

Academic Year/course: 2022/23

26006 - Occupational therapy theory and techniques I

Syllabus Information

Academic Year: 2022/23

Subject: 26006 - Occupational therapy theory and techniques I

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 276 - Degree in Occupational Therapy

ECTS: 11.0

Year: 1

Semester: Annual

Subject Type: Compulsory

Module:

1. General information

1.1. Aims of the course

The subject and its expected results respond to the following approaches and objectives:

The general objective of this course is that the student, based on the knowledge of its contents, is able to explain the theoretical and methodological foundations of Occupational Therapy, the different human abilities and skills, and the capacity / dependency assessment scales. Finally, more usual, as well as to justify the application of all this in the resolution of practical cases.

“These approaches and objectives are aligned with the following Sustainable Development Goals (SDG) of the United Nations : your achievement ”:

Objective 3: Health and well-being

Objective 4: Quality education

Goal 5: Gender equality

Goal 16: Peace, justice and strong institutions

Goal 17: Partnerships to achieve the goals

1.2. Context and importance of this course in the degree

This subject is included in the disciplinary module: Fundamentals and Techniques of Occupational Therapy, which begins in the 1st year of the degree and therefore is next to the bulk of the Basic Training module and next to (also) the beginning of the disciplinary module Activities for Independence Functional. Its meaning is twofold: in coordination with the latter, it aims to introduce the student to the scientific / technical knowledge of the profession and, on the other hand, it aims to bring together certain competencies of basic training subjects.

1.3. Recommendations to take this course

Given the great theoretical content, which aims to scientifically base the practice of Occupational Therapy and bring the student closer to the knowledge of the profession, personal study is recommended from the beginning of the course as an essential means to achieve the expected learning results and progressive acquisition of competences, integrating the sustainable development objectives for future professional practice and for their personal life.

2. Learning goals

2.1. Competences

According to Verification Memory:

- Apply the knowledge of the Theory and Practice of Occupational Therapy.
- Apply the knowledge of Structure and Function of the human body, Psychology, Sociology and Pedagogy within the context of Occupational Therapy
- Apply the knowledge of Physiopathology, Psychopathology, and Psychiatry within the context of Occupational Therapy.
- Apply the knowledge of Preventive Medicine and Public Health, Medical and Surgical Pathology, Pediatrics, Gerontology and Geriatrics, within the context of Occupational Therapy
- Therapeutically apply the knowledge of the Occupations and Activities of Daily Living in all Areas of Occupational Performance
- Apply the knowledge of Occupational Science within the context of Occupational Therapy.

According to CIN Order:

- Know and understand the historical background, theoretical foundations and methodological principles: philosophical aspects, theoretical frameworks, models, techniques, evaluations and evaluations of Occupational Therapy necessary to recognize and interpret the processes of occupational function-dysfunction.
- Understand the different theories of functioning, personal autonomy, functional adaptation of / to the environment, as well as the intervention models in Occupational Therapy, transferring them to daily professional practice.
- Promote health and prevent disability, acquire or recover the necessary occupational performance at each stage of the life cycle to achieve independence and autonomy in the areas of occupational performance of those people who suffer from risk situations, organic deficits, limitation in activity and participation and / or social marginalization.
- Carry out an adequate treatment, respecting the different phases and basic principles, through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational performance, analyzing the performance components and the different environments and contexts existing.
- Know, design and apply the different modalities and general intervention procedures in Occupational Therapy in their frames of reference, evaluating their effectiveness in a cooperative work environment.

2.3. Importance of learning goals

They will allow the student to be more prepared to understand the theoretical and methodological foundations of Occupational Therapy with a bio-psycho-social vision of the human being and therefore, to be more able to start in the reasoned planning of professional performance in situations of physical, mental, sensory illness / disability or situation of marginalization throughout the life cycle of the person.

3. Assessment (1st and 2nd call)

3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that he/she has achieved the expected learning outcomes through the following evaluation activities.

Practice sessions:

In order to pass the course it is a prerequisite to pass the practical part.

- Attendance (only up to 20% of duly justified absences are allowed).
- Demonstrated attitudes and skills during the development of practical activities, active and efficient participation.
- Individual or small group tasks, which may include oral presentations.
- Application work of the course "Basic Digital Competence"

Oral practical exam if this continuous evaluation is not passed.

Written theory exams

- First partial exam of theory (eliminates subject from a score of 5/10) at the end of the first four-month period (January-February).
- Second partial and/or final theory exam in May/June at the end of the second term. The minimum grade required to pass the first midterm is 5/10.

In the 2nd official call (June-July) the exam will include all the contents of the subject.

GRADING SYSTEM

The final grade of the course results from the following weighting: 30% the score of the practical seminar work 70% the score of the theory exam/s.

In order to pass the course it is essential to pass the practical part.

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

The combination of theoretical classes in large groups, practical classes in small groups, and special importance of personal study.

4.2. Learning tasks

The course includes the following learning tasks:

- **Lectures** (85 hours). Explanation and orientation for the personal study of the different contents of the course, understanding it towards the acquisition of competences and learning results. All the directivity and interaction resources will be used, as well as support in the different audiovisual supports.
- **Practice sessions** (25 hours). Training on practical cases and solving problems individually and in teams, applying the theoretical basis of the course and the exercise of communication.
- **Assignments and group work** (25 h)
- **Autonomous study** (140 h). Based on the indicated activities, the student must take responsibility for the creation of structured work schedules and programs in the context of the time used for other courses. It must represent the step of motivation, fostered with the learning activities described above, to the autonomous exercise of the will.

4.3. Syllabus

Thematic Block I: Concept, Foundations and History of Occupational Therapy.

- Foundations of Occupational Therapy.
- Concept and definitions of Occupational Therapy.
- Functions, areas of performance and professional organization of Occupational Therapy.
- History of Occupational Therapy:

- Background, influential movements in the origin of the profession, the beginnings of Occupational Therapy as a profession.
- Establishment of the profession's identity, development of Occupational Therapy.
- The organization and use of knowledge in Occupational Therapy. Paradigms, models and frameworks.

Thematic block II: Conceptual models of Occupational Therapy practice.

- Kielhofner's Model of Human Occupation (MOHO).
- Canadian Model of Occupational Performance.
- Australian Model of Occupational Performance.
- Ecological models.

Thematic block III-Reference frameworks, models and approaches applied in Occupational Therapy.

- Biomechanical model.
- Cognitive disabilities model.
- Sensory Integration Model.
- Motor control model.
- Cognitive-perceptual model.
- Reference frameworks: Psychoanalytic, Humanistic and Cognitive-behavioral.
- Related knowledge and approaches.

4.4. Course planning and calendar

Schedule of face-to-face sessions and presentation of work

Theoretical classes in large groups: 3h/week 1 semester and 4 h /week 2 semester

Practical classes in small groups: 2h/week every 15 days.

1st partial theory exam: at the end of the 1st semester (January). Eliminates subject

2nd Partial and/or final exam in May. Official convocation.

o Final theory exam of the whole course: official convocation.

o Oral practical exam (if not passed by continuous evaluation): official convocation.

4.5. Bibliography and recommended resources

<https://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26006>