

## 26318 - Teaching Methods in Physical and Sports Activities

#### Información del Plan Docente

Academic Year 2016/17

Academic center 229 - Facultad de Ciencias de la Salud y del Deporte

**Degree** 295 - Degree in Physical Activity and Sports Science

**ECTS** 6.0 **Course** 3

Period First semester

Subject Type Compulsory

Module ---

- 1.Basic info
- 1.1.Recommendations to take this course
- 1.2. Activities and key dates for the course
- 2.Initiation
- 2.1.Learning outcomes that define the subject
- 2.2.Introduction
- 3.Context and competences
- 3.1.Goals
- 3.2. Context and meaning of the subject in the degree
- 3.3.Competences
- 3.4.Importance of learning outcomes
- 4.Evaluation
- 5.Activities and resources
- 5.1.General methodological presentation
- 5.2.Learning activities
- 5.3.Program

Lesson 1: Introduction to the teaching of physical activity and sports.

Lesson 2: Analysis of effective teaching

Lesson 3: Initial information

Lesson 4: Feedback



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Lesson 5: Group climate and affective interaction Lesson 6: Motivation and teaching behaviour.

Lesson 7: Distribution of practice time

Lesson 8: The organization and control of the classroom / group

Lesson 9: Teaching styles.

### 5.4. Planning and scheduling

### 5.5.Bibliography and recomended resources