25916 - Basic psychotherapy

Información del Plan Docente

Academic Year	2016/17
Academic center	301 - Facultad de Ciencias Sociales y Humanas
Degree	270 - Degree in Psychology
ECTS	6.0
Course	2
Period	First Four-month period
Subject Type	Compulsory
Module	---

1.Basic info

1.1.Recommendations to take this course

1.2.Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3.Context and competences

3.1.Goals

3.2.Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5.Activities and resources

5.1.General methodological presentation

5.2.Learning activities

5.3.Program

I. Introduction to psychological assessment

1. Concept and models in psychological assessment

1.1. Introduction

1.2. historical overview of psychological assessment

1.3. Psychological evaluation models

1.4. Alternatives polemics psychological evaluation

1.5. conceptual synthesis

Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema

2. The evaluation process as a scientific procedure
2.1. Introduction
2.2. The process according to the evaluation goals
2.3. correlational approach
2.4. experimental approach
2.5. Suitable techniques to process
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 2: El proceso como procedimiento científico y sus variantes.

3. The report of the psychological evaluation
3.1. Introduction
3.2. Features report
3.3. Report Types
3.4. Content and organization of the report
3.5. recommendations
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 3: Comunicación de los resultados del proceso: el informe.

4. scientific and ethical guarantees of psychological assessment
4.1. scientific guarantees
4.2. ethical safeguards
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 4: Garantías científicas y éticas de la Evaluación Psicológica.

5. The interview
5.1. Introduction
5.2. Concept. Advantages and limitations of the interview
5.3. Classification of interviews
5.4. Reliability and validity of the interview
5.5. Biases and recommendations in conducting the interview
5.6. The course of the interview
5.7. Interviewing techniques
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 8: La entrevista.

- Rojí, Mª B. (1991). La entrevista terapéutica: comunicación e interacción en psicoterapia. Madrid: Cuadernos de la UNED. Tema 4. Técnicas de intervención verbal durante la entrevista.

6. Observation
6.1. Introduction
6.2. Test Units
6.3. Recording techniques
6.4. Sampling
6.5. Place of observation
6.6. Assurances scientific observation

Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 5: La observación.

7. Self-reports
7.1. Introduction
7.2. Basic concepts
7.3. Classes variables
7.4. Conditions of self
7.5. Main types of self
7.6. Questions about the quality of self-reports
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 7: Los autoinformes.

8. objective Techniques
8.1. Introduction
8.2. cognitive instrumentation
8.3. instrumentation motor
8.4. psychophysiological instrumentation
8.5. The computer psychological evaluation
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 6: Técnicas objetivas: instrumentación y aparatos.

9. Subjective Techniques
9.1. Introduction
9.2. The lists of adjectives (LA)
9.3. The classification-Q
9.4. The semantic differential technique (DS)
9.5. Tests of Personal Constructs (REP)
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 9. Técnicas subjetivas.

10. Projective Techniques
10.1. Introduction
10.2. Characteristics and types of projective techniques
10.3. structural techniques
10.4. thematic techniques
10.5. expressive techniques
10.6. construction techniques
10.7. associative techniques
Recommended study literature:

- Fernández Ballesteros, R. (2000). Introducción a la Evaluación Psicológica I. Madrid: Pirámide. Tema 10: Técnicas proyectivas.

2. Practice:
Throughout the academic year they will be held various practices, which will be compulsory for all students. You will be dedicated to handling techniques and assessment tools, as well as the study and analysis of psychological evaluation processes in different areas of application.

5.4.Planning and scheduling

5.5.Bibliography and recomended resources