

## 61878 - Internships

### Información del Plan Docente

<b>Academic Year</b>	2016/17
<b>Academic center</b>	301 - Facultad de Ciencias Sociales y Humanas
<b>Degree</b>	557 - Master's in General Sanitary Psychology
<b>ECTS</b>	30.0
<b>Course</b>	2
<b>Period</b>	Half-yearly
<b>Subject Type</b>	External Placements
<b>Module</b>	---

### **1.Basic info**

#### **1.1.Recommendations to take this course**

#### **1.2.Activities and key dates for the course**

### **2.Initiation**

#### **2.1.Learning outcomes that define the subject**

#### **2.2.Introduction**

### **3.Context and competences**

#### **3.1.Goals**

#### **3.2.Context and meaning of the subject in the degree**

#### **3.3.Competences**

#### **3.4.Importance of learning outcomes**

### **4.Evaluation**

### **5.Activities and resources**

#### **5.1.General methodological presentation**

As indicated in Orden ECD/1070/2013 the programs or activities that may be developed by students during the practices time could be: psychological assessment and/or intervention programs, specific programs in addictions, couples therapy, behavioral disorders in children and youth, psychological support for patients with chronic disease, among others.

Assistance activities with the participation of students will be defined by the scope/setting of the health centers and also by the programs and assistance services provided by them.

## 61878 - Internships

Specific training activities that carries out by each student in order to develop professional skills such as General Health Psychologist will depend on the center of practices and individual training project established by the professional supervisor.

### 5.2.Learning activities

#### a) Assistance activities

- Reception of users and recording data for the elaboration of the clinical history record
- Participation in making clinical psychologist reports
- Planning, observation, analysis and direct participation in assessment sessions, psychological, clinical and assistance interventions, and to give individual, family or group feedback to users (through the mirror or inside the office)
- Observation and participation in psychological intervention programs in different disorder or behavioral or emotional problems
- Conducting the follow-up and therapeutic progress sessions
- Observation of the intervention management and psychosocial crisis situations
- Observation and use of the patients referral criteria and the correct utilization of the social-health resources

#### b) Actividades administrativas y organizativas

- Learning and experience in programing, organazing, and assistance coordination with other social-health settings
- Participation in coordination and planning meetings by the clinical/assistance team of the practice center
- Participation in coordination and work meetings with multidisciplinary teams
- Participation in coordination meetings with professionals from other services
- Knowledge about the norms and legal aspects of the mentally-ill patient or underage youth

#### c) Formación complementaria

## 61878 - Internships

- Participation in clinical supervision sessions and in the psychological, clinical and assistance intervention assessment sessions
- Participation in training activities (workshops, seminars, etc.) organized by the practice center
- Collaboration in reasearch projects developed by the practice center
- Assistance to cientific sessions, seminars and national or international conferences about clinical and helth psychology

### **d) Otras actividades formativas:**

- Search, revision and study of materials recommended by the professional supervisor
- Individual or collaborative search regarding the assessment and intervention of health psychology and other social-health assistance resources offered by public and private institutions
- Participation and disscusion in forums
- Writing records
- Individual work of the student

### **5.3.Program**

This course "Outside internships (practical training)" does not require a program (content index) to be performed. We recommend to read the rest of the course guide to understand the special nature of this course. We also recommend to all the students that they should participate in the seminars and tutoring classes that will be implemented during the first semester of the second year.

### **5.4.Planning and scheduling**

The person responsible for the "outside internship (practical training)" of the master, or in his absence the coordinator, inform the students in advance of the completion of the course (June) the list of centers of practices and characteristics of each, especially on location, services offered, number of professionals, schedule and calendar.

The allocation to the centers seats will be held after meeting the requirements established for the students and according to the academic report of the student.

## 61878 - Internships

Upon completion of the process of assigning students to practice centers it will be informed in writing to professional supervisors of each center the name of the students who will supervise.

Under no circumstances students may contact or appearing in the practice center gathering information about the type of activities undertaken, dates of incorporation and schedules, or applying for admission, without the prior written permission of the coordinator of the Master.

Before the incorporation of the student to practice center, you must complete and sign a "confidentiality Commitment" that will be provided from the Faculty. This document is given to the placement tutor when first presented to the practice center.

Each student will be assigned an academic supervisor and a professional supervisor.

### **The functions of the academic supervisor are:**

To contact with the practice center, the professional supervisor in the practice center and with the student to set the date to start the internship.

To collaborate with the professional supervisor in preparing the training project of each student. To keep track of the theoretical and practical activities conducting by the student both in group or individually formats.

To promote and coordinate training activities from the virtual platform "moodle" (participation in virtual forums, programming activities, review papers, recommend some reading, proposals for attending courses and seminars, etc.).

To assess the "outside internship" report prepared by the student.

To provide a final grade of the "outside internship" report developed by the student taking into account the information and assessment provided by the professional supervisor in the center.

The student will also hold regular meetings with their professional supervisor and should be in contact with the academic supervisor of the Faculty in order to programming activities and assess the development of the practices process.

### **The functions of the professional supervisor of the health practice center are:**

To develop, in collaboration with the academic supervisor of the Faculty of Social Sciences and Humanities of the University of Zaragoza, the assistance training program of the student.

To oversee the development of the training activities planned.

## 61878 - Internships

To coordinate assistance activities carried out by different resources or assistance programs.

To designate the supervisors of the specific assistance programs.

To fill the final evaluation of the student and give it to the academic supervisor at the Faculty.

To recommend the complementary references considered necessary in order to take advance of the practices in the specific health center.

The attendance of the students by the professional supervisor will be set in each specific case and in each collaborating center. Monitoring meetings will be held at least once a week.

### **5.5. Bibliography and recommended resources**

Recommended resources: In the Master's webpage will be located the "Internship guide" for all the students.