

## 26025 - Geriatrics

### Información del Plan Docente

Academic Year	2016/17
Academic center	127 - Facultad de Ciencias de la Salud
Degree	276 - Degree in Occupational Therapy
ECTS	6.0
Course	4
Period	Annual
Subject Type	Compulsory
Module	---

### 1.Basic info

#### 1.1.Recommendations to take this course

#### 1.2.Activities and key dates for the course

### 2.Initiation

#### 2.1.Learning outcomes that define the subject

#### 2.2.Introduction

### 3.Context and competences

#### 3.1.Goals

#### 3.2.Context and meaning of the subject in the degree

#### 3.3.Competences

#### 3.4.Importance of learning outcomes

### 4.Evaluation

### 5.Activities and resources

#### 5.1.General methodological presentation

#### 5.2.Learning activities

#### 5.3.Program

#### BLOCK I: GERIATRIC BASES

Item 1- Concepts and historical background of Geriatrics. Its involvement in Occupational Therapy.

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Item 2- Social aspects of ageing and retirement.

Item 3- Theories of biological ageing.

Item 4- Systemic physiology of ageing.

Item 5- Senescence and sleep.

Item 6- Nutrition and senescence.

Item 7- Physical activity in the elderly.

### BLOCK II: GERIATRIC ASSESSMENT

Item 8- General geriatric assessment: basic activities of daily living; physical, mental and social activities.

Item 9- Special assessment by pathologies that are prevalent in an elder: urinary incontinence, immobility, pressure ulcers, depression, dementia, sensorineural deprivation.

Item 10- General fundamentals of prevention and therapy in the elder.

### BLOCK III: GERIATRICS AND OCCUPATIONAL THERAPY

Item 11- Cardiovascular pathology.

Item 12- Respiratory pathology.

Item 13- Rheumatologic diseases.

Item 14- Reno-urological pathology.

Item 15- Neurological diseases.

Item 16- Digestive pathology.

Item 17- Endocrine and metabolic disorders.

## 5.4.Planning and scheduling

**5.5. Bibliography and recommended resources**