

Academic Year/course: 2022/23

### 25665 - Practicum II

### **Syllabus Information**

Academic Year: 2022/23 Subject: 25665 - Practicum II

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 605 - Degree in Physiotherapy

**ECTS**: 24.0 **Year**: 4

Semester: Annual

Subject Type: External Placements

Module:

### 1. General information

#### 1.1. Aims of the course

It is a guided professional practice (assistance and/or administration and/or management), carried out in clinics intra-hospital, out-of-hospital, primary and community care, social health centers and other areas. Its main objective is for the student to demonstrate the acquisition of the necessary professional skills (knowing, knowing how to be, knowing how to do and knowing how to be) to be able to integrate into the labor market with guarantees of success. These approaches and objectives are aligned with the following Sustainable Development Goals (SDG) of the Agenda 2030 of the United Nations (https://www.un.org/sustainabledevelopment/es/), in such a way that the acquisition of the learning outcomes of the subject provides training and competence to contribute to some extent to the achievement 3 (health and wellness).

#### 1.2. Context and importance of this course in the degree

Through this subject, the student acquires the appropriate clinical experience that provides skills intellectual and technical and manual skills, which facilitates the incorporation of ethical and professional values and which develops the ability to integrate the knowledge acquired in such a way that, at the end of the studies, students know apply them both to specific clinical cases in the hospital and out-of-hospital environment, as well as to actions in care primary and community.

# 1.3. Recommendations to take this course

The requirements established in the regulations of permanence in Degree Studies of the University of Saragossa.

# 2. Learning goals

## 2.1. Competences

Upon passing the subject, the student will be more competent to... COMPETENCES THAT THE STUDENTS MUST HAVE ACQUIRED FOR THE OBTAINING THE DEGREE (Section 3. Order CIN/2135/2008 of July 3). 1. Know and understand the morphology, physiology, pathology and behavior of people, both healthy and sick, in the natural and social environment. 2. Know and understand the sciences, models, techniques and instruments on which it is based, articulated and develop physiotherapy. 3. Know and understand the physiotherapeutic methods, procedures and actions, aimed at both therapeutic itself to be applied in the clinic for reeducation or functional recovery, such as carrying out activities aimed at promoting and maintaining health. 4. Acquire the appropriate clinical experience that provides intellectual abilities and technical and manual skills; that facilitate the incorporation of ethical and professional values; and that develops the ability to integrate knowledge acquired; so that, at the end of the studies, students know how to apply them both to specific clinical cases in the hospital and outpatient environment, as well as actions in primary and community care. 5. Assess the functional status of the patient, considering the physical, psychological and social aspects. 6. Diagnostic assessment of physiotherapy care according to standards and with recognized validation instruments internationally. 7. Design the physiotherapy intervention plan according to criteria of adequacy, validity and efficiency. 7. Design the physiotherapy intervention plan according to whe therapeutic tools and according to the individuality of the user. 9. Evaluate the evolution of the results obtained with the treatment in relation to the objectives set. 10. Prepare the discharge report for physiotherapy care once the proposed objectives have been met. 11. Provide effective physiotherapy care, providing comprehensive assistance to patients. 12. Intervene in the areas of health promotion, prevention, protection and recovery. 13. Know how to work in pro

protocols based on scientific evidence, promoting professional activities that stimulate research in physiotherapy. 16. Carry out physiotherapeutic interventions based on the comprehensive health care that the multiprofessional cooperation, integration of processes and continuity of care. 17. Understand the importance of updating the knowledge, abilities, skills and attitudes that make up the professional competences of the physiotherapist. 18. Acquire clinical management skills that include the efficient use of health resources and develop activities planning, management and control in care units where physiotherapy care is provided and its relationship with other health services. 19. Communicate effectively and clearly, both orally and in writing, with the users of the health system as well as with other professionals.

#### 2.2. Learning goals

To pass this subject, the student must demonstrate the following results: - Know and understand the methods, procedures and physiotherapeutic actions, aimed both at therapeutic itself to be applied in the clinic for reeducation or functional recovery, such as carrying out activities aimed at promoting and maintaining health. - Acquire the appropriate clinical experience that provides intellectual abilities and technical and manual skills; that facilitate the incorporation of ethical and professional values; and that develops the ability to integrate knowledge acquired; so that, at the end of the studies, students know how to apply them both to specific clinical cases in the hospital and outpatient environment, as well as actions in primary and community care. - Assess the functional status of the patient, considering the physical, psychological and social aspects. This assessment will to the functional diagnosis of Physiotherapy. - Design the physiotherapy intervention plan according to criteria of adequacy, validity and efficiency. - Execute, direct and coordinate the physiotherapy intervention plan, using their own therapeutic tools and according to the individuality of the user.

### 2.3. Importance of learning goals

The learning outcomes of this subject are of special interest since they are the foundation of professional practice. of the degree in Physiotherapy.

# 3. Assessment (1st and 2nd call)

### 3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that they have achieved the intended learning outcomes by evaluating clinical practice, divided into four modules: Each of the four clinical practice rotaries is independently evaluated. The care center tutor directs and monitors student work. Your daily observations of activity, records, interviews, or tests serve to evaluate the aspects related to the fulfillment of the activities of the Practicum. At the end of each rotation, the student must present a brief REPORT, which is an essential requirement to be evaluated. The rating for each of the rotaries is from 0 to 10 points. The final grade for clinical practice is the average of these four evaluations. It is a requirement to pass (5 or more points) each of the practice sessions.

# 4. Methodology, learning tasks, syllabus and resources

## 4.1. Methodological overview

The methodology followed in this course is oriented towards the achievement of the learning objectives. Guided professional practice (assistance and / or administration and / or management), carried out in in-hospital clinics, out-of-hospital, primary and community care, health centers and other settings.

**TUTORED CLINICAL PRACTICE: 24 ECTS** 

#### 4.2. Learning tasks

The program offered to the student to help him achieve the expected results comprises the following activities:

The student will carry out face-to-face practices in the agreed care centers, computing a total of 5 hours daily clinical

practice.

Throughout the academic year there will be 4 rotations in one of these areas:

- 1. SPECIALIZED CARE HOSPITAL
- 2. PRIMARY CARE CENTER
- 3. NEUROMOTIVE CARE CENTERS
- 4. MONOGRAPHIC CENTERS

#### 4.3. Syllabus

During the scholastic year, from September to May, four modules will be organized in which the student will

on-site practices in the agreed care centers, computing a total of 5 hours of practice per day clinic.

# 4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of work:

The activities are carried out in the healthcare centers during the scholastic year, distributed in the following rotary:

MODULE 1: SEPTEMBER TO NOVEMBER MODULE 2: NOVEMBER TO DECEMBER

MODULE 3: JANUARY TO MARCH MODULE 4: MARCH TO MAY

The teaching period runs from September to May.

The assignment of students to the assistance centers will be published on the notice board and on the website from the University well in advance.