

Academic Year/course: 2022/23

26033 - Leadership techniques and group dynamics

Syllabus Information

Academic Year: 2022/23

Subject: 26033 - Leadership techniques and group dynamics

Faculty / School: 127 - Facultad de Ciencias de la Salud

Degree: 276 - Degree in Occupational Therapy

ECTS: 5.0

Year:

Semester: Second Four-month period

Subject Type: Optional

Module:

1. General information

1.1. Aims of the course

The course and its expected results respond to the following approaches and objectives:

The general objective of this subject is that the student knows the definitions, dimensions, structures and processes more of group dynamics and work teams from a theoretical-applied psychosocial perspective.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDGs) of the Agenda 2030 of the United Nations (<https://www.un.org/sustainabledevelopment/es/>) in the way that the acquisition of learning outcomes of the subject provides training and competence to contribute to some extent to your Achievement: Goal 3: Health and Wellness; Goal 16: Peace, justice and strong institutions.

1.2. Context and importance of this course in the degree

As it appears in the occupational therapy degree report, psychology and sociology constitute two of the main fields of study of the degree from the basic sciences. 24 credits from these disciplines are required to get the degree. The subject: Techniques of leadership and group dynamics, is ascribed to the area of knowledge of the social psychology and in this sense, is at the complementary intersection of both subjects.

The occupational therapist in the exercise of his profession, evaluates, plans and develops programs to intervene on the person, activity and environment. He must be an empathetic, consensual, tolerant and creative person, with the ability to teamwork. He works from a comprehensive view of the person in their biological, psychological and social dimensions. The improvement of the quality of life and adaptation to the environment are its final objectives. Both goals require considering the person integrated within their reference groups, and the professional as a specialist in communication with users, families, social groups and other professionals.

The course contributes to the formation of these skills. Addresses issues related to communication, influence social, group performance and conflict resolution. The improvement of teamwork conditions and the corresponding development of social skills. It provides critical elements to the analysis of social interaction and to our psychosocial needs from a scientific perspective. In short, it provides tools for reflection and intervention in our group performance.

1.3. Recommendations to take this course

The contents of the subject: Leadership techniques and group dynamics are characterized by their theoretical-applied nature. In this sense, the student will have to make an effort to carry out a process of integrating the contents studied from her own experience. In order to adequately pass the subject, the student must be involved in a responsible in their learning process, adopting an active and participatory attitude.

2. Learning goals

2.1. Competences

Upon passing the subject, the student will be more competent to...

- Define and analyze the group in its structural and functional dimensions, paying special attention to the concept of leadership from different scientific models.
- Consider group processes such as decision-making, communication or team performance from a theoretical-practical approach.
- Appreciate the importance of communication and social skills in a multicultural and diverse context. Recognize in social interaction, communication skills such as empathy, authenticity, active listening and respect for the beliefs, feelings and desires of others.

These competences contemplate the provisions of Order CIN/729/2009 of March 18, which establishes the requirements for the verification of the official university degrees that qualify for the exercise of the profession of Therapy Occupational and that are articulated in the following sections:

Knowledge of Occupational Therapy:

- Understand and recognize the interrelation between the concepts of well-being, health, meaningful occupation, dignity and participation.
- Recognize the determinants of health in the population, the resources and multiprofessional teams, and the actions of prevention, maintenance and promotion of health, both at the individual and community level.

Occupational Therapy Process and Professional Reasoning:

- Collaborate with groups and communities to promote the health and well-being of their members through participation in significant employment.

Professional, Clinical and Community Relations:

- Develop professional practice with respect to other professionals, acquiring work skills in equipment.

Communication skills:

- Establish assertive interpersonal communication with all relevant interlocutors during the Occupational Therapy process.

2.2. Learning goals

The student, to pass this course, must demonstrate the following results...

- Know the definitions, dimensions, typologies and basic psychosocial processes integrated in the study of groups. (SDG Objective: 3 health and well-being).
- Analyze and infer applications of knowledge of group dynamics and leadership in the practice of therapy occupational. (SDG Objective: 3 health and well-being).
- Examine the factors that intervene in teamwork, identifying communication barriers and facilitators of group performance. (SDG Target: 16 peace, justice and strong institutions).
- Study and manage a set of group techniques in conflict resolution, psychosocial research, organizational innovation etc. in relation to the groups. (SDG Objective: 3 health and well-being; 16 peace, justice and strong institutions).

2.3. Importance of learning goals

The student has the opportunity to reflect on how their correct communication and adaptation to groups is essential for both personal and professional development. Occupational work takes place in teams multidisciplinary and users of their services require proper attention to their psychosocial integration to improve their quality of life. The success of these activities will largely depend on the correct communication with these and other groups, interventions and performance satisfaction.

3. Assessment (1st and 2nd call)

3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

The student must demonstrate that they have achieved the expected learning outcomes through the following evaluation activities:

Knowledge acquired in the theoretical field (70% of the total grade for the subject) Individual written test. This test will be a multiple choice test with three response alternatives. Every two incorrect answers will be deducted one correct answer. Blank responses will not be penalized.

Tutored group work and presentation in class (30% of the total grade for the subject). Research/intervention work in teams made up of two people: a group technique and/or an analyzed aspect of the subject through:

- The development of a continuous work process committed to experience. learning within the teamwork dynamics: phases, communication, distribution of tasks, creativity, etc.
- The application of the technique to the environment of the occupational therapist, teamwork, social participation, variety and suitability of the resources used and structuring, argumentation.
- The presentation and oral expression of the work done in class, showing: knowledge of the topic and the context, accuracy in language, ease, resources, etc.

It is necessary to pass the written test and the practices independently in order to average the grade final. The student who has not been able to complete the practices in group, will be able to carry out a single test, written, in which both theoretical and applied elements will be integrated, coinciding with the date of the official call.

According to current regulations, the results obtained will be graded according to the following numerical scale from 0 to 10, with the expression of a decimal, to which the corresponding qualitative qualification may be added:

From 0 to 4.9: fail

From 5.0 to 6.9: pass

From 7.0 to 8.9: remarkable

From 9 to 10: outstanding

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

The learning process that has been designed for this subject is based on the following:

The participatory methodology allows the student to experience in a learning situation the importance of individual responsibility and their affiliation to a work team. Both facets are necessary for its future performance professional and even more so in the field of occupational therapy.

4.2. Learning tasks

The program offered to the student to help him achieve the expected results includes the following activities...

Expository activities on the contents of the subject by the teacher with special emphasis on the operational definitions, the elements of analysis, the different theoretical perspectives and the applied consequences that they are inferred. The master class in this context aims to provide the student with an organized synthesis of the information.

Participation in the classroom in different group situations: small group, full group on the topics addressed in the exhibition activities and with different formats eg. discussion groups, role playing, debates. In this sense, these activities will involve a more practical and applied approach to the subject. Oral participation in class dynamizes the lecture, helps classmates to better understand and guides the student and teacher towards the issues that are more difficult to assimilate.

Research/project on an aspect of the contents of the subject, presenting it in writing and orally in the class group.

4.3. Syllabus

The course will address the following topics:

- Topic 1. GROUP DYNAMICS: GENERAL CONCEPTS AND HISTORICAL APPROACH
 - 1.1. Group dynamics definition
 - 1.2. Research evolution periods
- Topic 2. MULTIDISCIPLINARY TEAMS
 - 2.1. Characteristics and diversity

- 2.2. Structure and processes
- 2.3. Intervention
- Topic 3. GROUP PROCESSES IN OCCUPATIONAL THERAPY. HUMANISTIC PERSPECTIVE
 - 3.1. Theoretical bases
 - 3.2. Groups treatments
- Topic 4. OCCUPATIONAL THERAPIST ROLE OF GROUP DYNAMICS
 - 4.1. Occupational therapist tasks and goals
 - 4.2. Occupational therapist social skills
 - 4.2.1. Social skill definition and learning
 - 4.2.2. Style of communication: laissez faire, assertive and aggressive
 - 4.2.3. Evaluation and training
- Topic 5. GROUP DYNAMICS TECHNIQUES: DESCRIPTION, ANALYSIS AND TYPOLOGY
 - 5.1. Introduction and presentation groups exercises
 - 5.2. Structuración and development groups exercises
 - 5.3. Self-knowledge among group members exercises
 - 5.4. Creativity groups exercises

4.4. Course planning and calendar

Calendar of face-to-face sessions and presentation of works:

During the first module of classes the theoretical content will be taught.

The subject is proposed with a mixed development system, with evaluable practices before the final exam and with a final test on the official dates provided by the center (consultable on the center's website).

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26033>