



# Augmented Reality Technology Applied to Surgical Planning in Oncological Colorectal Surgery

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## Research Article

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## Abstract

This paper describes the application of augmented reality technology from three-dimensional colon models as a method of preoperative planning in oncological colorectal surgery. We have developed holograms of augmented reality from three-dimensional anatomical models of the colon, obtained from computed tomography images (Siemens Somatom Perspective 64) with abdominal image cuts 3 mm thick. The recovery of the images was in DICOM format. The processing to achieve the three-dimensional reconstruction was performed with the program OsiriX, which made a complete segmentation of the colon surface and modified the image density. 3D models were obtained of the isolated colon and in relationship with the bony structures. The smartphone Colon 3D AR application was designed (increased hyper experience- visualizer with SLAM technology) to apply augmented reality technology. An individualized hologram of augmented reality (scale 1:1) was created from each three-dimensional model. A projection with the smartphone on the patient's abdomen was made by modifying the position in the height of the reconstruction, using the pelvic bones as an anatomic reference point to calibrate the hologram's orientation. Three-dimensional reconstruction of the tumor in the preoperative plan of oncological colorectal surgery, combined with hyperreality technology, allows developing augmented reality models to improve colon anatomy knowledge and plan the surgical technique. The application is easy to use and may have advantages in preoperative colon surgery planning.

**Keywords:** 3D Reconstruction; Augmented Reality; Colorectal Surgery; Laparoscopic Surgery; Smartphone Application

**Abbreviations:** PDF: Portable Document Format; SSP: Siemens Somatom Perspective.

## Introduction

The anatomy of the colon has been extensively studied. Seminal works have described the colon's embryonic

development [1] its different segments' morphology, and its relationships with adjacent structures, including viscera and bones [2-4]. The colon's radiological anatomy is well-known, assisting the study of the substantial anatomical variability of this organ [5]. Three-dimensional reconstruction technology based on radiological images, whether obtained via MDCT, nuclear magnetic resonance, or virtual colonoscopy, has been an essential development in this respect, allowing an enhanced anatomical description of the colon [6-9].

Three-dimensional reconstruction improves the clinical applicability of results, helping to establish strategies for preoperative surgical planning that can facilitate the surgical approach and develop surgical techniques for this organ [7,10-12]. It can also allow the development of virtual anatomical models and simulation models for teaching and training in specific medical techniques, such as through computer models [13], models integrated into Portable Document Format (PDF) files for virtual navigation through the reconstructed structures [14,15], and physical models developed with current 3D printing technology [16]. Augmented reality technology plays an essential role in this field since it can allow the development of real-time simulation of the patient's anatomy, creating virtual

holograms that can be viewed on the operating table complementing the information available to the surgical team prior to the procedure [17-19].

This study aims to apply augmented reality technology from three-dimensional colon models as a preoperative planning method in oncological colorectal surgery.

## Materials and Methods

The Siemens Somatom Perspective 64<sup>®</sup>-slice MDCT (Siemens Medical Solutions, Erlangen, Germany) scanner was used to obtain all images. CT sections of the abdomen were made at 3-mm thicknesses. The images were converted into DICOM format using the platforms Syngo Via<sup>®</sup> and Indra Alma 3D<sup>®</sup>. The processing and measurement software packages used were OsiriX<sup>®</sup> and Adobe Photoshop Elements 11 Editor<sup>®</sup>.

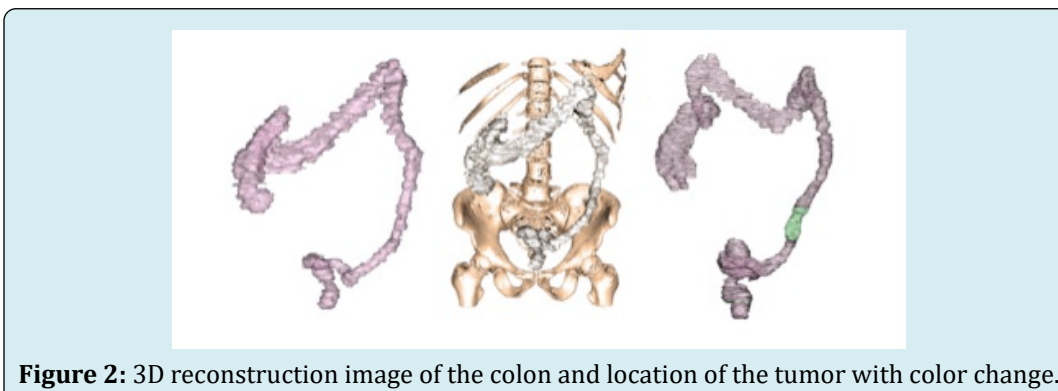
## Results

The colon's surface was manually identified in all sections, changing the image density to obtain the three-dimensional reconstruction (Figure 1).



Color was applied to this three-dimensional image with the software Adobe Photoshop Elements 11. 3D models were obtained of the isolated colon and in relationship with

the bone structures. A second modification of the sections' density allowed identifying the location of the tumor lesion location in the colon (Figure 2).



### Holograms of Augmented Reality

The smartphone Colon 3D AR application was designed (increased hyper experience- visualizer with SLAM technology) to apply augmented reality technology. A hologram of augmented reality to scale 1:1 from each three-

dimensional model was obtained to make a projection of it on the abdomen of the patient by modifying the position in the height of the reconstruction, using the pelvis bone structure as an anatomic reference point to calibrate the orientation of the hologram (Figure 3).

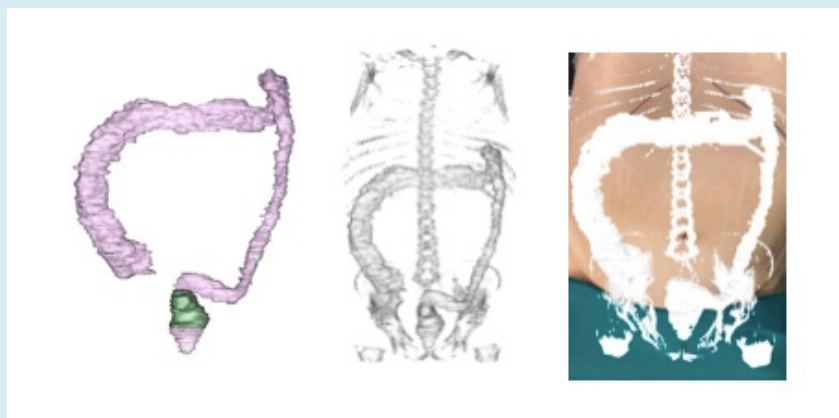


**Figure 3:** Virtual projection of the hologram on the abdomen using the bone pelvis as an anatomical reference point.

A limitation of the mobile application is the inability to visualize various textures, so it is only possible to project the colon's morphology in relation to the bone structure.

An example of a 3D reconstruction model is shown in

an upper rectal tumor, with its corresponding augmented reality hologram obtained with the application Colon 3D AR and projected applied on the operating room table (Figure 4).



**Figure 4:** Real projection of the hologram on the patient's abdomen placed in the operating room.

### Discussion

For surgeons, the individualized evaluation of patients and the correct surgical planning improves efficiency in the operating room, reduces surgical time, and reduces the number of complications [15].

3-D technology has been an important advance for anatomical and radiological imaging. The processing of DICOM images, whether MRI or CT can obtain three-dimensional reconstructions, providing anatomical data challenging to get with conventional imaging technology. These new imaging techniques applied to the colon have

superior quality and are currently considered essential for normal imaging anatomy, modified anatomy, and lesions on this organ [5,20,21].

There are three fundamental questions in the preoperative approach to colorectal surgery [22], the structural anatomical variability of the colon, its anatomical relationships with other organs and vascular elements, and the exact location of the lesions.

Regarding the enormous anatomical variability of the colon, its study has made it possible to determine the normal positioning and measurements of the different segments and see how factors such as age, sex, and body volume influence them [23]. 3-D analysis of colonic anatomy allows assessing its relationship with adjacent organs, with the arterial and venous elements, from any angle, being the relationship with the superior mesenteric vein being the most studied [24]. Accurately locating the lesion to be removed in the 3-D reconstructions is essential for the preoperative planning of the technique to be performed [25].

The new virtual reality or augmented reality technologies, which have been in use for years, represent a crucial advance in developing new strategies in surgical planning, training strategies, and high-fidelity simulation [17,26,27]. An essential requirement to develop this technology is obtaining 3-D reconstruction models and having adequate visualization and image projection systems [17].

These techniques have not flourished in abdominal surgery as much as in other surgical specialties. Neurosurgery and maxillofacial surgery use intraoperative navigation as an essential tool for planning complex surgical techniques [17,28]. Additionally, hepatobiliary surgery and pancreatic surgery have achieved better technical refinements [17,19,29]. Augmented reality has made a significant contribution by improving the imaging of the anatomy, allowing surgeons to perform highly complex procedures using virtual projection on a screen of the 3-D reconstructions of the lesions [17].

Undoubtedly, the most significant advantage provided by this technology is the better planning of the surgical technique, the identification and visualization of adjacent structures in real-time, and the improvements in patient positioning and location of the ports of entry [17].

In colorectal surgery, there is a lack of experience in applying augmented reality technology, given the difficulty and complexity of obtaining 3-D reconstructions that are real and reproducible [17,18]. There are published works concerning the identification of specific lesions proposed for trans-anal resections, however these advances have not been

generalized for the rest of the colon [30-32].

Our work is based on the 3-D reconstruction models of the colon obtained from MDCT images. The standardization that we have achieved applying the reconstruction techniques designed by our group have allowed us to relate the colon with neighboring organs, the vascular structures, and above all to locate the specific site of the lesion, allowing us to improve the planning of the laparoscopic surgical technique [25].

Obtaining augmented reality holograms with the Colon 3D AR mobile application from the reconstructions obtained and bringing an immediate projection on the patient's abdomen represents a tremendous improvement in the surgical planning as mentioned above, allowing for a safer procedure, and achieving better outcomes [17]. These elements can help decrease intraoperative complications and reduce the need for intraoperative improvisation [17].

Achieving specific improvements in the development of the application, such as the possibility of visualizing more than one texture in the hologram and specifying the method of calibration and projection on the patient can be definitive when including this practice in any colorectal surgical procedure.

As a future line of work, we propose the possibility of using this augmented reality mobile application combined with simulation systems. Both elements combined with other virtual reality technologies and developing training and learning programs can improve the training of surgeons in their daily practice in the operating room [32].

## Conclusion

Three-dimensional reconstruction of the tumor in the preoperative planning of oncological colorectal surgery, combined with hyperreality technology, allows developing models of augmented reality to improve knowledge of colon anatomy knowledge and plan the surgical technique.

**Institutional Review Board Statement:** The study was reviewed and approved by the Clinical Research Ethics Committee of Aragon (CE PI17/O168).

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