

25933 - Social psychology of sport and physical exercise

Información del Plan Docente

Academic Year	2016/17
Academic center	301 - Facultad de Ciencias Sociales y Humanas
Degree	270 - Degree in Psychology
ECTS	6.0
Course	
Period	Four-month period
Subject Type	Optional
Module	---

1.Basic info

1.1.Recommendations to take this course

1.2.Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3.Context and competences

3.1.Goals

3.2.Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5.Activities and resources

5.1.General methodological presentation

5.2.Learning activities

5.3.Program

1. Sport Psychology: Theorie and Practice
2. Sport, Health and Psychological well-being
3. Psychological factors in Sport
4. Psychological skills in Sport
5. Sport in Specific Groups

5.4.Planning and scheduling**5.5.Bibliography and recomended resources**