

Academic Year/course: 2022/23

26024 - Activities for Functional Independence VI: Occupational Capacity and Joining the Job Market

Syllabus Information

Academic Year: 2022/23

Subject: 26024 - Activities for Functional Independence VI: Occupational Capacity and Joining the Job Market

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 276 - Degree in Occupational Therapy

ECTS: 6.0

Year: 4

Semester: Annual

Subject Type: Compulsory

Module:

1. General information

1.1. Aims of the course

The course and its expected results respond to the following approaches and objectives:

The course is developed within the context of the study of human occupation, delving into the effect of occupations in independent functioning and health and wellness for clients.

This last block of the Module 'Functional Independence and Applied Occupational Activities' will lead to student towards the knowledge and application of personal resources, techniques and professional skills of intervention and evaluation, which are used in the process of occupational therapy in the area of 'occupational performance of work.'

Deepens the contribution that the therapist, as a specialist in human occupation, can make in the different professional teams that carry out interventions in the production domain .

These approaches and objectives are aligned with the following Sustainable Development Goals (SDG) of the Agenda 2030 of the United Nations

(<https://www.un.org/sustainabledevelopment/es/>), in such a way that the acquisition of the learning outcomes of the subject provides training and competence to contribute to some extent to their achievement :

- Goal 3: Health and well-being.
- Goal 8: Decent work and economic growth.
- Goal 10: Reduction of inequalities.
- Goal 12: Responsible production and consumption.
- Goal 16: Peace, justice and strong institutions.
- Goal17: Alliances to achieve the objectives.

1.2. Context and importance of this course in the degree

Subject belongs to the Module 'Functional Independence and Applied Occupational Activities in Therapy Occupational', one of the basic pillars of specific training of the occupational therapist. Throughout the Degree the student learns to consider person from the occupational perspective, understanding that through their occupations people can achieve an adequate degree of autonomy and optimize their health and well-being.

1.3. Recommendations to take this course

Overcoming of the previous subjects in the learning module 'Functional Independence and activities applied occupational' is the most desirable starting point for the maximum use of the contents of the matter.

Given the important theoretical load of the subject, it is recommended that students attend the theory classes and the active participation in them, which allow the process of personal monitoring and a better understanding of the subject.

It is also recommended the analysis and progressive assimilation of the contents.

2. Learning goals

2.1. Competences

When passing the subject, the student will be more competent to?

According to the Report on the Degree in Occupational Therapy (2008):

GENERAL COMPETENCIES:

- Ability to apply knowledge in practice
- Capacity to solve problems
- Teamwork capacity
- Ability to generate new ideas
- Capacity for adapting to new situations
- Capacity for criticism and self-criticism
- Oral and written communication in the mother tongue
- Ability to design and manage projects
- Basic knowledge of the profession
- Initiative and entrepreneurial spirit
- Interpersonal skills
- Information management skills
- Ability to work autonomously

SPECIFIC COMPETENCES:

- Knowledge and ability to apply Ergonomics principles within the context of Occupational Therapy.
- Ability to work in a holistic, tolerant, non-judgmental, careful and sensitive manner, ensuring that the rights, beliefs and wishes of different individuals or groups are not compromised.
- Ability to respond to patient needs by evaluating, planning and developing programs most appropriate individualized together with the person and their environment, their carers and families and other professionals.
- Ability to inform, educate, train and retrain and supervise the person, carers and their family.
- Ability to apply treatments in all those alterations of occupational performance in the areas institutional, home and work.
- Ability to participate in health programs in school, work and social integration.
- Ability to intervene in the adaptation and readaptation of the physical, social and cultural

environment.

- Ability to collaborate with other professionals in the prevention of occupational risks.

According to Order CIN/729/2009 (Occupational Therapy Module, personal autonomy and independence):

- Promote health and prevent disability, acquire or recover the necessary occupational performance in each stage of the life cycle to achieve independence and autonomy in the areas of occupational performance of those people who suffer from risk situations, organic deficits, limitation in activity and participation and/or social marginalization.
- Carry out an adequate treatment, respecting the different phases and basic principles, through occupations therapeutic and based on related knowledge such as the science of occupation, in the different areas of occupational performance, analyzing the components of performance and the different environments and contexts existing.
- Explain the relationship between occupational performance, health and well-being.
- Work collaboratively with individuals and groups in order to actively participate in the occupation.
- Use ethical and professional reasoning effectively throughout the Occupational Therapy process.
- Appreciate and respect individual differences, cultural beliefs, customs and their influence on the occupation and participation.
- Demonstrate security, self-knowledge, self-criticism and knowledge of their own limitations as occupational therapist.

2.2. Learning goals

The student, to pass this course, must demonstrate the following results...

- Being able to apply the bases of occupational performance in labor insertion.
- Know the different forms of employment, especially for people with functional diversity and/or in risk of social exclusion and manage the regulatory framework.
- Be able to carry out the process of analysis and description of a job.
- Know the processes of both vocational evaluation and job performance evaluation and apply the different assessment tools from Occupational Therapy.
- Learn about the skills and functions of the professionals involved in the labor market insertion process.
- Know the actions of the job placement itinerary and the different stages in the job placement process.
- Being able to program the intervention from Occupational Therapy to favor the labor insertion of different groups as well as in situations of loss of the role of the worker.
- Know the role of the Occupational Therapist in the prevention of occupational risks and in the intervention in occupational pathologies.

2.3. Importance of learning goals

Work is the main way to achieve full participation in society and promote equal opportunities, besides being a universal right. In the case of people in vulnerable situations, work acquires a special importance for the value it produces.

The learning results obtained with this subject make it possible for the student to acquire the resources necessary for the exercise of their profession in what refers to the intervention in the labor area of ??people, especially to facilitate the labor and therefore social insertion of people with functional diversity and people at risk of social exclusion.

It also works on the acquisition of interpersonal and teamwork skills as competencies important cross-cutting issues for the student as a future socio-health professional.

3. Assessment (1st and 2nd call)

3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that they have achieved the expected learning outcomes through the following evaluation activities:

Formative evaluation (30% of the course grade):

- **Task** (15% of the final grade): exercises and homework done in the practical seminars. Will be evaluated taking into account the following criteria: quality of content, organization, writing and presentation.
- **Attitudes and skills** demonstrated during the development of face-to-face activities (15% of the grade final). Evaluation criteria are related to participation in theoretical and practical classes, the training (involvement in scheduled and other voluntary learning activities) and the compliance with the instructions provided for each of the learning activities.

Students who have not completed/passed the formative assessment activities must take a test specific oral assessment that assesses the skills related to this part of the subject.

Final content integration work (20% of the course grade):

It will be carried out in a team and will be valued: compliance with the instructions given for its preparation, correction and clarity in the use of language, precision in the use of professional terminology and the ability to synthesize and apply the contents of the subject.

Written tests (50% of the course grade):

- **Midterm exam** at the end of the 1st theoretical module with multiple choice, short and development questions.
- **Midterm exam** at the end of the 2nd theoretical module with multiple choice, short and development questions.

Final exam with multiple choice, short and development questions.

To pass the course, the student must pass each of the assessment activities: final exam, formative evaluation and final work.

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The course is developed within the context of the study of human occupation, delving into the effect of occupations in independent operation and people's health.

The subject will lead the student towards the knowledge and application of tools, techniques and professional skills of intervention and evaluation, which are used in the process of occupational therapy in the occupational performance domain of the work.

The learning process that has been designed for this subject is based on the following:

A mixed orientation, both theoretical and applied, so that activities are planned with acquisition in mind of knowledge and skills that the student needs to develop the occupational therapy process in the work domain.

Classroom materials will be available via Moodle.

4.2. Learning tasks

This course is organized as follows:

- **Lectures** (30 hours).

Whole group sessions of 50 minutes each one. The professor will explain the theoretical contents, directi

- **Practice sessions** (30 hours).

Sessions where students work with case studies and problem-solving tasks, applying the theoreti

- **Autonomous work** (24 hours)

The autonomous work combines the personal study of the subject, analysis and study of the materials pre

- **Study and evaluation** (66 hours)

4.3. Syllabus

This course will address the following topics:

Section ONE: PRODUCTIVITY AND OCCUPATIONAL PERFORMANCE

- Topic 1. Occupational performance and productivity.
- Topic 2. Productivity: basic aspects.
- Topic 3. Productivity and occupational therapy.
- Topic 4. Retirement and Volunteer participation.

Section TWO: WORK AND SITUATIONS OF VULNERABILITY

- Topic 1: Disability: concept delimitation.
- Topic 2: Disability and inclusion employability: legislative elements.
- Topic 3: Employment patterns with disability: Special Center of Employment, labor enclaves, companies of insertion, employment with support.
- Topic 4. Employment and people at risk of social exclusion: Companies of insertion.

Section THREE: EVALUATION IN EMPLOYABILITY

- Topic 1: Evaluating the workplace.
- Topic 2: Evaluating capacities and skills of the worker.
- Topic 3: Evaluation skills in employability: evaluation tools developed by MOHO (Model of Human Occupation), instruments for the registry of habits of labor adjustment, implements of evaluation for the vocational orientation.

Section FOUR: INTERVENTION IN EMPLOYABILITY

- Topic 1: Employability and Companies of inclusion in the workplace.
- Topic 2: Actions and programs in employability: vocational orientation, training in skills of formative- occupational adjustment, training job searching techniques, training of the occupational assertiveness, formative support, intervention with families.

Section FIVE: EMPLOYMENT PROJECT

- Topic 1: Active search of work.
- Topic 2: Different types of work.

4.4. Course planning and calendar

Calendar of lectures and presentation of works

Through the Moodle (ADD), the student will have information on the temporal distribution of the practices sessions and the contents of the subject. Overall, the course is divided into:

- **Lectures in a large group:** 3 hours/week during the two theoretical modules.
- **Practice sessions in group:** 1 weekly session depending on the calendar.
- **Assignments:**
 - A final work of an integrating nature, which will be delivered in March.
 - Tasks directly related to the theoretical classes and practical seminars.
- **Eliminatory midterm exam:** at the end of the 1st theory module.

- **Eliminatory midterm exam:** at the end of the 2nd theory module.
- **Final exam:** according to the date of the official call published in Academic Regulation

Further information concerning the timetable, classroom, office hours, assessment dates and other details about this course will be provided on the first day of class or please refer to the ?Faculta de Ciencias de la Salud? website and the degree website <https://fcs.unizar.es/grado-en-terapia-ocupacional-0>.

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26024>