

## 61112 - Physiotherapy

### Syllabus Information

**Academic year:** 2024/25

**Subject:** 61112 - Physiotherapy

**Faculty / School:** 127 - Facultad de Ciencias de la Salud

**Degree:** 374 - Master's in Social Gerontology

**ECTS:** 2.0

**Year:** 1

**Semester:** Second semester

**Subject type:** Optional

**Module:**

### 1. General information

This elective course of the master's curriculum describes the physiotherapy competencies in the field of geriatrics, as well as the most prevalent processes in geriatric physiotherapy. It also deals with falls, their relationship with frailty, assessment of balance quality and therapeutic exercise.

### 2. Learning results

- To recognize which are the general strategies that are applied from Physiotherapy for the most prevalent processes in Geriatrics.
- To identify variables that evaluate the quality of the balance.
- To identify actions to improve functionality in the elderly and in frail elderly.

### 3. Syllabus

- Description of physiotherapy competencies in geriatrics and gerontology.
- Description of the aspects of the aging process relevant to Physical Therapy.
- Basic knowledges about the most prevalent processes in geriatrics and their physiotherapy intervention.
- What about Community physiotherapy in the elderly
- Evaluation of the quality of balance in relation to the risk of falling.

### 4. Academic activities

Participative master class: 2 hours

Practical sessions: 8 hours

### 5. Assessment system

Full attendance to sessions and participation in classes, seminars, guided study and tutorials is required. Class attendance is not deemed as attendance by any means other than face-to-face.

Students must demonstrate that they have achieved the expected learning results through the following assessment activities:

If the requirements of attendance, active participation and classroom activities (organized in 4 sessions of 2 hours) are met, a grade of 8 (80%) will be obtained in the attendance assessment. At the end of the sessions, students must complete a questionnaire about what has been seen in class. This questionnaire will also be completed even if you have not been able to attend all the sessions. The maximum grade for the questionnaire is 2 points (20%). The grade for attending three sessions will be 7 points. Attendance of less than 2 sessions will be considered non-attendance.

Students who have not met the attendance criteria for duly accredited reasons, will have to write an assignment following the instructions that will be given in due time. The weighted assessment in the different situations is shown in the table below:

Assistance	Attendance grade 80%.	Questionnaire and face-to-face activities 20%.	Possible final paper* 20%. The minimum grade for weighting is shown	Weighted maximum final grade
Full attendance	8	2	8	10
Attendance 1 day (or 8 hours in 2 sessions)	7	2	7	9
Non-attendance	-	-	5	5

## 6. Sustainable Development Goals

- 3 - Good Health & Well-Being
- 4 - Quality Education