

CUIDAR Y CUIDARSE

CUADERNO DE DUDAS



EN ESTE CUADERNO PODDRÁS ESCRIBIR TODAS LAS
DUDAS QUE TENGAS SOBRE SER CUIDADOR

CONSULTA AQUÍ EL NOMBRE DEL PERSONAL DE SALUD:

MÉDICO/A:

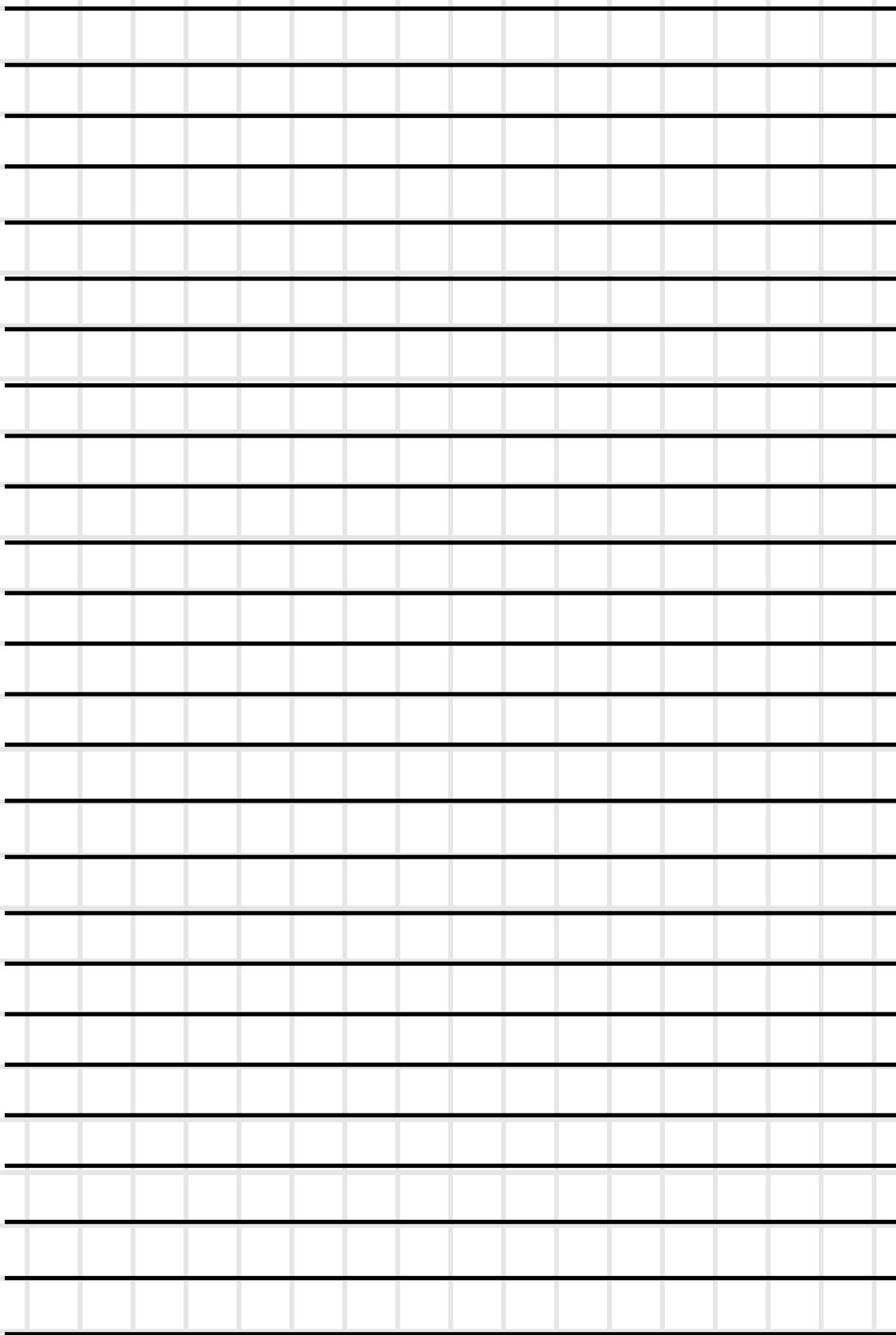
ENFERMEDO/A:

PSICOLOGO/A:

ESCRIBE AQUÍ LAS DUDAS QUE TENGAS SOBRE

COMUNICACIÓN EFICAZ

This image shows a full page of blank graph paper. It features a uniform grid of thin, light gray horizontal and vertical lines that intersect to form small squares across the entire surface. There are no margins, text, or other markings present.



A blank sheet of lined paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. The background is a light gray grid.

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ALIMENTACIÓN

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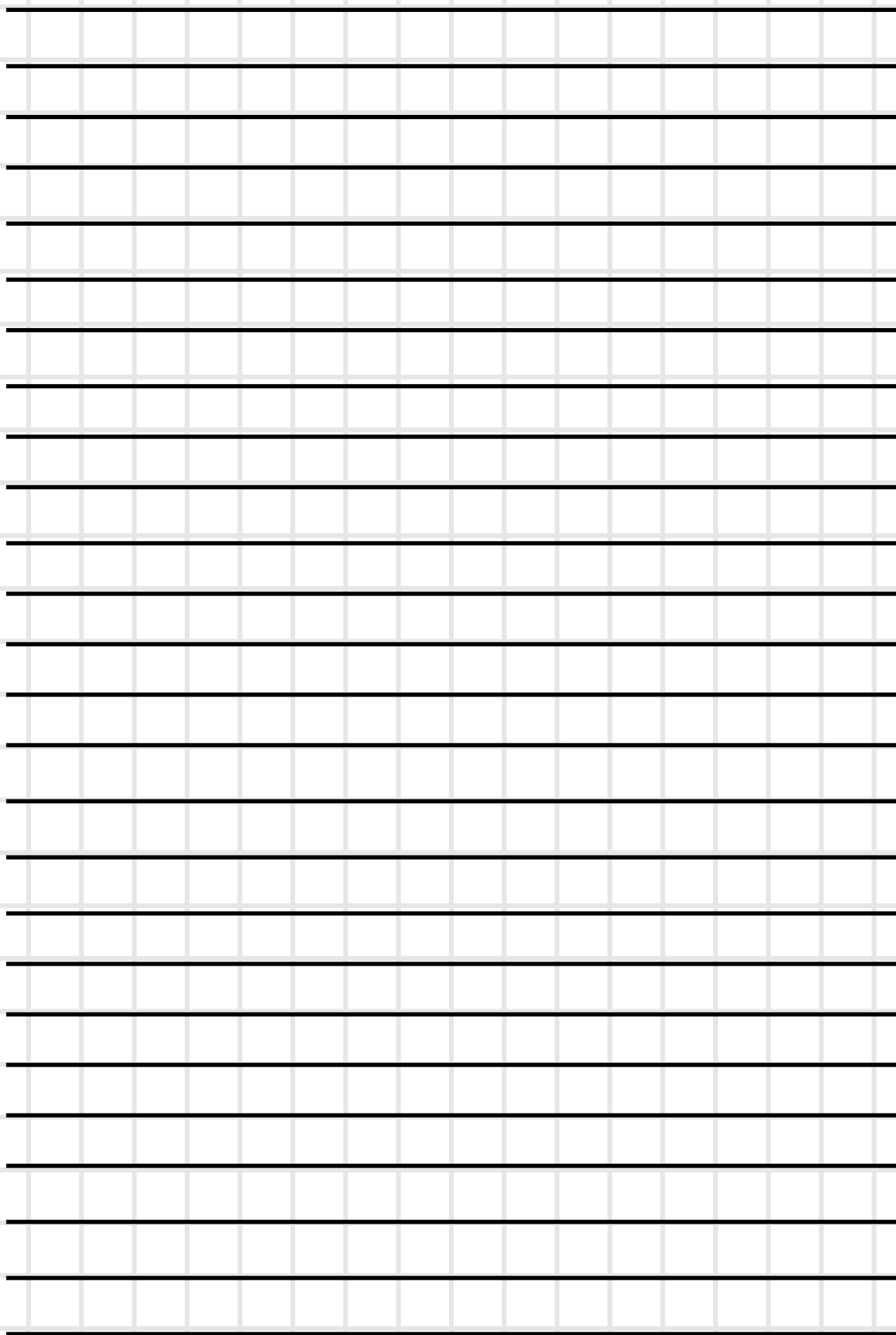
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SOBRECARGA DEL CUIDADOR

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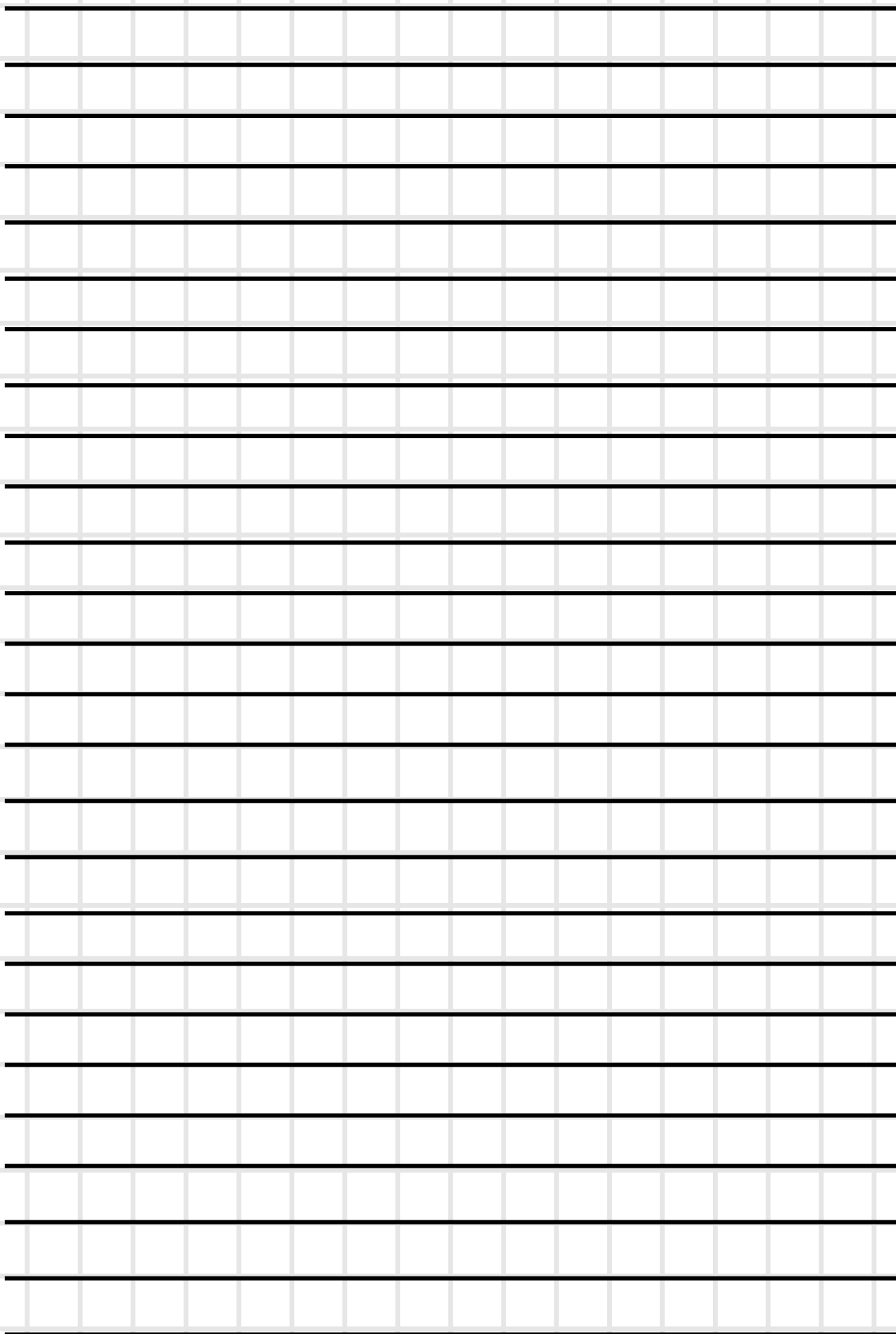
A blank sheet of lined paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. The background is a light gray grid.

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MEDICACIÓN

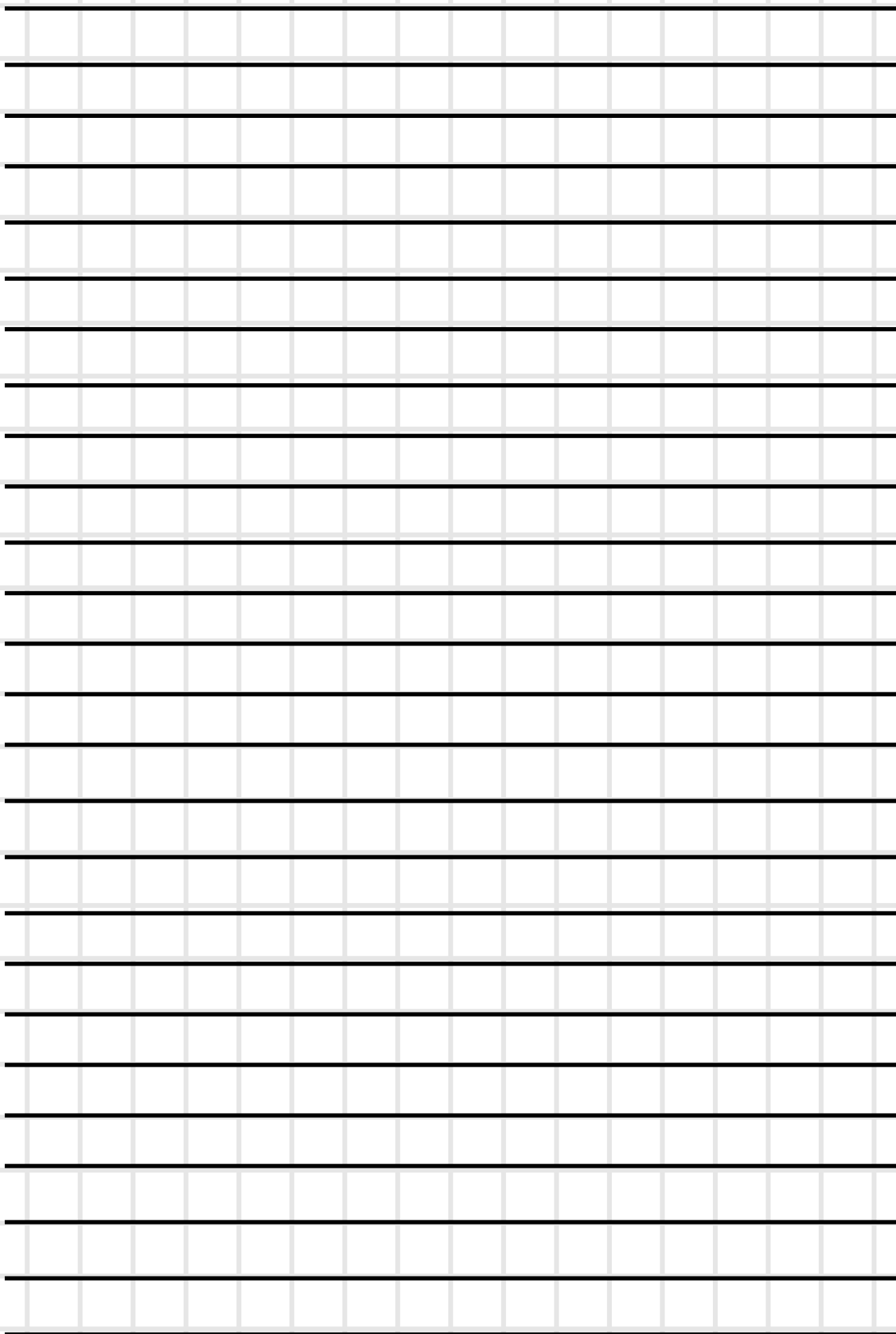
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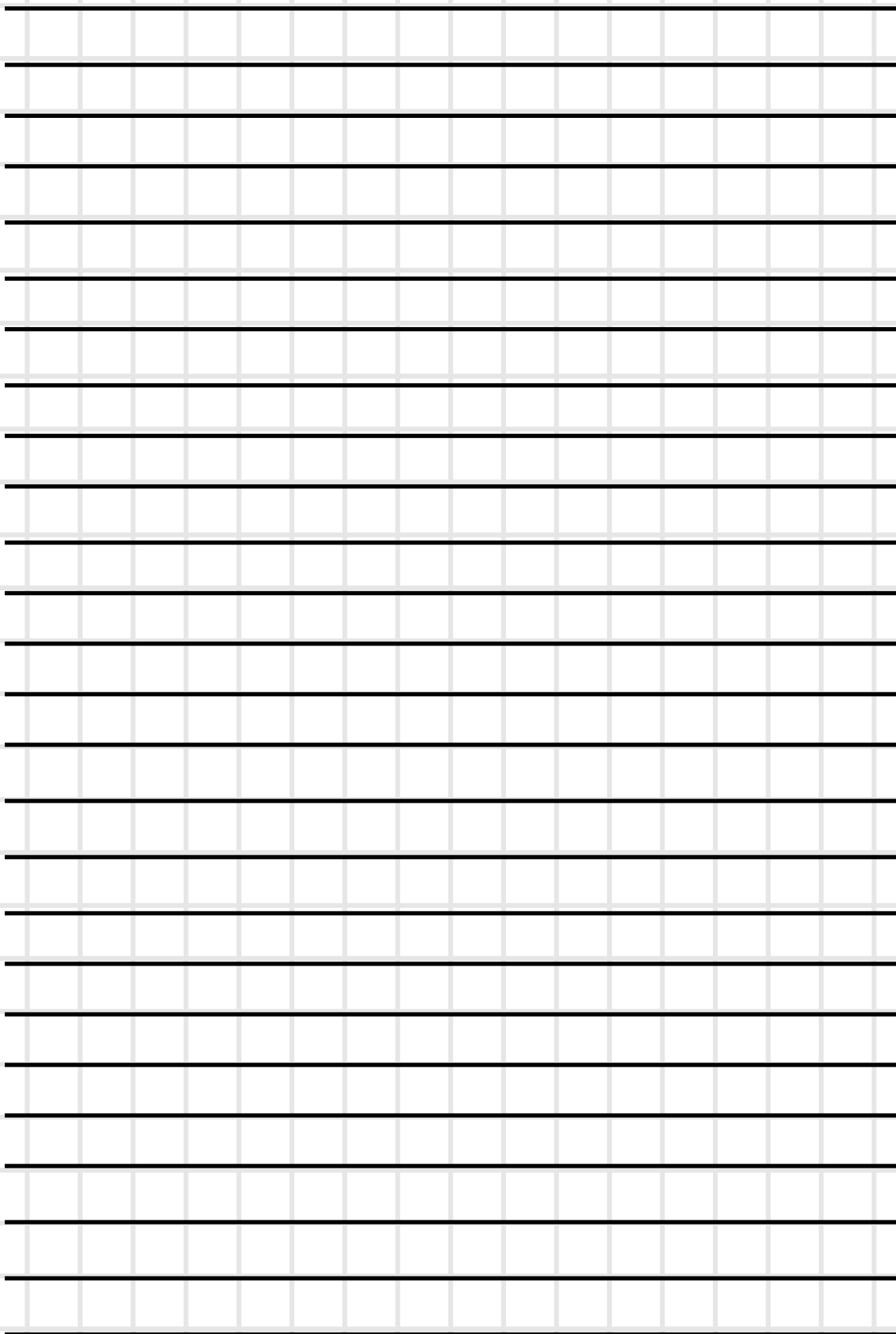
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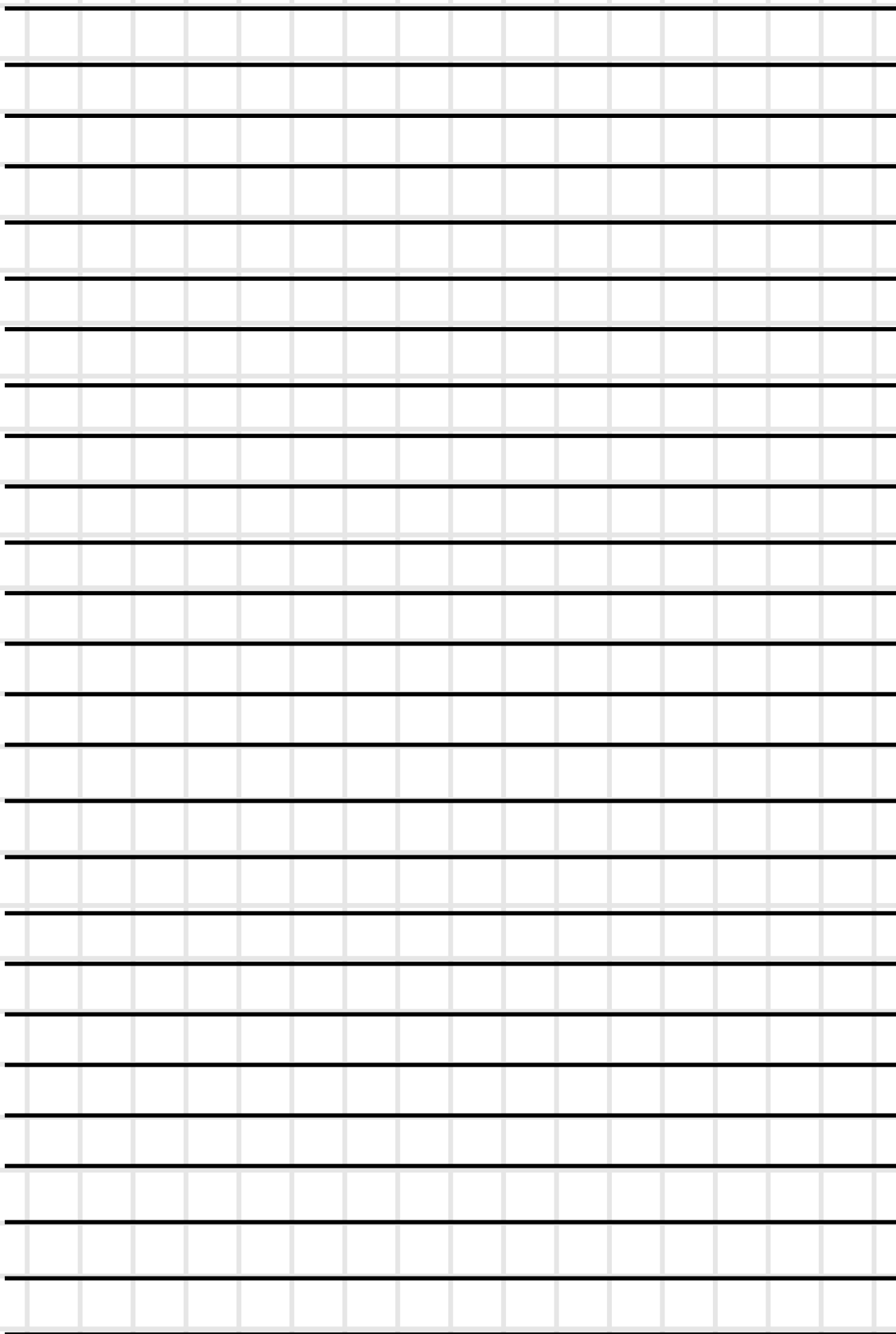


OTRAS DUDAS

A full-page view of a blank sheet of graph paper. The page is covered by a uniform grid of thin, light gray horizontal and vertical lines, creating a series of small squares across the entire surface. There are no margins, text, or other markings on the paper.







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