

## 68906 - Applied psychosociology (speciality in ergonomics and applied psychosociology)

#### Información del Plan Docente

Academic Year 2016/17

**Academic center** 102 - Facultad de Derecho

**Degree** 462 - Master's in Occupational Health and Safety

ECTS 5.0
Course 1

Period Second semester

Subject Type Optional

Module ---

- 1.Basic info
- 1.1.Recommendations to take this course
- 1.2. Activities and key dates for the course
- 2.Initiation
- 2.1.Learning outcomes that define the subject
- 2.2.Introduction
- 3.Context and competences
- 3.1.Goals
- 3.2.Context and meaning of the subject in the degree
- 3.3.Competences
- 3.4.Importance of learning outcomes
- 4.Evaluation
- 5. Activities and resources
- 5.1.General methodological presentation

The objectives of this course are knowledge of psychosocial risks, specific methodologies for evaluation and development of preventive studies at the statistical level

#### 5.2.Learning activities

The subject is taught in 10 sessions of 5 hours, divided into 2 hours of lectures and 3 hours dedicated to conducting case studies tutored by students.



## 68906 - Applied psychosociology (speciality in ergonomics and applied psychosociology)

### 5.3.Program

The program that the student is offered to help you achieve the expected results includes the following activities:

#### 1. Conferences

Presentation of the agenda items through lectures illustrated with examples applied. The topics covered are:

- \* Organizational structure: Types of organization and factors of organizational structure
- \* Work environment, quality of work life and job satisfaction
- \* Ergonomics and work psychosociology, meeting points
- \* Mental load at work, monotony and repetitiveness and evaluation methods
- \* Methods psychosocial risk assessment (advantages and disadvantages):
- \* Stress and social support Questionnaires stress at work
- \* Absenteeism at work
- \* Burn syndrome at work (burnout) and psychological harassment at work: Questionnaires evaluation and best practices for prevention
- \* Workaholism, sexual harassment and violence in the workplace
- \* Factors related to the organization of working time

#### 2. Self-evaluation and learning

In each of the topics that make up matter, has developed a series of specific questions and short development and can also be of type test, the aim is that students will internalize the basic contents of the subject. The exercises will be evaluated in order to determine the overcoming of the subject.

#### 3. Case Studies

Case studies are intended to place the students with the accurate and real knowledge of the problems of psychosocial practice in prevention of occupational hazards.



# 68906 - Applied psychosociology (speciality in ergonomics and applied psychosociology)

#### 4. Case tutored

Students will have to make a case tutored by teachers.

## 5.4. Planning and scheduling

Schedule sessions and presentation of works The final schedule will be published on the website of the Faculty of Law https://derecho.unizar.es/masterprevencion well in advance.

## 5.5.Bibliography and recomended resources