

Academic Year/course: 2022/23

## 25942 - Systematic Therapy: Family

### Syllabus Information

**Academic Year:** 2022/23

**Subject:** 25942 - Systematic Therapy: Family

**Faculty / School:** 301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 270 - Degree in Psychology

**ECTS:** 6.0

**Year:**

**Semester:** First Four-month period

**Subject Type:** Optional

**Module:**

### 1. General information

### 2. Learning goals

### 3. Assessment (1st and 2nd call)

### 4. Methodology, learning tasks, syllabus and resources

#### 4.1. Methodological overview

**The learning process that has been designed for this subject is based on the following:**

- The content of the subject will be taught following the model of in-person classes, explanations of the professor of concepts and procedures.
- Resolution of exercises and practices based on the presentation of clinical cases.
- Viewing reports and graphic documents related to the contents of the subject program.
- Realization of Rol Playing among students developing the role of therapist / patient for each of the disorders.
- Individual study that the student performs to understand, rework and retain the content for later application in the professional field.

#### 4.2. Learning tasks

- Theoretical classes
- Practical classes

#### 4.3. Syllabus

- 1-. Systemic therapy.
  - 1.1. Concepts and basic elements of the systemic approach.
  - 2.2. Different models of systemic therapies: Structural therapy, intergenerational, Milan school, strategic, brief MRI therapy, focused on solutions and narrative.
- 2-. Concept of severe mental disorder (SMD).
  - 2.2. Considerations.
  - 2.3. Diagnostic criteria and Classification: ICD-10, DSM-IV, DSM-V.
- 3-. Schizophrenia.
  - 3.1. Clinical Characteristics and Diagnosis.
  - 3.2. Classification.
- 4-. Bipolar disorder.
  - 4.1. Classification.
  - 4.2. Clinical Characteristics and Diagnosis.
  - 4.3. Epidemiology, etiology and recommended treatments.
- 5-. Depressive disorders.
  - 5.1. Classification.
  - 5.2. Clinical Characteristics and Diagnosis.
  - 5.3. Major depressive disorder.
  - 5.4. Suicidal risk factors and recommended treatments in SMD.
- 6-. Definition of Psychosocial Rehabilitation and Recovery Concept.
  - 6.1. Functional Evaluation and Planning of the Intervention (PIR-PIT).
  - 6.2. Intervention at the level of Services (UCE, UME, ULE, Day Center).
  - 6.3. Pharmacological Intervention: General knowledge of Psychopharmacology.
  - 6.4. Integrated Intervention Programs.
    - 6.4.1. IPT (Integrated Psychological Therapy).
    - 6.4.2. Cognitive rehabilitation.
    - 6.4.3. Intervention in Social Skills.
- 7-. Scales and Valuation Interview used in the SMD.
  - 7.1. PANSS.
  - 7.2. Scales of Evaluation of the Level of Functioning of the Skills of Daily Life.
  - 7.3. CAN, Camberwell Needs Assessment Questionnaire.

#### **4.4. Course planning and calendar**

The Planning and Calendar is available to students at the beginning of the course, on the Moodle platform.

#### **4.5. Bibliography and recommended resources**

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=25942>