

## 26318 - Teaching Methods in Physical and Sports Activities

### Información del Plan Docente

Academic Year	2017/18
Faculty / School	229 - Facultad de Ciencias de la Salud y del Deporte
Degree	295 - Degree in Physical Activity and Sports Science
ECTS	6.0
Year	3
Semester	First semester
Subject Type	Compulsory
Module	---

### **1.General information**

#### **1.1.Introduction**

#### **1.2.Recommendations to take this course**

#### **1.3.Context and importance of this course in the degree**

#### **1.4.Activities and key dates**

### **2.Learning goals**

#### **2.1.Learning goals**

#### **2.2.Importance of learning goals**

### **3.Aims of the course and competences**

#### **3.1.Aims of the course**

#### **3.2.Competences**

### **4.Assessment (1st and 2nd call)**

#### **4.1.Assessment tasks (description of tasks, marking system and assessment criteria)**

### **5.Methodology, learning tasks, syllabus and resources**

#### **5.1.Methodological overview**

#### **5.2.Learning tasks**

#### **5.3.Syllabus**

Lesson 1: Introduction to the teaching of physical activity and sports.

Lesson 2: Analysis of effective teaching

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Lesson 3: Initial information

Lesson 4: Feedback

Lesson 5: Group climate and affective interaction

Lesson 6: Motivation and teaching behaviour.

Lesson 7: Distribution of practice time

Lesson 8: The organization and control of the classroom / group

Lesson 9: Teaching styles.

### **5.4.Course planning and calendar**

### **5.5.Bibliography and recommended resources**