

61869 - Evidence-based psychological treatments for childhood and adolescents

Información del Plan Docente

Academic Year	2016/17
Academic center	301 - Facultad de Ciencias Sociales y Humanas
Degree	557 - Master's in General Sanitary Psychology
ECTS	3.0
Course	1
Period	Half-yearly
Subject Type	Compulsory
Module	---

1. Basic info

1.1. Recommendations to take this course

1.2. Activities and key dates for the course

2. Initiation

2.1. Learning outcomes that define the subject

2.2. Introduction

3. Context and competences

3.1. Goals

3.2. Context and meaning of the subject in the degree

3.3. Competences

3.4. Importance of learning outcomes

4. Evaluation

5. Activities and resources

5.1. General methodological presentation

The learning process that is designed for this subject is based on:

1. The methodology used will be expository and participatory

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2. The theoretical and practical content will be presented by the teacher by questions, discussions, debates and public expression of opinions, to finally be generated reach conclusions about

3. Cooperative learning methodology will be used and based on problems and solving real clinical cases

5.2.Learning activities

The program that the student is offered to help achieve the expected results includes the following activities:

1. Lectures where the teacher will present the basic facts about a topic
2. Analysis of case studies where students will practice the concepts learned
3. Finding information and cooperative work
4. Reading articles or documents related to the content of the subject
5. Oral presentations by students
6. Viewing of audiovisual material
7. Attending conferences and presentations related to the course content
8. Presentations in the class of professionals linked to groups related to the content of the subject

5.3.Program

Topic 1. Attachment Behaviour and an update on Empirically Validated Therapies in Anxiety Disorder

Topic 2. An update on Empirically Validated Therapies in Attention Deficit Disorder (with or without hiperactivity)

Topic 3. An update on Empirically Validated Therapies in Mood Disorders and Childhood Depression

Topic 4. An update on Empirically Validated Therapies in Disruptive Disorders, Impulse Control and Behavioral

Topic 5. An update on Empirically Validated Therapies in Sleep Disorders in children and adolescents

Topic 6. An update on Empirically Validated Therapies in Childhood Trauma and Dissociation

Topic 7. Behavior Modification focused on Children

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Topic 8. Behavior Modification focused on Adolescent

5.4.Planning and scheduling

Sessions, presentation of works, the program content and the literature recommended shall be specified at the beginning of the course 2016-2017 by the teacher

5.5.Bibliography and recommended resources

BASIC REFERENCES:

Ortigosa Quiles, J. M., Quiles Sebastián, M. J. y Méndez Carrillo, F. X. (2003). Manual de psicología de la salud con niños, adolescentes y familia. Madrid: Pirámide

Título: MIEDOS EN LA INFANCIA Y LA ADOLESCENCIA (1ª)

Autor/es: Sandín Ferrero, Bonifacio; Chorot Raso, Paloma; Valiente García, Rosa Mª

Editorial: UNED

Título: MANUAL DE PSICOLOGÍA CLÍNICA INFANTIL Y DEL ADOLESCENTE (1)

Autor/es: Simón López, Miguel Ángel ; Caballo Manrique, Vicente E.

Editorial: EDICIONES PIRÁMIDE, S.A.

Título: MANUAL DE PSICOLOGÍA CLÍNICA INFANTIL Y DEL ADOLESCENTE

Autor/es: Simón, Miguel Angel ; Caballo, Vicente E.

Editorial: PIRÁMIDE

Título: ANSIEDAD, MIEDOS Y FOBIAS EN NIÑOS Y ADOLESCENTES

Autor/es: Sandín Ferrero, Bonifacio

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Editorial: Dykinson, S.L. - Libros

Título: MANUAL DE TERAPIA DE CONDUCTA EN LA INFANCIA (1ª)

Autor/es: Comeche Moreno, M^a Isabel ; Vallejo Pareja, Miguel Ángel

Editorial: DYKINSON

COMPLEMENTARY REFERENCES:

Díaz-Sibaja, M.A., Comeche-Moreno, M.I. y Díaz-García, M.I. (2009). *Programa EDUCA. Escuela de Padres. Educación positiva para enseñar a los hijos* . Ed. Pirámide: Madrid.

Echeburúa, E., Labrador, F.J., y Becoña, E. (2009). *Adicción a las nuevas tecnologías en adolescentes y jóvenes*. Madrid: Pirámide.

Ezpeleta, I., y Toro, J. (2014). *Psicopatología del desarrollo* . Madrid: Pirámide.

Méndez, F.X., Espada, J.P., y Orgilés, M. (2011). *Depresión infantil y adolescente: Psicopatología, evaluación y tratamiento psicológicos* . Madrid: Klinik.

Méndez, F.X., Espada, J.P., y Orgilés, M. (2006). *Terapia psicológica con niños y adolescentes. Estudio de casos clínicos*. Madrid: Pirámide.

Méndez, F.X., Llavona, L.M., Espada, J.P., y Orgilés, M. (2012). *Programa FORTIUS. La fortaleza psicológica y la prevención de las dificultades emocionales*. Madrid: Pirámide.

Sandín, B. (2013). DSM-5: ¿Cambio de paradigma en la clasificación de los trastornos mentales? *Revista de Psicopatología y Psicología Clínica*, 18, 255-286.

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