

25402 - Nursing basics

Información del Plan Docente

Academic Year	2016/17
Academic center	127 - Facultad de Ciencias de la Salud 275 - Escuela Universitaria de Enfermería de Huesca
Degree	559 - Degree in Nursing 280 - Degree in Nursing 560 - Degree in Nursing 273 - Degree in Nursing
ECTS	12.0
Course	1
Period	Annual
Subject Type	Compulsory
Module	---

1. Basic info

1.1. Recommendations to take this course

1.2. Activities and key dates for the course

2. Initiation

2.1. Learning outcomes that define the subject

2.2. Introduction

3. Context and competences

3.1. Goals

3.2. Context and meaning of the subject in the degree

3.3. Competences

3.4. Importance of learning outcomes

4. Evaluation

5. Activities and resources

5.1. General methodological presentation

5.2. Learning activities

5.3. Program

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The contents of the theoretical lessons are divided into five blocks of matter:

I) Introduction to nursing.

- Concept of nursing and care.
- Historical development of nursing and nursing care.
- Concept of holistic human being.
- Nursing role today.

II) Theories and conceptual models of nursing.

- Concept of theory and model.
- The relationship between theory and model.
- The most significant nursing models and theories.

III) The nursing process

- Concept. Characteristics. Steps.
- Step 1: Assessment. Concept. Data types and sources. Data collection techniques. Data verification. Organizing and logging data.
- Step 2: Diagnosis. Concept. Analysis of data. Identification of the problem. Types of problems. Nursing diagnoses. NANDA diagnostic classification.
- Step 3: Care planning. Concept. Priorities. Results (NOC). Interventions (NIC).
- Step 4: Implementation. Concept. Conditionings. Stages.
- Step 5: Evaluation. Concept. Stages.

IV) Nursing care according to Virginia Henderson's 14 human needs satisfaction and the nursing process (assessment, diagnosis, care planning and procedures).

- Breathe normally.
- Eat and drink adequately.
- Eliminate body wastes.
- Move and maintain desirable postures.
- Sleep and rest.
- Select suitable clothes -dress and undress.
- Maintain body temperature within normal range by adjusting clothing and modifying the environment.
- Keep the body clean and well groomed and protect the integument.
- Avoid dangers in the environment and avoid injuring others.

V) Medication management. Nursing performance.

- Medication administration overview.
- Administration of drugs by injection. Overview. Intradermal, subcutaneous, intramuscular and intravenous routes.
- Administration of medication in other routes.

The contents of the seminars are divided into five blocks:

A) Vital Signs.

B) Parenteral administration.

C) Nursing process.

D) Catheterizations.

E) Other.

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5.4.Planning and scheduling

5.5.Bibliography and recomended resources