

## 26118 - Health, dependence and social vulnerability

### Syllabus Information

**Academic year:** 2023/24

**Subject:** 26118 - Health, dependence and social vulnerability

**Faculty / School:** 108 - Facultad de Ciencias Sociales y del Trabajo

**Degree:** 274 - Degree in Social Work

**ECTS:** 6.0

**Year:** 2

**Semester:** Second semester

**Subject type:** Basic Education

**Module:**

### 1. General information

From an interdisciplinary perspective, it aims for the student to understand the close relationships between health and social processes. Paying special attention to fields and situations in which social workers are involved.

It aims to train students in the development of skills and competencies that will allow them to assess and intervene students to evaluate and intervene professionally from a critical perspective.

The approaches described are aligned with the Sustainable Development Goals 2023 (SDGs), in such a way that the acquisition of the learning outcomes provides training and competence to contribute to their achievement.

- Goal 3: Health and Wellness.
- Goal 5: Gender Equality.
- Goal 10: Reduction of Inequalities

The subject consists of 6 credits divided between Preventive Medicine (3 credits) and Sociology (3 credits).

### 2. Learning results

Know and understand the relationships between health and the social situation of people, the gender system, culture and life cycle.

Identify and assess social needs related to health problems and their impact on life, as well as appropriate intervention strategies.

Recognize the characteristics of health problems that give rise to social care and support needs, with special reference to social care and support, with special reference to disabilities, dependency, mental health problems and addictions.

Value the importance of health promotion and education in the development of the individual and the community.

Locate and identify and manage available sources of health information.

Know and identify the instruments for assessing situations of dependency, their objectives and usefulness.

### 3. Syllabus

Unit 1: Sociological perspectives on the analysis of health, dependence and vulnerability. Theoretical approaches, definitions and methodologies.

Unit 2: Social Inequality and Health Inequalities.

Unit 3: Socio-demographic bases in Health.

Unit 4: Aging and life course.

Unit 5: Disability: analysis and approaches from Sociology.

Unit 6: Dependency, vulnerability and care.

Unit 7: Basic fundamentals of Public Health and Epidemiology. Determinants of health.

Unit 8: Organization of Health Services at the international, national and regional levels.

Unit 9: Fundamentals of Health Education and Promotion.

Unit 10: The main communicable and non-communicable diseases.

Unit 11: The main health problems in the different stages of life and in specific groups, in the context of social work.

Note: topics related to Health Education and Promotion will be analyzed from a cross-cutting perspective.

## 4. Academic activities

### FIELD OF SOCIOLOGY

During the time allocated to theory classes, different activities will be carried out: explanations and expositions of the different subjects, and the presentation and analysis of experiences and situations that help to understand the theoretical contents will be used.

In the practical classes students, individually or in groups, will perform different tasks oriented to the resolution of cases and the application of theory to concrete situations. Special attention will be given to the search, identification and management of information sources and data analysis in the field of health.

### THE HEALTH FIELD

#### 1. Master classes.

Presentation of the program topics through lectures illustrated with applied examples.

#### 1. Practical Exercises.

Practical cases are carried out to be solved individually or in groups, as well as team work, are carried out in order to the subject's theoretical foundations are applied.

## 5. Assessment system

In the Sociology part, the Sociology qualification consists of

- **Theoretical part (T1):** represents 60% and will be assessed by means of a test that will combine multiple-choice, short-answer and essay questions. The part the test type will be selective in nature, and requires that at least a grade of 5 out of 10 is achieved in the different parts.
- **Practical part (T2):** It will account for 40% of the Sociology grade and will be evaluated by the practical tasks carried out during the course (20%) and by the individual resolution of a transversal practical case included in the final exam (20%)

In order to pass this part of sociology, students must achieve a minimum grade of 5 in the assessment of each of the teaching activities (TP1 and TP2) at. No parts will be compensated at.

### In the Health area

**This part will be evaluated with a global assessment consisting of three parts:**

- **Theoretical test (T1) (80% of the grade):** 40 multiple-choice questions (no subtraction of failures, 28 correct answers are required to obtain a passing grade)
- **Practical test (T2) (20%):** Epidemiology exercises in conjunction with conducting a health education program.

To pass this part you must obtain a 5 in each section.

The overall grade of the course will be the average of the Sociology and Preventive Medicine parts Preventive Medicine, being necessary to obtain a 5 in each part.