

TITLE: Global transcriptional response of *Escherichia coli* MG1655 cells exposed to the oxygenated monoterpenes citral and carvacrol

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Abstract

DNA microarrays were used to study the mechanism of bacterial inactivation by carvacrol and citral. After 10-min. treatments of *Escherichia coli* MG1655 cells with 100 and 50 ppm of carvacrol and citral, 76 and 156 genes demonstrated significant transcriptional differences ($p \leq 0.05$), respectively. Among the up-regulated genes after carvacrol treatment, we found gene coding for multidrug efflux pumps (*acrA*, *mdtM*), genes related to phage shock response (*pspA*, *pspB*, *pspC*, *pspD*, *pspF* and *pspG*), biosynthesis of arginine (*argC*, *argG*, *artJ*), and purine nucleotides (*purC*, *purM*). In citral-treated cells, transcription of *purH* and *pyrB* and *pyrI* was 2 times higher. Deletion of several differentially expressed genes confirmed the role of *ygaV*, *yjbO*, *pspC*, *sdhA*, *yejG* and *ygaV* in the mechanisms of *E. coli* inactivation by carvacrol and citral.

These results would indicate that citral and carvacrol treatments cause membrane damage and activate metabolism through the production of nucleotides required for DNA and RNA synthesis and metabolic processes. Comparative transcriptomics of the response of *E. coli* to a heat treatment, which caused a significant change of the transcription of 1,422 genes, revealed a much weaker response to both individual constituents of essential oils (ICs). Thus, inactivation by citral or carvacrol was not multitarget in nature.

Highlights:

- Transcriptome responses to mildly lethal IC treatments were determined.
- ICs treatments activate DNA and RNA synthesis.
- ICs lack multitarget inactivation.

Keywords: essential oils, *Escherichia coli* MG1655, transcriptome, stress response, heat treatment.

45 **Abbreviations:** **IC**, individual constituent of essential oils; **EO**, essential oil; **PEF**, pulsed
46 electric fields; **TSBYE**, tryptic soy broth with yeast extract; **CFU**, colony-forming units; **MIC**,
47 minimum inhibitory concentration; **TSAYE**, tryptic soy agar with yeast extract; **SC**, sodium
48 chloride; **BS**, bile salts; **GO**, gene ontology; **HSP**, heat shock protein.

1 Introduction

Bacterial inactivation with the purpose of guaranteeing commercial food safety and stability is generally achieved by heat treatments. Despite being the benchmark technology for microbial inactivation, heat treatments have a negative effect on food properties and quality; thus, alternatives are being studied. Individual constituents of essential oils (ICs) have been proposed for use in the food industry due to their natural origin: consumers increasingly prefer foods that resemble fresh products as much as possible, since the latter are appreciated for their enhanced natural appeal and perceived nutritional quality (Gorris and Smid, 2007). Because of the high concentration of ICs required to achieve significant microbial inactivation and the resulting undesirable changes in flavor, essential oils (EOs) and their ICs are normally utilized to inhibit microbial growth rather than to kill microbial cells. In addition, their combination, at small concentrations, with heat has been proposed to confer a synergistic lethal effect, thereby avoiding the nutritional and organoleptic changes that heat otherwise tends to produce (Ait-Ouazzou et al., 2011; Ait-Ouazzou et al., 2013; Espina et al., 2014; Espina et al., 2012).

Citral and carvacrol belong to the group of oxygenated monoterpenes. They are common constituents of many EOs, and they have been extensively studied as antimicrobial agents (Ait-Ouazzou et al., 2011; Ben Arfa et al., 2006; Burt, 2004). However, their mechanisms of microbial inactivation have not been elucidated in full. In general, the main action of these lipophilic compounds seems to be related to a direct interaction with the hydrophobic regions of membrane proteins and protein complexes (Sikkema et al., 1994). In this regard, Ait-Ouazzou et al. (2011) and Somolinos et al. (2010) detected sublethal injuries in bacterial envelopes as a consequence of a treatment with carvacrol or citral. Likewise, Ultee et al. (1998) and Somolinos et al. (2010) showed that carvacrol and citral increased cell membrane permeability. Previous research has not only described an ROS-dependent mechanism in the face of bactericidal antibiotics (Kohanski et al., 2007) and of the IC (+)-limonene (Chueca et al., 2014a), but also an ROS-dependent mechanism leading to *Escherichia coli* death after citral and carvacrol

treatments (Chueca et al., 2014b). However, unlike the mechanisms of (+)-limonene and bactericidal antibiotics, citral and carvacrol-mediated bacterial death was independent of the Fenton reaction and the tricarboxylic acid (TCA) cycle. Nevertheless, in-depth studies would be needed to better describe cell response to these ICs. It would be helpful to elucidate the molecular details of inactivation by antimicrobials not only to further understand bacterial resistance mechanisms, but also to improve the efficacy of preservation processes designed to provide safer food with an extended shelf life.

Recent techniques enable scientists to gain knowledge about global gene expression. Among them, transcriptomics based on DNA microarrays have brought about profound changes in the study of microbial physiology (Wecke and Mascher, 2011). Comparison of gene RNA transcripts obtained from bacterial cells before and after citral or carvacrol exposure would show sets of genes either up-regulated or down-regulated by the treatments, thereby possibly revealing more about cell resistance mechanisms and/or the regulatory networks that coordinate bacterial stress response (Jordan et al., 2008). This approach has been successfully used to describe the mode of action of many antibiotics (Wecke and Mascher, 2011) as well as the mechanisms of bacterial adaptation and inactivation in connection with food processing technologies such as heat (Guernec et al., 2013; Gunasekera et al., 2008), high hydrostatic pressure (Bowman et al., 2008), chlorine dioxide (Pleitner et al., 2014), pulsed electric fields (PEF) (Chueca et al., 2015) and the IC cinnamaldehyde (Visvalingam et al., 2013).

A recent study (Brauner et al., 2016) proposed a classification of bacterial survival strategies by applying three concepts: resistance, which allows a microorganism to grow in the constant presence of an antibiotic at lower concentrations; tolerance, which permits a microorganism to survive high antibiotic concentrations but only during a limited treatment duration; and persistence, similar to tolerance but effective over a longer duration of treatment. That threefold perspective can be further explored by separately evaluating the role of over-expressed genes detected in the microarray analysis and verifying if their contribution to the cell's defense and survival follows a resistance, a tolerance or a persistence strategy when ICs are applied.

The objective of this study was to investigate – via microarray hybridization – the global transcriptional pattern of *E. coli* MG1655 upon exposure to citral or carvacrol treatments. Furthermore, to improve our understanding of the mechanism of bacterial inactivation by citral and carvacrol, we also compared our results with *E. coli* transcriptomic response to lethal heat treatments. As a last step, we evaluated the role of over-expressed genes in microbial resistance and tolerance to citral and carvacrol.

2 Materials and Methods

2.1 Micro-organisms and growth conditions

The strain used for the transcriptomic assays was *Escherichia coli* MG1655. The Keio collection (Baba et al., 2006) strains used in this study were parental strain BW25113 and single-gene deletion mutants $\Delta arcA$, $\Delta argC$, $\Delta argG$, $\Delta artJ$, $\Delta inaA$, Δmdr , Δndh , $\Delta pspA$, $\Delta pspB$, $\Delta pspC$, $\Delta pspD$, $\Delta purC$, $\Delta purM$, $\Delta ygaV$ and $\Delta yjbO$ for carvacrol resistance experiments; and $\Delta purH$, $\Delta pyrB$, $\Delta pyrI$, $\Delta sad/nusB$, $\Delta sdhA$, $\Delta yaaX$, $\Delta ybiJ$, $\Delta ybiM$, $\Delta yejF$, $\Delta yejG$, $\Delta ygaV$ and $\Delta yneI$ for citral treatments. Keio collection strains for post-transcriptional assays were supplied by the Japanese National Institute of Genetics. The cultures were maintained in a cryovial at -80°C.

Broth subcultures were prepared by inoculating, with one single colony from a plate, a test tube containing 5 mL of sterile Tryptic Soy Broth (Oxoid, Basingstoke, Hampshire, England) with 0.6% Yeast Extract added (Oxoid) (TSBYE). After inoculation, the tubes were incubated overnight at 37°C. With those subcultures, 250-mL Erlenmeyer flasks containing 50 mL of TSBYE were inoculated to a final concentration of 10^4 colony-forming units (CFU)/mL. The flasks were incubated under agitation (130 rpm) (Selecta, mod. Rotabit, Barcelona, Spain) at 37°C until the stationary growth phase was reached (24 h / 2×10^9 CFU/mL).

2.2 Bacterial treatments with citral and carvacrol

Citral (95%) and carvacrol (98%) were purchased from Sigma-Aldrich (Steinheim, Germany). Following the procedure described by Friedman et al. (2002), a vigorous shaking method was used to prepare antimicrobial compound suspensions. Prior to treatment, microorganisms were likewise centrifuged at $6000 \times g$ for 5 min and resuspended to a final concentration of approximately 1×10^7 CFU/mL in McIlvaine citrate-phosphate buffer of pH 4.0 with the corresponding concentrations of citral and carvacrol added. Experiments began at room temperature ($22 \pm 2^\circ\text{C}$). Control condition was established as bacterial cells held in the same pH 4.0 buffer for 10 min. These reference cells were not inactivated during the treatment. After treatment, 0.1 mL samples were used to count survivors. For transcriptome evaluation, samples were treated with 50 and 100 ppm of citral and carvacrol, respectively. Immediately after treatment, 10 mL samples were used to extract RNA.

2.3 Minimum Inhibitory Concentration (MIC)

MIC against *E. coli* MG1655 was determined for carvacrol and citral by the tube dilution method with an initial concentration of 10^5 CFU/mL (Rota et al., 2004). The highest and lowest concentrations tested were 2,500 and 50 ppm of ICs respectively. For ICs, we also prepared negative controls containing TSBYE plus 2,500 ppm of ICs, and positive controls containing TSBYE with microorganisms at a final concentration of 10^5 CFU/mL. After 24 h incubation at 37°C , the MIC was determined as the lowest concentration of each IC in the presence of which bacteria failed to grow, i.e. at which no visible changes could be detected in the broth medium (Clinical and Laboratory Standards Institute, 2012).

2.4 Heat treatments

For the transcriptomic assay, a heat treatment was carried out in an incubator (FX Incubator, mod. ZE/FX, Zeulab, Zaragoza, Spain) at 48°C , with a thermocouple (Ahlborn, mod. Almemo 2450, Holzkirchen, Germany) to monitor temperature during treatment. Once temperature had

154 stabilized, 50 μ L of a diluted cell suspension was added to a sterile tube containing 450 μ L of
155 McIlvaine citrate-phosphate buffer of pH 4.0. The initial bacterial concentration was
156 approximately 2×10^8 CFU/mL. Control condition was established as bacterial cells held in the
157 same pH 4.0 buffer for 10 min. These reference cells were not inactivated during the treatment.
158 After 10 min, 0.5 mL samples were immediately used to extract RNA, or 0.1 mL samples were
159 used for purposes of survivor enumeration.

161 2.5 Counts of viable and sublethally injured cells

162 The bacterial cells' physiological response was investigated by counting viable cells. After
163 respective treatments, samples were diluted in Phosphate Buffered Saline, pH 7.3 (PBS; Oxoid).
164 Then 0.1 mL samples were pour-plated onto Tryptic Soy Agar (Oxoid) with 0.6% Yeast Extract
165 added (Oxoid) (TSAYE). Treated samples were also plated on TSAYE with 3% (MG1655) or
166 4% (BW25113) of sodium chloride (Panreac, Barcelona, Spain) added (TSAYE-SC) and 0.1%
167 (MG1655) or 0.2% (BW25113) of bile salts (Oxoid) added (TSAYE-BS), to evaluate
168 cytoplasmic membrane damage and outer membrane damage, respectively (Mackey, 2000).
169 These concentrations corresponded to the pre-determined maximum non-inhibitory sodium
170 chloride and bile salt concentrations for native cells (data not shown).

171 Plates were incubated at 37°C for 24 h (TSBYE) or 48 h (TSBYE-SC and TSBYE-BS).
172 Previous experiments showed that longer incubation times had no influence on survival counts.
173 After plate incubation, the colonies were counted with an improved image analyzer automatic
174 counter (Protos; Analytical Measuring Systems, Cambridge, United Kingdom), as described in
175 previous research (Condón et al., 1996).

176 Inactivation was expressed as the difference between \log_{10} counts before and after each
177 treatment. The extent of sublethal injury was expressed as the difference between \log_{10} counts
178 on a non-selective medium (TSAYE) and \log_{10} counts on selective media (TSAYE-SC and
179 TSAYE-BS). The error bars in the figures indicate the mean \pm standard deviations from the data

obtained from at least 3 independent experiments carried out with different microbial cultures. ANOVA and *t*-tests were performed with GraphPad PRISM® (GraphPad Software, Inc., San Diego, USA) and differences were considered significant if $p \leq 0.05$. The treatment conditions we selected for both heat and ICs were designed in view of a specific criterion. The goal was to have treatment conditions that would ensure that a level of bacterial cell inactivation of less than 50% could be attained in 10 min. Thus we could obtain a transcriptomic response under conditions that can be considered truly lethal, but within a limited amount of time to ensure that most cells were still alive.

2.6 RNA isolation, labeling and hybridization

RNA samples were obtained from untreated and treated cultures that were prepared as described above. Cultures were immediately pelleted by centrifugation at $6000 \times g$ for 5 min. Three biological replicates were performed under identical conditions. RNA was isolated using the RNeasy Kit (Qiagen). The quality of the isolated RNA was examined by Tape Station using the R6K ScreenTape Kit (Agilent). All samples delivered RNA Integrity Number (RIN) values of >9 .

The labeling and hybridization was performed as per the Agilent Two-Color Microarray-Based Prokaryote Analysis Fair Play III Labeling Protocol v. 1.3 by Bioarray SL (www.bioarray.es). Labeled cDNAs were hybridized on Agilent's *E. coli* Microarray Kit 8x15K, ID 020097. Hybridization and subsequent washing of the slides was performed according to the manufacturer's instructions.

The microarray slides were scanned using an Agilent microarray scanner (G2505C), and data were processed with Agilent's Feature Extraction software (v. 10.7).

2.7 Analysis of gene expression

Data were normalized using the *Tquantile* method to allow comparison among all arrays. Multiple testing correction was performed using Benjamini and Hochberg correction

(Benjamini and Hochberg, 1995). Spots with an adjusted p -value ≤ 0.05 were considered statistically significant, and the false positive rate remained at less than 5%. Expression levels obtained from 3 independent biological replicates of the treated samples and 4 independent biological replicates of the untreated samples were compared using the Limma package (Smyth, 2004) included in the Bioconductor software (Gentleman et al., 2004). A functional grouping of genes was carried out according to the data from the NCBI (<http://www.ncbi.nlm.nih.gov/COG/>) using the GOSTats package included in the Bioconductor software. Genes are associated to their biological functions through Gene Ontology (GO), which also provides the information about other genes cooperating in such functions. Thus, GO is a useful tool for exploiting the existence of sets of genes involved in a certain cellular process (Coronnello et al., 2016). The expression of the 15 most up-regulated genes for each IC was verified via qPCR (Bioarray SL).

3 Results and Discussion

3.1 Bacterial inactivation with carvacrol, citral and heat treatments

To select adequate lethal treatment conditions to be applied before the RNA extraction, inactivation of *E. coli* MG1655 under different concentrations of carvacrol and citral and under different temperatures was evaluated. Since ICs have been proposed to pasteurize low pH food such as fruit juices, the pH of the treatment media was adjusted to a 4.0 value to elucidate the *E. coli* response to these ICs under acid conditions (Ait-Ouazzou et al., 2013).

The *E. coli* cells were treated for 10 min, a duration selected to obtain transcriptomic data reflecting the immediate response to a lethal treatment with either ICs or heat and allowing, at the same time, for the activation of bacterial stress response systems. Under these treatment conditions, cell inactivation determined in nonselective medium was ca. 0.2 log₁₀ cycles with respect to the initial population after carvacrol treatments (Fig. 1A) and ranged from 0.16 to 0.66 log₁₀ cycles with respect to the initial population after citral and heat treatments (Figs. 1B and 1C). A differential plating technique with selective and nonselective media revealed a population of damaged cells developing a global transcriptional response to the treatments applied. Recovery of cells in a selective medium with sodium chloride (Mackey, 2000) showed a population with sublethal injuries in their cytoplasmic membranes only after heat treatments ($p \leq 0.05$) (Fig. 1C). However, repairable damage in the outer membranes, revealed by recovery in the presence of bile salts, was observed in the wake of the application of all three food preservation technologies herein evaluated (Fig. 1). As previously demonstrated for carvacrol (Ait-Ouazzou et al., 2013), the degree of sublethal injuries to the outer membrane of *E. coli* was greater than to the cytoplasmic membrane, suggesting that damage occurred firstly on the outer membrane. Heat treatment caused outer membrane damage to more than 99 % of survivors (Fig. 1C); however, only less than 90 % of survivors showed damages on their outer membranes after carvacrol and citral treatments, at least under the conditions tested in this study (Figs. 1A and 1B).

One must bear in mind that the most adequate treatment conditions for this transcriptomic analysis would be those targeting a high fraction ($\geq 90\%$) of the initial cell population but allowing cells to develop a stress response, i.e. high cell survival in conjunction with a large proportion of sublethally injured cells. Thus, treatments with over 50% of inactivated cells were discarded. Finally, we chose to apply 10 min-treatments of 100 ppm carvacrol (45% of inactivated cells and 60% of the surviving population with damages to their outer membranes), 50 ppm citral (30% of inactivation and 15% of survivors with damages to their outer membranes) and heat at 48°C (leading to 50% of inactivation and 98% of survivors injured in their outer membranes).

3.2 Global transcriptional response in carvacrol and citral-treated cells

To determine the effect of carvacrol and citral on the transcriptome of *E. coli* MG1655, for which the complete genome sequence is available (Blattner et al., 1997), DNA microarrays were used to compare transcript levels within stationary-phase bacterial cells subjected to a lethal IC condition at pH 4.0 for 10 min with regard to bacterial cells held in the same media for 10 min without any additional treatment (control cells). Control cells were not inactivated during the treatment.

Statistical analysis of DNA microarrays indicated that, following carvacrol treatment (100 ppm for 10 min), 76 genes displayed transcriptional differences with an adjusted p -value ≤ 0.05 , as compared with control cells. The significance and differences in transcript levels for all genes are depicted as a volcano plot (Fig. 2A). The upper corners of the graph show genes with both large fold changes and statistical significance. It was considered that genes with a negative value of \log_2 fold change were repressed with regard to control conditions, while the transcription of those genes with a positive value was activated by carvacrol. Of the 76 genes differentially expressed, 61 genes were up-regulated, while 15 were down-regulated after carvacrol treatment as compared to control cells (Fig. 2A).

Regarding the treatment with citral, 156 genes were transcribed differently than in the control

treatment ($p \leq 0.05$), only 27 of which were up-regulated (Fig. 2B). As for the greater number of genes showing transcriptional differences, the citral treatment seems to activate more metabolic pathways in bacterial cells than carvacrol. However, if we take into account the p -value and the magnitude of up-regulation, two very different response patterns are shown: the treatment with carvacrol caused a more significant response and higher levels of over-expression of several genes (Fig. 2). Thus, those up-regulated genes might play an important role in bacterial cell survival to carvacrol, and should be carefully examined.

Living organisms respond to stressful environmental conditions by redirecting protein synthesis to alleviate cell damage (Harcum and Haddadin, 2006). As a consequence, transcription of genes involved in cell response and repair is stimulated, while those not involved in those functions, such as genes with roles in cell division machinery, are usually down-regulated. Up-regulated genes after carvacrol treatment with available information about their function include multidrug efflux pumps (*acrA*, *mdtM*), genes related with phage shock response (*pspA*, *pspB*, *pspC*, *pspD*, *pspF* and *pspG*), biosynthesis of arginine (*argC*, *argG*, *artJ*) and purine nucleotides (*purC*, *purM*), and transport of galactonate (*dgoR*) and tryptophan (*mtr*) (Table 1). Gene classes are usually based on GO categories. Arginine biosynthetic process, purine nucleotide biosynthetic process and dicarboxylic acid biosynthetic process are the final GO category for the ontology trees constructed with the up-regulated genes after carvacrol treatment.

acrA is one of a network of genes that are believed to play a role in promoting the stress-induced mutagenesis response in *E. coli* K-12 (Al Mamun et al., 2012). It has also been linked with antibiotic resistance, since experiments carried out with a mutant lacking the *acrA* gene showed a hypersensitivity to a high number of antibiotics (Liu et al., 2010). Visvalingam et al. (2013) also described an activation of *acrA* expression after cinnamaldehyde challenge. The other up-regulated gene corresponding to a multidrug efflux pump, *mdtM*, acts in synergy with the AcrAB/TolC multidrug efflux system to provide enhanced efflux of unconjugated bile salts in *E. coli* (Paul et al., 2014). Therefore data show a correlation between genes associated with

multidrug efflux pumps in aiding *E. coli* cells to cope with carvacrol, as is the case for antibiotics and cinnamaldehyde.

The majority of up-regulated genes after a carvacrol treatment belonged to the group of phage shock proteins (*psp*), a system that responds to extracytoplasmic stress (Darwin, 2005) and is induced by dissipation of the proton motive force caused by secretin production (Darwin, 2005; Darwin and Miller, 2001), or after exposure to hydrophobic organic solvents (Kobayashi et al., 1998). In relation with the previously described up-regulated gene *acrA*, Jovanovic et al. (2006) have proposed that ArcB, the sensor of the ArcAB system, is required for *psp* expression. Regarding the action of *psp* response, it has been demonstrated that PspA binds to membrane phospholipids and repairs proton leakage of damaged membranes in *E. coli* (Kobayashi et al., 2007).

On the other hand, the up-regulated genes related with the biosynthesis of arginine are classified inside a GO category which statistical study of our transcriptomic assay revealed to be an up-regulated GO functional group. Arginine, along with lysine, constitutes one third of the residues composing a segment of ion channels. Monoterpenes, such as carvacrol, affect several physicochemical properties of lipid bilayer membranes and they act, similarly to other lipophilic compounds, as allosteric modulators of several ion channels (Oz et al., 2015). Cell envelope damage can be observed after carvacrol treatment of *E. coli*: therefore *psp* response could be induced after detection of injuries on ion channels (that would affect the proton motive force and activate the arginine biosynthetic process), and/or after detection of membrane damage by ArcB (which would cause the activation of both *psp* response and *mdtM* efflux pump). These results demonstrate that carvacrol-treated cells activate a response involving components and functions directly associated with the membranes, which are considered one of the main targets of carvacrol treatments (Ait-Ouazzou et al., 2011; Sikkema et al., 1994; Ultee et al., 1998).

In the citral-treated samples, transcription of *purH* (purine biosynthesis) and *pyrB* and *pyrI* (pyrimidine biosynthesis) increased more than 2-fold (Table 2). These results would indicate that cell response involves activation of metabolism, since nucleotides are needed to synthesize

DNA and RNA for catabolic processes. 11 of the 25 most up-regulated genes were hypothetical proteins with unknown function. Among them, *ybiJ* is the gene showing the highest expression: nearly 10-fold higher after citral treatment. In DNA repair-deficient cells, *ybiJ* was over-expressed, as well as genes corresponding to SOS response, cellular efflux and oxidative stress; the whole can be regarded as a gene regulation strategy to avoid mutations and cell death induced by chlorambucil. Also, Wurpel et al. (2014) identified the protein YbiJ in artificially induced outer membrane vesicles from uropathogenic *E. coli*. Thus, *ybiJ* over-expression could indicate damage to cell envelopes, as well as to DNA, caused by citral.

Therefore, our results would support the idea that bacterial envelopes are a main target of carvacrol, along with the existence of an active metabolism triggered in the cell to cope with citral treatment. Comparison of our results with the transcriptome of carvacrol- and citral-treated bacterial cells under different pH treatment media conditions and/or grown in the treatment medium might bring further insights into the mechanism of bacterial inactivation by these ICs.

As shown in Table 3, four up-regulated genes were observed after both treatments, among which *ygaV* showed the highest expression. Interestingly, *ygaVP* codes for a protein that is apparently membrane-associated.

Unlike the transcriptomic response observed by Chueca et al. (2015) in PEF, no transcriptional differences in genes of acid shock response were observed between the control and treated samples with ICs carvacrol and citral. Thus, the IC treatments used in this study would not impair normal cell response to acidic environment. Interestingly enough, there were up-regulated genes by IC treatments related to the response of *E. coli* to low pH, such as the case of *sad/yneI* after citral treatment (Kannan et al., 2008) and *inaA* after carvacrol treatment, a gene dually regulated by the multiple antibiotic resistance (Mar) and superoxide (SoxRS) stress response systems (Rosner and Slonczewski, 1994). This would be consistent with the oxidative damage by carvacrol described by Chueca et al. (2014b). Although these compounds caused extensive oxidative damages in growing *E. coli* cells when treated in a growth medium (Chueca

et al., 2014b), activation of oxidative stress response by these compounds was not detected in the present study. It might be possible that absence of oxidizable substrates in treatment buffer and/or cell physiological state could affect presence of oxidative damages. Further transcriptome analysis at pH 7.0 would help us compare citral and carvacrol with cinnamaldehyde, since the latter compound caused a repression of acid resistance genes associated with an increase in antibiotic resistance (Visvalingam et al., 2013).

3.3 Comparison of transcriptomics in carvacrol- and citral-treated vs. heat-treated cells

Given the industrial relevance of heat as a food preservation technology, its mechanism of inactivation has been well studied (Gould, 1989), as well as bacterial transcriptome after sublethal (Carruthers and Minion, 2009; Gunasekera et al., 2008; Harcum and Haddadin, 2006) and lethal stresses (Guernec et al., 2013). To compare cell responses after IC and heat treatments under our selected conditions (10 min, pH 4.0), transcriptomics after the carvacrol and citral treatments were compared with those following a heat treatment that inactivated half of the bacterial population and caused damage in the outer membrane of the majority of survivors ($\geq 98\%$). As described above, the treatments with carvacrol and citral had caused 45% and 30% of inactivation and damage to the outer membrane of 60% and 15% of the surviving population, respectively. In contrast with IC treatments, heat treatment caused the differential expression of 1,422 genes, 508 of which were up-regulated, compared with only 61 and 27 up-regulated genes in carvacrol and citral-treated cells (Fig. 3). This was similar to what was observed by Chueca et al. (2015) in the comparison with PEF, where only 20 genes were up-regulated. Thus, the extensive cell response caused by heat treatments (and, as a result, the structures targeted by heat) remained greater, not only when compared with PEF treatments, but also with carvacrol and citral treatments.

IC inactivation, especially by carvacrol, seemed to be location-specific and related exclusively to cell envelopes, as likewise observed for PEF (Chueca et al., 2015). This contrasts with the multitarget damage caused by heat, which affects ribosomes, membranes, enzymes and DNA

(Gould, 1989).

As previously discussed, the extense of damage to the outer membrane was greater (Fig. 1) in the case of heat treatment than in carvacrol and citral treatments. This would confirm the relevance of bacterial envelopes in the process of cell recovery after stress from damage caused by food preservation technologies, since injured cells activate pathways to overcome the stress and repair the damages. Cells that have already been subjected to a heat treatment could thereby develop cross-resistance to subsequent stresses (Hengge, 2011).

Table 4 shows the genes most up-regulated after a lethal heat treatment. There were 5 up-regulated GO categories in the heat-treated cells: protein folding, response to temperature stimulus, glucose metabolic process, response to drug and pyridine-containing compound metabolic process. “Protein folding” was expected as a consequence of heat treatment, which lead to an increase in unfavorable protein interactions such as misfolding and aggregation. Genes belonging to this category included those encoding major chaperone subunits (*groL*, *groS*, *dnaK*, *dna* and *grpE*), heat shock proteins (HSP) (*clpB*, *hspG*) and proteases (*clpX* and *hslV*). Guernec et al. (2013) ignored most of these genes in their microarray analysis due to the high intensity of their fluorescent signal. Nevertheless, they performed an evaluation of *dnaK* and *groEL* by qPCR, which revealed their increased transcription. Another GO category among up-regulated genes was “response to temperature stimulus” with HSP (*degP*, *hslR*, *hspX*, *ibpA* and *ibpB*) and σ factors (*rpoE*, *rpoH* and *rseA*). The GO categories “glucose metabolic process”, “response to drug” and “pyridine-containing compound metabolic process” included genes with less change in expression than those of the two previously mentioned categories. After treatments with carvacrol and, even more so, with citral, gene expression (Fig. 2) as well as membrane damage (Fig. 1) were lower than those observed after lethal heat treatments. Therefore, as already propounded in the case of PEF (Chueca et al., 2015), citral and carvacrol would likewise be two further compounds of great value in the avoidance of general stress cell response and resistance of bacteria in combined processes with heat.

Regarding the GO categories of differentially expressed genes, no categories were common to

all three treatments (carvacrol, citral and heat). As previously mentioned, carvacrol and heat shared certain up-regulated genes related to membrane stress, such as *pspB* and *pspG* (Table 5). As observed in the Venn diagram (Fig. 3), only one gene was down-regulated after the three treatments: *yghA*, an aldehyde reductase that contributes to the degradation of desired aldehyde end products of metabolic engineering (Rodriguez and Atsumi, 2014).

3.4 Response to carvacrol and citral exposure of single-deletion mutants for up-regulated genes

To evaluate the individual contribution of up-regulated genes, resistance to carvacrol and citral was tested in single-gene deletion mutants from the Keio collection (with BW25113 as parental strain). Main differences in BW25113's genotype in relation to MG1655's are: a) the deletion of *araBAD* and *rhaDAB*, b) replacement of a section of *lacZ* with four tandem *rrnB* terminators, and c) a frameshift mutation in *hsdR* which introduces a stop codon (Grenier et al., 2014). Notably, there were no differences between strain MG1655 and BW25113 affecting genes identified as showing transcription changes in response to the treatments applied.

Conditions for lethal treatments allowing an adequate discernment of mutants with statistically higher ($p \leq 0.05$) inactivation than the parental strain were selected. Cells were recovered in nonselective and selective media with sodium chloride and bile salts to detect cytoplasmic and outer membrane damage, respectively.

For genes up-regulated after carvacrol exposure, a lower ($p \leq 0.05$) cell envelope resistance to a 100 ppm carvacrol treatment during 10 min was observed in *ygaV*, *yjbO* and *pspC* mutants, compared to parental strain *E. coli* BW25113 (Fig. 4A). On the other hand, higher inactivation was not observed ($p > 0.05$) for up-regulated genes in mutants, when compared with BW25113, after a treatment of 200 ppm citral during 60 min. Only *ygaV* mutant was more resistant ($p \leq 0.05$) than parental strain when plated in selective recovery media added with bile salts, indicating a higher resistance of outer membrane in mutant cells against citral. This situation would indicate that whereas up-regulation of *ygaV* was correlated with citral treatment, it is not part of a protective/defensive response. Inactivation of the parental strain was around 1.5, 2 and

3.5 log₁₀ cycles in non-selective and selective recovery media with sodium chloride and bile salts, respectively (Fig. 4B). None of the mutant strains tested showed a statistically higher ($p > 0.05$) inactivation than BW25113. Surprisingly, after evidencing the MICs against carvacrol and citral for their respective single-gene mutant strains, no differences were found for carvacrol, whereas *sdhA*, *yejG* and *ygaV* mutants showed lower MIC against citral than the parental strain (Table 6).

Brauner et al. (2016) described the difference between resistance, tolerance and persistence. Our results reveal the role of *ygaV*, *yjbO* and *pspC* in *E. coli* survival to carvacrol as well as that of *sdhA*, *yejG* and *ygaV* in *E. coli* growth with citral. Thus, although all of these genes were part of *E. coli* response to exposure to those ICs as evidenced by transcriptomic analysis, they took part through different mechanisms: one providing tolerance to carvacrol, the other enhancing resistance of *E. coli* to citral. In addition, it might be possible that resistance and/or tolerance against carvacrol and citral are mediated by more than one gene. Further experiments with double (or multiple genes) knockout mutants would clarify this point.

4 Conclusions

To use ICs and/or EOs as natural antimicrobials for food preservation, it is important to know the mechanisms by which these molecules exert their bactericidal power. This study is the first to show quantitative information from the cellular transcriptome through microarray analysis of stationary-phase *E. coli* after carvacrol and citral treatments. It should be noted that experiments were carried out in an acid buffer. Therefore, further experiments to transcriptomic response of cells in real food environments, such as in fruit juices, are needed.

After we selected treatments designed to damage almost the entire population, *E. coli* showed a more significative transcriptomic response to the carvacrol than to the citral treatment. While more genes were differentially expressed after citral treatment (156 genes) their statistical differences placed them only in limit beyond $p \leq 0.05$. Carvacrol treatment resulted in 15 down-regulated and 61 up-regulated genes, but with higher statistical reliability than those of citral.

Multidrug efflux pumps (*acrA*, *mdtM*), genes related with phage shock response (*pspA*, *pspB*, *pspC*, *pspD*, *pspF* and *pspG*), biosynthesis of arginine (*argC*, *argG*, *artJ*) and purine nucleotides (*purC*, *purM*) were the up-regulated genes that were most prominent after treatment with carvacrol.

Comparative transcriptomics of the response of *E. coli* to a heat treatment revealed a much weaker response to both ICs, indicating that inactivation by citral or carvacrol was not multitarget in nature.

On the one hand, deletion of *ygaV*, *yjbO* and *pspC*, three of the up-regulated genes after carvacrol treatments, caused a decrease in resistance of *E. coli* envelopes, as evidenced by the higher inactivation shown on selective recovery media with sodium chloride or bile salts. On the other hand, deletion of *sdhA*, *yejG* and *ygaV*, which were up-regulated after citral treatments, resulted in lower MIC for citral. Thus, the role of *ygaV*, *yjbO*, *pspC*, *sdhA*, *yejG* and *ygaV* in the mechanisms of *E. coli* inactivation by carvacrol and citral was confirmed.

This is an example of how transcriptomics can help expand knowledge in a field of increasing importance such as the use of EOs for minimally processed food. This paper may serve as a basis for future research into cell strategies, incorporating *a priori* knowledge of the mechanisms involved. In addition to evidencing damages in cell envelopes due to citral and carvacrol treatments, this project has also thrown light on the strategies deployed by the cells to survive low doses of citral and carvacrol.

5 Acknowledgements

This work was supported by CICYT (Spanish Interministerial Commission of Science and Technology, Projects AGL2012-32165 and AGL2015-69565-P), FEDER, the European Social Fund, from the Aragonese Office of Science, Technology and University Research; and the Spanish Ministry of Sports, Culture and Education: the latter provided B. Chueca with a grant to carry out this investigation. The authors also wish to thank Stanley Hanks (translator) for having revised and proofread the final version of this manuscript.

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Figure legends

Fig. 1. Log₁₀ cycles of inactivation of stationary phase cells of *Escherichia coli* MG1655 after 10-min treatments with 100 ppm of carvacrol (A), 50 ppm of citral (B) and heat treatment at 48°C (C) in citrate-phosphate buffer of pH 4.0. Survivors were recovered in non-selective media (white bars) and in selective media with sodium chloride (grey bars) and bile salts (black bars). Data are means±standard deviations (error bars).

Fig. 2. Volcano plot of transcriptional differences in *Escherichia coli* MG1655 after 10-min treatments with 100 ppm of carvacrol (A) and 50 ppm of citral (B) in citrate-phosphate buffer of pH 4.0. Individual differences are plotted as log₂ fold change vs. -log₁₀ adjusted *p*-value. Points above the line at $p \leq 0.05$ indicate differential expression at a false discovery rate of 5%. The number of up- or down- regulated genes ($p \leq 0.05$) is indicated.

Fig. 3. Comparison of levels of genome-wide expression in *Escherichia coli* MG1655 after 10-min treatments with 100 ppm of carvacrol (CAR), 50 ppm of citral (CIT) and heat treatment at 48°C (HT) in citrate-phosphate buffer of pH 4.0. The number of differentially expressed genes are shown as a Venn diagram. Quantities of up-regulated genes are shown in bold, and quantities of down-regulated genes are shown in italics.

Fig. 4. Inactivation of stationary phase cells of *Escherichia coli* BW25113 after treatments with 100 ppm of carvacrol for 10 min (A) and 200 ppm of citral for 60 min (B) in citrate-phosphate buffer of pH 4.0. Survivors were recovered in non-selective media (white bars) and in selective media with sodium chloride (grey bars) and bile salts (black bars). Evaluated strains were the parental strain BW25113 and its derived single-gene deletion mutants for the majority of up-regulated genes revealed by transcriptomic analysis after IC treatments. Data are

679 means \pm standard deviations (error bars). * represents statistically significant differences ($p \leq$
680 0.05) between mutant strain and the parental strain for each recovery medium.

Tables

Table 1. Top 25 up-regulated genes (log₂-fold changes) in *Escherichia coli* MG1655 cells after a treatment with 100 ppm of carvacrol during 10 min. Microarray data were normalized, multiple testing correction was performed and spots with an adjusted *p*-value ≤ 0.05 were considered statistically significant.

Gene	bname	logFC	Description
<i>acrA</i>	b0463	1.87	acridine/multidrug efflux pump
<i>argC</i>	b3958	2.61	N-acetyl-gamma-glutamylphosphate reductase, NAD(P)-binding
<i>argG</i>	Z4534	2.00	argininosuccinate synthetase
<i>artJ</i>	b3243	2.71	arginine 3rd transport system periplasmic binding protein
<i>cvpA</i>	Z3575	1.65	membrane protein required for colicin V production
ECs4052	ECs4052	1.93	argininosuccinate synthetase
<i>inaA</i>	b2237	2.19	pH-inducible protein involved in stress response
<i>mdtM</i>	b4337	1.52	putative transport/multidrug efflux system protein
<i>mtr</i>	c_3914	2.96	Tryptophan-specific transport protein
<i>ndh</i>	b1109	1.74	respiratory NADH dehydrogenase 2/cupric reductase
<i>pspA</i>	b1304	4.57	regulatory protein for <i>psp</i> operon, inner membrane protein
<i>pspB</i>	b1305	4.42	DNA-binding transcriptional regulator of <i>psp</i> operon
<i>pspC</i>	b1306	3.21	DNA-binding transcriptional activator of <i>psp</i> operon
<i>pspD</i>	b1307	2.92	peripheral inner membrane phage-shock protein
<i>pspF</i>	b1303	1.60	<i>psp</i> operon DNA-binding transcriptional activator
<i>pspG</i>	b4050	4.63	phage shock protein G
<i>purC</i>	b2476	1.83	SAICAR synthetase
<i>purM</i>	b2499	2.01	AIR synthetase
<i>ygaV</i>	c_3216	1.75	hypothetical transcriptional regulator YgaV
<i>yjbO</i>	c_5019	4.54	hypothetical protein YjbO
<i>znuC</i>	b1858	1.52	zinc transporter subunit: ATP-binding component of ABC superfamily transport system
	c_1776	3.89	hypothetical protein
	c_0141	1.90	hypothetical protein
	c_0839	1.73	hypothetical protein
	b3695	1.50	regulator protein for <i>dgo</i> operon

687 **Table 2.** Top 25 up-regulated genes (log₂-fold changes) in *Escherichia coli* MG1655 cells after
688 a treatment with 50 ppm of citral during 10 min. Microarray data were normalized, multiple
689 testing correction was performed and spots with an adjusted *p*-value ≤ 0.05 were considered
690 statistically significant.

Gene	bname	logFC	Description
ECs0005	ECs0005	1.70	hypothetical protein
<i>fadI</i>	ECs3225	0.78	3-ketoacyl-CoA thiolase
<i>fis</i>	b3261	0.75	site-specific DNA inversion stimulation factor; DNA-binding protein; a trans activator for transcription
<i>purH</i>	Z5583	1.99	phosphoribosylaminoimidazolecarboxamide formyltransferase = AICAR formyltransferase IMP cyclohydrolase
<i>pyrB</i>	b4245	1.07	aspartate carbamoyltransferase, catalytic subunit
<i>pyrI</i>	b4244	1.41	aspartate carbamoyltransferase, regulatory subunit
<i>rpmA</i>	b3185	0.81	50S ribosomal subunit protein L27
<i>ruvC</i>	c_2277	0.79	crossover junction endodeoxyribonuclease
<i>sad</i>	b1525	1.44	putative aldehyde dehydrogenase
<i>sdhA</i>	Z0877	0.94	succinate dehydrogenase, flavoprotein subunit
<i>vacJ</i>	Z3610	0.80	lipoprotein precursor
<i>yaaX</i>	b0005	1.60	ORF, hypothetical protein
<i>ybiJ</i>	b0802	3.29	ORF, hypothetical protein
<i>ybjM</i>	b0848	1.43	predicted inner membrane protein
<i>yefF</i>	b2180	1.27	putative ATP-binding component of a transport system
<i>yefG</i>	b2181	1.28	ORF, hypothetical protein
<i>ygaV</i>	c_3216	1.72	hypothetical transcriptional regulator
<i>yneI</i>	c_1948	1.60	aldehyde-dehydrogenase like protein
Z0005	Z0005	1.60	ORF, hypothetical protein
Z1768	Z1768	1.14	unknown protein encoded by prophage CP-933N
Z5294	Z5294	0.87	ORF unknown function
	c_0008	1.31	hypothetical protein
	c_5343	1.01	hypothetical protein
	c_2891	0.87	hypothetical protein
	c_1908	0.86	hypothetical protein

691

Table 3. Common up-regulated genes (log₂-fold changes) in *Escherichia coli* MG1655 cells after treatments with 100 ppm of carvacrol and with 50 ppm of citral during 10 min. Microarray data were normalized, multiple testing correction was performed and spots with an adjusted *p*-value ≤ 0.05 were considered statistically significant.

Gene	bname	logFC- carvacrol	logFC-citral	Description
<i>rpmA</i>	b3185	1.00	0.81	50S ribosomal subunit protein L27
<i>yefF</i>	b2180	0.94	1.27	putative ATP-binding component of a transport system
<i>ygaV</i>	c_3216	1.75	1.72	hypothetical transcriptional regulator
	c_1908	0.91	0.86	hypothetical protein

697 **Table 4.** Top 25 up-regulated genes (log₂-fold changes) in *Escherichia coli* MG1655 cells after
698 heat treatment at 48°C during 10 min. Microarray data were normalized, multiple testing
699 correction was performed and spots with an adjusted *p*-value ≤ 0.05 were considered
700 statistically significant.

Gene	bname	logFC	Description
<i>alaS</i>	b2697	2.33	alanyl-tRNA synthetase
<i>degP</i>	b0161	2.11	periplasmic serine protease Do; HSP HtrA
<i>dnaK</i>	b0014	2.35	chaperone HSP70; DNA biosynthesis; autoregulated HSP
<i>ECs3223</i>	ECs3223	2.38	hypothetical protein
<i>fxsA</i>	b4140	2.42	ORF, hypothetical protein
<i>greA</i>	b3181	2.51	transcription elongation factor: cleaves 3 nucleotide of paused mRNA
<i>groL</i>	b4143	2.43	GroEL, chaperone HSP60, peptide-dependent ATPase
<i>groS</i>	b4142	3.07	GroES, 10 Kd chaperone binds to HSP60 in pres. Mg-ATP, suppressing its ATPase activity
<i>gshA</i>	b2688	3.86	gamma-glutamate-cysteine ligase
<i>ibpA</i>	b3687	3.39	HSP
<i>ibpB</i>	b3686	3.74	HSP
<i>insG</i>	b4278	3.33	IS4 hypothetical protein
<i>sixA</i>	b2340	2.21	ORF, hypothetical protein
<i>smgA</i>	b2617	2.76	small membrane protein A
<i>uup</i>	b0949	2.13	putative ATP-binding component of a transport system
<i>ychS</i>	b1228	2.93	ORF, hypothetical protein
<i>yfeK</i>	c_2954	3.17	hypothetical protein
<i>yfeY</i>	c_2966	3.16	hypothetical protein
<i>Z3603</i>	Z3603	2.40	ORF, hypothetical protein
	c_1257	3.50	putative conserved protein
	c_5225	3.05	hypothetical protein
	c_1016	2.74	hypothetical protein
	c_3703	2.71	transposase InsG for insertion sequence element IS4
	ECs1733	2.35	hypothetical protein
	c_0018	2.26	putative glutamate dehydrogenase

701

Table 5. Common up-regulated genes (log₂-fold changes) in *Escherichia coli* MG1655 cells after treatment with 100 ppm of carvacrol and heat treatment at 48°C during 10 min. Microarray data were normalized, multiple testing correction was performed and spots with an adjusted *p*-value ≤ 0.05 were considered statistically significant.

Gene	bname	logFC-carvacrol	logFC-heat	Description
<i>pspB</i>	b1305	4.42	0.80	DNA-binding transcriptional regulator of <i>psp</i> operon
<i>pspG</i>	b4050	4.63	1.94	phage shock protein G
<i>yjbO</i>	c_5019	4.54	1.72	hypothetical protein YjbO
	Z2476	1.18	0.86	ORF unknown function

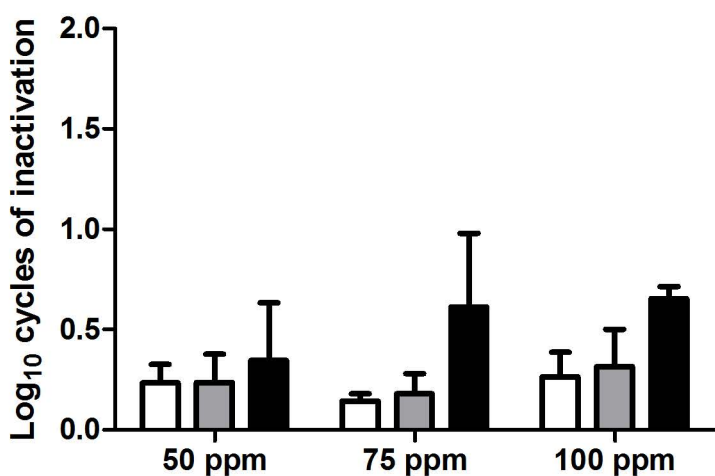
707 **Table 6.** Minimal inhibitory concentration (MIC) (ppm) of citral and carvacrol in *Escherichia*
708 *coli* BW25113 and selected single-gene deletion strains.

Strains	Citral MIC	Strains	Carvacrol MIC
BW25113	2,000	BW25113	300
$\Delta purH$	2,000	$\Delta arcA$	300
$\Delta pyrB$	2,000	$\Delta argC$	300
$\Delta pyrI$	2,000	$\Delta argG$	300
$\Delta sad/nusB$	2,000	$\Delta artJ$	300
$\Delta sdhA$	1,000	$\Delta inaA$	300
$\Delta yaaX$	2,000	Δmtr	300
$\Delta ybiJ$	2,000	Δndh	300
$\Delta ybiM$	2,000	$\Delta pspA$	300
$\Delta yejF$	2,000	$\Delta pspB$	300
$\Delta yejG$	1,000	$\Delta pspC$	300
$\Delta yneI$	2,000	$\Delta pspD$	300
$\Delta ygaV$	1,500	$\Delta purC$	300
		$\Delta purM$	300
		$\Delta ygaV$	300
		$\Delta yjbO$	300

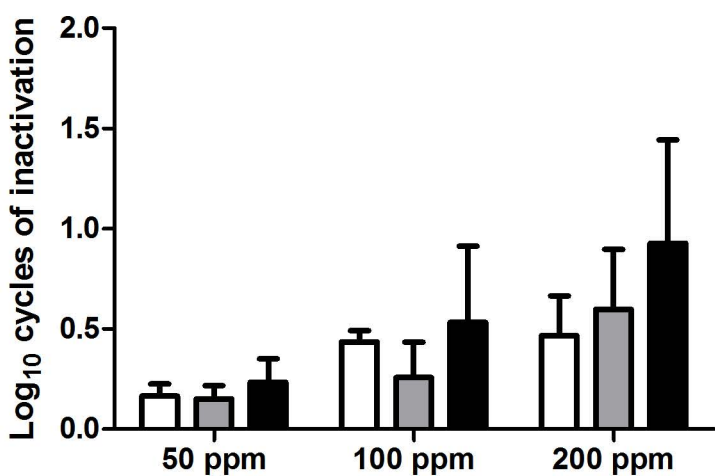
709

Figure 1

A



B



C

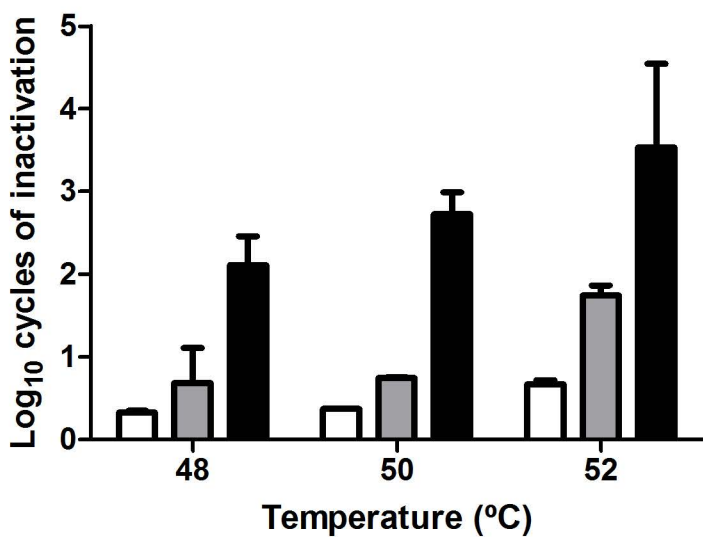
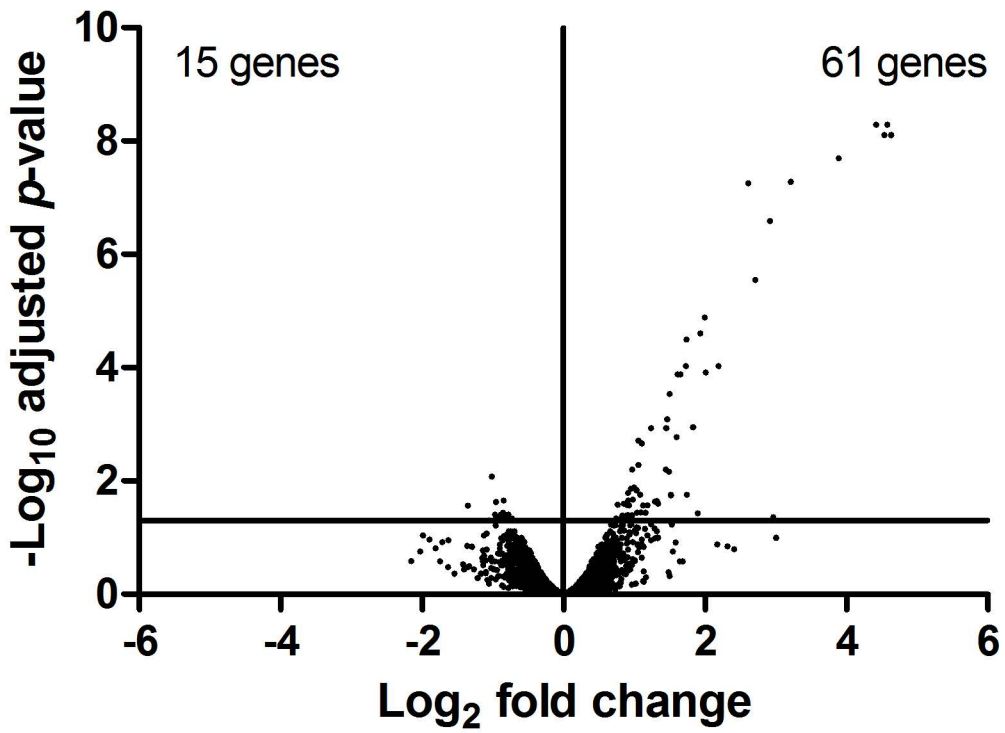


Figure 2

A



B

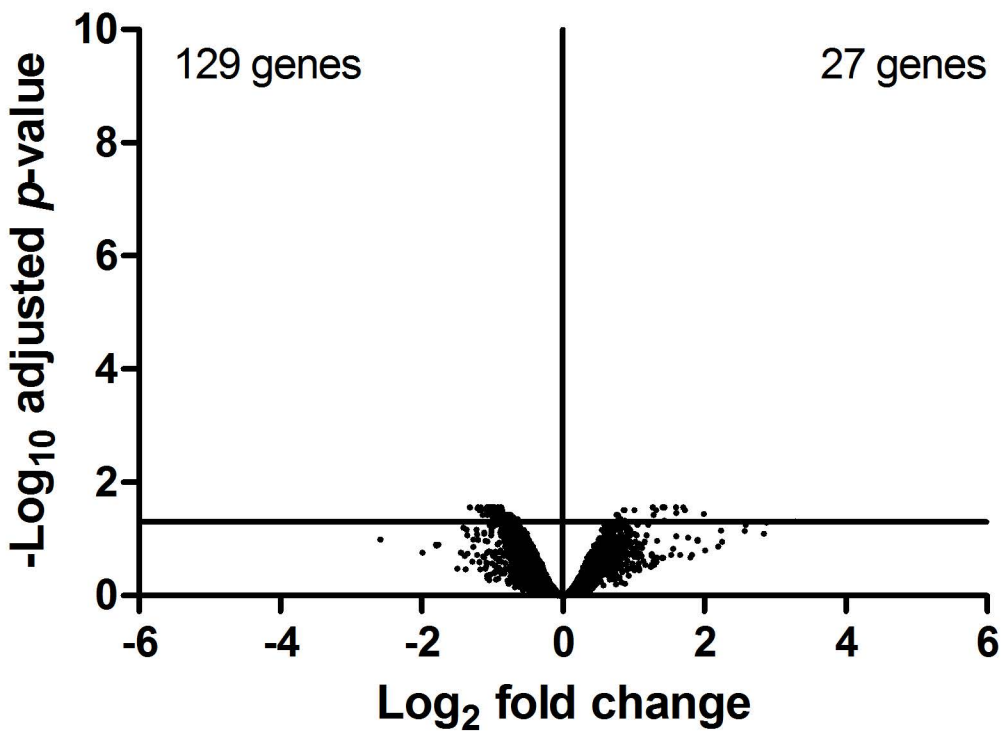


Figure 3

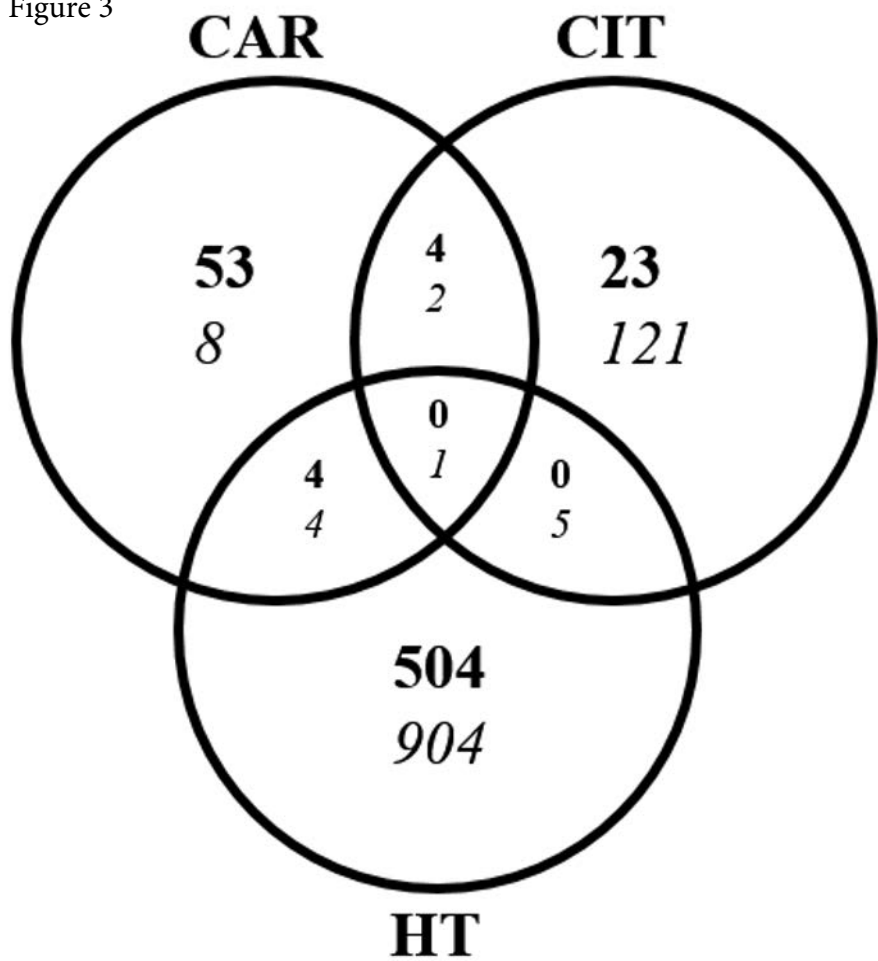
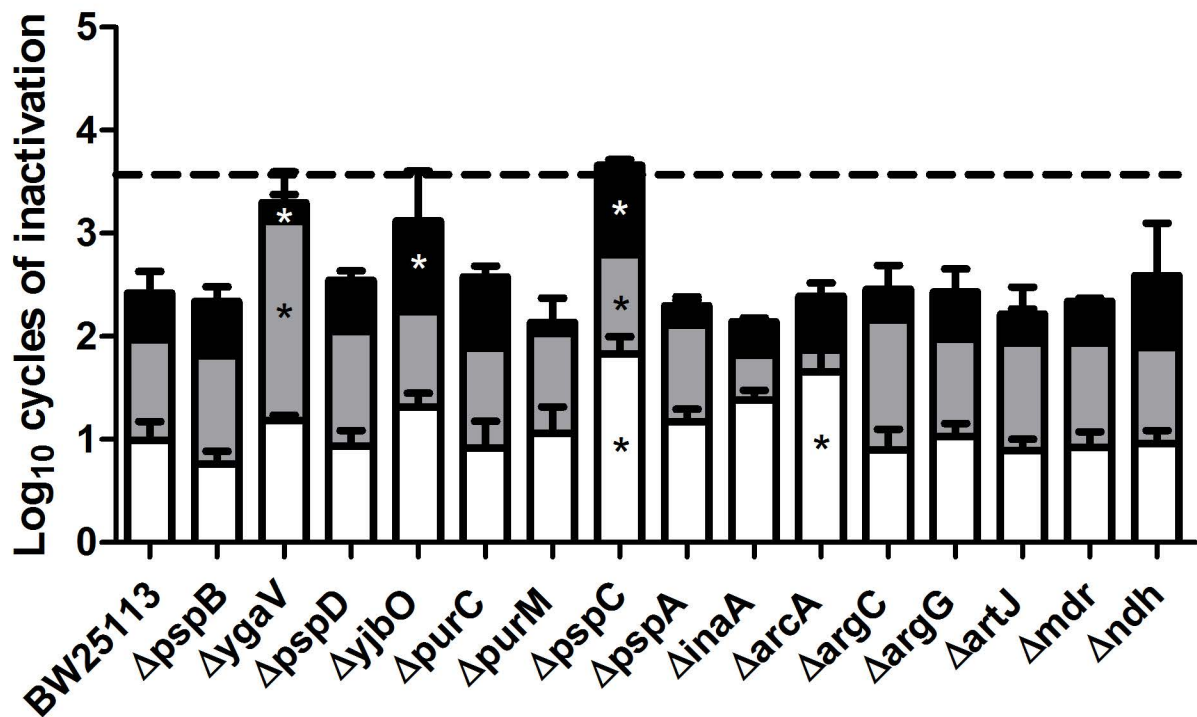


Figure 4

A**B**