3. Syllabus**

The course will address the following topics:

- Topic 1. Introduction to the teaching of Physical Education and physical activity and sports
- Topic 2. Teaching styles
- Topic 3. Initial information
- Topic 4. Feedback
- Topic 5. Group organization and control
- Topic 6. Distribution of practice time
- Topic 7. Achievement Goals Theory
- Topic 8. Self-Determination Theory
- Topic 9. Pedagogical models for teaching in physical activity and sport

#### **4.4. Course planning and calendar**

Further information concerning the timetable, classroom, office hours, assessment dates and other details regarding this course will be provided on the first day of class or please refer to the Faculty of Health and Sports Sciences website.