

25930 - Social Interaction and Eating Behaviour

Información del Plan Docente

Academic Year 2016/17

Academic center 301 - Facultad de Ciencias Sociales y Humanas

Degree 270 - Degree in Psychology

ECTS 6.0

Course

Period Four-month period

Subject Type Optional

Module ---

1.Basic info

1.1.Recommendations to take this course

1.2. Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3.Context and competences

3.1.Goals

3.2. Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5. Activities and resources

5.1.General methodological presentation

5.2.Learning activities

5.3.Program

1- Food, nutrition and health

2- Physiological basis of eating behavior



25930 - Social Interaction and Eating Behaviour

3- Eating behavior: Psychological factors

4- Eating Behavior: Sociocultural factors

5- Overweight and Obesity: Prevention

6- Eating Disorders: Prevention

5.4. Planning and scheduling

5.5.Bibliography and recomended resources