

25611 - Health psychosociology

Información del Plan Docente

Academic Year	2016/17
Academic center	127 - Facultad de Ciencias de la Salud
Degree	275 - Degree in Physiotherapy
ECTS	9.0
Course	2
Period	Annual
Subject Type	Basic Education
Module	---

1. Basic info

1.1. Recommendations to take this course

1.2. Activities and key dates for the course

2. Initiation

2.1. Learning outcomes that define the subject

2.2. Introduction

3. Context and competences

3.1. Goals

3.2. Context and meaning of the subject in the degree

3.3. Competences

3.4. Importance of learning outcomes

4. Evaluation

5. Activities and resources

5.1. General methodological presentation

5.2. Learning activities

5.3. Program

INTRODUCTION: Social psychology as a discipline of social interaction (not evaluable)

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Module 1: PSYCHOSOCIAL NEEDS

Module 2: BASIC PSYCHOSOCIAL PROCESSES

- a) Social perception: the perception of health and disease
- b) Social cognition: stereotypes, prejudice and discrimination

Module 3: COMMUNICATION

- a) Concepts and dimensions
- b) Social Skills
- c) Patient- health professional interaction

Module 4: GROUP WORK (multidisciplinary team)

- a) Group structure: roles , status, cohesion , standards
- b) Leadership
- c) Decision-making group process
- d) Conflict management

Module 5: SOCIAL PSYCHOLOGY AND WELLBEING

- a) Lifestyle and health

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b) Stress, psychosocial analysis

c) Quality of life related to health

5.4.Planning and scheduling

5.5.Bibliography and recomended resources