

26308 - Sociology of physical activity and sport

Información del Plan Docente

Academic Year 2016/17

Academic center 229 - Facultad de Ciencias de la Salud y del Deporte

Degree 295 - Degree in Physical Activity and Sports Science

ECTS 6.0 **Course** 1

Period Second semester

Subject Type Basic Education

Module ---

1.Basic info

1.1.Recommendations to take this course

1.2. Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3. Context and competences

3.1.Goals

3.2. Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5.Activities and resources

5.1.General methodological presentation

5.2.Learning activities

In this subject physical activity and sport are considered as social phenomena:

-Sociological approaches

-Sportive phenomena



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-Secondary Sources, documentary and database.
-Primary Data interpretation and analysis.
-Hypothesis, diagnosis and conclusions
-Taking into account the students job future.
The teaching procedure:
Lectures : Sociology of sports and physical activity from main theoretical approaches and social research methodology.
Practicum: visual documentary, database, social research design.
Individual and Group dissertations : part of them as homework.
5.3.Program
1: Theoretical Topics
BLOCK I: Sociology, Pshysical Activity and Sport
Topic 1: Sociology and sociological approach to the physical activity and sport.
Topic 2: Sociological thought around physical activity and sport. Pensamiento
Topic 3: Physiscal Activity La actividad física y el deporte como hecho social: Perspectiva sociológica del deporte
BLOCK II: Historic and Sociocultural sport fundaments:
Topic 4: Social Structure of sport and social change Tema 5: Cultura deportiva y socialización
Topic 6: Sport, gender and age
Topic 7: Sport and Violence
Topic 8: Life styles and physical-sportive habits
Topic 9: Theoretical approach and history of Sport

BLOCK III: Social Research Techniques and Sport



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2: Online Access:

The subject is available on line. University of Zaragoza platform: ADD. Both teachers and students can use it.

3: Individual and Group working plan

● Objectives

● Reference script

● Support documentaries

● Evaluation criteria

5.4. Planning and scheduling

Face classes and work presentations

It is shown in the Oficial webPage of the Faculty

Practicum (individual and group) deadline: 31 st de april.

Face presentations: may

Written exam: june and september

5.5.Bibliography and recomended resources