

61866 - Health promotion and prevention

Información del Plan Docente

Academic Year	2016/17
Academic center	301 - Facultad de Ciencias Sociales y Humanas
Degree	557 - Master's in General Sanitary Psychology
ECTS	3.0
Course	1
Period	Half-yearly
Subject Type	Compulsory
Module	---

1.Basic info

1.1.Recommendations to take this course

1.2.Activities and key dates for the course

2.Initiation

2.1.Learning outcomes that define the subject

2.2.Introduction

3.Context and competences

3.1.Goals

3.2.Context and meaning of the subject in the degree

3.3.Competences

3.4.Importance of learning outcomes

4.Evaluation

5.Activities and resources

5.1.General methodological presentation

The learning process designed for this course include...

Problem Based Learning (PBL) will be the methodology used in this course. A general problem or specific problems will be proposed to students in order to achieve resolution.

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Part of the course include expositive teaching classes by professor and teamwork by students.

5.2.Learning activities

Program Course in order to get the learning goals include...

1. Problem description
2. Information search and teamwork by students
3. Reading articles and documents
4. Teaching of conceptual topics and clarification of workgroups
5. Oral presentations by students.

5.3.Program

1 Conceptualization: Health Prevention and Promotion, Theory - Practice, Quantitative - Qualitative, Social Psychology - Clinical Psychology.

2 Health Concept

3 Life Style

4 Social Relations and Health

5 Qualitative Research as Intervention model

6 Health intervention programs

5.4.Planning and scheduling

Schedule for on site sessions and oral presentations of problems resolutions

It will be specified at the starting moment of the course, as well the contents program (syllabus) and the recommended bibliography.

5.5.Bibliography and recomendaded resources

- Soldevilla, C. (2009). Estilos de vida. Pensar, investigar e intervenir en la comunidad. Madrid: Síntesis.
- Soldevilla, C. (1998). Adler: el estilo de vida como teoría de la personalidad y psicoterapia de los estilos de vida patógenos. En Estilo de vida: hacia una teoría psicosocial de la acción (pp. 49-64). Madrid: Entihema.
- Villamarin, F. y Alvarez, M. (1998). Modelos sociocognitivos en promoción de la salud: un analisis conceptual. Psicologemas, 12, 161-204.

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- Software for Qualitative Analysis Atlas.Ti <http://www.atlasti.com>