

Academic Year/course: 2022/23

26778 - Palliative Care

Syllabus Information

Academic Year: 2022/23

Subject: 26778 - Palliative Care

Faculty / School: 104 - Facultad de Medicina

Degree: 304 - Degree in Medicine

ECTS: 4.0

Year: 5

Semester: First semester

Subject Type: Optional

Module:

1. General information

1.1. Aims of the course

The course and its expected results respond to the following approaches and objectives:

1. Act by identifying the relevant clinical aspects of terminal illness.
2. Identify the emotional situations that accompany the process of terminal illness.
3. Learn to work as a team to provide an adequate response to all the needs generated by the terminal illness.

" These approaches and objectives are aligned with the following Sustainable Development Goals (SDG) of the United Nations 2030 Agenda (<http://www.un.org/sustainabledevelopment/es/>), in such a way that the acquisition of the results learning of the subject provides training and competence to contribute to some extent to its achievement.

Objective 3: Health and Wellness "

1.2. Context and importance of this course in the degree

With the training acquired by the student throughout his studies, he already has the vision and knowledge about the disease and how to manage it. In these circumstances, the appropriate context is given to frame the terminal illness and to know what can be done when it is no longer possible cure, a situation that the future doctor will have to face on more than one occasion.

1.3. Recommendations to take this course

The purpose of the subject is to ensure that students acquire the specific knowledge that allows them to offer terminally ill patients and their families comprehensive, continuous and individualized care, in both physical and emotional, social and spiritual aspects, promoting autonomy and respecting the dignity of the patient. The knowledge of diseases, symptoms and therapeutic options of the interdisciplinary team will be deepened, in the assessment of the problems that patients have at the end of life, including global suffering, and the understanding of the grieving process. To acquire this knowledge, it is important for the student to attend classes, seminars and practical work. The individual effort of the student and the need to work as a team are important to achieve objectives of knowledge.

2. Learning goals

3. Assessment (1st and 2nd call)

4. Methodology, learning tasks, syllabus and resources

4.1. Methodological overview

For the training of students, they are to perform two basic types of activities:

1. Contact activities in large and small groups:
 - a. Lectures
 - b. Practical Seminars with presentation of clinical cases by the student
2. Non-contact activities, which students, will be the main actor:
 - a. Performance of clinical cases by the students
 - b. Performing two jobs

4.2. Learning tasks

The course includes the following learning tasks:

1. Classroom activities
 - a) Lectures (theoretical, practical and discussion content)
 - b) Two Seminars with compulsory attendance and signature control: case report prepared by students at home and that will present in groups whose composition will take place at the beginning of the course.
2. Non-contact activities
 - a) Performing clinical cases for presentation in the seminar
 - b) Performing two jobs
 - i) Original comment, 500-600 words (2 pages printed single-spaced, step 12) to choose a chapter book "Watch Me" by Cicely Saunders. 2011 Castilian translation.
 - ii) Comment Free next movie: Wit "Love Life" Nichols Mike, Emma Thompson 2001. Available by the teacher.

4.3. Syllabus

The course will address the following topics:

- Class 1. History and Development of Palliative Care. Principles of Palliative Medicine. General principles of control and evaluation of symptoms.
- Class 2. Basics pain and evaluation. Treatment of mild to moderate pain. Adjuvant drugs for pain management.
- Class 3. Treatment of severe pain. Morphine and alternative opioids. Strategy in difficult pain.
- Class 4. General problems: anorexia and cachexia, weakness. Nutrition and hydration. Digestive problems: mouth care, evacuation disorders, opioid-induced constipation, nausea and vomiting, intestinal obstruction.
- Class 5. Respiratory problems: breathlessness, cough, and hemoptysis. Neurological problems: delirium and other symptoms. Emergency in Palliative Medicine.
- Class 6 Palliative Care in late-stage organ failure.
- Class 7. Ethical aspects of care at the end of life. Euthanasia and palliative care. Aragón death deserving law and LORE.
- Class 8. Management agony. Situation last hours or days. Palliative Sedation. Suffering and spiritual care.

4.4. Course planning and calendar

The Schedule sessions and presentation of works

Presentation of work:

Jobs are sent by email before the final exam.

The delivery date will be agreed with the students at the beginning of the course.

Schedule training sessions and seminars

It will be held by groups and dates are assigned when the number of students is known.

Dates of global assessment: <https://medicina.unizar.es/horarios>

4.5. Bibliography and recommended resources

<http://psfunizar10.unizar.es/br13/egAsignaturas.php?codigo=26778>