

29240 - Metabolism and Gene Expression

Información del Plan Docente

Academic Year 2016/17

Academic center 229 - Facultad de Ciencias de la Salud y del Deporte

Degree 441 - Degree in Human Nutrition and Dietetics

ECTS 8.0 **Course** 1

Period Second semester

Subject Type Basic Education

Module ---

- 1.Basic info
- 1.1.Recommendations to take this course
- 1.2. Activities and key dates for the course
- 2.Initiation
- 2.1.Learning outcomes that define the subject
- 2.2.Introduction
- 3.Context and competences
- 3.1.Goals
- 3.2. Context and meaning of the subject in the degree
- 3.3.Competences
- 3.4.Importance of learning outcomes
- 4.Evaluation
- 5. Activities and resources

5.1.General methodological presentation

This is a basic course which treats that students assimilate and use in a proper manner the biochemical and molecular concepts related to nutritional and physiological processes. Thus, this subject is structured in different activities including: i) participatory lectures; ii) laboratory sessions; iii) exercises and problems; iv) preparation and presentation of an essay about a scientific revision related to Nutrition.

5.2.Learning activities

In order to help students to obtain the expected results, the course's program includes the following activities:



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The master classes will provide the students the essential concepts, the scientific vocabulary and the metabolic and molecular view necessary to understand the enzymatic processes that happen in the cells to obtain energy from food or to use this energy in biosynthetic pathways.

The objective of practical sessions, which include laboratory work and problems resolution, is that students can apply theoretical concepts to solve new situations and they can achieve a less superficial understanding of reality.

Finally, the preparation and public presentation of a scientific essay will allow students to understand and expose the knowledge included in a scientific publication. This activity can help the students to learn how important is to increase and to update our knowledge constantly. Besides, the public exposition of the work, will be good for students to face other difficulties of this activity and it is a chance for evaluate their personal work.

5.3. Program

LECTURES (60 hr)

- I. THE CELL: 1.- Biomembranes. 2.- Intracellular organization and functions I: The nucleus. 3.- Intracellular organization and functions II: Organelles. 3a. Protein distribution and transport: Endoplasmic reticulum, Golgi apparatus and lysosomes. 3b. Bioenergetics and metabolism: Mitochondria, chloroplasts y peroxisomes. 4.- Intracellular organization and functions III: Cytoskeleton. 5.- Cell division and cell cycle. 6.- Cell signalling, differentiation y oncogenesis.
- II. ENZYMES: 7.- Enzymes kinetics and action mechanisms. 8.- Modification and regulation of enzymatic activity.
- III. METABOLISM: 9.- Introduction to metabolism. 10.- Photosynthesis and CO 2 assimilation in plants. 11.- Glucose oxidation pathways. 12.- Citric acid cycle. 13.- Oxidative phosphorylation. 14.- Carbohydrate biosynthesis. 15.- Glycogen synthesis and degradation. 16.- Simple lipid metabolism: fatty acids, triacylglycerols and lipoproteins. 17.- Complex lipid metabolism. 18.- Metabolism of nitrogen compounds: biosynthesis and utilization. 19.- Metabolism of nitrogen compounds: amino acids and derivatives. 20.- Metabolism of nucleic acids. 21.- Metabolic integration and control.
- IV. EXPRESSION AND TRANSMISSION OF GENETIC INFORMATION: 22.- DNA replication and repair. 23.- DNA transcription. 24.- Protein translation. 25.- Regulation of gene expression.

LABORATORY SESSIONS (12.5 hr)

5 sessions, 2.5 hr/each.

- 1. Cell diversity
- 2. Determination of protein concentration
- 3. Measurement of enzyme activity



3 sessions, 2 hr/each.

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| 1. DNA extraction and purification |
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| 5. Polymerase chain reaction |
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| SEMINARS (6 hr) |

The students will make a presentation on a research topic related to nutrition.

5.4. Planning and scheduling

The schedule for 2016-2017 course will be published by the Facultad de Ciencias de la Salud y del Deporte.

5.5.Bibliography and recomended resources