

25613 - Kinesitherapy

Información del Plan Docente

Academic Year	2016/17
Academic center	127 - Facultad de Ciencias de la Salud
Degree	275 - Degree in Physiotherapy
ECTS	6.0
Course	2
Period	First Four-month period
Subject Type	Compulsory
Module	---

1.Basic info

1.1.Recommendations to take this course

1.2.Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3.Context and competences

3.1.Goals

3.2.Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5.Activities and resources

5.1.General methodological presentation

A variety of methodologies will be used, including question and answers, demonstrations, practical sessions (hands-on practice) in small groups, individual work and personal study

5.2.Learning activities

5.3.Program

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TOPIC 1.-Kinesitherapy: Concept. Objectives. Classification. Principles of application. Scope of work and indications.

TOPIC 2.-Kinesitherapy passive: Concept. Techniques. Principles of application. Actions . Indications and contraindications.

TOPIC 3.-Joint mobilization passive: Concept. Classification. Types and principles of application. Joint mobilization instrumental.

TOPIC 4.-Osteoarticular postures: Concept. Objectives. Classification. Principles of application. TOPIC 5.-Traction therapeutic: Concept. Actions. General principles of application. Classification. Manual and instrumental tractions in spine. Indications. Contraindications.

TOPIC 6.-Stretching: Concept. Objectives. Terms related to stretching. Properties of soft tissue that affect elongation. Technique and principles of application. Classification. Methods. Indications and contraindications.

TOPIC 7.-Kinesitherapy active: Concept. Objectives. Classification and methods.

TOPIC 8.-Instrumental work: suspensions and pulleys.

5.4.Planning and scheduling

5.5.Bibliography and recommended resources

Information Literacy Program offered through the University Library.