

Información del Plan Docente

Academic Year	2016/17
Academic center	127 - Facultad de Ciencias de la Salud 275 - Escuela Universitaria de Enfermería de Huesca
Degree	559 - Degree in Nursing 280 - Degree in Nursing 560 - Degree in Nursing 273 - Degree in Nursing
ECTS	12.0
Course	1
Period	Annual
Subject Type	Compulsory
Module	---

1.Basic info**1.1.Recommendations to take this course****1.2.Activities and key dates for the course****2.Initiation****2.1.Learning outcomes that define the subject****2.2.Introduction****3.Context and competences****3.1.Goals****3.2.Context and meaning of the subject in the degree****3.3.Competences****3.4.Importance of learning outcomes****4.Evaluation****5.Activities and resources****5.1.General methodological presentation****5.2.Learning activities****5.3.Program**

25402 - Nursing basics

The contents of the theoretical lessons are divided into five blocks of matter:

I) Introduction to nursing.

- Concept of nursing and care.
- Historical development of nursing and nursing care.
- Concept of holistic human being.
- Nursing role today.

II) Theories and conceptual models of nursing.

- Concept of theory and model.
- The relationship between theory and model.
- The most significant nursing models and theories.

III) The nursing process

- Concept. Characteristics. Steps.
- Step 1: Assessment. Concept. Data types and sources. Data collection techniques. Data verification. Organizing and logging data.
- Step 2: Diagnosis. Concept. Analysis of data. Identification of the problem. Types of problems. Nursing diagnoses. NANDA diagnostic classification.
- Step 3: Care planning. Concept. Priorities. Results (NOC). Interventions (NIC).
- Step 4: Implementation. Concept. Conditionings. Stages.
- Step 5: Evaluation. Concept. Stages.

IV) Nursing care according to Virginia Henderson's 14 human needs satisfaction and the nursing process (assessment, diagnosis, care planning and procedures).

- Breathe normally.
- Eat and drink adequately.
- Eliminate body wastes.
- Move and maintain desirable postures.
- Sleep and rest.
- Select suitable clothes -dress and undress.
- Maintain body temperature within normal range by adjusting clothing and modifying the environment.
- Keep the body clean and well groomed and protect the integument.
- Avoid dangers in the environment and avoid injuring others.

V) Medication management. Nursing performance.

- Medication administration overview.
- Administration of drugs by injection. Overview. Intradermal, subcutaneous, intramuscular and intravenous routes.
- Administration of medication in other routes.

The contents of the seminars are divided into five blocks:

- A) Vital Signs.
- B) Parenteral administration.
- C) Nursing process.
- D) Catheterizations.
- E) Other.

5.4. Planning and scheduling

5.5. Bibliography and recommended resources