

ON ROGERS-SHEPHARD TYPE INEQUALITIES FOR THE LATTICE POINT ENUMERATOR

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ABSTRACT. In this paper we study various Rogers-Shephard type inequalities for the lattice point enumerator $G_n(\cdot)$ on \mathbb{R}^n . In particular, for any non-empty convex bounded sets $K, L \subset \mathbb{R}^n$, we show that

$$G_n(K+L)G_n(K \cap (-L)) \leq \binom{2n}{n} G_n(K + (-1, 1)^n) G_n(L + (-1, 1)^n).$$

and

$$G_{n-k}(P_{H^\perp} K) G_k(K \cap H) \leq \binom{n}{k} G_n(K + (-1, 1)^n),$$

for $H = \text{lin}\{e_1, \dots, e_k\}$, $k \in \{1, \dots, n-1\}$.

Additionally, a discrete counterpart to a classical result by Berwald for concave functions, from which other discrete Rogers-Shephard type inequalities may be derived, is shown. Furthermore, we prove that these new discrete analogues for $G_n(\cdot)$ imply the corresponding results involving the Lebesgue measure.

1. INTRODUCTION AND MAIN RESULTS

Let \mathcal{K}^n be the set of all convex bodies of the Euclidean space \mathbb{R}^n , i.e., the family of all non-empty compact convex sets in \mathbb{R}^n . The n -dimensional volume of a measurable set $M \subset \mathbb{R}^n$, i.e., its n -dimensional Lebesgue measure, is denoted by $\text{vol}(M)$ or $\text{vol}_n(M)$ if the distinction of the dimension is useful (when integrating, as usual, dx will stand for $d\text{vol}(x)$). The *Minkowski sum* of two non-empty sets $A, B \subset \mathbb{R}^n$ is the classical vector addition of them, $A+B = \{a+b : a \in A, b \in B\}$, and we write $A-B$ for $A+(-B)$. We denote by $A \sim B = \{x \in \mathbb{R}^n : x+B \subset A\}$ the so-called *Minkowski difference* of A and B (for more on this notion and its connection with the Minkowski sum, we refer the reader to [34, Section 3.1]). Moreover, λA represents the set $\{\lambda a : a \in A\}$ for $\lambda \geq 0$, and $\dim A$ denotes its dimension, i.e., the dimension of its affine hull.

A fundamental relation involving the volume and the Minkowski addition is the *Brunn-Minkowski inequality*. One form of it states that if $K, L \in \mathcal{K}^n$ and $\lambda \in (0, 1)$ then

$$(1.1) \quad \text{vol}((1-\lambda)K + \lambda L)^{1/n} \geq (1-\lambda)\text{vol}(K)^{1/n} + \lambda\text{vol}(L)^{1/n}.$$

The Brunn-Minkowski inequality has become not only a cornerstone of the Brunn-Minkowski theory (for which we refer the reader to the updated monograph [34])

2010 *Mathematics Subject Classification*. Primary 52C07, 26D15; Secondary 52A40.

Key words and phrases. Rogers-Shephard inequality, lattice point enumerator, Berwald's inequality, projection-section inequality.

First author is supported by MICINN project PID-105979-GB-I00 and DGA project E48.20R. Second and third authors are supported by MICINN/FEDER project PGC2018-097046-B-I00 and by "Programa de Ayudas a Grupos de Excelencia de la Región de Murcia", Fundación Séneca, 19901/GERM/15.

but also a powerful tool in other related fields of mathematics. Moreover, it quickly yields other well-known inequalities, such as the *isoperimetric inequality*, it has inspired new engaging related results and it has been the starting point for new extensions and generalizations (see e.g. [34, Chapter 9]). For extensive survey articles on this and other related inequalities we refer the reader to [10, 15].

In the particular case when $L = -K$ and $\lambda = 1/2$, (1.1) gives

$$\text{vol}(K - K) \geq 2^n \text{vol}(K).$$

An upper bound for the volume of the difference body $K - K$ is given by the *Rogers-Shephard inequality*, originally proven in [29]. For more details about this inequality, we also refer the reader to [34, Section 10.1].

Theorem A (The Rogers-Shephard inequality). *Let $K \in \mathcal{K}^n$. Then*

$$(1.2) \quad \text{vol}(K - K) \leq \binom{2n}{n} \text{vol}(K).$$

This relation for $K - K$ can be generalized to the Minkowski addition of two convex bodies $K, L \in \mathcal{K}^n$ as follows:

$$(1.3) \quad \text{vol}(K + L) \text{vol}(K \cap (-L)) \leq \binom{2n}{n} \text{vol}(K) \text{vol}(L).$$

The Rogers-Shephard inequality was recently extended to the functional setting [4, 6, 9, 14], generalized to different types of measures [8, 31], as well as studied in the L_p setting [3, 13]. Moreover, it was recently extended to other geometric functionals [7], and a reverse form of Rogers-Shephard inequality in the setting of log-concave functions was given in [3]. The role of this inequality in characterization results of the difference body was also studied in [1], and it was proven an optimal stability version of it in [12]. It is also interesting to note that a strengthening of this inequality for mixed volumes was conjectured (independently by Godbersen and Makai Jr., see [34, Note 5 for Section 10.1] and the references therein); a conjecture on which engaging progress was recently made in [9].

In [16] Gardner and Gronchi obtained a powerful discrete analogue of the following form of the Brunn-Minkowski inequality, in the setting of \mathbb{Z}^n with the cardinality $|\cdot|$: $\text{vol}(K + L) \geq \text{vol}(B_K + B_L)$, where B_K and B_L denote centered Euclidean balls of the same volume as K and L , respectively. Moreover, from the mentioned version, they derive some inequalities that improve previous results by Ruzsa, collected in [32, 33].

More recently, different discrete analogues of the Brunn-Minkowski inequality have been obtained, including the case of its classical form (cf. (1.1)) for the cardinality [18, 22, 26], functional extensions of it [21, 25, 26, 27, 35] and versions for the *lattice point enumerator* $G_n(\cdot)$ [21, 23, 26], which is given by $G_n(M) = |M \cap \mathbb{Z}^n|$. In this respect, [26, Theorem 2.1] reads as follows:

Theorem B. *Let $\lambda \in (0, 1)$ and let $K, L \subset \mathbb{R}^n$ be non-empty bounded sets. Then*

$$(1.4) \quad G_n((1 - \lambda)K + \lambda L + (-1, 1)^n)^{1/n} \geq (1 - \lambda)G_n(K)^{1/n} + \lambda G_n(L)^{1/n}.$$

Apart from the above-mentioned discrete analogues of the Brunn-Minkowski inequality, various discrete counterparts, for the lattice point enumerator $G_n(\cdot)$, of results in Convex Geometry were recently proven. Some examples of such results are *Koldobsky's slicing inequality* [2], *Meyer's inequality* [19] and an isoperimetric

type inequality [24]. We refer the reader to these articles and the references therein for other connected problems, questions and results.

At this point, and taking into account the strong connection between the Brunn-Minkowski inequality and the Rogers-Shephard inequality (1.2), it is natural to wonder about the possibility of obtaining a discrete version of the latter, when dealing with the lattice point enumerator. To this aim, a very elegant discrete analogue of the Rogers-Shephard inequality (1.2) in the planar case (in fact, a stronger version of it) was shown in [16], as a consequence of *Pick's theorem* jointly with (1.2):

Theorem C. *Let $P \subset \mathbb{R}^2$ be a convex polygon with integer vertices. Then*

$$(1.5) \quad G_2(P - P) \leq 6G_2(P) - b(P) - 5,$$

where $b(P)$ denotes the number of integer points in the boundary of P .

However, when dealing with an arbitrary convex body $K \in \mathcal{K}^n$, one cannot expect to get a discrete counterpart of (1.2) for the lattice point enumerator $G_n(\cdot)$, namely,

$$G_n(K - K) \leq \binom{2n}{n} G_n(K).$$

Indeed, just considering $K = [-1/2, 1/2]^n$ one would obtain $3^n \leq \binom{2n}{n}$, which is false for $n = 1, 2, 3, 4$. Moreover, as pointed out in [19], where the authors consider certain simplices with integer vertices, there is neither a possible extension of (1.5) in dimension $n \geq 3$ nor even a hope to get $G_n(K - K) \leq c_n G_n(K)$ for some constant $c_n > 0$ depending only on the dimension n , for $n \geq 3$.

Altogether, and taking into account the “behavior” of the discrete version of the Brunn-Minkowski inequality collected in (1.4), an alternative to get such an inequality for the lattice point enumerator would be to consider some extension of K (by Minkowski adding certain cube) on the right-hand side of (1.2) (or, more generally, on that of (1.3)). In this regard, here we show the following:

Theorem 1.1. *Let $K \subset \mathbb{R}^n$ be a non-empty convex bounded set. Then*

$$(1.6) \quad G_n(K - K) \leq \binom{2n}{n} G_n \left(K + \left(-\frac{3}{4}, \frac{3}{4} \right)^n \right).$$

When considering the Minkowski sum of two non-empty convex bounded sets $K, L \subset \mathbb{R}^n$, instead of $K - K$, we have the following discrete counterpart of (1.3):

Theorem 1.2. *Let $K, L \subset \mathbb{R}^n$ be non-empty convex bounded sets and let*

$$c_{K,L} = \frac{\text{vol} \left(K + L + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right)}{\text{vol}(K + L + (-1, 1)^n)} \in (0, 1).$$

Then

$$(1.7) \quad G_n(K + L) G_n(K \cap (-L)) \leq \binom{2n}{n} c_{K,L} G_n(K + (-1, 1)^n) G_n(L + (-1, 1)^n).$$

In particular, taking $L = -K$, with $0 \in K$,

$$(1.8) \quad G_n(K - K) \leq \binom{2n}{n} c_{K,-K} \frac{G_n(K + (-1, 1)^n)^2}{G_n(K)}.$$

Both (1.6) and (1.7) (and thus also (1.8)) are *asymptotically sharp* (in the sense that, for any of these inequalities, there exist convex bodies containing the origin in such a way that the ratio between the right-hand and the left-hand sides, when applied to dilations of these sets scaled by a factor $r > 0$, tends to 1 as $r \rightarrow \infty$; see Remark 3.6) and, even more, they imply the continuous versions (1.2) and (1.3), respectively.

Furthermore, we will also show in Section 3 an alternative discrete version of (1.3) involving both the Minkowski difference and the addition of the sets and the cube $(-1, 1)^n$ (see Theorem 3.1).

In [30, Theorem 1], Rogers and Shephard also gave the following lower bound for the volume of a convex body $K \in \mathcal{K}^n$ in terms of the volumes of a projection and a section of K . Before recalling its precise statement we need some auxiliary notation: the set of all k -dimensional linear subspaces of \mathbb{R}^n is denoted by \mathcal{L}_k^n , and for $H \in \mathcal{L}_k^n$, the orthogonal projection of M onto H is denoted by $P_H M$; moreover, as usual, $H^\perp \in \mathcal{L}_{n-k}^n$ represents the orthogonal complement of H .

Theorem D. *Let $k \in \{1, \dots, n-1\}$ and $H \in \mathcal{L}_k^n$. Let $K \in \mathcal{K}^n$ be a convex body. Then*

$$(1.9) \quad \text{vol}_{n-k}(P_{H^\perp} K) \text{vol}_k(K \cap H) \leq \binom{n}{k} \text{vol}(K).$$

In this paper we will show that the above result also admits a suitable discrete version for the lattice point enumerator $G_n(\cdot)$. More precisely, we obtain:

Theorem 1.3. *Let $k \in \{1, \dots, n-1\}$ and $H = \text{lin}\{e_1, \dots, e_k\} \in \mathcal{L}_k^n$. Let $K \subset \mathbb{R}^n$ be a non-empty convex bounded set. Then*

$$(1.10) \quad G_{n-k}(P_{H^\perp} K) G_k(K \cap H) \leq \binom{n}{k} G_n(K + (-1, 1)^n).$$

A classical result due to Berwald [11] (see also [4, 5] for other extensions and considerations), from which the Rogers-Shephard inequalities (1.2) and (1.9) can be derived, relates certain weighted power means of a concave function, as follows:

Theorem E (Berwald's inequality). *Let $K \in \mathcal{K}^n$ be a convex body with $\dim K = n$ and let $f : K \rightarrow \mathbb{R}_{\geq 0}$ be a concave function. Then, for any $0 < p < q$,*

$$(1.11) \quad \left(\frac{\binom{n+q}{n}}{\text{vol}(K)} \int_K f^q(x) \, dx \right)^{1/q} \leq \left(\frac{\binom{n+p}{n}}{\text{vol}(K)} \int_K f^p(x) \, dx \right)^{1/p}.$$

As mentioned, it is remarkable to point out that the above result provides one with an alternative unified proof of both Theorems A and D, either by considering the function $f : P_{H^\perp} K \rightarrow \mathbb{R}_{\geq 0}$ given by

$$f(x) = \text{vol}_k(K \cap (x + H))^{1/k}$$

for $H \in \mathcal{L}_k^n$, $p = k$ (and $n' = n - k$), and letting $q \rightarrow \infty$, or by considering the function $f : K - K \rightarrow \mathbb{R}_{\geq 0}$ defined by

$$f(x) = \text{vol}(K \cap (x + K))^{1/n},$$

$p = n$, and letting $q \rightarrow \infty$ (see Section 4 for the precise details on the obtention of Theorems A and D from Theorem E).

Therefore, one may wonder whether Berwald's inequality also admits a discrete analogue. To establish its statement, we need the following notation (see [26] and the references therein for more about this notion): for a function $\phi : K \rightarrow \mathbb{R}_{\geq 0}$ defined on a convex bounded set $K \subset \mathbb{R}^n$, we denote by $\phi^\diamond : K + (-1, 1)^n \rightarrow \mathbb{R}_{\geq 0}$ the function given by

$$\phi^\diamond(z) = \sup_{u \in (-1, 1)^n} \bar{\phi}(z + u) \quad \text{for all } z \in K + (-1, 1)^n,$$

where $\bar{\phi} : \mathbb{R}^n \rightarrow \mathbb{R}_{\geq 0}$ is the function defined by

$$\bar{\phi}(x) = \begin{cases} \phi(x) & \text{if } x \in K, \\ 0 & \text{otherwise.} \end{cases}$$

In other words, ϕ^\diamond is the function whose hypograph is the closure of the Minkowski sum of the hypograph of ϕ and $(-1, 1)^n \times \{0\}$.

Here we show the following discrete analogue of Berwald's inequality (1.11):

Theorem 1.4. *Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin and let $f : K \rightarrow \mathbb{R}_{\geq 0}$ be a concave function with $f(0) = |f|_\infty$. Then, for any $0 < p < q$,*

$$(1.12) \quad \left(\frac{\binom{n+q}{n}}{G_n(K)} \sum_{x \in K \cap \mathbb{Z}^n} f^q(x) \right)^{1/q} \leq \left(\frac{\binom{n+p}{n}}{G_n(K)} \sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^n} (f^\diamond)^p(x) \right)^{1/p}.$$

Remark 1.5. *Let us point out that the origin does not play any role in the latter theorem and the assumption on the origin could be substituted by $|f|_\infty = f(x_0)$ for some $x_0 \in \mathbb{Z}^n$. It is, however, needed in our proof that, that the maximum of f is attained at some point in \mathbb{Z}^n .*

As we will see along the manuscript, all our discrete analogues for the lattice point enumerator $G_n(\cdot)$ imply the corresponding classical inequalities (see Theorems 3.5 and 4.5).

The paper is organized as follows: in Section 2 we recall some preliminaries and we derive Theorem 1.3 as a consequence of a stronger inequality, collected in Theorem 2.1. In Section 3 we obtain our discrete Rogers-Shephard type inequalities (in particular, we prove both Theorems 1.1 and 1.2) and we show that these discrete analogues imply the corresponding continuous versions. Finally, Section 4 is mainly devoted to the proof of Theorem 1.4.

2. DISCRETE PROJECTION-SECTION INEQUALITIES

We start this section by recalling some notions and fixing some notation that will be needed throughout the rest of the manuscript. We shall work in the n -dimensional Euclidean space \mathbb{R}^n , with origin 0 (or 0_n if the distinction of the dimension is useful), endowed with the standard inner product $\langle \cdot, \cdot \rangle$, and we will write e_i to represent the i -th canonical unit vector. Given a non-empty set $M \subset \mathbb{R}^n$, let $\text{conv } M$ and $\text{lin } M$ denote, respectively, the convex and linear hulls of M , i.e., the smallest convex set and vector subspace, respectively, containing the set M . Moreover, χ_M will represent the characteristic function of M . We will also write

$$\text{hyp}(f) = \{(x, t) : x \in M, t \in \mathbb{R}, f(x) \geq t\} \subset \mathbb{R}^{n+1}$$

for the *hypograph* of a non-negative function $f : M \rightarrow \mathbb{R}_{\geq 0}$.

For the vector subspace $H = \text{lin}\{e_1, \dots, e_k\} \in \mathcal{L}_k^n$, $k \in \{1, \dots, n-1\}$ we denote by

$$G_k(M) = |M \cap (x + (\mathbb{Z}^k \times \{0_{n-k}\}))|$$

for any $M \subset x + H$ for some $x \in H^\perp$. Analogously, we write

$$G_{n-k}(M) = |M \cap (y + (\{0_k\} \times \mathbb{Z}^{n-k}))|$$

for each $M \subset y + H^\perp$, for $y \in H$. Furthermore, for the sake of simplicity, we will write $C_H := (-1, 1)^n \cap H$.

Finally, as usual in the literature, we will use the following conventional notation:

$$\binom{r}{s} := \frac{\Gamma(r+1)}{\Gamma(s+1)\Gamma(r-s+1)}$$

for any $r, s > 0$, where $\Gamma(\cdot)$ denotes the *Gamma function*.

Now we prove Theorem 1.3, under the mild assumption that K contains the origin, by showing the following more general result. In Remark 3.2 we will give an alternative proof of Theorem 1.3, also valid for the case of any non-empty convex bounded set K (not necessarily containing the origin).

Theorem 2.1. *Let $k \in \{1, \dots, n-1\}$ and $H = \text{lin}\{e_1, \dots, e_k\} \in \mathcal{L}_k^n$. Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin. Then*

$$(2.1) \quad \left[\sum_{i=0}^{n-k} \frac{k}{n-i} \binom{n-k}{i} \binom{n}{i}^{-1} G_{n-k}(P_{H^\perp} K)^{i/(n-k)} \right] G_k(K \cap H) \leq G_n(K + (-1, 1)^n).$$

In particular, taking only the terms corresponding to $i = 0$ and $i = n-k$, we obtain

$$\left[\binom{n-1}{k-1} + G_{n-k}(P_{H^\perp} K) \right] G_k(K \cap H) \leq \binom{n}{k} G_n(K + (-1, 1)^n).$$

Proof. First, for any $r \geq 0$, we define the superlevel set

$$\begin{aligned} \mathcal{D}_r &= \left\{ x \in P_{H^\perp}(K + (-1, 1)^n) : G_k((K + (-1, 1)^n) \cap (x + H)) \geq r \right\} \\ &= \left\{ x \in P_{H^\perp} K + C_{H^\perp} : G_k(((K + C_{H^\perp}) \cap (x + H)) + C_H) \geq r \right\}. \end{aligned}$$

Now, let $x \in \mathcal{D}_0$, $y \in C_{H^\perp}$ and $\lambda \in [0, 1]$. So, from the convexity of K , we have

$$(2.2) \quad \begin{aligned} &G_k(((K + C_{H^\perp}) \cap ((1-\lambda)x + \lambda y + H)) + C_H)^{1/k} \\ &\geq G_k((1-\lambda)((K + C_{H^\perp}) \cap (x + H)) + \lambda((K + C_{H^\perp}) \cap (y + H)) + C_H)^{1/k}. \end{aligned}$$

Notice that, since $x \in \mathcal{D}_0 = P_{H^\perp} K + C_{H^\perp}$ and $y \in C_{H^\perp} \subset P_{H^\perp} K + C_{H^\perp}$ (because $0 \in K$), the sets $(K + C_{H^\perp}) \cap (x + H)$, $(K + C_{H^\perp}) \cap (y + H)$ are non-empty and then the above sum

$$(1-\lambda)((K + C_{H^\perp}) \cap (x + H)) + \lambda((K + C_{H^\perp}) \cap (y + H)) + C_H$$

is well-defined. Hence, from (1.4) we get

$$\begin{aligned}
 (2.3) \quad & G_k \left((1-\lambda)((K + C_{H^\perp}) \cap (x + H)) + \lambda((K + C_{H^\perp}) \cap (y + H)) + C_H \right)^{1/k} \\
 & \geq (1-\lambda)G_k((K + C_{H^\perp}) \cap (x + H))^{1/k} + \lambda G_k((K + C_{H^\perp}) \cap (y + H))^{1/k} \\
 & \geq \lambda G_k(K \cap H)^{1/k},
 \end{aligned}$$

where in the last inequality we have used that

$$G_k((K + C_{H^\perp}) \cap (y + H)) \geq G_k((y + K) \cap (y + H)) = G_k(K \cap H)$$

for every $y \in C_{H^\perp}$. Thus, setting

$$\lambda_s = \left(\frac{s}{G_k(K \cap H)} \right)^{1/k}$$

for any $0 \leq s \leq G_k(K \cap H)$ (observe that $G_k(K \cap H) \neq 0$ since $0 \in K$), from (2.2) and (2.3) for $\lambda = \lambda_s$ we conclude that

$$(1 - \lambda_s)(P_{H^\perp}K + C_{H^\perp}) + \lambda_s C_{H^\perp} \subset \mathcal{D}_s.$$

In other words, for any $0 \leq s \leq G_k(K \cap H)$ we have

$$(1 - \lambda_s)P_{H^\perp}K + C_{H^\perp} \subset \mathcal{D}_s$$

and then, by (1.4), we get

$$(1 - \lambda_s)G_{n-k}(P_{H^\perp}K)^{1/(n-k)} + \lambda_s G_{n-k}(\{0_{n-k}\})^{1/(n-k)} \leq G_{n-k}(\mathcal{D}_s)^{1/(n-k)}$$

and consequently

$$(2.4) \quad \sum_{i=0}^{n-k} \binom{n-k}{i} (1 - \lambda_s)^i \lambda_s^{n-k-i} G_{n-k}(P_{H^\perp}K)^{i/(n-k)} \leq G_{n-k}(\mathcal{D}_s)$$

for all $0 \leq s \leq G_k(K \cap H)$.

Now, on the one hand, we observe that

$$\begin{aligned}
 \int_0^{G_k(K \cap H)} (1 - \lambda_s)^i \lambda_s^{n-k-i} ds &= k G_k(K \cap H) \int_0^1 \theta^{n-i-1} (1 - \theta)^i d\theta \\
 &= k G_k(K \cap H) \frac{\Gamma(n-i)\Gamma(i+1)}{\Gamma(n+1)} \\
 &= \frac{k}{n-i} \binom{n}{i}^{-1} G_k(K \cap H)
 \end{aligned}$$

and hence, integration on $s \in [0, G_k(K \cap H)]$ on the left-hand side of (2.4) yields

$$\left[\sum_{i=0}^{n-k} \frac{k}{n-i} \binom{n-k}{i} \binom{n}{i}^{-1} G_{n-k}(P_{H^\perp}K)^{i/(n-k)} \right] G_k(K \cap H).$$

On the other hand, we have

$$\begin{aligned}
& \int_0^{G_k(K \cap H)} G_{n-k}(\mathcal{D}_s) \, ds \\
&= \int_0^{G_k(K \cap H)} \sum_{x \in (P_{H^\perp} K + C_{H^\perp}) \cap \mathbb{Z}^n} \chi_{\mathcal{D}_s}(x) \, ds \\
&= \sum_{x \in (P_{H^\perp} K + C_{H^\perp}) \cap \mathbb{Z}^n} \min \left\{ G_k \left(((K + C_{H^\perp}) \cap (x + H)) + C_H \right), G_k(K \cap H) \right\} \\
&\leq \sum_{x \in (P_{H^\perp} K + C_{H^\perp}) \cap \mathbb{Z}^n} G_k \left(((K + C_{H^\perp}) \cap (x + H)) + C_H \right) \\
&= \sum_{x \in (P_{H^\perp} K + C_{H^\perp}) \cap \mathbb{Z}^n} G_k \left((K + (-1, 1)^n) \cap (x + H) \right) \\
&= G_n(K + (-1, 1)^n).
\end{aligned}$$

This concludes the proof. \square

Remark 2.2. *The role of $H = \text{lin}\{e_1, \dots, e_k\}$ in the above result can be played by any other k -dimensional coordinate (vector) subspace.*

Next we derive a first discrete analogue of the Rogers-Shephard inequality (1.3), by considering a suitable $(2n)$ -dimensional convex bounded set and applying Theorem 1.3, following the original idea of Rogers and Shephard in [30]:

Corollary 2.3. *Let $K, L \subset \mathbb{R}^n$ be convex bounded sets containing the origin. Then*

$$(2.5) \quad G_n(K + L) G_n(K \cap (-L)) \leq \binom{2n}{n} G_n(K + (-1, 1)^n) G_n(L + (-2, 2)^n).$$

In particular, taking $L = -K$,

$$(2.6) \quad G_n(K - K) \leq \binom{2n}{n} G_n(K + (-1, 1)^n) \frac{G_n(K + (-2, 2)^n)}{G_n(K)}.$$

Proof. Consider the $(2n)$ -dimensional convex bounded set containing the origin defined by

$$F = \{(x, y) \in \mathbb{R}^{2n} : x \in K, x - y \in -L\}$$

and let $H = \text{lin}\{e_1, \dots, e_n\} \in \mathcal{L}_n^{2n}$. Notice that $P_{H^\perp} F$ is the set of points $(0, y)$ such that $(x, y) \in F$ for some $x \in \mathbb{R}^n$, which is equivalent to the fact that $y \in x + L$ for some $x \in K$, and hence we get $P_{H^\perp} F = \{0_n\} \times (K + L)$. Moreover, we clearly have that

$$F \cap H = (K \cap (-L)) \times \{0_n\}.$$

Now, given $(x, y) \in F + (-1, 1)^{2n}$, we have that $x \in x_1 + (-1, 1)^n$ for some $x_1 \in K$ and that $y \in y_1 + (-1, 1)^n$ for some $y_1 \in x_1 + L \subset x + (-1, 1)^n + L$. So, for every $(x, y) \in F + (-1, 1)^{2n}$, $x \in K + (-1, 1)^n$ and $y \in x + L + (-2, 2)^n$. Thus,

$$\begin{aligned}
G_{2n}(F + (-1, 1)^{2n}) &\leq \sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^{2n}} G_n(x + L + (-2, 2)^n) \\
&= G_n(K + (-1, 1)^n) G_n(L + (-2, 2)^n).
\end{aligned}$$

Therefore, from Theorem 1.3 (applied to the convex bounded set F containing the origin and the vector subspace H) we obtain

$$G_n(K + L)G_n(K \cap (-L)) \leq \binom{2n}{n} G_n(K + (-1, 1)^n) G_n(L + (-2, 2)^n),$$

which clearly further implies (2.6). This concludes the proof. \square

As we will see in the forthcoming section, we will derive other discrete Rogers-Shephard type inequalities, which are actually stronger than those (collected in Corollary 2.3) that may be obtained as a consequence of applying the discrete projection-section inequality (1.10), in contrast to what happens in the continuous setting.

3. DISCRETE ROGERS-SHEPHARD TYPE INEQUALITIES

When dealing with the (proof of the) Rogers-Shephard inequality (1.2), one is naturally led to the notion of the *covariogram* of a convex body $K \in \mathcal{K}^n$, that is, the function $f : \mathbb{R}^n \rightarrow \mathbb{R}_{\geq 0}$ given by

$$f(x) = \text{vol}(K \cap (x + K)).$$

Its discrete version for finite sets $A \subset \mathbb{R}^n$, $|A \cap (x + A)|$, has been studied in [17], where the authors show elegant relations of the latter with the continuous version. Here, first we will consider the following slight modification of the corresponding discrete version (for the lattice point enumerator) of the covariogram of K :

$$x \mapsto G_n\left((K + (-1, 1)^n) \cap (x + K + (-1, 1)^n)\right).$$

By using this, and exploiting the classical proof of the Rogers-Shephard inequality (1.2) that is based on the covariogram, we get to the following result. Again, we will present it in the more general setting of two convex bounded sets $K, L \subset \mathbb{R}^n$.

Theorem 3.1. *Let $K, L \subset \mathbb{R}^n$ be convex bounded sets containing the origin, and such that $(-1, 1)^n \subset L$. Then*

$$(3.1) \quad \left[\sum_{i=0}^n \frac{n}{2n-i} \binom{n}{i} \binom{2n}{i}^{-1} G_n((K + L) \sim (-1, 1)^n)^{i/n} \right] G_n(K \cap ((-L) \sim (-1, 1)^n)) \\ \leq G_n(K + (-1, 1)^n) G_n(L + (-1, 1)^n).$$

In particular, taking $L = -K$ (for a convex set $K \subset \mathbb{R}^n$ with $(-1, 1)^n \subset K$),

$$(3.2) \quad \sum_{i=0}^n \frac{n}{2n-i} \binom{n}{i} \binom{2n}{i}^{-1} G_n((K - K) \sim (-1, 1)^n)^{i/n} \leq \frac{G_n(K + (-1, 1)^n)^2}{G_n(K \sim (-1, 1)^n)}.$$

Before showing the result, we observe that taking only the terms corresponding to $i = 0$ and $i = n$ in the above expressions we obtain

$$\left[\frac{1}{2} \binom{2n}{n} + G_n((K + L) \sim (-1, 1)^n) \right] G_n(K \cap ((-L) \sim (-1, 1)^n)) \\ \leq \binom{2n}{n} G_n(K + (-1, 1)^n) G_n(L + (-1, 1)^n)$$

and

$$\frac{1}{2} \binom{2n}{n} + G_n((K - K) \sim (-1, 1)^n) \leq \binom{2n}{n} \frac{G_n(K + (-1, 1)^n)^2}{G_n(K \sim (-1, 1)^n)},$$

respectively.

Moreover, taking only the term corresponding to $i = n$ applied to the sets K and $L' := L + (-1, 1)^n$ (and taking into account the relations between the Minkowski difference and addition; see e.g. [34, Lemma 3.1.11]), one recovers again the statement of Corollary 2.3.

Proof. First, for any $r \geq 0$, we consider the superlevel set

$$\mathcal{D}_r = \left\{ x \in (K + L) + (-2, 2)^n : G_n\left((K + (-1, 1)^n) \cap (x - L + (-1, 1)^n)\right) \geq r \right\}.$$

Now, let $x \in K + L$, $y \in (-1, 1)^n$ and $\lambda \in [0, 1]$. Then, from the convexity of K and L , we have

$$\begin{aligned} (3.3) \quad & G_n\left((K + (-1, 1)^n) \cap ((1 - \lambda)x + \lambda y - L + (-1, 1)^n)\right)^{1/n} \\ & \geq G_n\left((1 - \lambda)(K \cap (x - L)) + \lambda(K \cap (y - L)) + (-1, 1)^n\right)^{1/n} \end{aligned}$$

Notice that, since $x \in K + L$ and $y \in (-1, 1)^n \subset L \subset K + L$ (because $0 \in K$), the sets $K \cap (x - L)$, $K \cap (y - L)$ are non-empty and then the above sum

$$(1 - \lambda)(K \cap (x - L)) + \lambda(K \cap (y - L)) + (-1, 1)^n$$

is well-defined. Hence, from (1.4) we get

$$\begin{aligned} (3.4) \quad & G_n\left((1 - \lambda)(K \cap (x - L)) + \lambda(K \cap (y - L)) + (-1, 1)^n\right)^{1/n} \\ & \geq (1 - \lambda)G_n(K \cap (x - L))^{1/n} + \lambda G_n(K \cap (y - L))^{1/n} \\ & \geq \lambda G_n\left(K \cap ((-L) \sim (-1, 1)^n)\right)^{1/n}, \end{aligned}$$

where in the last inequality we have used that

$$G_n(K \cap (y - L)) \geq G_n\left(K \cap ((-L) \sim (-1, 1)^n)\right)$$

for every $y \in (-1, 1)^n$. Observing also that $G_n\left(K \cap ((-L) \sim (-1, 1)^n)\right) \neq 0$ since $0 \in K \cap ((-L) \sim (-1, 1)^n)$, we may define

$$\lambda_s = \left(\frac{s}{G_n\left(K \cap ((-L) \sim (-1, 1)^n)\right)} \right)^{1/n}$$

for any $0 \leq s \leq G_n\left(K \cap ((-L) \sim (-1, 1)^n)\right)$. Thus, from (3.3) and (3.4) for $\lambda = \lambda_s$ we conclude that

$$(1 - \lambda_s)(K + L) + \lambda_s(-1, 1)^n \subset \mathcal{D}_s.$$

In particular, for any $0 \leq s \leq G_n(K \cap ((-L) \sim (-1, 1)^n))$ we have

$$\begin{aligned} (1 - \lambda_s)((K + L) \sim (-1, 1)^n) + (-1, 1)^n \\ = (1 - \lambda_s)((K + L) \sim (-1, 1)^n) + (-1, 1)^n \\ \subset (1 - \lambda_s)(K + L) + \lambda_s(-1, 1)^n \subset \mathcal{D}_s. \end{aligned}$$

Then, by (1.4), we get

$$(1 - \lambda_s)G_n((K + L) \sim (-1, 1)^n)^{1/n} + \lambda_s G_n(\{0\})^{1/n} \leq G_n(\mathcal{D}_s)^{1/n}$$

and consequently

$$(3.5) \quad \sum_{i=0}^n \binom{n}{i} (1 - \lambda_s)^i \lambda_s^{n-i} G_n((K + L) \sim (-1, 1)^n)^{i/n} \leq G_n(\mathcal{D}_s)$$

for all $0 \leq s \leq G_n(K \cap ((-L) \sim (-1, 1)^n))$.

Now, writing $s_0 = G_n(K \cap ((-L) \sim (-1, 1)^n))$, on the one hand we observe that

$$\begin{aligned} \int_0^{s_0} (1 - \lambda_s)^i \lambda_s^{n-i} ds &= n G_n(K \cap ((-L) \sim (-1, 1)^n)) \int_0^1 \theta^{2n-i-1} (1 - \theta)^i d\theta \\ &= n G_n(K \cap ((-L) \sim (-1, 1)^n)) \frac{\Gamma(2n-i)\Gamma(i+1)}{\Gamma(2n+1)} \\ &= \frac{n}{2n-i} \binom{2n}{i}^{-1} G_n(K \cap ((-L) \sim (-1, 1)^n)) \end{aligned}$$

and hence, integration on $s \in [0, s_0]$ on the left-hand side of (3.5) yields

$$\left[\sum_{i=0}^n \frac{n}{2n-i} \binom{n}{i} \binom{2n}{i}^{-1} G_n((K + L) \sim (-1, 1)^n)^{i/n} \right] G_n(K \cap ((-L) \sim (-1, 1)^n)).$$

On the other hand, we have

$$\begin{aligned}
& \int_0^{s_0} G_n(\mathcal{D}_s) \, ds \\
&= \int_0^{s_0} \sum_{x \in (K+L+(-2,2)^n) \cap \mathbb{Z}^n} \chi_{\mathcal{D}_s}(x) \, ds \\
&= \sum_{x \in (K+L+(-2,2)^n) \cap \mathbb{Z}^n} \min \left\{ G_n \left((K + (-1,1)^n) \cap (x - L + (-1,1)^n) \right), s_0 \right\} \\
&\leq \sum_{x \in (K+L+(-2,2)^n) \cap \mathbb{Z}^n} G_n \left((K + (-1,1)^n) \cap (x - L + (-1,1)^n) \right) \\
&= \sum_{x \in (K+L+(-2,2)^n) \cap \mathbb{Z}^n} \sum_{y \in \mathbb{Z}^n} \chi_{K+(-1,1)^n}(y) \chi_{x-L+(-1,1)^n}(y) \\
&= \sum_{x \in (K+L+(-2,2)^n) \cap \mathbb{Z}^n} \sum_{y \in \mathbb{Z}^n} \chi_{K+(-1,1)^n}(y) \chi_{y+L+(-1,1)^n}(x) \\
&= \sum_{y \in \mathbb{Z}^n} \chi_{K+(-1,1)^n}(y) \sum_{x \in (K+L+(-2,2)^n) \cap \mathbb{Z}^n} \chi_{y+L+(-1,1)^n}(x) \\
&= G_n(K + (-1,1)^n) G_n(L + (-1,1)^n).
\end{aligned}$$

This concludes the proof. \square

Next we will use a different approach to show a discrete analogue of the Rogers-Shephard inequality (1.2). To this aim, let $K \subset \mathbb{R}^n$ be a non-empty convex bounded set. Then the following two relations involving the lattice point enumerator $G_n(\cdot)$ and the volume $\text{vol}(\cdot)$ hold:

$$(3.6) \quad G_n(K) \leq \text{vol} \left(K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right)$$

and

$$(3.7) \quad \text{vol}(K) \leq G_n \left(K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right).$$

Regarding (3.6) (cf. e.g. [20, Equation (3.3)]), notice that it can be easily deduced from the inclusion $K \cap \mathbb{Z}^n \subset K$ jointly with the fact that $G_n(K) = \text{vol}((K \cap \mathbb{Z}^n) + (-1/2, 1/2)^n)$.

It is also easy to derive (3.7) (although it is “folklore”, we have not found a precise reference for it): let $A = \{z \in \mathbb{Z}^n : (z + (-1/2, 1/2)^n) \cap K \neq \emptyset\}$, for which one clearly has

$$A \subset \left(K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \cap \mathbb{Z}^n$$

and thus

$$(3.8) \quad |A| \leq G_n \left(K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right).$$

Moreover, taking the null measure set $M := \mathbb{R}^n \setminus (\mathbb{Z}^n + (-1/2, 1/2)^n)$, we get

$$K \subset M \cup \left[A + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right]$$

and hence

$$(3.9) \quad \text{vol}(K) \leq \text{vol} \left(A + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) = |A|.$$

Thus, using (3.9) and (3.8), (3.7) follows.

Now, we are in a condition to show Theorems 1.1 and 1.2.

Proof of Theorem 1.1. Using (3.6) jointly with the classical Rogers-Shephard inequality (1.2) (for which the assumption on the convex bounded set K to be closed is actually not necessary, due to the facts that the boundary of a convex set has null measure and the closure of the Minkowski sum of bounded sets is the closure of their closures) and (3.7), we get

$$\begin{aligned} G_n(K - K) &\leq \text{vol} \left(K - K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \\ &= \text{vol} \left(K + \left(-\frac{1}{4}, \frac{1}{4} \right)^n - \left[K + \left(-\frac{1}{4}, \frac{1}{4} \right)^n \right] \right) \\ &\leq \binom{2n}{n} \text{vol} \left(K + \left(-\frac{1}{4}, \frac{1}{4} \right)^n \right) \leq \binom{2n}{n} G_n \left(K + \left(-\frac{3}{4}, \frac{3}{4} \right)^n \right). \end{aligned}$$

This concludes the proof. \square

Proof of Theorem 1.2. By (3.6) and the fact that, for any $A, B, C \subset \mathbb{R}^n$,

$$(3.10) \quad (A \cap B) + C \subset (A + C) \cap (B + C)$$

(see e.g. [34, Equation (3.2)]), we get

$$\begin{aligned} G_n(K + L) G_n(K \cap (-L)) &\leq \text{vol} \left(K + L + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \text{vol} \left(K \cap (-L) + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \\ &\leq c_{K,L} \text{vol}(K + L + (-1, 1)^n) \text{vol} \left(\left[K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right] \cap \left[-L + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right] \right). \end{aligned}$$

Now, applying the classical Rogers-Shephard inequality (1.3) (again, the assumption on the convex sets K, L to be closed is not needed) jointly with (3.7), we have

$$\begin{aligned} c_{K,L} \text{vol}(K + L + (-1, 1)^n) \text{vol} \left(\left[K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right] \cap \left[-L + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right] \right) \\ \leq \binom{2n}{n} c_{K,L} \text{vol} \left(K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \text{vol} \left(L + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \\ \leq \binom{2n}{n} c_{K,L} G_n(K + (-1, 1)^n) G_n(L + (-1, 1)^n). \end{aligned}$$

This concludes the proof. \square

Remark 3.2. We can also use this approach based on the relations between the volume and the lattice point enumerator to provide an alternative proof to Theorem 1.3. Indeed, from (3.6), (3.10), (1.9) (for which the assumption on the convex

set K to be closed is not necessary) and (3.7), we obtain

$$\begin{aligned}
& G_{n-k}(P_{H^\perp}K)G_k(K \cap H) \\
& \leq \text{vol}_{n-k} \left((P_{H^\perp}K) + \frac{1}{2}C_{H^\perp} \right) \text{vol}_k \left((K \cap H) + \frac{1}{2}C_H \right) \\
& \leq \text{vol}_{n-k} \left(P_{H^\perp} \left[K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right] \right) \text{vol}_k \left(\left[K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right] \cap H \right) \\
& \leq \binom{n}{k} \text{vol} \left(K + \left(-\frac{1}{2}, \frac{1}{2} \right)^n \right) \leq \binom{n}{k} G_n(K + (-1, 1)^n).
\end{aligned}$$

We point out that, now, there is no need to assume that $0 \in K$. However, notice that such a method does not allow us to show the statement of the stronger inequality collected in Theorem 2.1.

Given a convex bounded set containing the origin K , if we apply (3.1) to the sets K and $L' := -K + (-1, 1)^n$ we have

$$(3.11) \quad \sum_{i=0}^n \frac{n}{2n-i} \binom{n}{i} \binom{2n}{i}^{-1} G_n(K-K)^{i/n} \leq \frac{G_n(K + (-1, 1)^n) G_n(K + (-2, 2)^n)}{G_n(K)}.$$

At this point, it is natural to compare the discrete analogues of (1.2) that involve extensions of K by Minkowski adding certain cubes, i.e., the above inequality, (1.6) and (1.8).

First, to compare this inequality with (1.6), we need to relate

$$\frac{G_n(K + (-1, 1)^n) G_n(K + (-2, 2)^n)}{G_n(K)} - \sum_{i=0}^{n-1} \frac{n}{2n-i} \binom{n}{i} \binom{2n}{i}^{-1} G_n(K-K)^{i/n}$$

and

$$G_n \left(K + \left(-\frac{3}{4}, \frac{3}{4} \right)^n \right).$$

Although, unfortunately, we do not have a full answer to this question, next we show that in dimension $n = 2$ the latter expression provides us with a smaller upper bound for

$$G_n(K-K) \binom{2n}{n}^{-1}$$

and hence, in the plane, (1.6) is tighter than (3.11). This is an immediate consequence of the following result.

Proposition 3.3. *Let $K \in \mathcal{K}^2$ be a planar convex body containing the origin. Then*

$$(3.12) \quad G_2(K + (-1, 1)^2) < G_2(K + (-2, 2)^2) - \sum_{i=0}^1 \frac{2}{4-i} \binom{2}{i} \binom{4}{i}^{-1} G_2(K-K)^{i/2}.$$

Proof. Let $H_i = \{x \in \mathbb{R}^2 : \langle x, e_i \rangle = 0\}$, $i = 1, 2$, and set

$$m := \max_{i=1,2} G_1(P_{H_i}K),$$

for which we will assume without loss of generality that $m = G_1(P_{H_1}K)$. Then, K is contained in a rectangle $[-a_1, b_1] \times [-a_2, b_2]$, with $a_i, b_i \geq 0$ and $G_1([-a_i, b_i]) \leq m$, $i = 1, 2$.

So, we clearly have that $G_2(K) \leq m^2$ and $G_2(K - K) \leq (2m + 1)^2$. Moreover, since $K + (-1, 1)^2$ is open and thus, for any $x \in (P_{H_1}K) \cap \mathbb{Z}^2$,

$$(K + (-2, 2)^2) \cap (x + \text{lin}\{e_1\})$$

contains at least two more integer points than

$$(K + (-1, 1)^2) \cap (x + \text{lin}\{e_1\}),$$

we get

$$G_2(K + (-2, 2)^2) \geq G_2(K + (-1, 1)^2) + 2m.$$

Altogether, since $m \geq 1$ (because $0 \in K$), we have

$$\frac{1}{2} + \frac{1}{3}G_2(K - K)^{1/2} \leq \frac{1}{2} + \frac{1}{3}(2m + 1) < 2m \leq G_2(K + (-2, 2)^2) - G_2(K + (-1, 1)^2),$$

which is equivalent to (3.12). \square

Next we relate (1.6) and (1.8).

Remark 3.4. *Inequalities (1.6) and (1.8) are not comparable. Indeed, taking $K = [-r, r]^n$ with $r > 0$, one has*

$$c_{K, -K} = \left(\frac{4r + 1}{4r + 2} \right)^n < 1.$$

So, on the one hand, if $r \in \mathbb{N}$ we get

$$G_n(K) = G_n \left(K + \left(-\frac{3}{4}, \frac{3}{4} \right)^n \right) = G_n(K + (-1, 1)^n)$$

and thus

$$c_{K, -K} \frac{G_n(K + (-1, 1)^n)^2}{G_n(K)} < G_n \left(K + \left(-\frac{3}{4}, \frac{3}{4} \right)^n \right).$$

On the other hand, if $r \notin \mathbb{N}$ then

$$c_{K, -K} \frac{G_n(K + (-1, 1)^n)}{G_n(K)} = \frac{(4r + 1)^n (2[r] + 3)^n}{(4r + 2)^n (2[r] + 1)^n} = \left(\frac{1 + \frac{2}{2[r] + 1}}{1 + \frac{1}{4r + 1}} \right)^n > 1,$$

where $[r]$ denotes the floor function of r (i.e., the greatest integer less than or equal to r), and hence

$$c_{K, -K} \frac{G_n(K + (-1, 1)^n)^2}{G_n(K)} > G_n \left(K + \left(-\frac{3}{4}, \frac{3}{4} \right)^n \right).$$

3.1. From the discrete analogues to the continuous versions. It is intuitive that one can approximate the volume of a convex body by successively shrinking the lattice. This can be easily seen by means of the fact that the volume and the lattice point enumerator are equivalent when the convex body is “large enough”. More precisely, given a convex body $K \in \mathcal{K}^n$ with dimension $\dim K = n$, we have

$$(3.13) \quad \lim_{r \rightarrow \infty} \frac{G_n(rK)}{r^n} = \text{vol}(K)$$

(see e.g. [36, Lemma 3.22]). Moreover, it is easy to check that

$$(3.14) \quad \lim_{r \rightarrow \infty} \frac{G_n(rK + M)}{r^n} = \text{vol}(K)$$

for any bounded convex set M containing the origin. Indeed, given $\varepsilon > 0$ it follows that, for any $r > 0$ large enough, $M \subset (r\varepsilon K) + z_r$ for some $z_r \in \mathbb{Z}^n$, and thus

$$\begin{aligned} \text{vol}(K) &= \lim_{r \rightarrow \infty} \frac{G_n(rK)}{r^n} \leq \liminf_{r \rightarrow \infty} \frac{G_n(rK + M)}{r^n} \leq \limsup_{r \rightarrow \infty} \frac{G_n(rK + M)}{r^n} \\ &\leq \lim_{r \rightarrow \infty} \frac{G_n(r(K + \varepsilon K))}{r^n} = \text{vol}(K + \varepsilon K) = (1 + \varepsilon)^n \text{vol}(K). \end{aligned}$$

Since $\varepsilon > 0$ was arbitrary, (3.14) holds.

We then conclude this section by proving that the discrete versions of the projection-section and the Rogers-Shephard inequalities we have previously shown imply their corresponding continuous analogues, by exploiting the above relations between the lattice point enumerator and the volume. To this aim, regarding the discrete projection-section type inequalities, we will show that (1.10) already implies (1.9) (and hence, the same is obtained from the stronger inequality (2.1)). In the same way, we will prove that (2.5) is enough to derive (1.3) (and thus, the same happens for the more powerful inequalities (1.7) and (3.1)). Moreover, in particular, (2.6) implies (1.2) (and so, the same is true for the stronger versions (1.6), (1.8) and (3.2)).

Theorem 3.5. *Let $K, L \in \mathcal{K}^n$ be convex bodies containing the origin with $\dim K = \dim L = n$. Then*

- i) *The discrete inequality (1.10) for the lattice point enumerator implies the classical projection-section inequality (1.9) for the volume.*
- ii) *The discrete inequality (2.5) for the lattice point enumerator implies the classical Rogers-Shephard inequality (1.3) for the volume.*

Proof. Applying (1.10) with rK (for $r > 0$), taking limits as $r \rightarrow \infty$ and using (3.13) and (3.14), we get

$$\begin{aligned} \text{vol}_{n-k}(P_{H^\perp} K) \text{vol}_k(K \cap H) &= \lim_{r \rightarrow \infty} \frac{G_{n-k}(rP_{H^\perp} K)}{r^{n-k}} \cdot \frac{G_k(r(K \cap H))}{r^k} \\ &= \lim_{r \rightarrow \infty} \frac{G_{n-k}(P_{H^\perp}(rK)) G_k((rK) \cap H)}{r^n} \\ &\leq \lim_{r \rightarrow \infty} \binom{n}{k} \frac{G_n(rK + (-1, 1)^n)}{r^n} = \binom{n}{k} \text{vol}(K). \end{aligned}$$

Analogously, but now applying (2.5) with rK and rL (for $r > 0$), we obtain

$$\begin{aligned} \text{vol}(K + L) \text{vol}(K \cap (-L)) &= \lim_{r \rightarrow \infty} \frac{G_n(r(K + L)) G_n(r(K \cap (-L)))}{r^{2n}} \\ &= \lim_{r \rightarrow \infty} \frac{G_n(rK + rL) G_n((rK) \cap (-rL))}{r^{2n}} \\ &\leq \lim_{r \rightarrow \infty} \binom{2n}{n} \frac{G_n(rK + (-1, 1)^n) G_n(rL + (-2, 2)^n)}{r^{2n}} \\ &= \binom{2n}{n} \text{vol}(K) \text{vol}(L). \end{aligned}$$

This concludes the proof. \square

Remark 3.6. Since (1.9) and (1.3) are sharp, from the proof above, we have that their discrete analogues (1.10) and (2.5) (and hence their corresponding stronger related versions) are asymptotically sharp.

4. A DISCRETE ANALOGUE OF BERWALD'S INEQUALITY

Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin, let $f : K \rightarrow \mathbb{R}_{\geq 0}$ be a non-negative function and set $p > 0$. We will write μ to denote the *counting measure* on \mathbb{Z}^n , considered as a measure on \mathbb{R}^n , namely, the measure on \mathbb{R}^n given by $\mu(M) = G_n(M)$ for any $M \subset \mathbb{R}^n$. First we observe that we have

$$(4.1) \quad \sum_{x \in K \cap \mathbb{Z}^n} f(x)^p = \int_0^\infty p t^{p-1} G_n(\{x \in K : f(x) > t\}) dt.$$

Indeed, by Fubini's theorem, we obtain

$$\begin{aligned} \sum_{x \in K \cap \mathbb{Z}^n} f(x)^p &= \int_{\mathbb{R}^n} f(x)^p \chi_K(x) d\mu(x) = \int_{\mathbb{R}^n} \left(\int_0^{f(x)} p t^{p-1} dt \right) \chi_K(x) d\mu(x) \\ &= \int_0^\infty \int_{\mathbb{R}^n} p t^{p-1} \chi_K(x) \chi_{(0, f(x))}(t) d\mu(x) dt \\ &= \int_0^\infty p t^{p-1} \int_{\mathbb{R}^n} \chi_{\{x \in K : f(x) > t\}}(x) d\mu(x) dt \\ &= \int_0^\infty p t^{p-1} G_n(\{x \in K : f(x) > t\}) dt, \end{aligned}$$

which shows (4.1).

To prove Theorem 1.4, we need the following auxiliary results.

Lemma 4.1. Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin and let $m > 0$. Let $h_m : K + (-1, 1)^n \rightarrow \mathbb{R}_{\geq 0}$ be the concave function whose hypograph is the closure of $\text{conv}((K \times \{0\}) \cup (0_n, m)) + ((-1, 1)^n \times \{0\})$. Then, for every $p > 0$,

$$(4.2) \quad \left(\frac{\binom{n+p}{n}}{G_n(K)} \sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^n} h_m(x)^p \right)^{1/p} \geq m.$$

Proof. Observe that, for any $0 \leq t < m$,

$$\begin{aligned} &(\text{conv}((K \times \{0\}) \cup (0_n, m)) + ((-1, 1)^n \times \{0\})) \cap (\mathbb{R}^n \times \{t\}) \\ &= \left(\left(1 - \frac{t}{m}\right) K + (-1, 1)^n \right) \times \{t\} \end{aligned}$$

and thus

$$\{x \in K + (-1, 1)^n : h_m(x) > t\} = \left(1 - \frac{t}{m}\right) K + (-1, 1)^n.$$

Then, using (1.4) we get

$$\begin{aligned}
& \int_0^\infty pt^{p-1} G_n \left(\{x \in K + (-1, 1)^n : h_m(x) > t\} \right) dt \\
&= \int_0^m pt^{p-1} G_n \left(\left(1 - \frac{t}{m}\right) K + (-1, 1)^n \right) dt \\
&\geq \int_0^m pt^{p-1} \left(1 - \frac{t}{m}\right)^n G_n(K) dt = pm^p G_n(K) \int_0^1 s^{p-1} (1-s)^n ds \\
&= pm^p G_n(K) \frac{\Gamma(p)\Gamma(n+1)}{\Gamma(n+p+1)} = m^p G_n(K) \binom{n+p}{n}^{-1}.
\end{aligned}$$

This, together with (4.1) applied to the function h_m , yields

$$\sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^n} h_m(x)^p \geq m^p G_n(K) \binom{n+p}{n}^{-1},$$

which shows (4.2). \square

Now, given a concave function $f : K \rightarrow \mathbb{R}_{\geq 0}$ defined on a convex bounded set $K \subset \mathbb{R}^n$, we will relate the number of integer points of the superlevel sets of both the function f and its extension f^\diamond (whose hypograph is the closure of the Minkowski addition of the hypograph of f and $(-1, 1)^n \times \{0\}$) in terms of a suitable $(1/n)$ -concave function (on its support).

Lemma 4.2. *Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin and let $f : K \rightarrow \mathbb{R}_{\geq 0}$ be a concave function with $f(0) = |f|_\infty > 0$. For any $p > 0$, let*

$$m = \left(\frac{\binom{n+p}{n}}{G_n(K)} \sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^n} (f^\diamond)^p(x) \right)^{1/p}$$

and let $g : \mathbb{R}_{\geq 0} \rightarrow \mathbb{R}_{\geq 0}$ be the function given by

$$g(t) = \begin{cases} \left(1 - \frac{t}{m}\right)^n G_n(K) & \text{if } t \leq m, \\ 0 & \text{otherwise.} \end{cases}$$

Then, there exists $t_0 \in \mathbb{R}_{\geq 0}$ such that

$$(4.3) \quad G_n \left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\} \right) > g(t)$$

for all $0 \leq t < t_0$ and

$$(4.4) \quad g(t) \geq G_n \left(\{x \in K : f(x) > t\} \right)$$

for all $t \geq t_0$.

Proof. First we will show that $m \geq |f|_\infty$. To this aim, assume by contradiction that $m < |f|_\infty$ and set $h_m : K + (-1, 1)^n \rightarrow \mathbb{R}_{\geq 0}$ the concave function whose hypograph is the closure of

$$\text{conv}((K \times \{0\}) \cup (0_n, m)) + ((-1, 1)^n \times \{0\}).$$

Then, by the concavity of f ,

$$\text{hyp}(f) \supset \text{conv}((K \times \{0\}) \cup (0_n, m))$$

and so $\text{hyp}(f^\diamond) \supset \text{hyp}(h_m)$. This also implies that

$$\{x \in K + (-1, 1)^n : f^\diamond(x) > t\} \supset \{x \in K + (-1, 1)^n : h_m(x) > t\}$$

for all $0 \leq t < |f|_\infty$. Therefore, assuming that $m < |f|_\infty$, the latter inclusion jointly with (4.1) applied to the functions f^\diamond and h_m , Lemma 4.1 and the fact that

$$G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) \geq 1$$

for all $0 \leq t < |f|_\infty$ (since $f(0) = |f|_\infty$), imply that

$$\begin{aligned} m &= \left(\frac{\binom{n+p}{n}}{G_n(K)} \int_0^{|f|_\infty} p t^{p-1} G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) dt \right)^{1/p} \\ &> \left(\frac{\binom{n+p}{n}}{G_n(K)} \int_0^m p t^{p-1} G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) dt \right)^{1/p} \\ &\geq \left(\frac{\binom{n+p}{n}}{G_n(K)} \int_0^m p t^{p-1} G_n\left(\{x \in K + (-1, 1)^n : h_m(x) > t\}\right) dt \right)^{1/p} \\ &= \left(\frac{\binom{n+p}{n}}{G_n(K)} \sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^n} h_m(x)^p \right)^{1/p} \geq m, \end{aligned}$$

a contradiction.

Now, since $f^\diamond \leq |f|_\infty$, we trivially have

$$0 = G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > |f|_\infty\}\right) \leq g(|f|_\infty)$$

and thus we may consider

$$t_0 := \inf \left\{ t > 0 : G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) \leq g(t) \right\} < \infty.$$

Then, on the one hand, we obtain by the definition of t_0 that (4.3) holds for all $0 \leq t < t_0 \leq |f|_\infty$. Moreover, since

$$\{x \in K + (-1, 1)^n : f^\diamond(x) > t\} = \{x \in K : f(x) > t\} + (-1, 1)^n$$

(which is an open convex bounded set) for all $0 \leq t < |f|_\infty$, we have that the function $t \mapsto G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right)$ is continuous from the right on $\mathbb{R}_{\geq 0}$. Therefore, we obtain that

$$G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t_0\}\right) \leq g(t_0).$$

On the other hand, given $t \in [t_0, |f|_\infty]$ and taking $\lambda \in (0, 1]$ such that $t_0 = \lambda t$, from (1.4) we obtain

$$\begin{aligned}
 (4.5) \quad & G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t_0\}\right)^{1/n} \\
 &= G_n\left(\{x \in K : f(x) > t_0\} + (-1, 1)^n\right)^{1/n} \\
 &\geq G_n\left((1 - \lambda)\{x \in K : f(x) \geq 0\} + \lambda\{x \in K : f(x) > t\} + (-1, 1)^n\right)^{1/n} \\
 &\geq (1 - \lambda)G_n(K)^{1/n} + \lambda G_n\left(\{x \in K : f(x) > t\}\right)^{1/n}
 \end{aligned}$$

and also (taking into account that $t_0 \leq |f|_\infty \leq m$)

$$(4.6) \quad g(t_0)^{1/n} = \left(1 - \frac{t_0}{m}\right) G_n(K)^{1/n} = (1 - \lambda)G_n(K)^{1/n} + \lambda \left(1 - \frac{t}{m}\right) G_n(K)^{1/n}.$$

Thus, using (4.5) and (4.6), we get that (4.4) holds for all $t_0 \leq t \leq |f|_\infty$. This concludes the proof, since (4.4) is further trivially true for any $t \in [|f|_\infty, \infty)$. \square

Proof of Theorem 1.4. We may assume, without loss of generality, that $|f|_\infty > 0$, and let m and g be defined as in Lemma 4.2. Observe also that, for any $r > 0$,

$$(4.7) \quad \left(\frac{\binom{n+r}{n}}{G_n(K)} \int_0^m r t^{r-1} \left(1 - \frac{t}{m}\right)^n G_n(K) dt\right)^{1/r} = m.$$

From (4.1) applied to f^\diamond jointly with the definition of g and m , the latter implies, in particular, that

$$(4.8) \quad \int_0^\infty t^{p-1} G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) dt = \int_0^\infty t^{p-1} g(t) dt.$$

Hence, with t_0 as provided by Lemma 4.2 we obtain, from (4.3) and (4.4), that

$$\begin{aligned}
 & \int_0^{t_0} t^{q-1} \left[G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) - g(t) \right] dt \\
 & \quad - \int_{t_0}^\infty t^{q-1} \left[g(t) - G_n\left(\{x \in K : f(x) > t\}\right) \right] dt \\
 &= \int_0^{t_0} t^{p-1} t^{q-p} \left[G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) - g(t) \right] dt \\
 & \quad - \int_{t_0}^\infty t^{p-1} t^{q-p} \left[g(t) - G_n\left(\{x \in K : f(x) > t\}\right) \right] dt \\
 &\leq t_0^{q-p} \int_0^{t_0} t^{p-1} \left[G_n\left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\}\right) - g(t) \right] dt \\
 & \quad - t_0^{q-p} \int_{t_0}^\infty t^{p-1} \left[g(t) - G_n\left(\{x \in K : f(x) > t\}\right) \right] dt.
 \end{aligned}$$

Moreover, we have

$$\begin{aligned} & t_0^{q-p} \int_0^{t_0} t^{p-1} \left[G_n \left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\} \right) - g(t) \right] dt \\ & \quad + t_0^{q-p} \int_{t_0}^{\infty} t^{p-1} \left[G_n \left(\{x \in K : f(x) > t\} \right) - g(t) \right] dt \\ & \leq t_0^{q-p} \int_0^{\infty} t^{p-1} \left[G_n \left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\} \right) - g(t) \right] dt = 0, \end{aligned}$$

where the latter equality follows from (4.8).

Altogether, we have shown that

$$\begin{aligned} & \int_0^{t_0} t^{q-1} G_n \left(\{x \in K + (-1, 1)^n : f^\diamond(x) > t\} \right) dt \\ & \quad + \int_{t_0}^{\infty} t^{q-1} G_n \left(\{x \in K : f(x) > t\} \right) dt \leq \int_0^{\infty} t^{q-1} g(t) dt \end{aligned}$$

and hence

$$\int_0^{\infty} t^{q-1} G_n \left(\{x \in K : f(x) > t\} \right) dt \leq \int_0^{\infty} t^{q-1} g(t) dt.$$

Consequently, from (4.7) for $r = q$, we have

$$\begin{aligned} & \left(\frac{\binom{n+q}{n}}{G_n(K)} \int_0^{\infty} q t^{q-1} G_n \left(\{x \in K : f(x) > t\} \right) dt \right)^{1/q} \\ & \leq \left(\frac{\binom{n+q}{n}}{G_n(K)} \int_0^m q t^{q-1} \left(1 - \frac{t}{m} \right)^n G_n(K) dt \right)^{1/q} = m \end{aligned}$$

and thus, from (4.1) applied to f and q ,

$$\left(\frac{\binom{n+q}{n}}{G_n(K)} \sum_{x \in K \cap \mathbb{Z}^n} f^q(x) \right)^{1/q} \leq \left(\frac{\binom{n+p}{n}}{G_n(K)} \sum_{x \in (K + (-1, 1)^n) \cap \mathbb{Z}^n} (f^\diamond)^p(x) \right)^{1/p}.$$

This concludes the proof. \square

As briefly pointed out within the introduction, the continuous version of Berwald's inequality (Theorem E) allows us to derive the Rogers-Shephard inequalities (1.9) and (1.2). To show this, first notice that Stirling's formula for the gamma function yields the asymptotic formula

$$\lim_{x \rightarrow \infty} \frac{\Gamma(x)}{\sqrt{\frac{2\pi}{x}} \left(\frac{x}{e}\right)^x} = 1,$$

which implies, in particular, that $\binom{n+q}{n}^{1/q} \rightarrow 1$ as $q \rightarrow \infty$. Moreover, given a convex body $K \in \mathcal{K}^n$ with $\dim K = n$ and a concave function $f : K \rightarrow \mathbb{R}_{\geq 0}$, it is well-known that

$$\lim_{q \rightarrow \infty} \left(\int_K f^q(x) dx \right)^{1/q} = |f|_\infty$$

(here we notice that, since f is concave, $|f|_\infty$ agrees with $\text{ess sup}_{x \in K} f(x)$). Thus, applying Theorem E with $p = k$ (and $n' = n - k$) and the concave function (cf. (1.1)) $f : P_{H^\perp} K \rightarrow \mathbb{R}_{\geq 0}$ given by

$$f(x) = \text{vol}_k(K \cap (x + H))^{1/k}$$

for $H \in \mathcal{L}_k^n$, one gets Theorem D by taking limit as $q \rightarrow \infty$. Indeed, one has

$$\begin{aligned} \text{vol}_k(K \cap H)^{1/k} \leq |f|_\infty &= \lim_{q \rightarrow \infty} \left(\frac{\binom{n-k+q}{n-k}}{\text{vol}_{n-k}(P_{H^\perp} K)} \int_{P_{H^\perp} K} f^q(x) \, dx \right)^{1/q} \\ &\leq \left(\frac{\binom{n}{k}}{\text{vol}_{n-k}(P_{H^\perp} K)} \int_{P_{H^\perp} K} f^k(x) \, dx \right)^{1/k} \\ &= \left(\frac{\binom{n}{k}}{\text{vol}_{n-k}(P_{H^\perp} K)} \text{vol}(K) \right)^{1/k}, \end{aligned}$$

where the last equality follows from Fubini's theorem.

Analogously, from Theorem E for $p = n$ and the concave function (cf. (1.1)) $f : K - K \rightarrow \mathbb{R}_{\geq 0}$ given by

$$f(x) = \text{vol}(K \cap (x + K))^{1/n},$$

for which one has

$$\begin{aligned} \int_{K-K} f^n(x) \, dx &= \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \chi_K(y) \chi_{x+K}(y) \, dy \, dx = \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \chi_K(y) \chi_{y-K}(x) \, dx \, dy \\ &= \text{vol}(K)^2, \end{aligned}$$

one gets

$$\begin{aligned} \text{vol}(K)^{1/n} = |f|_\infty &= \lim_{q \rightarrow \infty} \left(\frac{\binom{n+q}{n}}{\text{vol}(K-K)} \int_{K-K} f^q(x) \, dx \right)^{1/q} \\ &\leq \left(\frac{\binom{2n}{n}}{\text{vol}(K-K)} \int_{K-K} f^n(x) \, dx \right)^{1/n} = \left(\frac{\binom{2n}{n}}{\text{vol}(K-K)} \text{vol}(K)^2 \right)^{1/n}, \end{aligned}$$

and so Theorem A follows.

Arguing in a similar way in the discrete setting, but now applying Theorem 1.4 (for the above-mentioned functions and values of p , and letting $q \rightarrow \infty$), we get the following results:

Corollary 4.3. *Let $k \in \{1, \dots, n-1\}$ and $H \in \mathcal{L}_k^n$. Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin. Then*

$$\text{G}_{n-k}(P_{H^\perp} K) \text{vol}_k(K \cap H) \leq \binom{n}{k} \sum_{x \in (P_{H^\perp} K + C_{H^\perp}) \cap \mathbb{Z}^n} \sup_{z \in C_{H^\perp}} \text{vol}_k(K \cap ((x+z)+H)).$$

Corollary 4.4. *Let $K \subset \mathbb{R}^n$ be a convex bounded set containing the origin. Then*

$$\text{G}_n(K-K) \text{vol}(K) \leq \binom{2n}{n} \sum_{x \in (K-K + (-1,1)^n) \cap \mathbb{Z}^n} \sup_{z \in (-1,1)^n} \text{vol}(K \cap ((x+z)+K)).$$

We point out that the more general result, involving convex bounded sets $K, L \subset \mathbb{R}^n$ containing the origin such that $\max_{x \in K+L} \text{vol}(K \cap (x-L)) = \text{vol}(K \cap (-L))$ may be also derived, obtaining in this way that

$$G_n(K+L)\text{vol}(K \cap (-L)) \leq \binom{2n}{n} \sum_{x \in (K+L+(-1,1)^n) \cap \mathbb{Z}^n} \sup_{z \in (-1,1)^n} \text{vol}(K \cap ((x+z)-L)).$$

We also observe that one cannot immediately derive, in principle, other discrete versions of the Rogers-Shephard inequalities (1.9) and (1.2) from Theorem 1.4, despite counting with the discrete analogue (1.4) of the classical Brunn-Minkowski inequality, because of the lack of concavity of the functional $G_n(\cdot)^{1/n}$. This is the reason for which Theorem 1.4 yields the above discrete counterparts of (1.9) and (1.2), where the volume arises jointly with the lattice point enumerator. Some engaging examples of discrete analogues of classical inequalities where these two functionals appear together can be found in [2].

We conclude the paper by showing that the discrete version of Berwald's inequality we have previously proven implies its continuous analogue:

Theorem 4.5. *Let $K \in \mathcal{K}^n$ and let $f : K \rightarrow \mathbb{R}_{\geq 0}$ be a concave function. Then the discrete inequality (1.12) implies the classical Berwald inequality (1.11).*

Before proving this result we observe the following. Given $K \in \mathcal{K}^n$ and a concave function $f : K \rightarrow \mathbb{R}_{\geq 0}$, we have

$$(4.9) \quad \lim_{r \rightarrow \infty} \left[\frac{1}{r^n} \sum_{x \in (rK) \cap \mathbb{Z}^n} f\left(\frac{x}{r}\right) \right] = \lim_{r \rightarrow \infty} \left[\frac{1}{r^n} \sum_{y \in K \cap ((1/r)\mathbb{Z}^n)} f(y) \right] = \int_K f(x) dx,$$

since f is Riemann integrable (because it is concave on the convex set K , whose boundary has null measure).

Moreover, we may assume without loss of generality that f is upper semicontinuous. Indeed, otherwise we would work with its upper closure, which is determined via the closure of the superlevel sets of f (see [28, page 14 and Theorem 1.6]) and thus has the same integral on \mathbb{R}^n because of Fubini's theorem together with the facts that all the superlevel sets of f are convex (since f is concave) and the boundary of a convex set has null (Lebesgue) measure.

Notice then that, for any decreasing sequence $(r_k)_{k \in \mathbb{N}}$ with $r_k \rightarrow 0$ as $k \rightarrow \infty$, we have

$$(4.10) \quad \bigcap_{k=1}^{\infty} \left(\{x \in K : f(x) \geq t\} + r_k(-1,1)^n \right) = \{x \in K : f(x) \geq t\}$$

due to the fact that $\{x \in K : f(x) \geq t\}$ is closed for all $t \geq 0$.

Proof of Theorem 4.5. On the one hand, from (1.12) applied to the function $h : rK \rightarrow \mathbb{R}_{\geq 0}$ given by $h(x) := f(x/r)$, we get

$$\left(\frac{\binom{n+q}{n}}{G_n(rK)} \sum_{y \in (rK) \cap \mathbb{Z}^n} h^q(y) \right)^{1/q} \leq \left(\frac{\binom{n+p}{n}}{G_n(rK)} \sum_{y \in (rK+(-1,1)^n) \cap \mathbb{Z}^n} (h^\diamond)^p(y) \right)^{1/p}.$$

On the other hand, given $\varepsilon > 0$, for sufficiently large $r > 0$ we have that

$$\begin{aligned}
& \sum_{y \in (rK + (-1,1)^n) \cap \mathbb{Z}^n} (h^\diamond)^p(y) \\
&= \sum_{y/r \in (K + (1/r)(-1,1)^n) \cap ((1/r)\mathbb{Z}^n)} \left(\sup_{u \in (-1,1)^n} f\left(\frac{y+u}{r}\right) \right)^p \\
&= \sum_{x \in (K + (1/r)(-1,1)^n) \cap ((1/r)\mathbb{Z}^n)} \left(\sup_{v \in (1/r)(-1,1)^n} f(x+v) \right)^p \\
&\leq \sum_{x \in (K + \varepsilon(-1,1)^n) \cap ((1/r)\mathbb{Z}^n)} \left(\sup_{v \in \varepsilon(-1,1)^n} f(x+v) \right)^p \\
&\leq \sum_{x \in (K + \varepsilon(-1,1)^n) \cap ((1/r)\mathbb{Z}^n)} (f^{\diamond_\varepsilon})^p(x),
\end{aligned}$$

where $f^{\diamond_\varepsilon} : K + \varepsilon(-1,1)^n \rightarrow \mathbb{R}_{\geq 0}$ is the function given by

$$f^{\diamond_\varepsilon}(z) = \sup_{u \in \varepsilon(-1,1)^n} f(z+u)$$

for all $z \in \mathbb{R}^n$. Thus, for r large enough, we get

$$\left(\frac{\binom{n+q}{n}}{\mathbf{G}_n(rK)} \sum_{y \in (rK) \cap \mathbb{Z}^n} h^q(y) \right)^{1/q} \leq \left(\frac{\binom{n+p}{n}}{\mathbf{G}_n(rK)} \sum_{x \in (K + \varepsilon(-1,1)^n) \cap ((1/r)\mathbb{Z}^n)} (f^{\diamond_\varepsilon})^p(x) \right)^{1/p}$$

which implies, using (4.9) and (3.13), that

$$\left(\frac{\binom{n+q}{n}}{\text{vol}(K)} \int_K f^q(x) dx \right)^{1/q} \leq \left(\frac{\binom{n+p}{n}}{\text{vol}(K)} \int_{K + \varepsilon(-1,1)^n} (f^{\diamond_\varepsilon})^p(x) dx \right)^{1/p}.$$

Since $\varepsilon > 0$ was arbitrary, to conclude the proof it is enough to show that

$$(4.11) \quad \inf_{\varepsilon > 0} \int_{K + \varepsilon(-1,1)^n} (f^{\diamond_\varepsilon})^p(x) dx \leq \int_K f^p(x) dx.$$

To this aim first observe that, by Fubini's theorem, we have (cf. (4.1))

$$(4.12) \quad \int_{K + \varepsilon(-1,1)^n} (f^{\diamond_\varepsilon})^p(x) dx = \int_0^\infty p t^{p-1} \text{vol}\left(\{x \in K + \varepsilon(-1,1)^n : f^{\diamond_\varepsilon}(x) > t\}\right) dt.$$

Now, since

$$\{x \in K + \varepsilon(-1,1)^n : f^{\diamond_\varepsilon}(x) > t\} = \{x \in K : f(x) > t\} + \varepsilon(-1,1)^n,$$

we have

$$\text{vol}\left(\{x \in K + \varepsilon(-1,1)^n : f^{\diamond_\varepsilon}(x) > t\}\right) \leq \text{vol}\left(\{x \in K : f(x) \geq t\} + \varepsilon(-1,1)^n\right)$$

and hence, from (4.10),

$$(4.13) \quad \lim_{\varepsilon \rightarrow 0^+} \text{vol}\left(\{x \in K + \varepsilon(-1,1)^n : f^{\diamond_\varepsilon}(x) > t\}\right) \leq \text{vol}\left(\{x \in K : f(x) \geq t\}\right).$$

Therefore, taking limits as $\varepsilon \rightarrow 0^+$ in both sides of (4.12), applying the monotone convergence theorem and using (4.13), we get

$$\begin{aligned} \inf_{\varepsilon > 0} \int_{K+\varepsilon(-1,1)^n} (f^{\diamond_\varepsilon})^p(x) \, dx &= \lim_{\varepsilon \rightarrow 0^+} \int_{K+\varepsilon(-1,1)^n} (f^{\diamond_\varepsilon})^p(x) \, dx \\ &\leq \int_0^\infty p t^{p-1} \text{vol}\left(\{x \in K : f(x) \geq t\}\right) \, dt \\ &= \int_K f^p(x) \, dx. \end{aligned}$$

So (4.11) follows, which concludes the proof. \square

Acknowledgements. We are very grateful to the anonymous referee for her/his very helpful comments and remarks which have allowed us to improve the presentation of this work. We would like to thank M. A. Hernández Cifre for her very valuable suggestions during the preparation of this paper.

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