

## 26007 - Activities for functional independence I: Introduction to functional independence

### Información del Plan Docente

<b>Academic Year</b>	2016/17
<b>Academic center</b>	127 - Facultad de Ciencias de la Salud
<b>Degree</b>	276 - Degree in Occupational Therapy
<b>ECTS</b>	7.0
<b>Course</b>	1
<b>Period</b>	Annual
<b>Subject Type</b>	Compulsory
<b>Module</b>	---

### **1.Basic info**

#### **1.1.Recommendations to take this course**

#### **1.2.Activities and key dates for the course**

### **2.Initiation**

#### **2.1.Learning outcomes that define the subject**

#### **2.2.Introduction**

### **3.Context and competences**

#### **3.1.Goals**

#### **3.2.Context and meaning of the subject in the degree**

#### **3.3.Competences**

#### **3.4.Importance of learning outcomes**

### **4.Evaluation**

### **5.Activities and resources**

#### **5.1.General methodological presentation**

The learning process that is designed for this subject is based on an eminently practical guidance, supporting basic theoretical aspects of the subject. Special interest on the acquisition of knowledge, habits and skills needed to understand and integrate basic concepts for training, giving the opportunity to experience and experiment with different activities in the proposed workshops.

#### **5.2.Learning activities**

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- **Lectures/theoretical classes** in large group (25 hours). Participative lectures.
- **Practical classes** in small groups (45 hours)
- **Assignments** (25 hours): various tasks related to the practical workshops will be allocated. Including an assignment to apply learnings from the "Informativos Course in Occupational Therapy Skills" organized by the Library of the University.

**Study and evaluation** (80 hours).

### 5.3. Program

**PART 1** Fundamentals of autonomy and functional independence;

**PART 2** occupational performance;

**PART 3** Use and analysis of occupation;

**PART 4** Occupations in practice.

### 5.4. Planning and scheduling

Information regarding planning and scheduling of training activities will be available on the Moodle platform Digital Teaching Ring (ADD).

### 5.5. Bibliography and recommended resources

- American Occupational Therapy Association. Occupational therapy practice framework: Domain and process (3rd ed.) American Journal of Occupational Therapy, 2014; 68 (Suppl 1), S1-S48.  
<http://dx.doi.org/10.5014/ajot.2014.682006>
- Ávila Álvarez A, Martínez Piédrola R, Matilla Mora R, Máximo Bocanegra M, Méndez Méndez B, Talavera Valverde MA et al. Marco de Trabajo para la práctica de la Terapia Ocupacional: Dominio y Proceso. 2ª ed. [traducción]. [www.terapia-ocupacional.com](http://www.terapia-ocupacional.com) [portal en Internet] 2010 [23-11-2010]; [85p]. Disponible en: <http://www.terapia-ocupacional.com/aota2010esp.pdf> Traducido de: American Occupational Therapy Association. Occupational Therapy Practice Framework: Domain and Process (2nd ed.). Am J Occup Ther. 2008; 62:625-683.
- Crepeau EB, Cohn ES, Boyt BA. Willard & Spackman. Terapia Ocupacional. 11ª ed. Buenos Aires: Médica Panamericana; 2011.
- García Margallo P. (et al.) El análisis y la adaptación de la actividad en terapia ocupacional. (et al.) Madrid: Aytona; 2005.
- Hersch GI, Lampert NK, Coffey MS. Activity analysis: application to occupation. 5th ed. Thorofare, NJ: Slack; 2005.
- Hövel A. Curso práctico de cestería para principiantes e iniciados. Madrid: El Drac; 2008.
- Kielhofner G. Fundamentos conceptuales de la terapia ocupacional. 3ª ed. Madrid: Editorial Médica Panamericana; 2006.
- Organización Mundial de la Salud (OMS). Clasificación Internacional del Funcionamiento, de la Discapacidad y de la Salud: CIF. Madrid: Ministerio de Trabajo y Asuntos Sociales; 2004.
- Tubbs C, Drake M. Crafts and creative media in therapy. 4th ed. Thorofare: Slack; 2012.
- Turner A, Foster M, Johnson SE. Terapia Ocupacional y Disfunción Física. Principios, técnicas y práctica. 5ª ed. Madrid: Elsevier España, S.A.; 2003.