

29222 - Childhood Nutrition and Food

Información del Plan Docente

Academic Year	2016/17
Academic center	229 - Facultad de Ciencias de la Salud y del Deporte
Degree	441 - Degree in Human Nutrition and Dietetics
ECTS	6.0
Course	3
Period	Second semester
Subject Type	Compulsory
Module	---

1.Basic info

1.1.Recommendations to take this course

1.2.Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3.Context and competences

3.1.Goals

3.2.Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5.Activities and resources

5.1.General methodological presentation

5.2.Learning activities

5.3.Program

THEORETICAL CLASSES

29222 - Childhood Nutrition and Food

Age and maturity of the child.

Nutritional status assessment of infant and child.

Nutritional requirements in pediatrics.

Dietary recommendations in pediatrics.

Breastfeeding and formula feeding.

Physical activity of children and adolescents.

Pathophysiology and nutritional disorders in children.

Artificial nutrition in pediatrics.

Nutrition in the immigrant child, adopted or refugee.

Maternal nutrition and prenatal disorders.

PRACTICAL CLASSES:

- Visit the consultation of Pediatrics at a primary health care center.

- Basic anthropometric assessment in infants.

- Breastfeeding seminar.

- Diet and menu planning for infants, young child and school age.

- Development of education guidelines for healthy eating in children.

- Diet and menu planning for food allergies and intolerance.

- Diet and menu planning for acute gastroenteritis.

5.4.Planning and scheduling

5.5.Bibliography and recommended resources