

Academic Year/course: 2022/23

## 61879 - Master's Dissertation

## **Syllabus Information**

Academic Year: 2022/23

Subject: 61879 - Master's Dissertation

Faculty / School: 301 - Facultad de Ciencias Sociales y Humanas

Degree: 557 - Master's in General Sanitary Psychology

**ECTS**: 12.0 **Year**: 2

Semester: Indeterminado

Subject Type: Master Final Project

Module:

## 1. General information

### 1.1. Aims of the course

After completing this subject, students will be able to apply the knowledge acquired throughout the master's studies to a specific field of theory, research or intervention. The main objective of this course will be the development of a written work, which must be carried out in accordance with the style standards for scientific papers in the area of ??Psychology (APA Standards).

The master's thesis must conform to the following types of scientific work, always within the field of general health psychology and scientifically based.

1. Empirical research work.

- 2. Scientific literature review work, according to recognized procedures.
- 3. Design of a psychological intervention program (assessment, diagnosis and/or treatment).
- 4. Design of action protocols or therapeutic guidelines.
- 5. Design of instruments or protocols for evaluation and/or psychological diagnosis.

The results achieved will increase professional capacity through searches in specialized databases, analysis and reading of scientific texts, data analysis, assessment of the results of the interventions, and finally the effective communication of the results.

These approaches and objectives are aligned with the following Sustainable Development Goals (SDG) of the Agenda 2030 of the United Nations (https://www.un.org/sustainabledevelopment/es/), in such a way that the acquisition of the learning outcomes of the subject provides training and competence to contribute to a certain extent to its achievement:

Objective 3: Health and well-being. Objective 4: Quality education.

Objective 5: Gender equality.
Objective 10: Reduction of inequalities.

Objectives 17: Alliances to achieve the objectives.

#### 1.2. Context and importance of this course in the degree

The regulations (Law 5/2011, of March 29, on Social Economy, BOE 03-30-2011), require a Master's degree in General Health Psychology to be able to exercise professional activity in the health field.

The training and qualification of the General Health Psychologist adopts a perspective focused on improving the quality of life of people who require an intervention (at the level of research, evaluation or psychological intervention). In this context, this subject has been included in the Master's Degree to provide students with applied and advanced training in a body of conceptual, procedural, technical and attitudinal knowledge that allows graduate psychologists to function in the field of psychological research.

#### 1.3. Recommendations to take this course

Students who want to enroll and take this subject must pass 75% of the theoretical ECTS (36 of the 48 ECTS) taken in the first year of the Master's.

The Final Master's Project (TFM) aims for students to acquire a series of skills of the degree up to its highest level. It is therefore especially recommended to do it at the end of the training path. Knowledge of English will be useful for the bibliography search in specialized databases, knowledge of the bibliographic resources of the university, Internet management and statistical software.

As of the 2016-17 academic year, thanks to the implementation of a teaching innovation project, a series of of audio-tutorials that offer students relevant information on searching for information in scientific databases, the use of the main APA standards, how to prepare different types of scientific papers. All students enrolled in the TFM subject are advised to carry out the activities described in the subject "Tutorials for the preparation of TFG and TFM Psychology". The faculty

tutoring the TFM can ask the student to first complete the tutorial activities before sending the drafts for review. The goal is to reduce TFM review time and increase their quality.

# 2. Learning goals

## 2.1. Competences

#### Upon passing the subject, the student will be more competent to...

- CB7 That students know how to apply the knowledge acquired and their ability to solve problems in new or little-known environments within broader (or multidisciplinary) contexts related to their area of ??expertise study.
- CB8 That students are able to integrate knowledge and face the complexity of formulating judgments based on information that, being incomplete or limited, includes reflections on social and ethical responsibilities linked to the application of their knowledge and judgments.
- CB9 That students know how to communicate their conclusions and the knowledge and ultimate reasons that support them specialized and non-specialized audiences in a clear and unambiguous way.
- CB10 That students have the learning skills that allow them to continue studying in a way that it will have to be largely self-directed or autonomous.
- CT3 Show interest in continuous learning, updating knowledge and professional training continued.
- CE1 Acquire, develop and put into practice a concept of comprehensive health, where the components have a place biopsychosocial characteristics of the same, in accordance with the guidelines established by the WHO.
- CE15 Know in depth the biological and psychosocial factors associated with health problems and illness, especially those related to neurodevelopmental disorders, learning and behavior.
- CE16 . Know in depth the different evaluation and intervention models in the field of General Psychology Sanitary, as well as the techniques and procedures that are derived from them for the approach of disorders of the behavioral and psychological factors associated with health problems.

## 2.2. Learning goals

## The student, to pass this course, must demonstrate the following results...

#### 1. Basics:

RAB2: The student possesses and understands knowledge that provides a base or opportunity to be original in the development and/or application of ideas in a research context.

RAB3: The student knows how to communicate their conclusions to specialized and non-specialized audiences in a clear and unambiguous way ambiguities.

RAB4: The student has learning skills that allow him to continue studying autonomously and is Original in the development and/or application of ideas in health and research contexts.

### 2. Specifics:

RAE1. The student acquires, develops and puts into practice a concept of comprehensive health, where the biopsychosocial components of it, in accordance with the guidelines established by the WHO.

RAE2. The student is able to apply the fundamentals of bioethics and the method of deliberation in practice professional, adjusting the exercise of it as a health professional to the provisions of Law 44/2003, of November 21, of Management of the health professions.

- RAE4. The student develops skills to critically analyze and use clinical information sources.
- RAE5. The student uses information and communication technologies in professional performance.
- RAE6. The student writes psychological reports appropriately to the recipients.
- RAE7. The student is able to formulate research work hypotheses and collect and critically assess the 1. two. 3. information for problem solving, applying the scientific method.
- RAE8. The student knows the framework of action of the General Health Psychologist and knows how to refer to the professional specialist correspondent.
- RAE9. The student develops her work taking into account a perspective of quality and continuous improvement, with the necessary self-critical capacity for responsible professional performance.
- RAE10. The student knows how to communicate and communicate with other professionals, and master the skills necessary for the teamwork and groups multidisciplinary.
- RAE11. The student knows the obligations and responsibilities of the health personnel related to the confidentiality of the information and protection of users' personal data.
- RAE17. The student is able to plan, carry out and, where appropriate, supervise the psychological evaluation process of the human behavior and the psychological factors associated with health problems to establish their evaluation.
- RAE18. The student is able to design, develop and, where appropriate, supervise and evaluate intervention plans and programs psychological, based on the psychological evaluation and the concurrent individual and social variables in each case.
- RAE19. The student knows the activities necessary for the constitution, start-up and management of a company, its different legal forms and the associated legal, accounting and tax obligations.
- RAE20. The student knows the regulations in force in the Spanish health field.
- RAE21. The student is able to carry out promotional and educational activities for individual psychological health and

community.

#### 3. Transverse:

RAT1. The student knows the different evaluation and intervention models in the field of Clinical Psychology and Health.

RAT3. The student knows how to value and integrate the implication of the different psychological aspects in the development of psychological disorders and health problems.

RAT6. The student is able to show a reasonable critical sense and intellectual curiosity about the factors that influence or cause psychological and health disorders.

AT7. The student knows and adjusts to the ethical obligations of Clinical and Health Psychology.

RAT8. The student is able to recognize and accept the ambiguity and complexity of psychological problems, as well as the tentative nature of their explanations and the social context in which they occur.

RAT9. The student is able to recognize and respect human diversity and understand that explanations Psychological insights may vary across populations and contexts.

RAT10. The student shows an ethical and professional commitment in relation to civic, social and global.

## 2.3. Importance of learning goals

The main learning result achieved by the students will be to develop a scientific work, being able to choose between the different types indicated above (empirical research work, review of the literature according to recognized procedures, design of a psychological intervention program, design of action protocols or guidelines therapies and design of instruments or protocols for evaluation and/or psychological diagnosis). In the work carried out by the students must reflect the integration of the theoretical-practical knowledge developed during the Master.

# 3. Assessment (1st and 2nd call)

## 3.1. Assessment tasks (description of tasks, marking system and assessment criteria)

Students must demonstrate that they have achieved the expected learning outcomes through the following evaluation activities:

- 1. Carrying out the TFM and other factors that will be detailed in the TFM guide such as the autonomous work of the student, attendance and involvement in review tutorials, etc. They will represent 60% of the final grade.
- 2. The presentation of the TFM in public in front of the court with assessment criteria such as expository clarity, time control, appropriate verbal and non-verbal communication, use of technical vocabulary according to the topic worked, response to court questions, etc. They will represent 40% of the final grade.
- 3. To pass the TFM subject, students must pass both parts: the TFM written work (30%) and the public oral presentation (20%). In case of passing only one of the two parts, the mark of the part passed will be saved for the second call within the

Note: In the event that, for reasons of health security, face-to-face public defense is not possible at the Faculty of Social and Human Sciences, the defense may be made by videoconference, following the established indications by Unizar during the state of confinement in 2020 (eg, recording of defenses).

# 4. Methodology, learning tasks, syllabus and resources

## 4.1. Methodological overview

 ${f M}$  e t h o d o l o g y The teaching staff that teaches the Psychology Degree and the PGS Master's will offer, during the month of July or September, the lines of work and the number of TFM that can lead.

In the month of July and/or September, after enrollment in this subject, students will choose based on their grade academic record of your first year the TFM and tutor you want.

The election of the director or director of the TFM will be made based on the average grade of the student's file in the subjects of the first academic year. Likewise, students who are collaborating with a teacher from the list of academic tutors h 0 u h

[1] Collaboration Scholarship granted by the Department of Psychology and Sociology and developed during the first year of Master ΡĠS t h e i n [2] Scholarship or research contract in force during the first year of the Master's Degree in PGS and with a duration of at least equivalent part-time full-time months or its in duration; [3] Scholarship or research contract awarded for the second year of the Master's Degree in PGS, prior to the election of the TFM, with a duration of at least 6 months, full-time or its equivalent in duration part-time;

You can request that your TFM director be the same with whom you collaborate. To do this, the tutor must send to the CGC of the master the documents that justify this collaboration in advance of the assignment.

Students autonomously dedicate time to carrying out all the activities required to complete the course. TFM, using materials and resources that your TFM tutor has recommended to you. Students are advised to attend tutorials in relation to their TFM. These tutorials can be individual, group or virtual. Likewise, the visualization of the audio-tutorials is recommended for the elaboration of academic works such as the TFM.

1. In the period established by the Center for the deposit of the TFM, the students will send to the coordination of the degree in pdf the TFM and the Authorization for the presentation of the TFM signed by its director. 2. The student will submit to the secretariat the Authorization for the defense of the TFM signed by its director and the documentation justification of having uploaded the TFM to the Unizar repository (Zaguan). 3. Through Moodle, the assignment of TFM will be made known to the convened courts. At that time the students must send by email to all members of the court a copy of the TFM in pdf.

**Note:** In the event of a new health emergency situation that requires confinement or blended learning, point 2 would be replaced by sending both documents by email to the Coordinator.

## 4.2. Learning tasks

The learning activities and the number of hours assigned to each one are detailed below to add up to 120 hours (12 ECTS) of this subject:

Autonomous work of students: 100h.

Tutorials with your TFM tutor: 7:00 p.m.

Expository class: 1h.

## 4.3. Syllabus

There is not specific syllabus for this course. The students enrolled in this course will have access to the TFM guide in the Master's webpage.

## 4.4. Course planning and calendar

The submission and defence of the TFM will be announced with in advance.

## 4.5. Bibliography and recommended resources

Recomended resource: read the TFM process on the Master's webpage.