

26307 - Teaching-learning processes in physical activity and sport

Información del Plan Docente

Academic Year	2017/18
Faculty / School	229 - Facultad de Ciencias de la Salud y del Deporte
Degree	295 - Degree in Physical Activity and Sports Science
ECTS	6.0
Year	1
Semester	Second semester
Subject Type	Basic Education
Module	---

1.General information

1.1.Introduction

Brief overview

Teaching and Learning processes in physical activity is a subject with 6 ECTS credits. Training sessions include both theoretical and practical parts. The practical sessions include both motor situations based on different pedagogical approaches that their have to be analysed. Also the analysis of the teaching and learning is made of the observed motor skills in the teaching observartion Laboratory and reflect them. Theoretical sessions require a high level of participation and active involvement of the students who take part in the course.

The subject aims to connect the theory and practice studies. The theoretical learnings will be devoted to case studies, and defend a work and a project. This project should be done in groups and their assessment should be carried out together with the other three subjects of the degree.

1.2.Recommendations to take this course

1.3.Context and importance of this course in the degree

1.4.Activities and key dates

2.Learning goals

2.1.Learning goals

Learning outcomes

To pass this course the student must demonstrate the following learning outcomes:

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To analyse the activities of a sport initiation, identifying the internal logic of motor action observed, valuing their pedagogical model and making value judgements from the model approaches that have been studied as part of their subject.

To make a project about artistic choreography (together with the other subjects as Rhythmic Sports and Body Language), and to design learning intervention individually, applying it to the students group and recording it all be able to analyse and to assess the intervention.

To explain, analyse and assess current and relevant theoretical information either orally.

2.2.Importance of learning goals

3.Aims of the course and competences

3.1.Aims of the course

3.2.Competences

4.Assessment (1st and 2nd call)

4.1.Assessment tasks (description of tasks, marking system and assessment criteria)

5.Methodology, learning tasks, syllabus and resources

5.1.Methodological overview

5.2.Learning tasks

5.3.Syllabus

Program:

LEARNING RESSOURCE I:

LEARNING IN SPORT INITIATION.

Lecture 1: Models in sports initiation.

Lecture 2: Action rules in sports initiation.

Lecture 3: Warm-up and stretching

Lecture 4: The Decalogue for physical activity and sports professionals.

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LEARNING RESSOURCE II:

TEACHING AND LEARNING PROCESSES IN PHYSICAL ACTIVITY.

Lecture 5: Perceptual factors.

Lecture 6: Emotional and cognitive factors.

Lecture 7: Motor and relational factors.

Lecture 8: Communication Processes

LEARNING RESSOURCE III:

TEACHING AND LEARNING PROCESSES: ACTIVE INVOLVEMENT OF TEACHERS AND TRAINERS.

Lecture 9: Professional attention to perceptual factors.

Lecture 10: Professional attention to emotional and cognitive factors.

Lecture 11: Professional attention to motor factors.

Lecture 12: Engage the students in the effective teaching.

LEARNING RESSOURCE IV:

THEORETICAL AND PRACTICAL IDEAS ABOUT TEACHING SPORT AND PHYSICAL ACTIVITY

Lecture 13: Pedagogical concepts and studies

Lecture 14: Psychological concepts and studies

Lecture 15: Epistemological concepts.

Lecture 16: Development of theoretical and practical knowledge in relation to the physical activity and sport teaching

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LEARNING RESSOURCE V

THEORIES OF LEARNING TO ANALYSE PHYSICAL ACTIVITIES AND SPORTS.

Lecture 17: Theoretical foundations and assumptions to analyse physical activity and sport

LEARNING RESSOURCE VI

EDUCATION AND PHYSICAL ACTIVITY AND SPORT

Lecture 18: Physical activity and Education

Lecture 19: Physical Education and sport within the curriculum and sport system.

LEARNING RESSOURCE VII

Lecture 20: Physical education and sport development and new ways.

Total hours (150h): Directed Learning Hours 60h and Independent Learning Hours 90h

5.4.Course planning and calendar

5.5.Bibliography and recommended resources