

## 25903 - Psychology of motivation and emotion

### Información del Plan Docente

Academic Year	2016/17
Academic center	301 - Facultad de Ciencias Sociales y Humanas
Degree	270 - Degree in Psychology
ECTS	6.0
Course	1
Period	Second Four-month period
Subject Type	Basic Education
Module	---

### 1. Basic info

#### 1.1. Recommendations to take this course

#### 1.2. Activities and key dates for the course

### 2. Initiation

#### 2.1. Learning outcomes that define the subject

#### 2.2. Introduction

### 3. Context and competences

#### 3.1. Goals

#### 3.2. Context and meaning of the subject in the degree

#### 3.3. Competences

#### 3.4. Importance of learning outcomes

### 4. Evaluation

### 5. Activities and resources

#### 5.1. General methodological presentation

#### 5.2. Learning activities

#### 5.3. Program

### PART I: INTRODUCCIÓN

Chapter 1. Introduction.

## 25903 - Psychology of motivation and emotion

Chapter 2. Motivation in historical and contemporary perspectives.

Chapter 3. The motivated and emotional brain.

### **PART II: NEEDS**

Chapter 4. Physiological needs.

Chapter 5. Intrinsic and extrinsic motivations.

Chapter 6. Psychological needs.

Chapter 7. Social needs.

### **PART III: COGNITIONS**

Tema 8. Goal setting and goal striving.

Tema 9. Personal control beliefs.

Tema 10. The Self and its strivings.

### **PART IV: EMOTIONS**

Tema 11. Nature of emotion.

Tema 12. Aspects of emotion.

### **PART V: INDIVIDUAL DIFFERENCES**

Tema 13. Personality characteristics.

Tema 14. Growth motivation and positive psychology.

### **5.4.Planning and scheduling**

### **5.5.Bibliography and recommended resources**