

Academic Year/course: 2022/23

## 26640 - Child and Youth Psychopathology

### Syllabus Information

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**Academic Year:** 2022/23

**Subject:** 26640 - Child and Youth Psychopathology

**Faculty / School:** 107 - Facultad de Educación

202 - Facultad de Ciencias Humanas y de la Educación

301 - Facultad de Ciencias Sociales y Humanas

**Degree:** 298 - Degree in Primary School Education

299 - Degree in Primary School Education

300 - Degree in Primary School Education

**ECTS:** 6.0

**Year:** 4

**Semester:** First semester

**Subject Type:** Optional

**Module:**

## 1. General information

### 1.2. Context and importance of this course in the degree

The Infant and Juvenile Psychopathology subject forms part of the Pedagogy Therapeutic Mention in the Teacher Training Degree for Primary Education. It has 6 credits and intends to provide students with the basic competences to know what the most frequent psychopathological disorders are in the education context, and to provide explanations about their origin and evolution. These competences are acquired from active methodologies that attempt to favour quality applied, reflexive, autonomous and group learning.

It is taught in the first semester of degree year 4 as part of a block of optional subjects.

## 2. Learning goals

### 2.2. Learning goals

**In order to pass this subject, students should obtain the following results.**

**1:** Use and understand basic concepts about child and juvenile psychopathology (classifications, diagnoses, evaluation and intervention) related with their work in the classroom.

**2:** Know the most frequent psychopathological diagnoses that appear in Primary Education and be able to explain specific behaviours.

**3:** Identify the objectives and resources involved, plan evaluation and intervention processes for specific psychopathological problems according to the Pedagogic Therapeutic teacher's role.

**4:** Collaborate in developing evaluation or treatment interventions inside and outside the classroom by including the family and/or other professionals from the clinical and education context into this task.

### 2.3. Importance of learning goals

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## 3. Assessment (1st and 2nd call)

## 4. Methodology, learning tasks, syllabus and resources

### 4.1. Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives. It is based on active participation, case studies, teamwork etc. that favors the development of communicative skills and critical thinking. A wide range of teaching and learning tasks are implemented, such as lectures, practical activities, practice sessions, autonomous work, tutorials, and academic guidance. Further information regarding the course will be provided on the first day of class.

### 4.2. Learning tasks

The course includes 6 ECTS organized according to:

- Lectures (3 ECTS): 30 hours.
- Practice sessions (2 ECTS): 20 hours.
- Autonomous work ( ECTS): 87 hours.
- Tutorials (1 ECTS): 10 hours.
- Assessment (0,3 ECTS): 3 hours.

Lectures: the professor presents theoretical contents.

Practice sessions: they can involve discussion and presentation of case studies, practical work outside the classroom (field work or visits), and seminars.

Autonomous work: students do tasks such as autonomous study, reading of the course book, preparation of practice sessions and seminars, and summative assignments.

Tutorials: professors' office hours can be used to solved doubts and to follow-up students' work.

Assessment: final examination

### 4.3. Syllabus

1. Introducing psychopathology: concept, theoretical models, and evaluation and intervention principles.
2. Anxiety disorders in childhood: Specific phobias, Social phobia, Generalized anxiety disorder and Separation anxiety disorder.
3. Obsessive compulsive disorder.
4. TIC disorders.
5. Mood disorders.
6. Disorders that affect sphincter control. Sleep disorders.
7. Eating disorders.
8. Behavioural disorders: Behavioral Disorders: Negative Oppositional Defiant Disorder, Conduct Disorder, Intermittent Explosive Disorder.
9. ADHD.
10. Psychotic disorders.
11. TEA.
12. Addiction conducts. Psychopathological effects of new technologies.
13. Psychopathological effects of abuse and mistreatment. Gender dysphoria.

### 4.4. Course planning and calendar

For further details concerning the timetable, classroom and further information regarding this course please refer to the Facultad de Educación de Zaragoza website (<http://educacion.unizar.es/>); the Facultad de Ciencias Humanas y Sociales de Teruel website (<https://fcsh.unizar.es/>) and the Facultad de Ciencias Humanas y de la Educación de Huesca (<https://magister.unizar.es/>)

### 4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26640>